

High Country Turkey Trot 5K - 11/28/2019
benefitting Hospitality House
Clawson-Burnley Park, Boone Greenway Trail
Rankings

Event 1 Mixed 5k Run RR

Name	Age	Team	Finals	Points
Overall Results Women 5000 Run				
1 LoPiccolo, Amanda	W37	Boone	18:34.85	
2 Thomas, Kayla	W27	Boone	20:18.71	
3 Witt, Hannah	W28	Banner Elk	20:50.46	
Overall Results Men 5000 Run				
1 osborne, daniel	M26	Unattached	17:10.28	
2 Rees-Jones, Josh	M23	San Francisco	17:33.45	
3 Cashin, Matthew	M20	Tallahassee	17:47.22	
5 & Under Results - Women 5000 Run				
1 Cleveland, Lydia	W	Sanford	42:55.53	
2 Martin, Estee	W5	Vilas	47:03.95	
6-10 Results - Women 5000 Run				
1 Goldman, Michael	W10	Charleston	24:12.13	
2 belliveau, alexandra	W9	Unattached	31:38.36	
3 Rupp, Scarlett	W10	Boone	31:55.19	
4 Dasher, Yvette	W6	chapel hill	32:51.65	
5 Williams, Kate	W8	Waxhaw	33:33.52	
6 langley, ava	W9	Unattached	34:24.02	
7 Mervin, Hannah	W9	Vilas	34:56.42	
8 smith, abigail	W6	Unattached	35:16.61	
9 canally, vivian	W10	Unattached	42:08.97	
10 caldwell, olivia	W9	Unattached	43:11.99	
11 caldwell, zoe	W7	Unattached	43:12.72	
12 Allen, Meredith	W8	Boone	43:41.43	
13 Harrison, Ellie	W9	Clayton	43:47.54	
14 Rozycki, Maggie	W7	Charlottesville	45:03.28	
15 Hill, Female	W8	Elizabeth	48:43.93	
16 caray, helen	W7	Unattached	51:35.81	
11-15 Results - Women 5000 Run				
1 curtis, ava	W12	Unattached	23:02.69	
2 Brannen, Molly	W14	Mooreville	24:58.32	
3 smith, hannah faith	W13	Unattached	25:03.34	
4 Kassed, Adriana	W14	Sugar Grove	25:10.26	
5 Chase, Jenna	W12	Fredericksburg	26:26.21	
6 sabo, amelia	W14	Unattached	26:39.19	
7 smith, anastasia	W11	Unattached	26:40.35	
8 smith, zoe	W11	Unattached	27:32.62	
9 Hurst, Female	W13	Boone	27:42.88	
10 McKay, Lily	W15	Boone	27:49.47	
11 Bazemore, Julia	W15	Raleigh	28:07.53	
12 McKay, Evie	W13	Boone	28:40.00	
13 McCullough, Kate	W13	Boone	28:40.60	
14 Marty, Zea	W14	Boone	29:07.72	
15 Moretz, Sydney	W11	Boone	29:27.30	
16 Collins, Bailey	W12	Boone	29:27.40	
17 Resendiz, Maria	W13	Deep Gap	31:05.08	
18 Bertrand, Samantha	W14	Boone	32:06.23	
19 Kassed, Joanna	W11	Sugar Grove	32:12.07	
20 parker, georgia	W14	Unattached	32:28.21	
21 Salvatore, Riley	W13	Raleigh	33:35.39	
22 anhh, oghenn	W14	Unattached	33:47.83	
23 bundy, delaney	W14	Unattached	34:17.68	

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24	Elmore, Madelyn	W13 Boone	34:27.78
25	Gaydon, Leah	W12 Boone	34:42.48
26	portlock, charlize	W14 Unattached	35:08.50
27	Frierson, Devan	W14 Sugar Grove	36:21.86
28	Knight, Emma	W15 Blowing rock	37:36.59
29	Davidson, Sienna	W12 Boone	39:59.03
30	Frierson, Logan	W12 Sugar Grove	40:10.13
31	Rupp, Willa	W12 Boone	42:57.51
32	Smythe, Finn	W11 Raleigh	43:59.96
33	Gaydon, Kaelin	W14 Boone	45:44.85
34	Lewis, Emma	W12 Deep Gap	49:07.71
35	barnhill, sally	W14 Unattached	55:46.87

16-20 Results - Women 5000 Run

1	Triplett, Ella	W16 Boone	22:23.74
2	curtis, hannah	W18 Unattached	23:30.41
3	Knapp, Taylor	W18 Charlotte	23:45.65
4	Jobe, Bethany	W20 boone	25:14.76
5	Cary, Savannah	W19 West Jefferson	25:45.85
6	Marze, Kyla	W18 Boone	26:12.53
7	Jobe, Sarah	W17 Boone	26:42.87
8	Graham, Female	W20 Knoxville	27:10.51
9	Lubkemann, Amanda	W20 Boone	28:25.40
10	Brannen, Abby	W17 Mooresville	29:50.49
11	bednar, emma	W20 Unattached	30:37.06
12	scherlen, antonia	W20 Unattached	30:53.15
13	Blomeley, Kennedy	W16 Lakeland	31:37.02
14	Klaers, Jenna	W17 Baltimore	31:50.06
15	McBryde, Gillie	W20 Burlington	32:26.78
16	Jensen, Andrea	W20 Valle Crucis	32:34.81
17	coulter, audrey	W16 Unattached	32:54.28
18	Calloway, Emma	W18 Crumpler	33:14.23
19	Bazemore, Anne	W20 Raleigh	35:56.01
20	Bazemore, Leigh	W18 Raleigh	35:56.81
21	temple, grace	W19 Unattached	36:45.41
22	mclean, mckenzie	W19 Unattached	37:59.27
23	Martin, Addison	W19 Boone	38:25.21
24	Walker, Mia	W19 Banner elk	38:25.56

21-25 Results - Women 5000 Run

1	Moretz, Chloe May	W23 Denver	22:58.70
2	steen, jessica	W22 Unattached	24:31.34
3	curtis, emma	W21 Unattached	25:47.71
4	Reese, Anna	W24 Silver Springs	26:19.47
5	Patterson, Alana	W25 Boone	26:28.07
6	Williams, Female	W23 Belmont	29:16.57
7	Thompson, Female	W24 Boone	30:02.96
8	Brettschneider, Olivia	W22 Charlotte	30:08.71
9	Kogoy, Anna	W22 Boone	30:12.59
10	Silar, Samantha	W24 Boone	30:25.84
11	Trinkle, Sarah	W21 Todd	32:38.40
12	Hammond, Grace	W25 Atlanta	32:47.44
13	boyd, jenna	W25 Unattached	33:35.14
14	Bondurant, Brooke	W25 Reidsville	33:51.43
15	Nichols, Allison	W24 Boone	34:54.72
16	Grover, Alexa	W24 Franklin	35:00.49

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17	Thore, Olivia	W24	Jefferson	36:48.20
18	franklin, rachel	W23	Unattached	37:37.81
19	Oakvik, Erika	W25	Boone	38:01.63
20	Rose, Libby	W22	Boone	38:37.75
21	whitehead griggs, sierra	W23	Unattached	40:37.74
22	Errichiello, Concetta	W22	Greensboro	41:03.22
23	Honeycutt, Jordan	W24	Boone	41:42.44
24	Lyon, Amy	W25	Greensboro	43:49.53
25	Byrd, Briana	W24	Zionville	44:54.65
26-30 Results - Women 5000 Run				
1	Tomlin, Jacqueline	W29	Raleigh	24:28.98
2	Reaves, Dolly	W29	Sugar Grove	24:38.97
3	Novak, Crystal	W29	Mooreville	25:12.34
4	Reilly, Jennifer	W30	Chicago	25:53.74
5	Cross, Rachel	W28	Taylors	27:03.21
6	hagne, hannah	W27	Unattached	27:33.37
7	Eagle, Sara	W27	Fort Walton Beach	28:55.23
8	Smyth, Margaret	W30	Spartanburg	29:49.41
9	Harwood, Emily	W26	Boone	31:22.41
10	Nelson, Emily	W26	Slidell	31:33.81
11	Parsons, Natasha	W28	Crumpler	31:52.12
12	williams, sumer	W29	Unattached	31:53.36
13	Adamson, Katelyn	W26	Miami	31:53.72
14	McGill, Kelsey	W27	Charlotte	33:00.17
15	Presnell, Amber	W29	Boone	33:36.18
16	Scott, Meghan	W30	Todd	34:01.21
17	Crist, Kelsey	W30	boone	34:24.66
18	Robertson, Clara	W27	Alpharetta	36:37.51
19	McNeil, Female	W28	Jefferson	36:44.61
20	Thore, Katie	W26	Durham	36:48.47
21	Spagnolo, Whitney	W30	Vilas	48:24.47
22	Hammond, Amy	W28	Atlanta	49:15.88
23	Byrd, Brittany	W26	Zionville	51:19.62
31-35 Results - Women 5000 Run				
1	Jones, Rachel	W33	Indianapolis	21:36.92
2	Gray, Chelsea	W32	Brevard	23:21.73
3	O'Neill, Aimee	W33	Charlotte	23:26.47
4	Thornton-Brooks, Jennife	W35	boone	23:28.17
5	Jefferson, Megyn	W35	Savannah	23:42.15
6	fostrer, lindsey	W33	Unattached	23:46.89
7	Garlock, Angela	W32	Huntersville	25:33.16
8	Stickford, Abby	W34	Todd	25:40.70
9	Carter, Jessica	W33	Deep Gap	26:37.19
10	Brettschneider, Leslie	W32	Washington	27:35.77
11	Gervasio, Sarah	W33	Carlisle	28:06.27
12	Ng, Meredith	W33	Lutherville	28:06.82
13	Holmes, Ashley	W31	Morrisville	29:10.10
14	Bramley, Elizabeth	W34	Asheville	29:49.41
15	Gerbrands, Alexa	W32	Boone	30:02.19
16	Collins, Alexandra	W34	Raleigh	30:07.48
17	Schmidt, Laura	W32	Fort mill	30:10.64
18	Hutchens, Callie	W35	Boone	31:33.33
19	Witt, Rebecca	W32	Banner Elk	32:39.59
20	Merrill, Elizabeth	W33	Jersey City	32:50.45

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21	Lakes, Kimberly	W33	Summerville	35:07.66
22	Wells, Lauren	W34	Boone	35:26.33
23	Norris, Crystal	W31	Sugar Grove	36:40.92
24	elszasz, jessica	W33	Unattached	37:31.45
25	Weinstein, Jamie	W35	Ft. Lauderdale	37:35.86
26	casarez, jane	W31	Unattached	37:37.81
27	Cutchens, Amanda	W34	Boone	37:42.86
28	Hersey, Elizabeth	W32	Brooklyn	38:33.76
29	Cartrette, Lindsey	W32	Greenville	40:53.64
30	Kidwell, Carson	W31	Charlotte	42:45.47
31	Scott, Lindsey	W32	Lynchburg	44:31.54
32	Combs, Amanda	W32	Vilas	44:54.62
33	Crawford, Nancy	W33	Sugar Mtn	45:24.57
34	Holmes, Leigh	W31	Nashville	45:31.44
36-40 Results - Women 5000 Run				
1	Booth, Jennifer	W39	Charlotte	22:32.64
2	Williams, Lauryn	W40	Waxhaw	24:26.94
3	Sellers, Jessica	W36	Concord	24:36.63
4	McKenzie, Laura	W40	Blowing Rock	24:49.00
5	Riley, Nicole	W39	Sarasota	25:52.45
6	Arzola, Yvonne	W38	McAllen	27:01.84
7	Van der Westhuizen, Step	W40	Boone	27:35.43
8	Parks, Janet	W37	Birmingham	28:06.22
9	Collins, Amber	W39	Raleigh	28:36.25
10	fiore, cara	W38	Unattached	29:22.50
11	Ward, Lauren	W38	Boone	29:58.92
12	kennedy, laura	W36	Unattached	30:04.81
13	Donoghue, Maggie	W37	Boone	30:22.21
14	Smythe, Andrea	W38	Raleigh	30:35.40
15	Miller, Heather	W40	Indian Trail	31:22.45
16	isenhour, melody	W38	Unattached	31:51.36
17	Dasher, Leigh Ann	W40	Chapel Hill	32:49.00
18	Robb, Emily	W38	Zionville	33:26.88
19	Greaves, Melissa	W40	Todd	34:42.41
20	Price, Alysia	W37	Blowing Rock	34:53.76
21	Linz, Hilary	W36	Chicago	35:02.62
22	Ellington, Erin	W39	Boone	35:11.85
23	Lackey, Erica	W40	Boone	35:38.13
24	Rider, Meghan	W39	Holly Springs	35:44.44
25	Anderson, Jennifer	W40	Mooresville	36:43.04
26	Jordan, Shannon	W38	Boone	37:25.06
27	Martin, Louise-Dasher	W38	Augusta	38:46.74
28	Horowitz, Rachel	W39	Miami	38:51.20
29	Warner, Katie	W40	Boone	39:57.29
30	Coleman, Elizabeth	W36	West Jefferson	40:05.18
31	Weaver, Ashley	W38	Melbourne	41:02.58
32	Harrison, Jennifer	W40	Clayton	42:41.17
33	Levine, Jamie	W40	Boone	43:18.00
34	Allen, Stephanie	W40	Boone	43:45.01
35	Watkins, Adrian	W38	Huntersville	43:52.41
36	Rozycki, Diane	W40	Charlottesville	45:02.56
37	Leonard, Emily	W36	Deep Gap	45:48.86
38	Momirovic, Virginia	W38	Bethesda	46:52.54
39	Marine, Heather	W40	Rolesville	1:08:38.14

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41-45 Results - Women 5000 Run

1	Crawley, Jenna	W42	Banner Elk	23:00.14
2	Schubert, Jama	W45	Altavista	24:37.90
3	Davis, Anna M	W44	Charlotte	25:06.50
4	Eggers, Lori	W42	Fleetwood	26:03.85
5	Jordan, Andrea	W44	Raleigh	26:23.12
6	Ardoin, Kelly	W44	Bogart	26:37.52
7	Eudy, Hollie	W44	Dahlonega	27:26.71
8	Rupp, Sarah	W43	Boone	29:26.29
9	Terry, Priscilla Joy	W43	Hurt	30:32.83
10	Dye, Bonnie	W43	Durham	30:54.88
11	Lichty, Angie	W44	Columbia	31:36.54
12	Klaers, Cara	W43	Baltimore	31:49.17
13	Vest, Alicia	W42	Fleetwood	32:58.09
14	Calloway, Patricia	W45	Crumpler	33:14.14
15	Bertrand, Joan	W44	Boone	33:33.42
16	Brannen, Chastity	W43	Mooresville	36:58.75
17	Smith, Erika	W43	Durham	37:07.87
18	McGinn, Ruth	W41	Washington	38:13.46
19	Dasher, Sarah	W42	Boston	38:46.90
20	Bailey, Ashley	W44	Raleigh	39:35.07
21	portlock, robin	W45	Unattached	43:07.77
22	Edmondson, Melissa	W41	Creston	43:51.95
23	Grant, Christyn	W42	Deep Gap	44:13.19
24	Barrow, Suzanne	W43	Mount Pleasant	45:46.09
25	Reuben, Elin	W41	Boone	46:52.74
26	Martin, Caryn	W43	Vilas	47:03.77
27	Bailey, Crystal	W43	Deep Gap	49:16.44
28	Watkins, Lauren	W41	Huntersville	52:50.92
29	Gunn, Kimberly	W41	Greensboro	54:00.81
30	barnhill, kathaline	W45	Unattached	55:48.36
31	White, Brook	W41	Durham	1:03:57.96

46-50 Results - Women 5000 Run

1	Chase, Julia	W49	Fredericksburg	23:30.57
2	Jobe, Tina	W48	boone	26:30.33
3	Turner, Catherine	W50	Boone	26:33.60
4	Dwyer, Susan	W48	Cary	28:42.21
5	Shinnar, Rachel	W50	Boone	28:59.35
6	houston, tina	W48	Unattached	29:52.87
7	Van Valin, Vanessa	W50	Todd	30:06.64
8	Womach, Suzannah	W47	Asheville	31:32.43
9	Ardoin, Elizabeth	W49	Boone	32:25.51
10	curtis, julie	W49	Unattached	33:18.04
11	Blomeley, Kimberly	W47	Lakeland	33:53.31
12	Wallace, Amanda	W48	Vilas	34:23.45
13	Rupp, Karen	W50	Greenville	34:36.16
14	Frierson, Melanie	W46	Sugar Grove	36:13.14
15	Hankins, Stephanie	W46	Boone	36:20.23
16	McNeil, Kelly	W48	Jefferson	36:44.60
17	Cooper, Lisa	W50	Boone	38:25.78
18	Waters, Robin	W46	Boone	41:38.32
19	Smythe, Jennifer	W46	Apex	43:14.03
20	canally, aaron	W46	Unattached	51:36.67
21	Walters, Tina	W49	Georgetown	52:35.46

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51-55 Results - Women 5000 Run

1	Williams, Lucinda	W52	Banner Elk	26:47.54
2	Thompson, Gina	W55	Boone	30:02.92
3	Whitmire, Lori	W54	Vilas	31:47.13
4	Jensen, Tory	W52	Valle Crucis	31:52.09
5	boyd, kathy	W53	Unattached	33:35.06
6	Mervin, Sason	W53	Vilas	34:57.06
7	Walker, Michelle	W52	Banner elk	38:18.98
8	Henry, Megg	W51	Blowing Rock	38:37.71
9	Musil, Mary Allison	W51	Deerfield Beach	42:04.75
10	Nelson, Amy	W53	Zionville	46:41.74
11	Hawkins, Susan	W51	Linville	49:58.36

56-60 Results - Women 5000 Run

1	Domeruth, Paula	W59	Boone	24:51.42
2	Brady, Susan	W60	Greensboro	29:12.16
3	Jacquot, Beth	W58	Todd	30:06.76
4	Wangler, Kim	W56	Boone	30:41.14
5	Graham, Josephine	W56	Knoxville	34:29.37
6	Gibson, Stacey	W58	Blowing Rock	34:47.98
7	Hayes, Sherry	W56	Vilas	36:17.72
8	McBryde, Karen	W57	Abu Dhabi	36:23.49
9	Aleshinloye, Melody	W56	Sugar Grove	36:50.33
10	Belden, Janet	W56	Boone	38:59.03
11	Waldspurger, Theresa	W59	Boone	39:28.90
12	sawhouse, alice	W60	Unattached	43:26.79
13	Mancini, Jenny	W58	Boone	46:18.39
14	Hammond, Julie	W60	Charlotte	48:57.68
15	McGill, Kim	W57	Frisco	51:23.94
16	Brettschneider, Tammie	W60	Fleetwood	51:25.49
17	Cross, Diane	W59	Boone	52:38.34

61-65 Results - Women 5000 Run

1	Linz, Susan	W65	East Lansing	34:00.31
2	Loveday, Lisa	W62	Newland	35:07.61
3	Laymon, Carla	W64	Columbus	35:18.44
4	Henline, Frances	W61	Crossnore	36:28.84
5	mckinney, donetta	W61	Unattached	45:20.66
6	Everett, Terri	W61	Clemmons	52:48.44

66-70 Results - Women 5000 Run

1	Partel, Ann	W69	Blowing Rock	33:23.16
2	Gibson, Marsha	W66	Valle Crucis	38:45.33
3	Smythe, Barbara	W68	Boone	44:03.27

71-75 Results - Women 5000 Run

1	Viles, Elza	W75	Sugar Grove	54:13.28
2	Stark, Susan	W74	Sugar Grove	54:15.19
3	Watkins, Margaret	W71	Boone	57:20.24
4	Moorman, Kathleen	W72	Boone	1:03:57.79

76+ Results - Women 5000 Run

1	Petkoff, Ramona	W83	Sugar Grove	54:11.18
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5 & Under Results - Men 5000 Run

1	Quinn, Patrick	M	Raleigh	24:19.01
2	Salvatore, Knox	M5	Raleigh	40:17.91

6-10 Results - Men 5000 Run

1	smith, noah	M9	Unattached	27:16.43
2	smith, caleb	M8	Unattached	28:10.71

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3 Collins, Male	M7 Raleigh	28:36.41
4 Monroe, Lee	M9 Boone	28:56.97
5 Shinnar-Weinberg, Liad	M9 Boone	28:58.30
6 Morris, Qurentin	M10 Zionville	31:04.53
7 Dasher, Bert	M8 Chapel Hill	32:24.84
8 Hankins, Miller	M10 Boone	32:27.96
9 Hankins, Nathaniel	M8 Boone	32:42.72
10 Malmqvist, Male	M9 Charlotte	34:17.64
11 garner, thomas	M8 Unattached	34:41.88
12 LoPiccolo, Owen	M6 Boone	36:27.62
13 Glover, Asher	M10 Stuart	36:53.59
14 Smith, Andrew	M9 Durham	37:06.83
15 Bailey, Noah	M9 Raleigh	39:22.75
16 Smythe, Liam	M8 Raleigh	40:34.18
17 Crawford, Benjamin	M6 Sugar Mtn	45:24.19
18 Martin, Thad	M10 Vilas	46:26.97
11-15 Results - Men 5000 Run		
1 curtis, william	M15 Unattached	18:46.48
2 egan, colin	M13 Unattached	19:47.45
3 Cary, Joseph	M15 West Jefferson	21:51.08
4 smith, abraham	M12 Unattached	23:18.70
5 Jacobus, Mason	M13 Belmont	23:27.53
6 Womack, Durly	M13 Boone	23:28.78
7 Joye, Wyatt	M12 Columbia	23:46.75
8 canally, declan	M12 Unattached	24:37.35
9 Salvatore, Will	M15 Raleigh	24:42.06
10 googe, oglenn	M14 Unattached	24:43.83
11 Brannen, Miller	M14 Mooresville	24:52.63
12 Williams, Carter	M11 Waxhaw	25:16.07
13 Ardoin, Cameron	M14 Bogart	25:19.06
14 Knight, Ayden	M13 Blowing rock	25:25.84
15 Dasher, Lewis	M11 chapel hill	25:27.17
16 lang, noah	M15 Unattached	25:39.53
17 Rider, Luke	M15 Holly Springs	26:05.49
18 white, ben	M14 Unattached	26:29.37
19 Schubert, Eli	M15 Altavista	26:37.29
20 Chase, Jonah	M14 Fredericksburg	26:41.26
21 Dwyer, Jack	M12 Cary	26:44.39
22 Holdstock, Luke	M13 Cary	26:57.81
23 lang, jackson	M14 Unattached	26:59.38
24 Nystrom, Sam	M12 Boone	27:35.26
25 Brown, Darden	M13 Jacksonville	27:37.13
26 Omohundro, Henry	M14 Midlothian	29:13.67
27 Stewart, Conner	M11 blowing rock	30:14.96
28 Rodriguez, Nicholas	M12 Qviedo	30:58.89
29 Womac, Holden	M11 Boone	31:32.50
30 newmoulk, alex	M13 Unattached	31:42.42
31 Bailey, Liam	M11 Raleigh	31:47.72
32 Rupp, Ollie	M14 Boone	31:55.24
33 Harrison, Wyatt	M13 Clayton	32:47.00
34 Rider, Mark	M13 Holly Springs	34:40.80
35 Smythe, Andrew	M14 Apex	37:33.40
36 Lewis, Jack	M13 Deep Gap	39:22.39
37 barnhill, kirby	M12 Unattached	42:10.68

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38 Smythe, Ethan	M14 Apex	43:10.15
39 Weaver, Male	M11 Chapel Hill	55:58.45
16-20 Results - Men 5000 Run		
1 Turner, Ethan	M16 Boone	19:04.85
2 Schubert, Adam	M17 Altavista	22:03.25
3 Bazemore, Thomas	M16 Raleigh	22:19.02
4 Rider, Paul	M18 holly springs	26:14.75
5 Boeve, Joel	M17 Blowing Rock	26:42.70
6 Love, Brendan	M17 Mooresville	26:46.54
7 Osmond, Sammy	M19 Boone	27:05.31
8 Osmond, Tyler	M16 Boone	27:05.46
9 white, jack	M18 Unattached	27:38.53
10 Lubkemann, Aaron	M18 Boone	27:55.68
11 Omohundro, Carl	M19 Midlothian	28:50.83
12 Chumbley, Drew	M18 Georgetown	30:05.33
13 Booker, Will	M19 Reidsville	48:25.11
14 Ardoin, Cole	M16 Boone	50:17.10
15 Catoe, Evan	M20 Boone	59:52.53
21-25 Results - Men 5000 Run		
1 Melott, Nick	M24 lubbock	20:39.47
2 Rupp, Reid	M23 Cleveland	22:41.89
3 McBryde, Rostan	M24 New York	23:01.88
4 Mancini, Alex	M22 Asheville	23:37.09
5 Tomlin, Justin	M25 Raleigh	24:53.11
6 Riley, Tyler	M23 Sarasota	25:27.13
7 Beauchamp, Ryan	M21 Courtenay	25:31.22
8 Moretz, James	M24 Denver	25:38.36
9 Belden, Grey	M25 Boone	25:42.48
10 O'Neill, Male	M23 Boone	26:37.75
11 Lubkemann, Austin	M22 Chapel Hill	27:32.49
12 Church, Zack	M25 Boone	28:44.10
13 Booker, Austin	M21 Reidsville	31:34.78
14 Hammond, Davis	M22 Chapel Hill	32:45.54
15 McGill, Logan	M24 Lubbock	33:00.34
16 woitt, stephen	M25 Unattached	33:35.13
17 Hutchins, Angela	M24 franklin	34:59.25
18 Bondurant, Hunter	M22 Reidsville	48:26.88
26-30 Results - Men 5000 Run		
1 Reese, Caleb	M26 Silver Springs	19:28.82
2 Nishiyama, Declan	M30 Fleetwood	22:33.77
3 Robertson, Benjamin	M28 Alpharetta	23:21.02
4 Wilson, Andrew	M28 Boone	26:20.22
5 garner, joseph	M30 Unattached	26:23.29
6 ragen, edward	M30 Unattached	26:55.04
7 Gibson, Sam	M30 Valle Crucis	27:37.04
8 Leggett, Kyle	M26 Fort Walton Beach	27:52.43
9 Krause, Ben	M28 blowing rock	30:12.43
10 Sellers, Jordan	M26 Boone	30:25.82
11 Presnell, Connor	M27 Charlotte	30:37.92
12 Zapata, Anthony	M26 Miami	30:51.34
13 Errichiello, Lino	M28 Greensboro	31:20.96
14 Nelson, Joe	M28 Slidell	31:34.38
15 Kidwell, Peter	M29 Charlotte	32:31.15
16 Medlin, Gregory	M28 Herndon	52:47.95

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31-35 Results - Men 5000 Run

1	peede, brain	M35 Unattached	19:56.02
2	Lakes, Robert	M32 Summerville	20:40.75
3	Jones, Tyler	M33 Indianapolis	21:37.19
4	Punia, Samuel	M33 Brooklyn	21:51.70
5	Tomlin, Zack	M35 Raleigh	22:52.36
6	Waugh, Thomas Christian	M31 Jersey City	24:24.86
7	Daniel, Emory	M34 Boone	24:34.09
8	Henry, Tom	M34 Sugar Grove	25:46.47
9	Gray, Kyle	M32 Brevard	25:48.87
10	Washburn, Matt	M35 Huntersville	26:00.98
11	withers, andrew	M35 Unattached	26:40.25
12	ng, vincent	M33 Unattached	26:59.09
13	Oakvik, John	M31 Chicago	28:09.66
14	Sullivan, Patrick	M35 Boone	28:27.83
15	Eller, Michael	M34 Charleston	28:45.74
16	Janson, Ethan	M32 Hoboken	29:04.78
17	Falzone, Alfred	M34 Brooklyn	35:03.83
18	Wells, Cacey	M34 Boone	37:18.07
19	Weinstein, Bryan	M35 Ft. Lauderdale	37:37.53
20	Cartrette, Anthony	M34 Greenville	40:54.27
21	Holmes, Carter	M34 Nashville	41:44.14

36-40 Results - Men 5000 Run

1	swarthout, bob	M38 Unattached	19:48.61
2	Donoghue, Patrick	M38 Boone	20:54.49
3	nikolou, nik	M36 Unattached	21:41.19
4	Hill, Joe	M40 Elizabeth	22:44.89
5	Brooks, Andrew	M39 Boone	23:01.69
6	Noel, James	M40 Boone	23:50.09
7	Janson, Isaac	M36 Indianapolis	24:13.77
8	Mash, Scott	M38 Fleetwood	24:33.33
9	Williams, Blake	M40 Waxhaw	24:40.98
10	lee, justin	M38 Unattached	26:05.24
11	Wynne, Zack	M36 Bushy Fork	27:25.61
12	Perry, Mark	M37 Blowing rock	27:39.46
13	Jordan, Nickolas	M39 Boone	28:08.36
14	garner, nayhan	M39 Unattached	28:11.03
15	Hutchens, Sam	M38 Boone	28:27.94
16	Franklin, Bo	M37 Boone	28:29.46
17	Moretz, Joel	M39 Boone	28:32.30
18	Eller, Josh	M39 Boone	28:45.86
19	Eller, Daniel	M37 Charleston	28:45.91
20	Van der Westhuizen, Lion	M38 Boone	28:50.68
21	Bramley, Timothy	M36 Asheville	29:48.23
22	Rozycki, Brian	M40 Charlottesville	29:51.89
23	Buck, Logan	M40 Raleigh	30:26.74
24	Allen, Danny	M38 Miami	31:02.36
25	Morris, Reuben	M38 Zionville	31:05.22
26	Hankins, Davis	M39 Boone	32:42.78
27	Galy, Ryan	M38 Boone	33:58.43
28	smith, lucas	M38 Unattached	35:25.15
29	Price, Male	M39 Blowing Rock	36:34.85
30	caldwell, andrew	M39 Unattached	43:12.39
31	Hwang, Nate	M39 Arlington	43:19.09

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32	Coleman, William	M38	Mooreville	45:41.62
33	Tuttle, Paul	M40	Vilas	49:54.36
41-45 Results - Men 5000 Run				
1	Rupp, Matthew	M45	Boone	20:02.02
2	Booth, Tyler	M45	Charlotte	21:46.91
3	Stickford, Jonathon	M41	Todd	22:30.92
4	Crawley, Ryan	M43	Banner Elk	22:59.87
5	Allen, Jonathon	M41	Boone	23:43.52
6	Dasher, David	M41	chapel hill	25:11.26
7	Hobson, Danny	M41	Banner Elk	25:20.36
8	Johansson, Keith	M42	Lexington	25:36.83
9	Ardoin, Scott	M44	Bogart	26:05.22
10	Lichty, Angie	M45	Columbia	26:06.57
11	Rider, Nathan	M41	Holly Springs	27:27.62
12	Salvatore, John	M45	Raleigh	27:53.09
13	Williams, Dustin	M41	Belmont	29:01.58
14	McKenzie, Michael	M42	Blowing Rock	29:25.57
15	tom, egan	M44	Unattached	29:33.58
16	Ellington, James	M44	Boone	29:52.52
17	Harrison, Brian	M41	Clayton	32:47.05
18	Langley, Patrick	M45	Boone	34:24.48
19	Elmore, Rick	M41	Boone	34:27.40
20	LoPiccolo, Matt	M44	Boone	36:30.77
21	Brannen, Nathan	M42	Mooreville	36:58.78
22	Smythe, Bill	M45	Apex	38:30.65
23	Lewis, Lathan	M44	Deep Gap	39:26.67
24	Hurst, Tripp	M42	Boone	41:13.21
25	Chumbley, Mike	M45	Georgetown	42:14.23
46-50 Results - Men 5000 Run				
1	Rupp, Nicholas	M49	Greenville	21:48.83
2	Gentry, Cary	M50	Summerfield	21:57.07
3	Chase, Tram	M48	Fredericksburg	23:08.50
4	lang, john	M50	Unattached	23:21.66
5	Gosky, Ross	M48	Boone	23:36.18
6	Sherman, James	M50	Boone	23:47.98
7	Winkler, George	M47	Boone	24:41.38
8	Smith, Peter	M46	Durham	24:51.89
9	Bagley, Matthew	M48	Boone	26:17.60
10	Willams, John	M50	Banner Elk	26:47.76
11	white, steve	M49	Unattached	26:51.80
12	Holdstock, Louis	M47	Cary	26:57.61
13	Nystrom, Mark	M50	Boone	27:34.97
14	Weaver, Rick	M46	Melbourne	28:57.18
15	jarrell, doug	M50	Unattached	29:06.04
16	Anderson, Jon	M50	Mooreville	29:08.36
17	Joye, Ashley	M48	Columbia	29:38.55
18	jennings, duncan	M48	Unattached	29:53.65
19	Daly, Alan	M49	Charlotte	30:40.58
20	Rodriquez, Robert	M49	Qviedo	30:58.93
21	Lubkemann, Jonathan	M50	Boone	31:15.60
22	canally, greg	M49	Unattached	31:36.06
23	Parsons, Joey	M48	Crumpler	31:52.43
24	Osmond, Chris	M50	Boone	32:29.90
25	Blomeley, Bill	M47	Lakeland	32:31.34

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26 Milbourn, Cory	M48 matthew's	32:52.78
27 Ardoin, Phillip	M49 Boone	32:59.43
28 Bailey, Hugh	M49 Raleigh	33:19.85
29 Glover, Will	M49 Stuart	36:53.85
30 Salvatore, Niel	M48 Raleigh	40:18.21
31 schvenke, jay	M49 Unattached	40:29.01
32 barnhill, ted	M49 Unattached	42:09.69
33 Barrow, Byron	M47 Mount Pleasant	45:46.04
34 Catoe, Rick	M50 Boone	59:48.08

51-55 Results - Men 5000 Run

1 bedner, john	M55 Unattached	22:37.29
2 Dwyer, Paul	M51 Cary	24:24.31
3 Cashin, Dan	M54 Tallahassee	24:24.92
4 steen, ed	M54 Unattached	24:46.64
5 Jensen, Scott	M52 Valle Crucis	24:56.70
6 Primm, Kenneth	M52 Gastonia	24:57.36
7 McBryde, JP	M55 Abu Dhabi	25:18.35
8 Jordan, Christopher	M52 Raleigh	25:25.06
9 McCullough, Gary	M51 Boone	25:31.80
10 Whitmire, Scott	M52 Vilas	25:32.75
11 Hodges, Mark	M54 Vilas	26:26.65
12 Graham, Male	M55 Knoxville	28:30.04
13 Hall, Brent	M54 Charlotte	28:48.10
14 Arnold, Ron	M53 Saint Petersburg	29:24.98
15 Schubert, Fred	M52 Altavista	32:36.69
16 Trinkle, Steven	M55 Todd	32:38.22
17 Brown, William	M55 Boone	34:48.25
18 temple, joe	M53 Unattached	36:45.40
19 Hawkins, Joe	M53 Linville	38:04.95
20 Wallace, Chuck	M54 Vilas	38:47.58
21 Eagle, Mark	M52 Boone	42:44.82
22 miller, ed	M55 Unattached	47:43.28
23 Byrd, Kelvin	M55 Zionville	51:20.31
24 Marine, Keith	M52 Rolesville	1:08:34.31

56-60 Results - Men 5000 Run

1 Trivette, David	M57 Deep Gap	24:19.78
2 Michalski, Stanley	M59 Charlotte	27:03.82
3 Starnes, George	M60 Columbia	27:18.82
4 O'Neill, Bill	M60 Cary	29:32.77
5 McDonough, Randy	M59 Boone	29:34.83
6 Rodriguez, Eddie	M58 Boone	29:58.72
7 Knowles, Mark	M60 Jacksonville	33:58.51
8 Waterstradt, Greg	M59 Columbia	35:04.08
9 elszasz, tom	M56 Unattached	37:32.10
10 Bartholomew, George	M56 Boone	38:26.58
11 Mancini, Paul	M56 Boone	38:47.52
12 Davidson, Scott	M56 Boone	39:04.80
13 McGill, Rick	M59 Frisco	44:02.21
14 Holmes, James	M60 Kernersville	45:31.60

61-65 Results - Men 5000 Run

1 foster, barry	M62 Unattached	23:16.80
2 Richards, William	M64 Boone	24:20.40
3 McNeil, Daniel	M63 Sullivans Island	27:08.63
4 russell, rag	M62 Unattached	31:37.51

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5	Monsees, Hal	M63 West Jefferson	31:52.69
6	Wilcox, Demsey	M61 Boone	33:49.45
7	Bondurant, Matt	M61 Reidsville	33:52.57
8	Starnes, Roy	M64 Batesburg	36:11.07
9	gray, stephen	M62 Unattached	40:55.16
10	Cardy, Michael	M65 Boone	42:59.07
11	Linz, John	M65 East Lansing	44:49.88
12	Picard, Michael	M65 Vilas	45:39.16
13	mckinney, gerald	M64 Unattached	46:52.73
14	Hammond, Doug	M62 Charlotte	49:42.96
15	coleman, dennis	M64 Unattached	54:01.50
66-70 Results - Men 5000 Run			
1	Kirkley, Aaron	M67 boone	33:49.27
2	Smythe, Don	M70 Boone	35:42.36
3	Brettschneider, William	M69 Fleetwood	36:41.59
4	Gibson, Dan	M69 Valle Crucis	38:28.79
71-75 Results - Men 5000 Run			
1	Simmons, Stephen	M72 Banner Elk	37:13.96
2	Moorman, Gary	M72 Boone	54:47.07
3	Watkins, Charles	M73 Boone	57:23.35
76+ Results - Men 5000 Run			
1	Metke, Nelson	M77 Durham	33:29.80