

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results****Event 1 Women Hammer Throw**

Name	School	Finals		H#	Points
Finals					
1 Drayton, Autumn	Lenoir-Rhyne	48.99m	160-09	2	
2 Maller, Elizabeth	Milligan	48.06m	157-08	2	
3 Hopkins, Avianna	Queens (N.C.)	43.41m	142-05	2	
4 Carmichael, To'mara	Queens (N.C.)	42.10m	138-01	2	
5 Lowe, Jocelyn	Lenoir-Rhyne	41.32m	135-07	2	
6 Wingo, Ashley	Livingstone	41.02m	134-07	2	
7 Cress, Sierra	Rio Grande	39.09m	128-03	1	
8 Seeberg, Natalie	Rio Grande	39.07m	128-02	2	
9 Dubiel, Alexis	Queens (N.C.)	38.54m	126-05	2	
10 Swepson, Candace	Catawba	37.96m	124-06	2	
11 Salamon, Haylea	Lenoir-Rhyne	36.95m	121-03	2	
11 Love, Emma	Queens (N.C.)	36.95m	121-03	1	
13 Miller, Samantha	Rio Grande	34.54m	113-04	1	
14 Thomas, Aaliyah	Pfeiffer	34.16m	112-01	1	
15 Johnson, Alexis	Rio Grande	33.99m	111-06	2	
16 Miller, Ashley	King	33.91m	111-03	1	
17 Ford, Tonishea	Pfeiffer	33.85m	111-01	2	
18 Rasheed, Samiyah	Catawba	33.06m	108-05	2	
19 Ortiz, Danielle	Catawba	31.77m	104-03	2	
20 Nielsen, Brittany	King	29.25m	95-11	1	
21 Abbott, Ashton	Carson-Newman	28.96m	95-00	1	
22 Long, Faith	Carson-Newman	28.84m	94-07	1	
23 Bellamy, Ajahna	Pfeiffer	28.02m	91-11	1	
24 Bartholomew, Tiffany	Pfeiffer	26.50m	86-11	1	
25 Long, Tatyana	Catawba	24.62m	80-09	1	
26 Glowwe, Erika	Queens (N.C.)	23.03m	75-07	1	
27 Fusetti, Cailen	Pfeiffer	20.44m	67-01	1	

Event 2 Men Hammer Throw

Name	School	Finals		H#	Points
Finals					
1 Bee, Jacob	Queens (N.C.)	47.23m	154-11	2	
2 Collins, Zachary	Rio Grande	46.30m	151-11	2	
3 Jablonski, John	King	44.27m	145-03	2	
4 McMurray, Trevor	King	44.17m	144-11	2	
5 Marcelin, Bryce	Queens (N.C.)	44.14m	144-10	2	
6 Everett, Daniel	Rio Grande	43.60m	143-00	2	
7 Wright, Evans	Queens (N.C.)	43.05m	141-03	1	
8 Gill, Klayton	Pfeiffer	42.70m	140-01	2	
9 Santiago, Dante	Queens (N.C.)	42.62m	139-10	2	
10 Sigmon, Dawson	Lenoir-Rhyne	41.36m	135-08	2	
11 Head, Travis	Lenoir-Rhyne	41.34m	135-07	2	
12 Henderson, Cole	Lenoir-Rhyne	39.42m	129-04	2	
13 Knauer, Martin	Queens (N.C.)	39.39m	129-03	2	
14 Osborne, Ben	Queens (N.C.)	39.10m	128-03	1	
15 Johnson, Zane	Lenoir-Rhyne	38.02m	124-09	1	
16 DuVall, Daulton	Rio Grande	37.76m	123-11	1	

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 2 Men Hammer Throw)**

Name	School	Finals	H#	Points
17 Gramann, Austin	Carson-Newman	37.27m	122-03	1
18 Auvil, Josh	Montreat	36.76m	120-07	2
19 Green, Draven	Carson-Newman	36.75m	120-07	1
20 Cole, John	Milligan	33.70m	110-07	1
21 Basnight, Cole	Queens (N.C.)	31.24m	102-06	1
22 Higgins, Cameron	Milligan	29.71m	97-06	1
23 Bumgardner, Jess	Carson-Newman	29.10m	95-06	1
24 Thomas, Elyjah	Catawba	28.30m	92-10	1
25 Ramsey, Christopher	Montreat	24.65m	80-10	1
26 Conley, Trace	Rio Grande	22.39m	73-05	1
--- Greer, Jake	Milligan	FOUL		1
--- Champer, Adam	Rio Grande	FOUL		1

Event 3 Women Triple Jump

Name	School	Finals	Wind	Points
Finals				
1 Clopton, Larynn	King	10.74m	35-03.00	-2.3
1 Lewis, Kayonna	Lenoir-Rhyne	10.74m	35-03.00	-1.0
3 Tomkoski, Abby	Carson-Newman	10.54m	34-07.00	+0.0
4 Gayton, Destiny	Lenoir-Rhyne	10.51m	34-05.75	0.6
5 Grandison, Ramoya	Johnson C. Smith	10.50m	34-05.50	+0.0
6 Robertson, Shakalya	Catawba	10.48m	34-04.75	-0.6
7 Norman, Jaela	Livingstone	10.36m	34-00.00	-2.4
8 McFadden, Amani	King	10.00m	32-09.75	-1.0
9 Tobin, Sabrina	Livingstone	9.95m	32-07.75	-0.7
10 Conner, Kennedy	Lenoir-Rhyne	9.94m	32-07.50	+0.0
11 Bowman, Maigan	Lenoir-Rhyne	9.45m	31-00.00	-2.1
12 Vinson, Grace	Carson-Newman	9.43m	30-11.25	0.3
13 Watts, Michiah	King	8.97m	29-05.25	-0.7
--- White, MeKayla	Catawba	FOUL		
--- St. Louis, Alisha	Johnson C. Smith	FOUL		

Event 4 Men Triple Jump

Name	School	Finals	Wind	Points
Finals				
1 Hampton, Demarius	Lenoir-Rhyne	14.97m	49-01.50	-1.4
2 Mitchell, Jaquay	Lenoir-Rhyne	14.70m	48-02.75	0.7
3 Wilson, James	Carson-Newman	13.95m	45-09.25	+0.0
4 Blackshear, Kenyon	Livingstone	13.91m	45-07.75	0.3
5 Prater, Jacob	Montreat	13.82m	45-04.25	0.1
6 Carter, Samuel	Catawba	13.68m	44-10.75	-1.4
7 McDaniel, Cameron	Lenoir-Rhyne	12.96m	42-06.25	+0.0
--- Foster, Jaylen	King	FOUL		

Event 5 Women Javelin Throw

Name	School	Finals	H#	Points
Finals				
1 Stevens, Sah-Jay	Johnson C. Smith	38.55m	126-06	2
2 Zadroga, Amy	Carson-Newman	36.13m	118-06	2

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 5 Women Javelin Throw)**

Name	School	Finals	H#	Points
3 Green, Asia	Livingstone	35.04m	114-11	2
4 Salamon, Haylea	Lenoir-Rhyne	33.10m	108-07	2
5 Drayton, Autumn	Lenoir-Rhyne	31.86m	104-06	2
6 Lowe, Jocelyn	Lenoir-Rhyne	29.98m	98-04	2
7 Triplett, Lacey	Lenoir-Rhyne	27.54m	90-04	1
8 Calhoun, Cydney	Johnson C. Smith	26.37m	86-06	2
9 Venancio, Leticia	Lenoir-Rhyne	24.06m	78-11	1
10 Neita, Shanice	Johnson C. Smith	21.23m	69-08	2
11 Swepson, Candace	Catawba	20.91m	68-07	1
12 Rasheed, Samiyah	Catawba	20.65m	67-09	2
13 Lane, Madison	Lenoir-Rhyne	20.00m	65-07	1
14 Roper, Zykharria	Johnson C. Smith	19.92m	65-04	1
15 Miller, Ashley	King	19.71m	64-08	1
16 Watkins, Savannah	Lenoir-Rhyne	18.05m	59-03	2
17 Bell, Jhalisa	Catawba	17.84m	58-06	2
18 Newkirk, Essence	Lenoir-Rhyne	17.38m	57-00	1
19 Capps, Heather	Lenoir-Rhyne	15.11m	49-07	1
20 Medley, Leona	Lenoir-Rhyne	13.12m	43-00	1
--- Gayton, Destiny	Lenoir-Rhyne	FOUL		1
--- Drummonds, Savannah	Lenoir-Rhyne	FOUL		2

Event 6 Men Javelin Throw

Name	School	Finals	H#	Points
Finals				
1 Stumpf, Christian	Carson-Newman	50.99m	167-03	2
2 Jureidini-Wyche, Trayzel	Carson-Newman	46.50m	152-07	2
3 Ensley, Ross	Carson-Newman	45.07m	147-10	2
4 Turpen, Jarad	Milligan	43.31m	142-01	2
5 Reed, Aaron	Lincoln Memorial	37.93m	124-05	2
6 Brindle, Jonathan	Pfeiffer	37.82m	124-01	1
7 Gill, Klayton	Pfeiffer	37.54m	123-02	2
8 Ogletree, Cameron	Livingstone	36.68m	120-04	2
9 Brown, Anthony	Lenoir-Rhyne	35.68m	117-01	2
10 Jackson, Deandre	Lenoir-Rhyne	35.58m	116-09	1
11 Vance, Zeke	Carson-Newman	34.67m	113-09	2
12 Johnson, Zane	Lenoir-Rhyne	34.28m	112-06	1
13 Nabe, Kyle	Lincoln Memorial	33.66m	110-05	2
14 Sigmon, Dawson	Lenoir-Rhyne	31.88m	104-07	2
15 Carpenter, Stephen	Lenoir-Rhyne	31.73m	104-01	2
16 Chilton, Nolan	Catawba	30.80m	101-00	1
17 Davis, Kaleb	Lenoir-Rhyne	29.65m	97-03	1
18 Nicholson, Daniel	Lenoir-Rhyne	28.87m	94-09	1
19 Adkinson, Zach	Lenoir-Rhyne	28.62m	93-11	2
20 Reichenbach, Chris	Lenoir-Rhyne	27.98m	91-09	1
21 Norman, Chris	Lenoir-Rhyne	27.78m	91-02	1
22 Avery, Darius	Catawba	27.44m	90-00	1
--- Potts-Howard, Kristofer	Carson-Newman	FOUL		1
--- Thomas, Elyjah	Catawba	FOUL		1

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results****Event 7 Women Discus Throw**

Name	School	Finals	H#	Points
Finals				
1 Drayton, Autumn	Lenoir-Rhyne	46.22m 151-08	2	
2 Salamon, Haylea	Lenoir-Rhyne	41.56m 136-04	1	
3 Bobbitt, Beyonce	Rio Grande	40.71m 133-07	2	
4 Carmichael, To'mara	Queens (N.C.)	40.28m 132-02	2	
5 Wade, Katrina	Livingstone	37.73m 123-09	2	
6 Maller, Elizabeth	Milligan	34.93m 114-07	2	
7 Dubiel, Alexis	Queens (N.C.)	34.67m 113-09	2	
8 Lowe, Jocelyn	Lenoir-Rhyne	33.75m 110-09	2	
9 Wingo, Ashley	Livingstone	33.51m 109-11	2	
10 Miller, Samantha	Rio Grande	32.78m 107-06	1	
11 Abbott, Ashton	Carson-Newman	32.73m 107-04	2	
12 Hopkins, Avianna	Queens (N.C.)	32.11m 105-04	2	
13 Glowe, Erika	Queens (N.C.)	31.69m 104-00	1	
14 Ford, Tonishea	Pfeiffer	30.85m 101-02	2	
15 Swepson, Candace	Catawba	30.55m 100-03	1	
16 Calhoun, Cydney	Johnson C. Smith	30.46m 99-11	2	
17 Cress, Sierra	Rio Grande	30.29m 99-04	2	
18 Seeberg, Natalie	Rio Grande	29.65m 97-03	2	
19 Miller, Ashley	King	27.85m 91-04	1	
20 Love, Emma	Queens (N.C.)	27.79m 91-02	1	
21 Love-Robinson, Ca'Shauna	Johnson C. Smith	26.67m 87-06	2	
22 Thomas, Aaliyah	Pfeiffer	26.35m 86-05	1	
23 Long, Tatyana	Catawba	25.09m 82-04	1	
24 Nielsen, Brittany	King	25.04m 82-02	1	
25 Jones, Ashley	Brevard	23.43m 76-10	1	
26 Ortiz, Danielle	Catawba	23.18m 76-00	1	
27 Bell, Jhalisa	Catawba	23.09m 75-09	1	
28 Davis, Hydia	Livingstone	22.93m 75-03	1	
29 Fusetti, Cailen	Pfeiffer	16.40m 53-10	1	
--- Terry, Mia	Livingstone	FOUL	1	

Event 8 Men Discus Throw

Name	School	Finals	H#	Points
Finals				
1 Knauer, Martin	Queens (N.C.)	49.58m 162-08	3	
2 Jureidini-Wyche, Trayzel	Carson-Newman	43.84m 143-10	3	
3 Johnson, Zane	Lenoir-Rhyne	43.39m 142-04	2	
4 Osborne, Ben	Queens (N.C.)	42.33m 138-10	3	
5 McMurray, Trevor	King	41.42m 135-11	3	
6 Head, Travis	Lenoir-Rhyne	41.16m 135-00	3	
7 Pender, Logan	Carson-Newman	40.33m 132-04	3	
8 Champer, Adam	Rio Grande	40.31m 132-03	3	
9 Jablonski, John	King	37.71m 123-09	3	
10 Collins, Zachary	Rio Grande	37.60m 123-04	3	
11 Poe, Jason	Lenoir-Rhyne	37.45m 122-10	2	
12 Wright, Evans	Queens (N.C.)	37.28m 122-04	2	
13 Everett, Daniel	Rio Grande	36.65m 120-03	3	

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Name	School	Finals	H#	Points
14 Basnight, Cole	Queens (N.C.)	34.89m	114-06	1
15 Auvil, Josh	Montreat	34.24m	112-04	2
16 Thomas, Elyjah	Catawba	34.23m	112-04	3
17 Ogletree, Cameron	Livingstone	33.91m	111-03	2
18 Avery, Darius	Catawba	33.45m	109-09	1
19 Green, Draven	Carson-Newman	33.27m	109-02	2
20 Harrell, Landon	Carson-Newman	32.35m	106-02	1
21 Higgins, Cameron	Milligan	32.03m	105-01	2
22 Sigmon, Dawson	Lenoir-Rhyne	31.64m	103-10	2
23 Sheppard, Andrew	Milligan	30.54m	100-02	2
24 Covington, Gabriel	Brevard	30.51m	100-01	2
25 Conley, Trace	Rio Grande	29.65m	97-03	2
26 Fennell, Kyle	Brevard	28.06m	92-01	1
27 McClinton, Thomas	Catawba	27.07m	88-10	1
28 Stumpf, Christian	Carson-Newman	26.31m	86-04	1
29 Brown, Anthony	Lenoir-Rhyne	24.38m	80-00	1
30 Jackson, Deandre	Lenoir-Rhyne	21.41m	70-03	1
31 Davis, Kaleb	Lenoir-Rhyne	19.25m	63-02	1
--- Cole, John	Milligan	FOUL		2
--- Henderson, Cole	Lenoir-Rhyne	FOUL		2
--- Drake, Ari	Brevard	FOUL		1
--- Greer, Jake	Milligan	FOUL		1
--- Bee, Jacob	Queens (N.C.)	FOUL		3

Event 9 Women High Jump

Name	School	Finals	Points
Finals			
1 Gayton, Destiny	Lenoir-Rhyne	1.55m	5-01.00
2 Buck, Brianna	Milligan	J1.55m	5-01.00
3 Noe, Tiffany	Carson-Newman	J1.55m	5-01.00
4 Lewis, Kayonna	Lenoir-Rhyne	J1.55m	5-01.00
5 Hardwick, Saidah	Lenoir-Rhyne	1.50m	4-11.00
6 Conner, Kennedy	Lenoir-Rhyne	1.45m	4-09.00
7 Bowman, Maigan	Lenoir-Rhyne	J1.45m	4-09.00
8 Rasheed, Samiyah	Catawba	J1.45m	4-09.00
9 Owens, Jada	King	J1.45m	4-09.00
10 Reynolds, Shelby	Carson-Newman	1.40m	4-07.00
--- Watkins, Savannah	Lenoir-Rhyne	NH	

Event 10 Men High Jump

Name	School	Finals	Points
Finals			
1 Diaz, Israel	Montreat	1.95m	6-04.75
2 Brown, Anthony	Lenoir-Rhyne	1.90m	6-02.75
3 Roark, Austin	Milligan	1.80m	5-10.75
4 Nguetta, Yannis	Lenoir-Rhyne	1.75m	5-08.75
5 Coleman, Brent	Milligan	J1.75m	5-08.75
5 Lane, Josiah	Catawba	J1.75m	5-08.75
7 Chilton, Nolan	Catawba	1.65m	5-05.00

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2

Irwin Belk Track

Hickory, N.C.

Results

Finals ... (Event 10 Men High Jump)

Name	School	Finals	Points
--- Turpen, Jarad	Milligan	NH	
--- Foster, Jaylen	King	NH	
--- Stevens, Deshaun	King	NH	
--- Stumpf, Christian	Carson-Newman	NH	
--- Carpenter, Stephen	Lenoir-Rhyne	NH	
--- Davis, Kaleb	Lenoir-Rhyne	NH	

Event 11 Women Long Jump

Name	School	Finals	Wind	H#	Points
Finals					
1 Gudger, Samantha	Carson-Newman	5.72m	18-09.25	2.4	2
2 Robinson, Chanavier	Rio Grande	5.44m	17-10.25	2.1	2
3 White, MeKayla	Catawba	5.26m	17-03.25	0.6	2
4 Reynolds, Shelby	Carson-Newman	5.12m	16-09.75	1.4	2
5 Lewis, Kayonna	Lenoir-Rhyne	5.11m	16-09.25	0.9	2
6 Robertson, Shakalya	Catawba	5.09m	16-08.50	1.5	2
7 Noe, Tiffany	Carson-Newman	5.03m	16-06.00	1.5	2
8 Watkins, Savannah	Lenoir-Rhyne	5.01m	16-05.25	2.6	2
9 Graham, Rayna	Johnson C. Smith	4.80m	15-09.00	0.2	2
10 Christian, Whitney	King	4.75m	15-07.00	+0.0	1
11 Grandison, Ramoya	Johnson C. Smith	4.72m	15-06.00	0.9	1
12 Conner, Kennedy	Lenoir-Rhyne	4.65m	15-03.25	0.3	1
13 Bowman, Maigan	Lenoir-Rhyne	4.60m	15-01.25	0.1	1
14 McFadden, Amani	King	4.33m	14-02.50	1.1	1
15 Bartholomew, Tiffany	Pfeiffer	4.25m	13-11.50	0.4	1
16 Rasheed, Samiyah	Catawba	3.85m	12-07.75	+0.0	1
17 Floyd-Beaty, Moranda	Pfeiffer	3.83m	12-06.75	+0.0	1
--- Darrell, Shania	Livingstone	FOUL			2

Event 12 Men Long Jump

Name	School	Finals	Wind	H#	Points
Finals					
1 Artybidge, Ray	Carson-Newman	6.98m	22-11.00	1.9	2
2 Mitchell, Jaquay	Lenoir-Rhyne	6.84m	22-05.25	1.9	2
3 Johnson, Terrell	Catawba	6.75m	22-01.75	0.8	2
4 Wilson, James	Carson-Newman	6.72m	22-00.75	2.4	2
5 Potts-Howard, Kristofer	Carson-Newman	6.70m	21-11.75	0.7	2
6 Hampton, Demarius	Lenoir-Rhyne	6.67m	21-10.75	0.8	2
7 Blackshear, Kenyon	Livingstone	6.62m	21-08.75	1.5	2
8 Askew, Jaylen	Livingstone	6.46m	21-02.50	1.3	1
9 Prater, Jacob	Montreat	6.42m	21-00.75	2.0	2
10 Stevens, Deshaun	King	6.30m	20-08.00	+0.0	1
11 Mcguire, Raymond	Livingstone	6.23m	20-05.25	+0.0	1
12 Foster, Jaylen	King	6.17m	20-03.00	1.2	2
13 McDaniel, Cameron	Lenoir-Rhyne	6.10m	20-00.25	+0.0	1
14 Campbell, Keyshawn	Pfeiffer	6.09m	19-11.75	+0.0	2
15 Roark, Austin	Milligan	6.00m	19-08.25	1.5	1
16 McCleave, Melvin	Montreat	5.82m	19-01.25	+0.0	2
17 Diaz, Israel	Montreat	5.67m	18-07.25	+0.0	1

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 12 Men Long Jump)**

Name	School	Finals	Wind	H#	Points
18 Coleman, Brent	Milligan	5.64m	18-06.00	1.9	1
19 Norman, Chris	Lenoir-Rhyne	5.30m	17-04.75	1.0	2
20 Davis, Kaleb	Lenoir-Rhyne	5.10m	16-08.75	1.0	1
21 Kingsberry, Ke'VeL	Brevard	5.08m	16-08.00	0.6	1
22 Vaughn, Deyton	Pfeiffer	4.98m	16-04.25	+0.0	1
--- Davis, Thomas	Catawba	FOUL			1
--- Nguetta, Yannis	Lenoir-Rhyne	FOUL			1
--- Carter, Samuel	Catawba	FOUL			2

Event 13 Women Shot Put

Name	School	Finals	H#	Points
Finals				
1 Stevens, Sah-Jay	Johnson C. Smith	13.42m	44-00.50	3
2 Maller, Elizabeth	Milligan	12.96m	42-06.25	3
3 Davis, Hydia	Livingstone	12.59m	41-03.75	3
4 Chance, Samaria	Livingstone	12.36m	40-06.75	3
5 Drayton, Autumn	Lenoir-Rhyne	12.23m	40-01.50	3
6 Carmichael, To'mara	Queens (N.C.)	12.06m	39-07.00	3
7 Salamon, Haylea	Lenoir-Rhyne	12.04m	39-06.00	3
8 Wingo, Ashley	Livingstone	11.70m	38-04.75	3
9 Terry, Mia	Livingstone	11.46m	37-07.25	1
10 Bobbitt, Beyonce	Rio Grande	11.09m	36-04.75	3
11 Hopkins, Avianna	Queens (N.C.)	10.79m	35-05.00	3
12 Wade, Katrina	Livingstone	10.54m	34-07.00	3
13 Cress, Sierra	Rio Grande	10.27m	33-08.50	3
14 Neita, Shanice	Johnson C. Smith	10.21m	33-06.00	1
15 Ortiz, Danielle	Catawba	10.02m	32-10.50	2
16 Nielsen, Brittany	King	10.01m	32-10.25	2
17 Long, Faith	Carson-Newman	9.93m	32-07.00	2
18 Seeberg, Natalie	Rio Grande	9.85m	32-03.75	2
19 Jones, Ashley	Brevard	9.84m	32-03.50	1
20 Long, Tatyana	Catawba	9.72m	31-10.75	2
21 Love, Emma	Queens (N.C.)	9.25m	30-04.25	1
21 Calhoun, Cydney	Johnson C. Smith	9.25m	30-04.25	2
23 Reynolds, Shelby	Carson-Newman	9.08m	29-09.50	2
24 Thomas, Aaliyah	Pfeiffer	8.99m	29-06.00	2
25 Love-Robinson, Ca'Shauna	Johnson C. Smith	8.97m	29-05.25	2
26 Noe, Tiffany	Carson-Newman	8.83m	28-11.75	1
27 Miller, Ashley	King	8.78m	28-09.75	2
28 Abbott, Ashton	Carson-Newman	8.75m	28-08.50	2
29 Bell, Jhalisa	Catawba	8.66m	28-05.00	1
30 Newkirk, Essence	Lenoir-Rhyne	8.47m	27-09.50	1
31 Medley, Leona	Lenoir-Rhyne	8.35m	27-04.75	1
32 Miller, Samantha	Rio Grande	8.04m	26-04.50	2
33 Triplett, Lacey	Lenoir-Rhyne	7.80m	25-07.25	1
34 Watkins, Savannah	Lenoir-Rhyne	7.67m	25-02.00	1
35 Gayton, Destiny	Lenoir-Rhyne	7.56m	24-09.75	1
36 Venancio, Leticia	Lenoir-Rhyne	6.75m	22-01.75	1

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results****Event 14 Men Shot Put**

	Name	School	Finals		H#	Points
Finals						
1	Knauer, Martin	Queens (N.C.)	17.05m	55-11.25	3	
2	Johnson, Kelvin	Livingstone	13.99m	45-10.75	3	
3	Wright, Evans	Queens (N.C.)	13.77m	45-02.25	3	
4	Auvil, Josh	Montreat	13.76m	45-01.75	3	
5	Johnson, Zane	Lenoir-Rhyne	13.67m	44-10.25	3	
6	Head, Travis	Lenoir-Rhyne	13.52m	44-04.25	3	
7	Pender, Logan	Carson-Newman	13.44m	44-01.25	3	
8	Poe, Jason	Lenoir-Rhyne	13.29m	43-07.25	3	
9	McMurray, Trevor	King	13.06m	42-10.25	3	
10	Harrell, Landon	Carson-Newman	12.75m	41-10.00	3	
11	Gramann, Austin	Carson-Newman	12.61m	41-04.50	2	
12	Osborne, Ben	Queens (N.C.)	12.59m	41-03.75	3	
13	Brown, Anthony	Lenoir-Rhyne	12.47m	40-11.00	1	
14	Champer, Adam	Rio Grande	12.42m	40-09.00	2	
15	DuVall, Daulton	Rio Grande	12.25m	40-02.25	2	
16	Jablonski, John	King	12.18m	39-11.50	2	
17	Sigmon, Dawson	Lenoir-Rhyne	12.03m	39-05.75	2	
18	Higgins, Cameron	Milligan	11.28m	37-00.25	2	
19	Avery, Darius	Catawba	10.91m	35-09.50	2	
20	Sheppard, Andrew	Milligan	10.67m	35-00.25	1	
21	Green, Draven	Carson-Newman	10.66m	34-11.75	2	
22	Fennell, Kyle	Brevard	10.48m	34-04.75	1	
23	Greer, Jake	Milligan	10.15m	33-03.75	1	
24	Covington, Gabriel	Brevard	9.99m	32-09.50	1	
25	Thomas, Elyjah	Catawba	9.95m	32-07.75	1	
26	Drake, Ari	Brevard	9.90m	32-05.75	1	
27	Cole, John	Milligan	9.74m	31-11.50	1	
28	Ogletree, Cameron	Livingstone	9.73m	31-11.25	1	
29	Davis, Kaleb	Lenoir-Rhyne	9.00m	29-06.50	2	
30	McClinton, Thomas	Catawba	8.36m	27-05.25	1	
31	Jackson, Deandre	Lenoir-Rhyne	8.26m	27-01.25	1	
32	Norman, Chris	Lenoir-Rhyne	7.57m	24-10.00	1	

Event 15 Women Pole Vault

	Name	School	Finals		Points
Finals					
1	Drummonds, Savannah	Lenoir-Rhyne	3.30m	10-10.00	
2	Colenda, Katie	Montreat	3.00m	9-10.00	
3	Zadroga, Amy	Carson-Newman	2.85m	9-04.25	
4	Triplett, Lacey	Lenoir-Rhyne	2.70m	8-10.25	
5	Capps, Heather	Lenoir-Rhyne	J2.70m	8-10.25	

Event 16 Men Pole Vault

	Name	School	Finals		Points
Finals					
1	Justice, Jake	Unattached	4.35m	14-03.25	
2	Reichenbach, Chris	Lenoir-Rhyne	J4.35m	14-03.25	

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	Name	School	Finals		Points
3	Nicholson, Daniel	Lenoir-Rhyne	4.20m	13-09.25	
4	Adkinson, Zach	Lenoir-Rhyne	3.75m	12-03.50	
5	Vann, Dallas	Catawba	3.45m	11-03.75	
6	Chilton, Nolan	Catawba	2.70m	8-10.25	
7	Brown, Anthony	Lenoir-Rhyne	J2.70m	8-10.25	
8	Jackson, Deandre	Lenoir-Rhyne	2.55m	8-04.25	
9	Carpenter, Stephen	Lenoir-Rhyne	J2.55m	8-04.25	
9	Norman, Chris	Lenoir-Rhyne	J2.55m	8-04.25	

Event 17 Women 100 Meter Hurdles

	Name	School	Finals	Wind	H#	Points
Finals						
1	Darrell, Shania	Livingstone	15.02	0.4	1	
2	Hodgkin, Zariah	Johnson C. Smith	15.09	0.4	1	
3	Watkins, Savannah	Lenoir-Rhyne	15.12	0.4	1	
4	Medley, Leona	Lenoir-Rhyne	15.98	0.4	1	
5	Reed, Talayna	Johnson C. Smith	16.24	0.4	1	
6	Harrison, Jada	Lenoir-Rhyne	16.61	1.3	2	
7	Christian, Whitney	King	17.15	0.4	1	
8	Drummonds, Savannah	Lenoir-Rhyne	17.63	1.3	2	
9	Triplett, Lacey	Lenoir-Rhyne	17.76	1.3	2	
10	Gayton, Destiny	Lenoir-Rhyne	18.39	1.3	2	

Event 18 Men 110 Meter Hurdles

	Name	School	Finals	Wind	H#	Points
Finals						
1	Brown, Anthony	Lenoir-Rhyne	14.90	1.0	1	
2	McGuire, Raymond	Livingstone	15.17	1.0	1	
3	Noble, Rashaun	Catawba	15.74	1.0	1	
4	McPhee, Adriel	King	15.84	1.0	1	
5	Drummond, Devine	Lenoir-Rhyne	15.87	1.0	1	
6	Alston, Jacorey	Lenoir-Rhyne	16.05	1.0	1	
7	Yelton, Hank	Montreat	16.59	+0.0	2	
8	Waltower, Kenan	Pfeiffer	16.73	+0.0	2	
9	Davis, Kaleb	Lenoir-Rhyne	16.89	1.0	1	
10	Duncan, Connor	Montreat	17.55	+0.0	2	
11	Jackson, Deandre	Lenoir-Rhyne	17.76	+0.0	2	
12	Chilton, Nolan	Catawba	19.25	+0.0	2	
13	Carpenter, Stephen	Lenoir-Rhyne	21.70	+0.0	2	
---	Norman, Chris	Lenoir-Rhyne	DNF	+0.0	2	

Event 19 Women 400 Meter Dash

	Name	School	Finals		H#	Points
Finals						
1	Hardwick, Saidah	Lenoir-Rhyne	56.30		1	
2	McDuffie, Delecia	Johnson C. Smith	57.75		1	
3	Fair, Paiton	Lenoir-Rhyne	57.97		1	
4	Poole, Tyra	Lenoir-Rhyne	58.69		1	
5	Crawford, Jordan	Lincoln Memorial	59.99		2	

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	Name	School	Finals	H#	Points
6	Meadows, Taylor	Lenoir-Rhyne	1:00.04	1	
7	Harrison, Jada	Lenoir-Rhyne	1:01.08	1	
8	Hegarty, Abby	Carson-Newman	1:01.82	2	
9	Covington, Jerrica	Lincoln Memorial	1:02.12	1	
10	Tackett, Taylor	Rio Grande	1:02.46	2	
11	Mathis, Grace	Lincoln Memorial	1:03.17	2	
12	Lane, Madison	Lenoir-Rhyne	1:04.45	2	
13	Owen, Grace	Milligan	1:04.61	3	
14	Thompson, Shakirah	Brevard	1:05.18	2	
15	Bentley, Brina	Pfeiffer	1:06.23	4	
16	Emmerson, Siearra	Catawba	1:06.62	3	
17	Burrell, Nyaisa	Montreat	1:08.21	2	
18	Smith, Isis	King	1:08.86	2	
19	McCormick, Audrey	King	1:12.75	3	
20	Lautenschlager, Mackenzie	Brevard	1:13.53	3	
21	Winstead, Logan	Pfeiffer	1:13.57	4	
22	Cloud-Martin, Caitlyn	Brevard	1:23.68	3	

Event 20 Men 400 Meter Dash

	Name	School	Finals	H#	Points
Finals					
1	Besong, Lucas	Lenoir-Rhyne	49.18	1	
2	Ewell, Antoine	Livingstone	49.60	1	
3	Pittman, Brien	Catawba	50.18	1	
4	Reis, Miguel	Lincoln Memorial	50.33	2	
5	Stamp, Chandelor	Lenoir-Rhyne	51.08	1	
6	Stumpf, Christian	Carson-Newman	51.67	2	
7	Ford, Braxton	Catawba	52.09	3	
8	Thompson, Aaron	Livingstone	52.25	1	
9	Thornburg, Caleb	Montreat	52.27	3	
10	Terry, RahQuan	Catawba	52.36	3	
11	Hanke, Tom	Montreat	52.44	1	
12	Monroe, Dontavius	Pfeiffer	52.56	4	
13	Colson, Tevin	Pfeiffer	52.78	3	
14	Stevens, Deshaun	King	52.85	1	
15	King, DeEric	King	53.16	2	
16	Williamson, Tyquandarius	Catawba	53.17	3	
17	Dytrt, James	Lenoir-Rhyne	53.38	2	
18	Landry, Ben	Bob Jones	53.46	4	
19	Bejarano, Brandon	King	53.73	4	
20	Sackett, Brian	Milligan	53.78	4	
21	Kelley, Emmett	Spartanburg Methodist	53.80	5	
22	Osifo, Tyler	Catawba	53.85	4	
23	Yelton, Hank	Montreat	54.89	5	
24	Facemeyer, Daschle	Rio Grande	55.51	4	
25	Brown, Jarah	King	55.54	3	
26	Felton, Rontrel	Catawba	55.60	2	
27	McDonald, Kade	King	55.99	3	
28	Fitzgerald, Tyler	Montreat	56.75	4	

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Name	School	Finals	H#	Points
29 Inman, Jacob	Montreat	56.80	6	
30 Thompson, Jonathan	Livingstone	56.81	5	
31 Toney, Tyrese	Patrick Henry CC	56.88	5	
32 Ragsdale, Braydon	King	57.43	5	
33 Dandridge, Rico	Patrick Henry CC	57.56	6	
34 Vela, Jose	Brevard	57.91	6	
35 Lattimore, Mark	Montreat	58.51	5	
--- McDaniels, Nathan	Lenoir-Rhyne	DNF	1	

Event 21 Women 100 Meter Dash

Name	School	Finals	Wind	H#	Points
Finals					
1 Davis, Tia	Carson-Newman	12.44	+0.0	1	
2 Tillman, Jalesia	Lincoln Memorial	12.53	+0.0	1	
3 Lowe, Amanda	Carson-Newman	12.56	-0.1	2	
4 McNeill, Kierra	Catawba	12.57	+0.0	1	
5 Robinson, Chanavier	Rio Grande	12.59	+0.0	1	
6 Smith-Cunningham, Bryannah	Catawba	12.60	-0.1	2	
7 Alston, Dakota	Lenoir-Rhyne	12.69	+0.0	1	
8 Alexander, Shania	Johnson C. Smith	12.82	+0.0	1	
9 Kinlaw, Anatasia	Spartanburg Methodist	12.92	+0.0	3	
10 Barber, Rachael	Rio Grande	12.94	-0.1	2	
11 Strauther, Amirah	Rio Grande	13.12	+0.0	3	
12 Baudin, Romane	Montreat	13.20	-0.1	2	
13 Bartholomew, Tiffany	Pfeiffer	13.21	2.0	4	
14 Maxwell, Akeena	Catawba	13.40	-0.1	2	
15 Jones, Mya	Lenoir-Rhyne	13.41	+0.0	1	
16 Mays, Shakeynah	Livingstone	13.82	+0.0	3	
17 Head, Savannah	Bob Jones	14.26	+0.0	3	
18 Torres, Ambar	Rio Grande	14.38	+0.0	3	
19 Watson, Breanna	Patrick Henry CC	14.54	2.0	4	
20 Cox, Deidra	Montreat	15.04	2.0	4	
21 Jones, Myasia	Pfeiffer	15.16	2.0	4	

Event 22 Men 100 Meter Dash

Name	School	Finals	Wind	H#	Points
Finals					
1 Moore, Devon	Carson-Newman	10.46	2.2	1	
2 Turner, Darius	Catawba	10.68	2.2	1	
3 Maddox, Kaynmon	Lenoir-Rhyne	10.76	2.2	1	
4 Burnette, Justin	Catawba	10.87	2.2	1	
5 Cunningham, Cameron	Livingstone	11.00	1.2	4	
6 Johnson, Terrell	Catawba	11.05	0.1	2	
7 Culliver, JaTay	Lenoir-Rhyne	11.05	2.2	1	
8 Bryant, Sean	Pfeiffer	11.09	0.1	2	
9 Johnson, Toot	Carson-Newman	11.17	2.2	1	
10 Robinson, Austin	Unattached	11.22	0.4	3	
11 Jackson, Emanuel	Lenoir-Rhyne	11.27	0.1	2	
12 Walton, Christopher	Brevard	11.31	0.1	2	

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Name	School	Finals	Wind	H#	Points
13 Artybidge, Ray	Carson-Newman	11.41	0.4	3	
14 Jackson, Sherron	Carson-Newman	11.41	0.1	2	
15 Walker, Jahbriel	Catawba	11.44	0.1	2	
16 Parks, Jamerial	Brevard	11.49	0.4	3	
17 Davis, Thomas	Catawba	11.52	0.3	5	
18 Carter, Samual	Catawba	11.58	1.2	4	
19 Askew, Jaylen	Livingstone	11.64	1.2	4	
20 Anderson, Dante	Brevard	11.65	0.3	5	
21 Inaba, Fabio	Rio Grande	11.69	0.1	2	
22 Roserie, Jaden	Pfeiffer	11.78	0.4	3	
23 McMurray, Marcus	Catawba	11.88	0.3	5	
24 Mathis, Darrel	Livingstone	12.03	0.3	5	
25 Duncan, Connor	Montreat	12.21	0.4	3	
26 Wallace, Tyler	Pfeiffer	12.28	0.3	5	
27 Landry, Ben	Bob Jones	12.37	0.4	3	
28 Hughes, Malik	Patrick Henry CC	12.49	1.2	4	
29 Toney, Tyrese	Patrick Henry CC	12.53	1.2	4	

Event 23 Women 1500 Meter Run

Name	School	Finals	H#	Points
Finals				
1 O'Neill, Kathleen	Unattached	4:43.81	1	
2 Dahlberg, Kylie	Lenoir-Rhyne	4:54.14	1	
3 Williams, Lucy	Rio Grande	4:57.15	1	
4 Barton, Kirstin	King	5:01.62	1	
5 Spencer, Kylie	Pfeiffer	5:03.04	1	
6 McCarter, Skye	Carson-Newman	5:03.53	1	
7 Cruce, Jordan	Lenoir-Rhyne	5:03.88	1	
8 Hilliard, Caroline	Lenoir-Rhyne	5:07.58	1	
9 Kandlbauer, Tabea	Lincoln Memorial	5:11.05	1	
10 Bjerkness, Adie	Lenoir-Rhyne	5:14.31	1	
11 Toineeta, Kendall	Lenoir-Rhyne	5:18.94	1	
12 Tait, Skyler	Montreat	5:20.95	1	
13 Cole, Aubree	Carson-Newman	5:29.42	2	
14 Holmes, Kiley	Lincoln Memorial	5:34.23	2	
15 Dunn, Eva	Lincoln Memorial	5:40.04	2	
16 Ewell, Angel	Livingstone	5:45.33	2	
17 Efird, Hannah	Catawba	5:45.58	2	
18 Barrett, Brianna	King	5:56.03	1	
19 Myers, Bethany	Bob Jones	5:56.28	2	
20 Rodriguez, Alma	Montreat	5:56.83	2	
21 Brown, Molly	Brevard	6:23.10	2	
22 Miles, Whitney	Lenoir-Rhyne	7:09.01	2	
23 Fusetti, Cailen	Pfeiffer	7:36.83	2	

Event 24 Men 1500 Meter Run

Name	School	Finals	H#	Points
Finals				
1 Greer, Luke	Carson-Newman	3:57.48	1	

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Name	School	Finals	H#	Points
2 Adkins, Josh	Lenoir-Rhyne	4:01.04	1	
3 Ivackovic, Petar	Lenoir-Rhyne	4:07.44	1	
4 Incardona, Sean	Lenoir-Rhyne	4:08.03	1	
5 Vaughn, Brandon	Lincoln Memorial	4:08.61	1	
6 Bronstetter, Mitch	Milligan	4:09.71	1	
7 Davis, Caleb	Bob Jones	4:11.12	1	
8 Shull, Eric	Milligan	4:12.30	2	
9 Pfister, Ethan	Milligan	4:12.47	1	
10 Hefner, Jayden	Unattached	4:13.53	1	
11 Richards, Nathan	Montreat	4:13.60	1	
12 McKinley, Cameron	Carson-Newman	4:14.92	3	
13 Rivas, Pablo	Milligan	4:15.24	1	
14 Hawkins, Dasani	Lenoir-Rhyne	4:16.05	1	
15 Swepson, Michal	Catawba	4:16.92	2	
16 Fajardo, Roberto	Lincoln Memorial	4:18.14	3	
17 Gatewood, Jacob	Lincoln Memorial	4:19.37	3	
18 Snide, Austin	Catawba	4:19.83	2	
19 Easterlin, Logan	Spartanburg Methodist	4:20.19	2	
20 Douthit, Ben	Bob Jones	4:20.40	2	
21 O'Dell, Daniel	Montreat	4:22.20	2	
22 Metcalf, Blaine	King	4:22.41	1	
23 Parker, Jacob	Montreat	4:24.28	2	
24 Komyati, Jarred	Lenoir-Rhyne	4:25.64	1	
25 Morgan, Gavin	Brevard	4:26.25	2	
26 Hart, Kyle	King	4:26.66	1	
27 Bright, Jonathan	Bob Jones	4:29.37	3	
28 Jones, Peyton	Lenoir-Rhyne	4:31.47	2	
29 McMahan, Kane	Montreat	4:32.07	2	
30 Hall, Eli	Montreat	4:34.59	2	
31 Hincer, Keaton	Unattached	4:34.91	3	
32 Hughes, Jonathan	Lincoln Memorial	4:35.35	3	
33 Flynn, Douglas	Bob Jones	4:38.58	3	
34 Morse, Monroe	Patrick Henry CC	4:40.04	3	
35 Kazlauskas, Todd	Bob Jones	4:40.38	2	
36 Eudy, Michael	Pfeiffer	4:40.59	3	
37 Whitehead, Jason	Lenoir-Rhyne	4:40.75	2	
38 Buford, Chris	Lincoln Memorial	4:48.38	3	
39 Miller-Ulrich, Jakob	Pfeiffer	4:52.86	3	
40 Garcia, Christopher	Montreat	4:55.37	2	
41 Barrett, Micah	Lincoln Memorial	4:58.38	3	
42 Dowis, George	Brevard	5:10.36	3	
43 Ludwick, Devin	Pfeiffer	5:20.49	3	

Event 25 Women 5000 Meter Run

Name	School	Finals	Points
Finals			
1 Strayer, Rachel	Carson-Newman	18:45.34	
2 White, Bekah	Carson-Newman	18:52.46	
3 Davidson, Amy	Carson-Newman	19:54.30	

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Name	School	Finals	Points
4 Morin, Erica	Montreat	20:01.08	
5 Sides, Madeline	Montreat	20:34.76	
6 Thomas, Rebekah	King	20:36.24	
7 Fulcher, Christina	King	20:57.38	
8 Rivera, Kaitlin	King	21:18.38	
9 Marshall, Rosalea	Montreat	21:19.25	
10 Brammer, Haley	Unat-Bob Jones	22:11.34	
11 Howe, Grayson	King	22:35.67	
12 Martin, Angel	Lenoir-Rhyne	22:47.67	

Event 26 Men 5000 Meter Run

Name	School	Finals	Points
Finals			
1 Lloyd-Perks, Sam	Lincoln Memorial	15:54.59	
2 Aulich, Cory	Milligan	16:08.78	
3 Hinchey, Rylan	Montreat	16:15.65	
4 Burton, Andrew	Milligan	16:25.08	
5 Farah, Mohamed	Rio Grande	16:26.07	
6 Calhoun, Harrison	Lincoln Memorial	16:29.27	
7 Kovalchick, Daniel	King	16:34.86	
8 Patchen, Joe	Bob Jones	16:39.27	
9 Johnson, Daniel	Lincoln Memorial	16:46.45	
10 Welsh, Garret	Montreat	16:48.01	
11 Baldy, Eli	Milligan	16:50.90	
12 Ronoh, Kelvin	Carson-Newman	17:00.49	
13 Stroud, Casey	Bob Jones	17:12.81	
14 Stewart, Justin	King	17:17.94	
15 Newcomb, Daniel	Montreat	17:24.69	
16 Bates, Trey	Unattached	17:34.81	
17 Marsh, Jacob	Lenoir-Rhyne	17:43.40	
18 Watson, David	Montreat	17:46.50	
19 Hamilton, Shawn	Spartanburg Methodist	17:59.62	
20 Freitag, Dean	Rio Grande	18:58.91	
--- Stewart, Nathan	Bob Jones	DNF	
--- Johannes, Michael	Bob Jones	DNF	
--- Jones, Tyreese	Livingstone	DNF	
--- Jones, Grayson	Lenoir-Rhyne	DNF	

Event 27 Women 4x100 Meter Relay

Team	Relay	Finals	Points
Finals			
1 Catawba	A	47.87	
1) McNeill, Kierra	2) Smith-Cunningham, Bryannah	3) Bohannon, Maddie	4) Maxwell, Akeena
2 Lenoir-Rhyne	A	48.10	
1) Alston, Dakota	2) Hardwick, Saidah	3) Poole, Tyra	4) Jones, Mya
3 Johnson C. Smith	A	48.99	
1) Graham, Rayna	2) Alexander, Shania	3) Reed, Talayna	4) Williams, Amber
4 Rio Grande	A	49.85	
1) Barber, Rachael	2) Robinson, Chanavier	3) Wright, Sophie	4) Strauther, Amirah

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Team	Relay	Finals	Points
5 Lenoir-Rhyne	B	50.49	
1) Lewis, Kayonna	2) Medley, Leona	3) Harrison, Jada	4) Newkirk, Essence
6 Lenoir-Rhyne	C	52.19	
1) Watkins, Savannah	2) Gayton, Destiny	3) Meadows, Taylor	4) Conner, Kennedy

Event 28 Men 4x100 Meter Relay

Team	Relay	Finals	Points
Finals			
1 Lenoir-Rhyne	A	41.45	
1) Maddox, Kaynmon	2) Culliver, JaTay	3) Lotharp, P.J.	4) Besong, Lucas
2 Catawba	A	41.54	
1) Johnson, Terrell	2) Burnette, Justin	3) Noble, Rashaun	4) Turner, Darius
3 Milligan	A	43.02	
1) Glass, JaMichael	2) Philippot, Ronan	3) Ferguson, Tons	4) Brown, Rasheem
4 Pfeiffer	A	43.36	
1) Campbell, Keyshawn	2) Roserie, Jaden	3) Waltower, Kenan	4) Bryant, Sean
5 Brevard	A	43.54	
1) Parks, Jamerial	2) Dean, Eddie	3) Jackson, Quentin	4) Walton, Christopher
6 Lenoir-Rhyne	C	44.55	
1) Nguetta, Yannis	2) Alston, Jacorey	3) Dytrt, James	4) McDaniel, Cameron
--- Lenoir-Rhyne	B	DNF	
1) Jackson, Emanuel	2) Hampton, Demarius	3) Drummond, Devine	4) Mitchell, Jaquay

Event 29 Women 800 Meter Run

Name	School	Finals	H#	Points
Finals				
1 Fair, Paiton	Lenoir-Rhyne	2:19.03	1	
2 Dahlberg, Kylie	Lenoir-Rhyne	2:20.75	1	
3 Kenyeres, Valentina	Milligan	2:23.62	1	
4 Naude, Klara	Carson-Newman	2:25.74	2	
5 Bjerkness, Adie	Lenoir-Rhyne	2:25.89	1	
6 Meadows, Taylor	Lenoir-Rhyne	2:27.48	2	
7 Glasco, Gabrielle	Livingstone	2:27.76	2	
8 Harp, Chloe	Lincoln Memorial	2:28.20	1	
9 Toineeta, Kendall	Lenoir-Rhyne	2:28.65	2	
10 Cruce, Jordan	Lenoir-Rhyne	2:28.68	1	
11 Earley, Unique	Lincoln Memorial	2:29.22	2	
12 Hilliard, Caroline	Lenoir-Rhyne	2:29.98	2	
13 Williams, Lindsey	Carson-Newman	2:30.05	2	
14 Spencer, Kylie	Pfeiffer	2:31.45	3	
15 Rivera, Kaitlin	King	2:35.82	2	
16 Barton, Kirstin	King	2:36.24	1	
17 Lane, Madison	Lenoir-Rhyne	2:37.61	3	
18 Zander, Kate	Lincoln Memorial	2:38.46	4	
19 Foster, Brooke	Lincoln Memorial	2:39.92	4	
20 Tait, Skyler	Montreat	2:42.19	3	
21 Martin, Angel	Lenoir-Rhyne	2:44.44	3	
21 Rodriguez, Alma	Montreat	2:44.44	4	
23 Grubb, Taylor	Rio Grande	2:45.18	4	
24 Barrett, Brianna	King	2:46.95	4	

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 29 Women 800 Meter Run)**

	Name	School	Finals	H#	Points
25	McCormick, Audrey	King	2:52.38	3	
26	Shaver, Rachel	Carson-Newman	2:54.30	4	
27	Burrell, Nyaisha	Montreat	2:59.34	3	
28	Winstead, Logan	Pfeiffer	3:01.96	4	
29	Stevens, Holly	Montreat	3:03.45	4	
---	Miles, Whitney	Lenoir-Rhyne	DNF	4	

Event 30 Men 800 Meter Run

	Name	School	Finals	H#	Points
Finals					
1	Joyce, Tom	Catawba	1:56.74	1	
2	Bemis, Ethan	Catawba	1:57.31	1	
3	Adkins, Josh	Lenoir-Rhyne	1:57.75	1	
4	Incardona, Sean	Lenoir-Rhyne	1:58.42	1	
5	Stamp, Chandelor	Lenoir-Rhyne	1:58.83	1	
6	Davis, Caleb	Bob Jones	1:58.88	1	
7	Ivackovic, Petar	Lenoir-Rhyne	1:59.28	1	
8	Vaughn, Brandon	Lincoln Memorial	2:00.23	3	
9	Jones, Keshawn	Rio Grande	2:00.38	2	
10	Ewell, Antoine	Livingstone	2:01.93	5	
11	Hawkins, Dasani	Lenoir-Rhyne	2:02.00	2	
12	McKinley, Brandon	Carson-Newman	2:02.54	4	
13	Metcalfe, Blaine	King	2:02.57	2	
14	Thompson, Aaron	Livingstone	2:02.59	2	
15	McMahon, Kane	Montreat	2:03.05	3	
16	Felton, Rontrel	Catawba	2:03.39	3	
17	Richards, Nathan	Montreat	2:03.97	2	
18	Hart, Kyle	King	2:04.81	4	
19	Hall, Eli	Montreat	2:05.27	3	
20	Stevens, Deshaun	King	2:06.80	3	
21	Parker, Jacob	Montreat	2:06.99	5	
22	Moss, Micah	Lincoln Memorial	2:07.96	5	
23	Stewart, Justin	King	2:09.12	4	
24	Whitehead, Jason	Lenoir-Rhyne	2:09.96	5	
25	Douglass, Jaeden	Lincoln Memorial	2:10.57	6	
26	Norris, Mike	Rio Grande	2:10.71	3	
27	Thornburg, Caleb	Montreat	2:12.45	5	
28	Inman, Jacob	Montreat	2:14.72	5	
29	Eudy, Michael	Pfeiffer	2:15.31	6	
30	Lattimore, Mark	Montreat	2:16.69	6	
31	Jones, Peyton	Lenoir-Rhyne	2:17.18	5	
32	Miller-Ulrich, Jakob	Pfeiffer	2:21.56	6	
33	Ludwick, Devin	Pfeiffer	2:22.87	6	
34	Hanrahan, Jackson	Pfeiffer	2:23.16	6	
35	Marsh, Jacob	Lenoir-Rhyne	2:23.51	6	
---	Kachenchai, Daniel	Unattached	DNF	2	
---	Kenard, Justin	Unattached	DNF	1	

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results****Event 31 Women 400 Meter Hurdles**

	Name	School	Finals	H#	Points
Finals					
1	Harrison, Jada	Lenoir-Rhyne	1:05.85	1	
2	Watkins, Savannah	Lenoir-Rhyne	1:08.02	2	
3	Davis, Deja	Johnson C. Smith	1:08.40	1	
4	Gayton, Destiny	Lenoir-Rhyne	1:09.45	1	
5	Medley, Leona	Lenoir-Rhyne	1:10.27	2	
6	Talbut-Smith, Holly	Carson-Newman	1:10.42	1	
7	Sullivan, Abalena	Rio Grande	1:10.52	1	
8	Triplett, Lacey	Lenoir-Rhyne	1:11.67	1	

Event 32 Men 400 Meter Hurdles

	Name	School	Finals	H#	Points
Finals					
1	Agee, Caleb	Carson-Newman	55.32	1	
2	Drummond, Devine	Lenoir-Rhyne	57.42	1	
3	Colson, Tevin	Pfeiffer	57.66	1	
4	Nabe, Kyle	Lincoln Memorial	59.01	1	
5	Monroe, Dontavius	Pfeiffer	59.52	2	
6	Noble, Rashaun	Catawba	59.61	2	
7	Lane, Josiah	Catawba	59.82	2	
8	Yelton, Hank	Montreat	1:00.68	1	
9	Vazquez, Adan	Carson-Newman	1:01.02	2	
10	Sackett, Brian	Milligan	1:01.05	2	
11	Jackson, Deandre	Lenoir-Rhyne	1:01.98	1	
12	Alston, Jacorey	Lenoir-Rhyne	1:04.52	2	
---	McCarter, Jeremiah	Carson-Newman	DNF	2	

Event 33 Women 200 Meter Dash

	Name	School	Finals	Wind	H#	Points
Finals						
1	Davis, Tia	Carson-Newman	25.50	0.8	1	
2	Williams, Amber	Johnson C. Smith	26.03	0.8	1	
3	Hegarty, Abby	Carson-Newman	26.06	0.1	2	
4	Smith-Cunningham, Bryannah	Catawba	26.34	0.8	1	
5	Tillman, Jalesia	Lincoln Memorial	26.63	0.1	2	
6	Lowe, Amanda	Carson-Newman	26.77	0.1	2	
7	Clopton, Larynn	King	26.78	-0.4	3	
8	McNeill, Kierra	Catawba	26.81	0.1	2	
9	Bohannon, Maddie	Catawba	26.84	0.8	1	
10	Jones, Mya	Lenoir-Rhyne	27.07	0.1	2	
11	White, MeKayla	Catawba	27.08	-0.4	3	
12	Barber, Rachael	Rio Grande	27.16	-0.4	3	
13	Maxwell, Akeena	Catawba	27.17	0.1	2	
14	Tackett, Taylor	Rio Grande	27.19	-0.4	3	
15	Graham, Rayna	Johnson C. Smith	27.31	0.8	1	
16	Baudin, Romane	Montreat	27.33	-0.4	3	
17	Hodgkin, Zariah	Johnson C. Smith	27.41	0.8	1	
18	Reynolds, Shelby	Carson-Newman	27.81	0.1	2	

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 33 Women 200 Meter Dash)**

Name	School	Finals	Wind	H#	Points
19 Noe, Tiffany	Carson-Newman	27.85	1.2	5	
20 Christian, Whitney	King	27.91	-0.4	3	
21 Owen, Grace	Milligan	28.12	0.1	4	
22 Bentley, Brina	Pfeiffer	28.18	1.2	5	
23 Bartholomew, Tiffany	Pfeiffer	28.25	0.1	4	
24 Wright, Sophie	Rio Grande	28.45	1.2	5	
25 Mays, Shakeyah	Livingstone	28.66	0.1	4	
26 Hairston, Jordan	Patrick Henry CC	28.77	0.8	1	
27 Head, Savannah	Bob Jones	29.39	1.2	5	
28 Torres, Ambar	Rio Grande	29.96	0.1	4	
29 Watson, Breanna	Patrick Henry CC	31.31	0.1	4	
30 Floyd-Beaty, Moranda	Pfeiffer	33.51	0.1	4	

Event 34 Men 200 Meter Dash

Name	School	Finals	Wind	H#	Points
Finals					
1 Brown, Rasheem	Milligan	21.74	0.4	1	
2 Burnette, Justin	Catawba	21.80	0.4	1	
3 Turner, Darius	Catawba	21.89	2.9	2	
4 Osifo, Tyler	Catawba	22.00	2.9	2	
5 Culliver, JaTay	Lenoir-Rhyne	22.18	2.9	2	
6 Cunningham, Cameron	Livingstone	22.44	2.9	2	
7 Maddox, Kaynmon	Lenoir-Rhyne	22.52	2.9	2	
8 Lester-Harris, Joshua	Montreat	22.56	0.4	1	
9 Bryant, Sean	Pfeiffer	22.73	2.9	2	
10 Pittman, Brien	Catawba	22.78	0.1	3	
11 Jackson, Emanuel	Lenoir-Rhyne	22.80	2.9	2	
12 Campbell, Keyshawn	Pfeiffer	22.87	0.4	4	
13 Waltower, Kenan	Pfeiffer	22.95	0.4	4	
14 Searcy, Timmie	Brevard	23.19	0.6	5	
15 Walker, Jahbriel	Catawba	23.23	0.1	3	
16 Glass, JaMichael	Milligan	23.30	0.4	4	
17 Inaba, Fabio	Rio Grande	23.49	0.4	4	
18 Hanke, Tom	Montreat	23.63	0.4	4	
19 Terry, RahQuan	Catawba	23.72	0.1	3	
20 Williamson, Tyquandarius	Catawba	23.78	0.6	5	
21 Jackson, Quentin	Brevard	23.97	0.1	3	
22 McCowan, Drake	Carson-Newman	24.17	2.9	2	
23 Dean, Eddie	Brevard	24.23	0.4	4	
23 Facemeyer, Daschle	Rio Grande	24.23	0.4	4	
25 Mathis, Darrel	Livingstone	25.08	0.6	5	
26 Dandridge, Rico	Patrick Henry CC	25.76	0.6	5	
27 Hughes, Malik	Patrick Henry CC	25.87	0.6	5	

Event 35 Women 4x400 Meter Relay

Team	Relay	Finals	H#	Points
Finals				
1 Lenoir-Rhyne	A	3:56.56	1	
1) Fair, Paiton	2) Poole, Tyra	3) Meadows, Taylor	4) Hardwick, Saidah	

2019 Lenoir-Rhyne Southside Power & Fitness Invitational - 3/15/2019 to 3/16/2**Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 35 Women 4x400 Meter Relay)**

Team	Relay	Finals	H#	Points
2 Lincoln Memorial 1) Verdu Cobo, Anna	A 2) Harp, Chloe	4:08.50 3) Crawford, Jordan	1 4) Zander, Kate	
3 Lenoir-Rhyne 1) Toineeta, Kendall	D 2) Medley, Leona	4:11.63 3) Newkirk, Essence	2 4) Gayton, Destiny	
4 Johnson C. Smith 1) Alexander, Shania	A 2) McDuffie, Delecia	4:11.94 3) Hodgkin, Zariah	1 4) Williams, Amber	
5 Lenoir-Rhyne 1) Harrison, Jada	B 2) Lane, Madison	4:13.82 3) Jones, Mya	1 4) Lewis, Kayonna	
6 Johnson C. Smith 1) Davis, Deja	B 2) Reed, Talayna	4:21.26 3) Grandison, Ramoya	1 4) St. Louis, Alisha	
7 Lenoir-Rhyne 1) Watkins, Savannah	C 2) Dahlberg, Kylie	4:23.61 3) Bjerkness, Adie	1 4) Cruce, Jordan	
8 Lincoln Memorial 1) Mathis, Grace	B 2) Earley, Unique	4:31.04 3) Gibbs, Destiny	2 4) Williams, Remel	
--- Livingstone 1) Glasco, Gabrielle	A 2) Ezekiel, Monica	DNF 3) Norman, Jaela	1 4) Harris, Khai	

Event 36 Men 4x400 Meter Relay

Team	Relay	Finals	H#	Points
1 Lenoir-Rhyne 1) Besong, Lucas	A 2) Jackson, Emanuel	3:21.93 3) Stamp, Chandelor	1 4) Drummond, Devine	
2 Lincoln Memorial 1) Wiggins, Jamaal	A 2) Douglass, Jaeden	3:23.31 3) Reis, Miguel	1 4) Fajardo, Roberto	
3 Livingstone 1) Cunningham, Cameron	A 2) Thompson, Aaron	3:24.77 3) Blackshear, Kenyon	1 4) Ewell, Antoine	
4 Catawba 1) Turner, Darius	A 2) Joyce, Tom	3:25.09 3) Pittman, Brien	1 4) Ford, Braxton	
5 Lenoir-Rhyne 1) Incardona, Sean	B 2) Ivackovic, Petar	3:32.76 3) Adkins, Josh	1 4) Mitchell, Jaquay	
6 Catawba 1) Noble, Rashaun	B 2) Bemis, Ethan	3:34.05 3) Lane, Josiah	2 4) Felton, Rontrel	
7 Lincoln Memorial 1) Nabe, Kyle	B 2) Buford, Chris	3:34.62 3) Hughes, Jonathan	1 4) Moss, Micah	
8 Livingstone 1) Mcguire, Raymond	B 2) Howard, Daveon	3:39.27 3) Jones, Tyreese	2 4) Hayes, Khalil	
9 Lenoir-Rhyne 1) Whitehead, Jason	C 2) McDaniel, Cameron	3:43.23 3) Hawkins, Dasani	1 4) Brown, Anthony	
10 Lenoir-Rhyne 1) Hampton, Demarius	D 2) Jackson, Deandre	3:43.66 3) Davis, Kaleb	2 4) Maddox, Kaynmon	
11 Montreat	B 2) Garcia, Christopher	3:44.17	2 4) Lattimore, Mark	
12 Livingstone 1) Thompson, Jonathan	C 2) Toney, Michael	3:56.70 3) Askew, Jaylen	2 4) Mathis, Darrel	