

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results - Friday events****Event 1 Women Hammer Throw**

Name	School	Finals		H#	Points
Finals					
1 Drayton, Autumn	Lenoir-Rhyne	48.99m	160-09	2	
2 Maller, Elizabeth	Milligan	48.06m	157-08	2	
3 Hopkins, Avianna	Queens (N.C.)	43.41m	142-05	2	
4 Carmichael, To'mara	Queens (N.C.)	42.10m	138-01	2	
5 Lowe, Jocelyn	Lenoir-Rhyne	41.32m	135-07	2	
6 Wingo, Ashley	Livingstone	41.02m	134-07	2	
7 Cress, Sierra	Rio Grande	39.09m	128-03	1	
8 Seeberg, Natalie	Rio Grande	39.07m	128-02	2	
9 Dubiel, Alexis	Queens (N.C.)	38.54m	126-05	2	
10 Swepson, Candace	Catawba	37.96m	124-06	2	
11 Salamon, Haylea	Lenoir-Rhyne	36.95m	121-03	2	
11 Love, Emma	Queens (N.C.)	36.95m	121-03	1	
13 Miller, Samantha	Rio Grande	34.54m	113-04	1	
14 Thomas, Aaliyah	Pfeiffer	34.16m	112-01	1	
15 Johnson, Alexis	Rio Grande	33.99m	111-06	2	
16 Miller, Ashley	King	33.91m	111-03	1	
17 Ford, Tonishea	Pfeiffer	33.85m	111-01	2	
18 Rasheed, Samiyah	Catawba	33.06m	108-05	2	
19 Ortiz, Danielle	Catawba	31.77m	104-03	2	
20 Nielsen, Brittany	King	29.25m	95-11	1	
21 Abbott, Ashton	Carson-Newman	28.96m	95-00	1	
22 Long, Faith	Carson-Newman	28.84m	94-07	1	
23 Bellamy, Ajahna	Pfeiffer	28.02m	91-11	1	
24 Bartholomew, Tiffany	Pfeiffer	26.50m	86-11	1	
25 Long, Tatyana	Catawba	24.62m	80-09	1	
26 Glowwe, Erika	Queens (N.C.)	23.03m	75-07	1	
27 Fusetti, Cailen	Pfeiffer	20.44m	67-01	1	

Event 3 Women Triple Jump

Name	School	Finals	Wind	Points
Finals				
1 Clopton, Larynn	King	10.74m	35-03.00	-2.3
1 Lewis, Kayonna	Lenoir-Rhyne	10.74m	35-03.00	-1.0
3 Tomkoski, Abby	Carson-Newman	10.54m	34-07.00	+0.0
4 Gayton, Destiny	Lenoir-Rhyne	10.51m	34-05.75	0.6
5 Grandison, Ramoya	Johnson C. Smith	10.50m	34-05.50	+0.0
6 Robertson, Shakalya	Catawba	10.48m	34-04.75	-0.6
7 Norman, Jaela	Livingstone	10.36m	34-00.00	-2.4
8 McFadden, Amani	King	10.00m	32-09.75	-1.0
9 Tobin, Sabrina	Livingstone	9.95m	32-07.75	-0.7
10 Conner, Kennedy	Lenoir-Rhyne	9.94m	32-07.50	+0.0
11 Bowman, Maigan	Lenoir-Rhyne	9.45m	31-00.00	-2.1
12 Vinson, Grace	Carson-Newman	9.43m	30-11.25	0.3
13 Watts, Michiah	King	8.97m	29-05.25	-0.7
--- White, MeKayla	Catawba	FOUL		
--- St. Louis, Alisha	Johnson C. Smith	FOUL		

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results - Friday events****Event 4 Men Triple Jump**

Name	School	Finals	Wind	Points
Finals				
1 Hampton, Demarius	Lenoir-Rhyne	14.97m	49-01.50	-1.4
2 Mitchell, Jaquay	Lenoir-Rhyne	14.70m	48-02.75	0.7
3 Wilson, James	Carson-Newman	13.95m	45-09.25	+0.0
4 Blackshear, Kenyon	Livingstone	13.91m	45-07.75	0.3
5 Prater, Jacob	Montreat	13.82m	45-04.25	0.1
6 Carter, Samuel	Catawba	13.68m	44-10.75	-1.4
7 McDaniel, Cameron	Lenoir-Rhyne	12.96m	42-06.25	+0.0
--- Foster, Jaylen	King	FOUL		

Event 5 Women Javelin Throw

Name	School	Finals	H#	Points
Finals				
1 Stevens, Sah-Jay	Johnson C. Smith	38.55m	126-06	2
2 Zadroga, Amy	Carson-Newman	36.13m	118-06	2
3 Green, Asia	Livingstone	35.04m	114-11	2
4 Salamon, Haylea	Lenoir-Rhyne	33.10m	108-07	2
5 Drayton, Autumn	Lenoir-Rhyne	31.86m	104-06	2
6 Lowe, Jocelyn	Lenoir-Rhyne	29.98m	98-04	2
7 Triplett, Lacey	Lenoir-Rhyne	27.54m	90-04	1
8 Calhoun, Cydney	Johnson C. Smith	26.37m	86-06	2
9 Venancio, Leticia	Lenoir-Rhyne	24.06m	78-11	1
10 Neita, Shanice	Johnson C. Smith	21.23m	69-08	2
11 Swepson, Candace	Catawba	20.91m	68-07	1
12 Rasheed, Samiyah	Catawba	20.65m	67-09	2
13 Lane, Madison	Lenoir-Rhyne	20.00m	65-07	1
14 Roper, Zykharria	Johnson C. Smith	19.92m	65-04	1
15 Miller, Ashley	King	19.71m	64-08	1
16 Watkins, Savannah	Lenoir-Rhyne	18.05m	59-03	2
17 Bell, Jhalisa	Catawba	17.84m	58-06	2
18 Newkirk, Essence	Lenoir-Rhyne	17.38m	57-00	1
19 Capps, Heather	Lenoir-Rhyne	15.11m	49-07	1
20 Medley, Leona	Lenoir-Rhyne	13.12m	43-00	1
--- Gayton, Destiny	Lenoir-Rhyne	FOUL		1
--- Drummonds, Savannah	Lenoir-Rhyne	FOUL		2

Event 6 Men Javelin Throw

Name	School	Finals	H#	Points
Finals				
1 Stumpf, Christian	Carson-Newman	50.99m	167-03	2
2 Jureidini-Wyche, Trayzel	Carson-Newman	46.50m	152-07	2
3 Ensley, Ross	Carson-Newman	45.07m	147-10	2
4 Turpen, Jarad	Milligan	43.31m	142-01	2
5 Reed, Aaron	Lincoln Memorial	37.93m	124-05	2
6 Brindle, Jonathan	Pfeiffer	37.82m	124-01	1
7 Gill, Klayton	Pfeiffer	37.54m	123-02	2
8 Ogletree, Cameron	Livingstone	36.68m	120-04	2
9 Brown, Anthony	Lenoir-Rhyne	35.68m	117-01	2

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results - Friday events****Finals ... (Event 6 Men Javelin Throw)**

	Name	School	Finals		H#	Points
10	Jackson, Deandre	Lenoir-Rhyne	35.58m	116-09	1	
11	Vance, Zeke	Carson-Newman	34.67m	113-09	2	
12	Johnson, Zane	Lenoir-Rhyne	34.28m	112-06	1	
13	Nabe, Kyle	Lincoln Memorial	33.66m	110-05	2	
14	Sigmon, Dawson	Lenoir-Rhyne	31.88m	104-07	2	
15	Carpenter, Stephen	Lenoir-Rhyne	31.73m	104-01	2	
16	Chilton, Nolan	Catawba	30.80m	101-00	1	
17	Davis, Kaleb	Lenoir-Rhyne	29.65m	97-03	1	
18	Nicholson, Daniel	Lenoir-Rhyne	28.87m	94-09	1	
19	Adkinson, Zach	Lenoir-Rhyne	28.62m	93-11	2	
20	Reichenbach, Chris	Lenoir-Rhyne	27.98m	91-09	1	
21	Norman, Chris	Lenoir-Rhyne	27.78m	91-02	1	
22	Avery, Darius	Catawba	27.44m	90-00	1	
---	Potts-Howard, Kristofer	Carson-Newman	FOUL		1	
---	Thomas, Elyjah	Catawba	FOUL		1	

Event 17 Women 100 Meter Hurdles

	Name	School	Finals	Wind	H#	Points
Finals						
1	Darrell, Shania	Livingstone	15.02	0.4	1	
2	Hodgkin, Zariah	Johnson C. Smith	15.09	0.4	1	
3	Watkins, Savannah	Lenoir-Rhyne	15.12	0.4	1	
4	Medley, Leona	Lenoir-Rhyne	15.98	0.4	1	
5	Reed, Talayna	Johnson C. Smith	16.24	0.4	1	
6	Harrison, Jada	Lenoir-Rhyne	16.61	1.3	2	
7	Christian, Whitney	King	17.15	0.4	1	
8	Drummonds, Savannah	Lenoir-Rhyne	17.63	1.3	2	
9	Triplett, Lacey	Lenoir-Rhyne	17.76	1.3	2	
10	Gayton, Destiny	Lenoir-Rhyne	18.39	1.3	2	

Event 18 Men 110 Meter Hurdles

	Name	School	Finals	Wind	H#	Points
Finals						
1	Brown, Anthony	Lenoir-Rhyne	14.90	1.0	1	
2	Mcguire, Raymond	Livingstone	15.17	1.0	1	
3	Noble, Rashaun	Catawba	15.74	1.0	1	
4	McPhee, Adriel	King	15.84	1.0	1	
5	Drummond, Devine	Lenoir-Rhyne	15.87	1.0	1	
6	Alston, Jacorey	Lenoir-Rhyne	16.05	1.0	1	
7	Yelton, Hank	Montreat	16.59	NWI	2	
8	Waltower, Kenan	Pfeiffer	16.73	NWI	2	
9	Davis, Kaleb	Lenoir-Rhyne	16.89	1.0	1	
10	Duncan, Connor	Montreat	17.55	NWI	2	
11	Jackson, Deandre	Lenoir-Rhyne	17.76	NWI	2	
12	Chilton, Nolan	Catawba	19.25	NWI	2	
13	Carpenter, Stephen	Lenoir-Rhyne	21.70	NWI	2	
---	Norman, Chris	Lenoir-Rhyne	DNF	NWI	2	

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results - Friday events****Event 19 Women 400 Meter Dash**

	Name	School	Finals	H#	Points
Finals					
1	Hardwick, Saidah	Lenoir-Rhyne	56.30	1	
2	McDuffie, Delecia	Johnson C. Smith	57.75	1	
3	Fair, Paiton	Lenoir-Rhyne	57.97	1	
4	Poole, Tyra	Lenoir-Rhyne	58.69	1	
5	Crawford, Jordan	Lincoln Memorial	59.99	2	
6	Meadows, Taylor	Lenoir-Rhyne	1:00.04	1	
7	Harrison, Jada	Lenoir-Rhyne	1:01.08	1	
8	Hegarty, Abby	Carson-Newman	1:01.82	2	
9	Covington, Jerrica	Lincoln Memorial	1:02.12	1	
10	Tackett, Taylor	Rio Grande	1:02.46	2	
11	Mathis, Grace	Lincoln Memorial	1:03.17	2	
12	Lane, Madison	Lenoir-Rhyne	1:04.45	2	
13	Owen, Grace	Milligan	1:04.61	3	
14	Thompson, Shakirah	Brevard	1:05.18	2	
15	Bentley, Brina	Pfeiffer	1:06.23	4	
16	Emmerson, Searra	Catawba	1:06.62	3	
17	Burrell, Nyaisha	Montreat	1:08.21	2	
18	Smith, Isis	King	1:08.86	2	
19	McCormick, Audrey	King	1:12.75	3	
20	Lautenschlager, Mackenzie	Brevard	1:13.53	3	
21	Winstead, Logan	Pfeiffer	1:13.57	4	
22	Cloud-Martin, Caitlyn	Brevard	1:23.68	3	

Event 20 Men 400 Meter Dash

	Name	School	Finals	H#	Points
Finals					
1	Besong, Lucas	Lenoir-Rhyne	49.18	1	
2	Ewell, Antoine	Livingstone	49.60	1	
3	Pittman, Brien	Catawba	50.18	1	
4	Reis, Miguel	Lincoln Memorial	50.33	2	
5	Stamp, Chandelor	Lenoir-Rhyne	51.08	1	
6	Stumpf, Christian	Carson-Newman	51.67	2	
7	Ford, Braxton	Catawba	52.09	3	
8	Thompson, Aaron	Livingstone	52.25	1	
9	Thornburg, Caleb	Montreat	52.27	3	
10	Terry, RahQuan	Catawba	52.36	3	
11	Hanke, Tom	Montreat	52.44	1	
12	Monroe, Dontavius	Pfeiffer	52.56	4	
13	Colson, Tevin	Pfeiffer	52.78	3	
14	Stevens, Deshaun	King	52.85	1	
15	King, DeEric	King	53.16	2	
16	Williamson, Tyquandarius	Catawba	53.17	3	
17	Dytrt, James	Lenoir-Rhyne	53.38	2	
18	Landry, Ben	Bob Jones	53.46	4	
19	Bejarano, Brandon	King	53.73	4	
20	Sackett, Brian	Milligan	53.78	4	
21	Kelley, Emmett	Spartanburg Methodist	53.80	5	

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results - Friday events****Finals ... (Event 20 Men 400 Meter Dash)**

Name	School	Finals	H#	Points
22 Osifo, Tyler	Catawba	53.85	4	
23 Yelton, Hank	Montreat	54.89	5	
24 Facemeyer, Daschle	Rio Grande	55.51	4	
25 Brown, Jarah	King	55.54	3	
26 Felton, Rontrel	Catawba	55.60	2	
27 McDonald, Kade	King	55.99	3	
28 Fitzgerald, Tyler	Montreat	56.75	4	
29 Inman, Jacob	Montreat	56.80	6	
30 Thompson, Jonathan	Livingstone	56.81	5	
31 Toney, Tyrese	Patrick Henry CC	56.88	5	
32 Ragsdale, Braydon	King	57.43	5	
33 Dandridge, Rico	Patrick Henry CC	57.56	6	
34 Vela, Jose	Brevard	57.91	6	
35 Lattimore, Mark	Montreat	58.51	5	
--- McDaniels, Nathan	Lenoir-Rhyne	DNF	1	

Event 21 Women 100 Meter Dash

Name	School	Finals	Wind	H#	Points
Finals					
1 Davis, Tia	Carson-Newman	12.44	NWI	1	
2 Tillman, Jalesia	Lincoln Memorial	12.53	NWI	1	
3 Lowe, Amanda	Carson-Newman	12.56	-0.1	2	
4 McNeill, Kierra	Catawba	12.57	NWI	1	
5 Robinson, Chanavier	Rio Grande	12.59	NWI	1	
6 Smith-Cunningham, Bryannah	Catawba	12.60	-0.1	2	
7 Alston, Dakota	Lenoir-Rhyne	12.69	NWI	1	
8 Alexander, Shania	Johnson C. Smith	12.82	NWI	1	
9 Kinlaw, Anatasia	Spartanburg Methodist	12.92	NWI	3	
10 Barber, Rachael	Rio Grande	12.94	-0.1	2	
11 Strauther, Amirah	Rio Grande	13.12	NWI	3	
12 Baudin, Romane	Montreat	13.20	-0.1	2	
13 Bartholomew, Tiffany	Pfeiffer	13.21	2.0	4	
14 Maxwell, Akeena	Catawba	13.40	-0.1	2	
15 Jones, Mya	Lenoir-Rhyne	13.41	NWI	1	
16 Mays, Shakeynah	Livingstone	13.82	NWI	3	
17 Head, Savannah	Bob Jones	14.26	NWI	3	
18 Torres, Ambar	Rio Grande	14.38	NWI	3	
19 Watson, Breanna	Patrick Henry CC	14.54	2.0	4	
20 Cox, Deidra	Montreat	15.04	2.0	4	
21 Jones, Myasia	Pfeiffer	15.16	2.0	4	

Event 22 Men 100 Meter Dash

Name	School	Finals	Wind	H#	Points
Finals					
1 Moore, Devon	Carson-Newman	10.46	2.2	1	
2 Turner, Darius	Catawba	10.68	2.2	1	
3 Maddox, Kaynmon	Lenoir-Rhyne	10.76	2.2	1	
4 Burnette, Justin	Catawba	10.87	2.2	1	
5 Cunningham, Cameron	Livingstone	11.00	1.2	4	

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results - Friday events****Finals ... (Event 22 Men 100 Meter Dash)**

Name	School	Finals	Wind	H#	Points
6 Johnson, Terrell	Catawba	11.05	0.1	2	
7 Culliver, JaTay	Lenoir-Rhyne	11.05	2.2	1	
8 Bryant, Sean	Pfeiffer	11.09	0.1	2	
9 Johnson, Toot	Carson-Newman	11.17	2.2	1	
10 Robinson, Austin	Unattached	11.22	0.4	3	
11 Jackson, Emanuel	Lenoir-Rhyne	11.27	0.1	2	
12 Walton, Christopher	Brevard	11.31	0.1	2	
13 Artybidge, Ray	Carson-Newman	11.41	0.4	3	
14 Jackson, Sherron	Carson-Newman	11.41	0.1	2	
15 Walker, Jahbriel	Catawba	11.44	0.1	2	
16 Parks, Jamerial	Brevard	11.49	0.4	3	
17 Davis, Thomas	Catawba	11.52	0.3	5	
18 Carter, Samual	Catawba	11.58	1.2	4	
19 Askew, Jaylen	Livingstone	11.64	1.2	4	
20 Anderson, Dante	Brevard	11.65	0.3	5	
21 Inaba, Fabio	Rio Grande	11.69	0.1	2	
22 Roserie, Jaden	Pfeiffer	11.78	0.4	3	
23 McMurray, Marcus	Catawba	11.88	0.3	5	
24 Mathis, Darrel	Livingstone	12.03	0.3	5	
25 Duncan, Connor	Montreat	12.21	0.4	3	
26 Wallace, Tyler	Pfeiffer	12.28	0.3	5	
27 Landry, Ben	Bob Jones	12.37	0.4	3	
28 Hughes, Malik	Patrick Henry CC	12.49	1.2	4	
29 Toney, Tyrese	Patrick Henry CC	12.53	1.2	4	

Event 23 Women 1500 Meter Run

Name	School	Finals	H#	Points
Finals				
1 O'Neill, Kathleen	Unattached	4:43.81	1	
2 Dahlberg, Kylie	Lenoir-Rhyne	4:54.14	1	
3 Williams, Lucy	Rio Grande	4:57.15	1	
4 Barton, Kirstin	King	5:01.62	1	
5 Spencer, Kylie	Pfeiffer	5:03.04	1	
6 McCarter, Skye	Carson-Newman	5:03.53	1	
7 Cruce, Jordan	Lenoir-Rhyne	5:03.88	1	
8 Hilliard, Caroline	Lenoir-Rhyne	5:07.58	1	
9 Kandlbauer, Tabea	Lincoln Memorial	5:11.05	1	
10 Bjerkness, Adie	Lenoir-Rhyne	5:14.31	1	
11 Toineeta, Kendall	Lenoir-Rhyne	5:18.94	1	
12 Tait, Skyler	Montreat	5:20.95	1	
13 Cole, Aubree	Carson-Newman	5:29.42	2	
14 Holmes, Kiley	Lincoln Memorial	5:34.23	2	
15 Dunn, Eva	Lincoln Memorial	5:40.04	2	
16 Ewell, Angel	Livingstone	5:45.33	2	
17 Efird, Hannah	Catawba	5:45.58	2	
18 Barrett, Brianna	King	5:56.03	1	
19 Myers, Bethany	Bob Jones	5:56.28	2	
20 Rodriguez, Alma	Montreat	5:56.83	2	
21 Brown, Molly	Brevard	6:23.10	2	

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results - Friday events****Finals ... (Event 23 Women 1500 Meter Run)**

Name	School	Finals	H#	Points
22 Miles, Whitney	Lenoir-Rhyne	7:09.01	2	
23 Fusetti, Cailen	Pfeiffer	7:36.83	2	

Event 24 Men 1500 Meter Run

Name	School	Finals	H#	Points
Finals				
1 Greer, Luke	Carson-Newman	3:57.48	1	
2 Adkins, Josh	Lenoir-Rhyne	4:01.04	1	
3 Ivackovic, Petar	Lenoir-Rhyne	4:07.44	1	
4 Incardona, Sean	Lenoir-Rhyne	4:08.03	1	
5 Vaughn, Brandon	Lincoln Memorial	4:08.61	1	
6 Bronstetter, Mitch	Milligan	4:09.71	1	
7 Davis, Caleb	Bob Jones	4:11.12	1	
8 Shull, Eric	Milligan	4:12.30	2	
9 Pfister, Ethan	Milligan	4:12.47	1	
10 Hefner, Jayden	Unattached	4:13.53	1	
11 Richards, Nathan	Montreat	4:13.60	1	
12 McKinley, Cameron	Carson-Newman	4:14.92	3	
13 Rivas, Pablo	Milligan	4:15.24	1	
14 Hawkins, Dasani	Lenoir-Rhyne	4:16.05	1	
15 Swepson, Michal	Catawba	4:16.92	2	
16 Fajardo, Roberto	Lincoln Memorial	4:18.14	3	
17 Gatewood, Jacob	Lincoln Memorial	4:19.37	3	
18 Snide, Austin	Catawba	4:19.83	2	
19 Easterlin, Logan	Spartanburg Methodist	4:20.19	2	
20 Douthit, Ben	Bob Jones	4:20.40	2	
21 O'Dell, Daniel	Montreat	4:22.20	2	
22 Metcalf, Blaine	King	4:22.41	1	
23 Parker, Jacob	Montreat	4:24.28	2	
24 Komvati, Jarred	Lenoir-Rhyne	4:25.64	1	
25 Morgan, Gavin	Brevard	4:26.25	2	
26 Hart, Kyle	King	4:26.66	1	
27 Bright, Jonathan	Bob Jones	4:29.37	3	
28 Jones, Peyton	Lenoir-Rhyne	4:31.47	2	
29 McMahon, Kane	Montreat	4:32.07	2	
30 Hall, Eli	Montreat	4:34.59	2	
31 Hincer, Keaton	Unattached	4:34.91	3	
32 Hughes, Jonathan	Lincoln Memorial	4:35.35	3	
33 Flynn, Douglas	Bob Jones	4:38.58	3	
34 Morse, Monroe	Patrick Henry CC	4:40.04	3	
35 Kazlauskas, Todd	Bob Jones	4:40.38	2	
36 Eudy, Michael	Pfeiffer	4:40.59	3	
37 Whitehead, Jason	Lenoir-Rhyne	4:40.75	2	
38 Buford, Chris	Lincoln Memorial	4:48.38	3	
39 Miller-Ulrich, Jakob	Pfeiffer	4:52.86	3	
40 Garcia, Christopher	Montreat	4:55.37	2	
41 Barrett, Micah	Lincoln Memorial	4:58.38	3	
42 Dowis, George	Brevard	5:10.36	3	
43 Ludwick, Devin	Pfeiffer	5:20.49	3	

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results - Friday events****Event 25 Women 5000 Meter Run**

	Name	School	Finals	Points
Finals				
1	Strayer, Rachel	Carson-Newman	18:45.34	
2	White, Bekah	Carson-Newman	18:52.46	
3	Davidson, Amy	Carson-Newman	19:54.30	
4	Morin, Erica	Montreat	20:01.08	
5	Sides, Madeline	Montreat	20:34.76	
6	Thomas, Rebekah	King	20:36.24	
7	Fulcher, Christina	King	20:57.38	
8	Rivera, Kaitlin	King	21:18.38	
9	Marshall, Rosalea	Montreat	21:19.25	
10	Brammer, Haley	Unat-Bob Jones	22:11.34	
11	Howe, Grayson	King	22:35.67	
12	Martin, Angel	Lenoir-Rhyne	22:47.67	

Event 26 Men 5000 Meter Run

	Name	School	Finals	Points
Finals				
1	Lloyd-Perks, Sam	Lincoln Memorial	15:54.59	
2	Aulich, Cory	Milligan	16:08.78	
3	Hincher, Rylan	Montreat	16:15.65	
4	Burton, Andrew	Milligan	16:25.08	
5	Farah, Mohamed	Rio Grande	16:26.07	
6	Calhoun, Harrison	Lincoln Memorial	16:29.27	
7	Kovalchick, Daniel	King	16:34.86	
8	Patchen, Joe	Bob Jones	16:39.27	
9	Johnson, Daniel	Lincoln Memorial	16:46.45	
10	Welsh, Garret	Montreat	16:48.01	
11	Baldy, Eli	Milligan	16:50.90	
12	Ronoh, Kelvin	Carson-Newman	17:00.49	
13	Stroud, Casey	Bob Jones	17:12.81	
14	Stewart, Justin	King	17:17.94	
15	Newcomb, Daniel	Montreat	17:24.69	
16	Bates, Trey	Unattached	17:34.81	
17	Marsh, Jacob	Lenoir-Rhyne	17:43.40	
18	Watson, David	Montreat	17:46.50	
19	Hamilton, Shawn	Spartanburg Methodist	17:59.62	
20	Freitag, Dean	Rio Grande	18:58.91	
---	Stewart, Nathan	Bob Jones	DNF	
---	Johannes, Michael	Bob Jones	DNF	
---	Jones, Tyreese	Livingstone	DNF	
---	Jones, Grayson	Lenoir-Rhyne	DNF	