SW Guilford Invitational #1 - 12/10/2019

JDL Fast Track

| Event | 1 Girls 4x800 | Meter I | Rela | y | | | |
|---------------------------|--|------------------|-------------------|------------|--|-------------------------|-------------|
| | FACILITY: | 9:16.62 | \$ | 2/5/2016 | Leesville Road | | |
| | | | | | Butler, Winchell, Chapman, Chapman | | |
| | HS Facility: | 9:16.62 | ! | 2/5/2016 | Leesville Road | | |
| | · | | | | Butler, Winchell, Chapman, Chapman | | |
| | SWG Series: | 10:01.24 | % | 2019 | Northern Guilford | | |
| | | | /0 | -012 | Howell, Boone, Fredricks, Hernandez | | |
| | Team | | | | Relay | Finals | |
| C' 1 | | | | | Kelay | rmais | |
| Finals | | 10 1 | | | | 10.22.07 | |
| 1 | Northwest Gu | lilford | | | A | 10:32.87 | |
| 2 | Grimsley | 10 1 | | | A | 10:49.65 | |
| 3 | Southeast Gui | lford | | | A | 11:41.06 | |
| 4 | Page | | | | А | 12:31.31 | |
| Event | 2 Boys 4x800 | Meter H | Rela | У | | | |
| | FACILITY: | 7:50.17 | | 3/5/2016 | Meridian CC | | |
| | | | | | Austin, Smith, Araiza, Hoodlebrink | | |
| | HS Facility: | 7:55.27 | ! | 1/13/2018 | Green Hope | | |
| | | | - | | Peterson, Kehn, Epps, Delgado | | |
| | SWG Series: | 8:26.58 | % | 2018 | Southern Guilford | | |
| | ~ | 5120100 | <i>,</i> u | 2010 | Andrews, Martin, Roberts, Castellano | | |
| | Team | | | | Relay | Finals | |
| Fin - 1 | | | | | ixiay | r mais | |
| Finals | | 10 1 | | | | 0.00.01 | |
| 1 | Southeast Gui | | | | A | 8:33.91 | |
| 2 | Northwest Gu | ulford | | | A | 8:44.25 | |
| 3 | Grimsley | | | | A | 8:53.17 | |
| 4 | Western Guilf | ord | | | A | 9:09.21 | |
| 5 | Page | | | | А | 10:26.72 | |
| Event | 3 Girls 55 Me | eter Hur | dles | 1 | | | |
| | FACILITY: | 7.70 | \$ | 12/19/2015 | Anna Cockrell, Unattached | | |
| | HS Facility: | 7.70 | ! | 12/19/2015 | Anna Cockrell, Unattached | | |
| | SWG Series: | 8.13 | % | 2015 | Kylie McMillan, Southern Guilford | | |
| | Name | | | | School | Finals | H# |
| Finals | | | | | | | |
| 1 mais | Black, Zariya | h | | | Eastern Guilford | 8.10 % | 3 |
| 2 | Clemmons, S | | | | Western Guilford | 8.25 | 3 |
| 3 | Clemmons, C | | | | Western Guilford | 8.97 | 3 |
| 4 | English, Ama | | | | Northern Guilford | 9.11 | 3 |
| 5 | Kearse, Trice | Ju | | | Southwest Guilford | 10.01 | 1 |
| 6 | Muntyan, Nat | alie | | | Northwest Guilford | 10.51 | 3 |
| 0 | King, Dymon | | | | Northwest Guilford | 10.51 | 3 |
| 7 | | | | | Dudley | 10.52 | 3 |
| 7 8 | Sturdivant K | isia | | | Northwest Guilford | 10.30 | 2 |
| 7 8 9 | Sturdivant, Ki | | | | | | 2 |
| 9 | Debow, Morg | an | | | Dage | 10.00 | 1 |
| 9 10 | Debow, Morg Rizo, Chelsea | an | | | Page Southwest Guilford | 10.99 | 1 |
| 9 10 11 | Debow, Morg Rizo, Chelsea Beatty, LaMo | an nika | | | Southwest Guilford | 11.21 | 1 3 2 |
| 9 10 11 12 | Debow, Morg Rizo, Chelsea Beatty, LaMo Perkins, Sydn | an nika | | | Southwest Guilford Page | 11.21 11.26 | 2 |
| 9 10 11 12 13 | Debow, Morg Rizo, Chelsea Beatty, LaMo Perkins, Sydn Gill, Destiny | an nika | | | Southwest Guilford Page Southwest Guilford | 11.21 11.26 11.32 | 2 2 |
| 9 10 11 12 | Debow, Morg Rizo, Chelsea Beatty, LaMo Perkins, Sydn | an nika ey | | | Southwest Guilford Page | 11.21 11.26 | 2 |

SW Guilford Invitational #1 - 12/10/2019

JDL Fast Track

| | 4 Boys 55 Meter FACILITY: | | | 2/13/2016 | Manaus Knah Hillsida | | |
|--------|--------------------------------|--------------|---------|------------------------|--|--------------|--------|
| | HS Facility: | 7.23 7.23 | \$! | 2/13/2016 2/13/2016 | Marcus Krah, Hillside Marcus Krah, Hillside | | |
| | SWG Series: | 7.62 | • % | 2016 | Earl Green, Jr., Southern Guilford | | |
| | Name | 7.02 | /0 | 2010 | School | Finals | H# |
| Tinals | | | | | School | 1 mais | 117 |
| 1 1 | Thomas, Doria | n | | | Andrews, T. W. | 8.52 | 2 |
| 2 | McRae, Jacobe | | | | Dudley | 8.56 | 2 |
| 3 | Bradshaw, Dev | | | | Northwest Guilford | 8.50 | 2 |
| 4 | Leon, Robby | 111 | | | Northwest Guilford | 8.96 | 2 |
| 5 | Person, Phillip | | | | Andrews, T. W. | 8.90 | 2 |
| 6 | Davis, Corey | | | | Southwest Guilford | 9.03 | 1 |
| 7 | McManus, Deo | ndre | | | Andrews, T. W. | 9.08 | 2 |
| 8 | Stayley, Jasheer | | | | High Point Central | 9.46 | 2 |
| 9 | Williams, Nolar | | | | Southwest Guilford | 9.78 | 1 |
| 10 | Miller, Brandor | | | | Northwest Guilford | 10.38 | 1 |
| 11 | White, Devin | | | | Northwest Guilford | 11.13 | 1 |
| | | F | | | Tormwest Gumblu | 11.13 | 1 |
| vent | 5 Girls 55 Met | | | a 111 /201 = | | | |
| | FACILITY: | 6.89 | \$ | 2/11/2017 | Tamara Clark, High Point Central | | |
| | HS Facility: | 6.89 | ! | 2/11/2017 | Tamara Clark, High Point Central | | |
| | SWG Series: | 7.02 | % | 2017 | Tamara Clark, High Point Central | T ! • | |
| | Name | | | | School | Finals | H# |
| inals | | | | | | | |
| 1 | Black, Zariyah | | | | Eastern Guilford | 7.14 | 5 5 |
| 2 | Newkirk, Riley | | | | Western Guilford | 7.29 | 5 |
| 3 | McPhail, Zham | loura | | | High Point Central | 7.31 | 5 |
| 4 | Wells, Trinity | | | | Dudley | 7.45 | 5 |
| 5 | Facey, Nahshee | | | | Southwest Guilford | 7.65 | 5 |
| 6 | Kyndall, Barroy | | | | Dudley | 7.66 | 5 |
| 7 | McGregor, Sad | iyah | | | Dudley | 7.72 | 4 |
| 8 | Baizar, Leah | | | | Eastern Guilford | 7.81 | 1 |
| 9 | English, Amaya | | | | Northern Guilford | 7.82 | 5 |
| 10 | Debow, Morgan | | | | Northwest Guilford | 7.85 | 2 |
| 11 | Watkins, Maka | yla | | | Western Guilford | 7.88 | 5 |
| 12 | Gillion, Kalani | | | | Southeast Guilford | 7.90 | 3 |
| 13 | Powell, Jade | | | | Grimsley | 7.98 | 4 |
| 14 | Nguyen, Brend | a | | | Smith, B. L. | 7.99 | 4 |
| 15 | Veney, Ivyana | | | | Dudley | 8.00 | 1 |
| 16 | Hughes, Ella | | | | Grimsley | 8.02 | 4 |
| 17 | Clark, Chase | _ | | | Southwest Guilford | 8.04 | 2 |
| 18 | Shelton, Alonda | | | | Western Guilford | 8.08 | 2 |
| 19 | Bryant, Hayleig | gn | | | Northwest Guilford | 8.12 | 4 |
| 20 | Lee, Erynne | | | | Northwest Guilford Eastern Guilford | 8.16 | 4 |
| 21 | Carby, Anissa | | | | | 8.22 | 3 |
| 22 | Bracy, Precious | 5 | | | Southeast Guilford | 8.22 | 3 |
| 23 | Sabr, Safiyah | | | | Southeast Guilford Northwest Guilford | 8.23 8.29 | 43 |
| 24 | King, Dymond | -11 | | | Northwest Guilford | | 3 |
| 25 | Tuggle, Annade | 211 | | | Northwest Guilford Northern Guilford | 8.30 8.39 | 3 |
| 26 | Fawole, Timi Odendahl, Racł | 1 | | | Northern Guilford | 8.39 8.44 | 3 |
| 27 | | | | | | | |

JDL Fast Track

Results

Finals ... (Event 5 Girls 55 Meter Dash)

| | Name | | | | School | Finals | H# |
|--------|------------------|--------|----|-----------|------------------------------------|--------|--------|
| 28 | Young, Makayla | ı | | | Grimsley | 8.51 | 2 |
| 29 | Brown, Giannie | | | | Southwest Guilford | 8.76 | 2 |
| 30 | Zibo, Safia | | | | Grimsley | 8.91 | 1 |
| 31 | Elbert, Brianna | | | | Grimsley | 8.94 | 1 |
| 32 | Alston, Nyasia | | | | Southern Guilford | 9.19 | 2 |
| 33 | Green, Destiny | | | | Western Guilford | 9.19 | 1 |
| 34 | Gliford, Halie | | | | Southwest Guilford | 9.48 | 1 |
| Event | 6 Boys 55 Mete | r Dasł | h | | | | |
| Litent | FACILITY: | 6.24 | | 2/13/2016 | Cravont Charleston, Mallard Creek | | |
| | HS Facility: | 6.24 | ! | 2/13/2016 | Cravont Charleston, Mallard Creek | | |
| | SWG Series: | 6.57 | % | 2019 | Keith Holloway, Southeast Guilford | | |
| • | Name | 0.57 | /0 | 2017 | School | Finals | H# |
| Finals | Ivanic | | | | School | T mais | 11# |
| | Gibbs, Shamed | | | | Smith, B. L. | 6.62 | 6 |
| 1 2 | Austin, Kamero | n | | | Southern Guilford | 6.65 | 6 6 |
| | | | | | Western Guilford | 6.70 | |
| 3 | Demba, Mamad | | | | | 6.75 | 2 |
| 4 | McAllister, Ervi | | | | Southeast Guilford | 6.75 | 6 |
| 5 | Kennedy, Elijah | | | | High Point Central | | 6 |
| 6 | Sapp, Keshon | 1 | | | Southwest Guilford | 6.79 | 5 |
| 7 | Gonzales, Josep | n | | | Southwest Guilford | 6.79 | 2 |
| 8 | Baker, Ronnie | | | | Southwest Guilford | 6.82 | 6 |
| 9 | Flesch, Joseph | | | | Grimsley | 6.83 | 4 |
| 10 | Dawes, Elijah | | | | Northwest Guilford | 6.84 | 4 |
| 11 | Fairley, Jalen | | | | Southeast Guilford | 6.86 | l r |
| 12 | Copper, Justin | | | | Southern Guilford | 6.86 | 5 |
| 13 | Sanders, Qvaho | rn | | | Southwest Guilford | 6.89 | I |
| 14 | Wilson, Amir | | | | Southern Guilford | 6.93 | 6 |
| 15 | Crosson, Jonath | | | | Northwest Guilford | 6.95 | 6 |
| 16 | Ballentine, Nich | olas | | | Eastern Guilford | 6.97 | 2 |
| 17 | Morgan, James | | | | Dudley | 7.00 | 5 |
| 18 | Talib, Tuttle | | | | Eastern Guilford | 7.02 | 2 |
| 19 | Manning, Jakyr | | | | Southern Guilford | 7.06 | 5 |
| 20 | Adams, Bransor | 1 | | | Dudley | 7.13 | 5 |
| 21 | Keel, Tyre'k | | | | Andrews, T. W. | 7.16 | 4 |
| 22 | Brooks, Jonatha | n | | | Grimsley | 7.17 | 4 |
| 23 | McKee, Kaleb | | | | Southeast Guilford | 7.18 | 3 |
| 24 | Johnson, DeWay | yne | | | Northwest Guilford | 7.23 | 4 |
| 25 | Copper, Jerron | | | | Southern Guilford | 7.28 | 4 |
| 26 | Larkin, Ryan | | | | Eastern Guilford | 7.33 | 1 |
| 27 | Jones, Ty | | | | Northwest Guilford | 7.34 | 2 |
| 28 | Roman, Jezreel | | | | High Point Central | 7.35 | 4 |
| 29 | Pickett, Kayvon | | | | Western Guilford | 7.38 | 1 |
| 29 | Ray, Noah | | | | Northwest Guilford | 7.38 | 3 |
| 31 | Walker, Devon | | | | Southeast Guilford | 7.41 | 3 |
| 32 | Goode, Sylveste | r | | | Smith, B. L. | 7.50 | 3 |
| 33 | Thompson, Khy | | | | Smith, B. L. | 7.57 | 1 |
| 34 | Logan, Dallas | | | | Southeast Guilford | 7.72 | 2 |
| 35 | Ater, Sam | | | | Andrews, T. W. | 7.80 | 3 |
| 36 | Tucker, Dimaru | | | | Smith, B. L. | 7.97 | 2 |

Finals ... (Event 6 Boys 55 Meter Dash)

SW Guilford Invitational #1 - 12/10/2019

JDL Fast Track

| | | | School | Finals | H# |
|--|---|--|--|--|--|
| an | | | Eastern Guilford | 8.14 | 1 |
| 'john | | | Smith, B. L. | 8.17 | 1 |
|)() Meter I | Rela | v | | | |
| | | - | Parkland | | |
| 1.07.40 | Φ | 2/0/2013 | | | |
| 1.20 /0 | , | 2/6/2015 | | | |
| 1:39.40 | ÷ | 2/0/2013 | | | |
| 1 42 55 | 0/ | 2017 | - | | |
| 1:43./5 | %0 | 2016 | _ | | TT // |
| | | | Relay | Finals | H# |
| | | | | | |
| ilford | | | | | 2 |
| | | | | | 2 |
| lford | | | Α | 1:52.95 | 1 |
| | | | А | | 2 |
| | | | А | 1:55.80 | 2 |
| uilford | | | А | 1:57.59 | 1 |
| ilford | | | В | 2:01.86 | 1 |
| Guilford | | | А | 2:03.53 | 1 |
| | | | А | DQ | 1 |
| 10 Meter I | روام | v | | | |
| | | | Southeast Ralaigh | | |
| 1.4/.0/ | J) | 21712017 | - | | |
| 1.27.97 | , | 2/0/2010 | | | |
| 1:2/.8/ | 1 | 2/9/2019 | - | | |
| 1 24 0 - | 0 ′ | 2015 | | | |
| 1:31.96 | % | 2017 | | | |
| | | | Relay | Finals | H# |
| | | | | | |
| 1. Ifond | | | | | |
| uilford | | | А | 1:35.28 | 2 |
| uilford | | | A A | 1:35.41 | 2 |
| | | | | | |
| uilford | | | А | 1:35.41 | 2 |
| uilford | | | A A | 1:35.41 1:38.32 | 2 2 |
| uilford | | | A A A | 1:35.41 1:38.32 1:38.53 | 2 2 1 |
| uilford Guilford | | | A A A A | 1:35.41 1:38.32 1:38.53 1:39.33 | 2 2 1 2 |
| uilford Guilford Guilford Iford | | | A A A A A | 1:35.41 1:38.32 1:38.53 1:39.33 1:39.54 | 2 2 1 2 1 |
| uilford Guilford Guilford Iford | | | A A A A A A | 1:35.41 1:38.32 1:38.53 1:39.33 1:39.54 1:40.63 1:44.15 | 2 2 1 2 1 1 |
| uilford Guilford Guilford Iford | | | A A A A A A A | 1:35.41 1:38.32 1:38.53 1:39.33 1:39.54 1:40.63 1:44.15 1:46.27 | 2 2 1 2 1 1 2 |
| uilford Guilford Guilford Iford ilford | | | A A A A A A B | 1:35.41 1:38.32 1:38.53 1:39.33 1:39.54 1:40.63 1:44.15 1:46.27 1:58.59 | 2 2 1 2 1 1 2 1 1 2 1 |
| uilford Guilford Iford ilford . W. | | | A A A A A A A | 1:35.41 1:38.32 1:38.53 1:39.33 1:39.54 1:40.63 1:44.15 1:46.27 | 2 2 1 2 1 1 2 1 2 1 |
| uilford Guilford Iford ilford . W.) Meter R | | | A A A A A A B A | 1:35.41 1:38.32 1:38.53 1:39.33 1:39.54 1:40.63 1:44.15 1:46.27 1:58.59 | 2 2 1 2 1 1 2 1 1 2 1 |
| uilford Guilford Iford | \$ | 12/20/2014 | A A A A A A A B A Ryen Frazier, Unattached | 1:35.41 1:38.32 1:38.53 1:39.33 1:39.54 1:40.63 1:44.15 1:46.27 1:58.59 | 2 2 1 2 1 1 2 1 1 2 1 |
| uilford Guilford Iford | | 12/20/2014 12/20/2014 | A A A A A A A A B A Ryen Frazier, Unattached Ryen Frazier, Unattached | 1:35.41 1:38.32 1:38.53 1:39.33 1:39.54 1:40.63 1:44.15 1:46.27 1:58.59 | 2 2 1 2 1 1 2 1 1 2 1 |
| uilford Guilford Iford | \$! | | A A A A A A A B A Ryen Frazier, Unattached | 1:35.41 1:38.32 1:38.53 1:39.33 1:39.54 1:40.63 1:44.15 1:46.27 1:58.59 | 2 2 1 2 1 1 2 1 1 2 1 |
| uilford Guilford Iford W.) Meter R i 4:49.79 4:49.78 | \$! | 12/20/2014 | A A A A A A A A B A Ryen Frazier, Unattached Ryen Frazier, Unattached | 1:35.41 1:38.32 1:38.53 1:39.33 1:39.54 1:40.63 1:44.15 1:46.27 1:58.59 | 2 2 1 2 1 1 2 1 1 2 1 |
| uilford Guilford Iford W.) Meter R i 4:49.79 4:49.78 | \$! | 12/20/2014 | A A A A A A A A B A B A Ryen Frazier, Unattached Ryen Frazier, Unattached Sara Platek, Ragsdale | 1:35.41 1:38.32 1:38.53 1:39.33 1:39.54 1:40.63 1:44.15 1:46.27 1:58.59 DQ | 2 2 1 2 1 1 2 1 1 1 1 |
| uilford Guilford Iford ilford W.) Meter Ri 4:49.79 4:49.78 5:09.20 | \$! | 12/20/2014 | A A A A A A A B A B A Ryen Frazier, Unattached Ryen Frazier, Unattached Sara Platek, Ragsdale School | 1:35.41 1:38.32 1:38.53 1:39.33 1:39.54 1:40.63 1:44.15 1:46.27 1:58.59 DQ | 2 2 1 2 1 1 2 1 1 1 1 1 1 1 |
| uilford Guilford Iford W.) Meter R i 4:49.79 4:49.78 | \$! | 12/20/2014 | A A A A A A A A B A B A Ryen Frazier, Unattached Ryen Frazier, Unattached Sara Platek, Ragsdale | 1:35.41 1:38.32 1:38.53 1:39.33 1:39.54 1:40.63 1:44.15 1:46.27 1:58.59 DQ | 2 2 1 2 1 1 2 1 1 1 1 |
| | Ujohn 00 Meter I 1:39.40 1:39.40 1:43.75 ilford lford Guilford duilford Guilford Guilford 11:27.87 1:27.87 1:31.96 | John 00 Meter Rela 1:39.40 \$ 1:39.40 ! 1:43.75 % ilford lford Guilford uilford 1:27.87 \$ 1:31.96 % | John 00 Meter Relay 1:39.40 \$ 2/6/2015 1:39.40 ! 2/6/2015 1:43.75 % 2016 ilford liford Builford builford Builford 1:43.75 \$ 2/9/2019 | Ljohn Smith, B. L. 00 Meter Relay 1:39.40 \$ 2/6/2015 Parkland 1:39.40 ! 2/6/2015 Parkland McNeill, Sherman, Bryant, Williams 1:39.40 ! 2/6/2015 Parkland McNeill, Sherman, Bryant, Williams 1:39.40 ! 2/6/2015 Parkland McNeill, Sherman, Bryant, Williams 1:43.75 % 2016 High Point Central Relay ilford A A ford A A foulford A A foulford | tjohn Smith, B. L. 8.17 00 Meter Relay 1:39.40 \$ 2/6/2015 Parkland 1:39.40 ! 2/6/2015 Parkland McNeill, Sherman, Bryant, Williams 1:39.40 ! 2/6/2015 1:39.40 ! 2/6/2015 Parkland McNeill, Sherman, Bryant, Williams 1:39.40 ! 2/6/2015 1:39.40 ! 2/6/2015 Parkland McNeill, Sherman, Bryant, Williams McNeill, Sherman, Bryant, Williams 1:43.75 % 2016 High Point Central Relay Finals ilford A 1:50.31 A 1:50.98 1:50.98 Iford A 1:52.95 Guilford A 1:55.80 uilford A 1:57.59 ilford B 2:01.86 Guilford A 2:03.53 A DQ 00 Meter Relay 1:27.87 \$ 2/9/2019 1:27.87 \$ 2/9/2019 Southeast Raleigh Haddock, McRae, Ruffin, Williams 1:31.96 % 2017 |

JDL Fast Track

Results

Finals ... (Event 9 Girls 1600 Meter Run)

| | Name | School | Finals | H# |
|---|--|---|---|---|
| 4 | Saunders, Savannah | Western Guilford | 6:04.36 | 2 |
| 5 | Stum, Isabel | Southwest Guilford | 6:07.54 | 2 |
| 6 | Nida, Lucy | Northern Guilford | 6:09.55 | 2 |
| 7 | Wallace, Carmen | Northern Guilford | 6:18.55 | 1 |
| 8 | Cox, Ashley | Northwest Guilford | 6:23.70 | 1 |
| 9 | | Northwest Guilford | 6:23.86 | 1 |
| 10 | - | Northern Guilford | 6:28.47 | 2 |
| 11 | Grant, Reeves | Page | 6:45.60 | 1 |
| 12 | - | Page | 6:52.33 | 2 |
| 13 | Brown, Yuri | Southeast Guilford | 6:55.57 | 1 |
| 14 | | Page | 7:07.31 | 1 |
| 15 | Xayavong, Kyla | Southeast Guilford | 7:07.34 | 1 |
| 16 | | Page | 7:17.75 | 1 |
| 17 | Joncas, Kallie | Northwest Guilford | 7:24.57 | 1 |
| 18 | - | Southeast Guilford | 7:26.73 | 1 |
| 19 | Akou, Stessy | Southern Guilford | 7:27.85 | 1 |
| 20 | | Southern Guilford | 7:51.95 | 1 |
| 20 | Clodfelter, Kayla | Eastern Guilford | 9:46.12 | 1 |
| | | Eastern Guinord | 9.40.12 | 1 |
| vent | t 10 Boys 1600 Meter Run | | | |
| | FACILITY: 4:14.56 \$ 2/9/201 | , . | | |
| | HS Facility: 4:14.56 ! 2/9/201 | , . | | |
| | SWG Series: 4:29.88 % 2016 | Ian Shanklin, Page | | |
| | Name | School | Finals | H# |
| nals | | | | |
| mais | | | | |
| nais 1 | Alkadir, Hamzia | High Point Central | 4:50.64 | 2 |
| | Alkadir, Hamzia | High Point Central Northern Guilford | 4:50.64 4:51.93 | 2 2 |
| 1 | Alkadir, Hamzia Barrios-Zavala, Ernesto | | | |
| 1 2 | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane | Northern Guilford | 4:51.93 | 2 2 |
| 1 2 3 | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody | Northern Guilford Grimsley | 4:51.93 4:53.05 | 2 2 2 |
| 1 2 3 4 | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian | Northern Guilford Grimsley Southeast Guilford | 4:51.93 4:53.05 4:58.34 | 2 2 2 2 |
| 1 2 3 4 5 | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford | 4:51.93 4:53.05 4:58.34 4:59.24 5:08.21 | 2 2 2 2 2 2 |
| 1 2 3 4 5 6 7 | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Southern Guilford | 4:51.93 4:53.05 4:58.34 4:59.24 5:08.21 5:09.92 | 2 2 2 2 2 2 2 2 |
| 1 2 3 4 5 6 7 8 | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron Gest, Jack | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Southern Guilford Grimsley | 4:51.93 4:53.05 4:58.34 4:59.24 5:08.21 5:09.92 5:10.70 | 2 2 2 2 2 2 2 2 2 |
| 1 2 3 4 5 6 7 8 9 | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron Gest, Jack McWhorter, Liam | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Southern Guilford Grimsley Northwest Guilford | 4:51.93 4:53.05 4:58.34 4:59.24 5:08.21 5:09.92 5:10.70 5:12.60 | 2 2 2 2 2 2 2 2 2 2 2 2 |
| 1 2 3 4 5 6 7 8 9 10 | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron Gest, Jack McWhorter, Liam Jiles, Seth | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Southern Guilford Grimsley Northwest Guilford Grimsley | 4:51.93 4:53.05 4:58.34 4:59.24 5:08.21 5:09.92 5:10.70 5:12.60 5:15.89 | 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |
| 1 2 3 4 5 6 7 8 9 10 11 | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron Gest, Jack McWhorter, Liam Jiles, Seth Abell, Will | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Southern Guilford Grimsley Northwest Guilford Grimsley Page | 4:51.93 4:53.05 4:58.34 4:59.24 5:08.21 5:09.92 5:10.70 5:12.60 5:15.89 5:19.33 | 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |
| 1 2 3 4 5 6 7 8 9 10 11 12 | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron Gest, Jack McWhorter, Liam Jiles, Seth Abell, Will Kohler, Aronne | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Southern Guilford Grimsley Northwest Guilford Grimsley Page Northern Guilford | $\begin{array}{c} 4:51.93\\ 4:53.05\\ 4:58.34\\ 4:59.24\\ 5:08.21\\ 5:09.92\\ 5:10.70\\ 5:12.60\\ 5:15.89\\ 5:19.33\\ 5:20.25\end{array}$ | 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron Gest, Jack McWhorter, Liam Jiles, Seth Abell, Will Kohler, Aronne Warren, Justice | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Southern Guilford Grimsley Northwest Guilford Grimsley Page Northern Guilford Western Guilford | $\begin{array}{c} 4:51.93\\ 4:53.05\\ 4:58.34\\ 4:59.24\\ 5:08.21\\ 5:09.92\\ 5:10.70\\ 5:12.60\\ 5:15.89\\ 5:19.33\\ 5:20.25\\ 5:22.24\end{array}$ | 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 14 | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron Gest, Jack McWhorter, Liam Jiles, Seth Abell, Will Kohler, Aronne Warren, Justice Martinez, Miguel | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Grimsley Northwest Guilford Grimsley Page Northern Guilford Western Guilford Andrews, T. W. | $\begin{array}{c} 4:51.93\\ 4:53.05\\ 4:58.34\\ 4:59.24\\ 5:08.21\\ 5:09.92\\ 5:10.70\\ 5:12.60\\ 5:15.89\\ 5:19.33\\ 5:20.25\\ 5:22.24\\ 5:23.89\end{array}$ | 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron Gest, Jack McWhorter, Liam Jiles, Seth Abell, Will Kohler, Aronne Warren, Justice Martinez, Miguel Cox, Kenan | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Southern Guilford Grimsley Northwest Guilford Grimsley Page Northern Guilford Western Guilford Andrews, T. W. Southeast Guilford | $\begin{array}{c} 4:51.93\\ 4:53.05\\ 4:58.34\\ 4:59.24\\ 5:08.21\\ 5:09.92\\ 5:10.70\\ 5:12.60\\ 5:15.89\\ 5:19.33\\ 5:20.25\\ 5:22.24\\ 5:23.89\\ 5:28.09\end{array}$ | 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |
| $ \begin{array}{c} 1 \\ 2 \\ 3 \\ 4 \\ 5 \\ 6 \\ 7 \\ 8 \\ 9 \\ 10 \\ 11 \\ 12 \\ 13 \\ 14 \\ 15 \\ 16 \\ \end{array} $ | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron Gest, Jack McWhorter, Liam Jiles, Seth Abell, Will Kohler, Aronne Warren, Justice Martinez, Miguel Cox, Kenan Gentry, Hayden | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Grimsley Northwest Guilford Grimsley Page Northern Guilford Western Guilford Andrews, T. W. Southeast Guilford Page | $\begin{array}{c} 4:51.93\\ 4:53.05\\ 4:58.34\\ 4:59.24\\ 5:08.21\\ 5:09.92\\ 5:10.70\\ 5:12.60\\ 5:15.89\\ 5:19.33\\ 5:20.25\\ 5:22.24\\ 5:23.89\\ 5:28.09\\ 5:29.98\end{array}$ | 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |
| $ \begin{array}{c} 1\\2\\3\\4\\5\\6\\7\\8\\9\\10\\11\\12\\13\\14\\15\\16\\17\end{array} $ | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron Gest, Jack McWhorter, Liam Jiles, Seth Abell, Will Kohler, Aronne Warren, Justice Martinez, Miguel Cox, Kenan Gentry, Hayden Bryan, Aidan | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Grimsley Northwest Guilford Grimsley Page Northern Guilford Western Guilford Andrews, T. W. Southeast Guilford Page Northwest Guilford | $\begin{array}{c} 4:51.93\\ 4:53.05\\ 4:58.34\\ 4:59.24\\ 5:08.21\\ 5:09.92\\ 5:10.70\\ 5:12.60\\ 5:15.89\\ 5:19.33\\ 5:20.25\\ 5:22.24\\ 5:23.89\\ 5:28.09\\ 5:29.98\\ 5:30.62\end{array}$ | 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |
| $ \begin{array}{c} 1\\2\\3\\4\\5\\6\\7\\8\\9\\10\\11\\12\\13\\14\\15\\16\\17\\18\end{array} $ | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron Gest, Jack McWhorter, Liam Jiles, Seth Abell, Will Kohler, Aronne Warren, Justice Martinez, Miguel Cox, Kenan Gentry, Hayden Bryan, Aidan Edmondson, Evan | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Southern Guilford Grimsley Northwest Guilford Grimsley Page Northern Guilford Western Guilford Andrews, T. W. Southeast Guilford Page Northwest Guilford Southeast Guilford | $\begin{array}{c} 4:51.93\\ 4:53.05\\ 4:58.34\\ 4:59.24\\ 5:08.21\\ 5:09.92\\ 5:10.70\\ 5:12.60\\ 5:15.89\\ 5:19.33\\ 5:20.25\\ 5:22.24\\ 5:23.89\\ 5:28.09\\ 5:29.98\\ 5:30.62\\ 5:32.41\end{array}$ | 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |
| $\begin{array}{c}1\\2\\3\\4\\5\\6\\7\\8\\9\\10\\11\\12\\13\\14\\15\\16\\17\\18\\19\end{array}$ | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron Gest, Jack McWhorter, Liam Jiles, Seth Abell, Will Kohler, Aronne Warren, Justice Martinez, Miguel Cox, Kenan Gentry, Hayden Bryan, Aidan Edmondson, Evan Jones, Cameron | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Grimsley Northwest Guilford Grimsley Page Northern Guilford Western Guilford Western Guilford Andrews, T. W. Southeast Guilford Page Northwest Guilford Southeast Guilford Page | $\begin{array}{c} 4:51.93\\ 4:53.05\\ 4:58.34\\ 4:59.24\\ 5:08.21\\ 5:09.92\\ 5:10.70\\ 5:12.60\\ 5:15.89\\ 5:19.33\\ 5:20.25\\ 5:22.24\\ 5:23.89\\ 5:28.09\\ 5:29.98\\ 5:30.62\\ 5:32.41\\ 5:39.70\end{array}$ | 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |
| $\begin{array}{c}1\\2\\3\\4\\5\\6\\7\\8\\9\\10\\11\\12\\13\\14\\15\\16\\17\\18\\19\\20\end{array}$ | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron Gest, Jack McWhorter, Liam Jiles, Seth Abell, Will Kohler, Aronne Warren, Justice Martinez, Miguel Cox, Kenan Gentry, Hayden Bryan, Aidan Edmondson, Evan Jones, Cameron Hall, Miles | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Grimsley Northwest Guilford Grimsley Page Northern Guilford Western Guilford Western Guilford Andrews, T. W. Southeast Guilford Page Northwest Guilford Southeast Guilford Page Page | $\begin{array}{c} 4:51.93\\ 4:53.05\\ 4:58.34\\ 4:59.24\\ 5:08.21\\ 5:09.92\\ 5:10.70\\ 5:12.60\\ 5:15.89\\ 5:19.33\\ 5:20.25\\ 5:22.24\\ 5:23.89\\ 5:28.09\\ 5:29.98\\ 5:30.62\\ 5:32.41\\ 5:39.70\\ 5:44.12\end{array}$ | 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |
| $\begin{array}{c}1\\2\\3\\4\\5\\6\\7\\8\\9\\10\\11\\12\\13\\14\\15\\16\\17\\18\\19\\20\\21\end{array}$ | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron Gest, Jack McWhorter, Liam Jiles, Seth Abell, Will Kohler, Aronne Warren, Justice Martinez, Miguel Cox, Kenan Gentry, Hayden Bryan, Aidan Edmondson, Evan Jones, Cameron Hall, Miles Goodwin, Josh | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Southern Guilford Grimsley Northwest Guilford Grimsley Page Northern Guilford Western Guilford Andrews, T. W. Southeast Guilford Page Northwest Guilford Page Page Page Northwest Guilford | $\begin{array}{c} 4:51.93\\ 4:53.05\\ 4:58.34\\ 4:59.24\\ 5:08.21\\ 5:09.92\\ 5:10.70\\ 5:12.60\\ 5:15.89\\ 5:19.33\\ 5:20.25\\ 5:22.24\\ 5:23.89\\ 5:28.09\\ 5:29.98\\ 5:30.62\\ 5:32.41\\ 5:39.70\\ 5:44.12\\ 5:45.96\end{array}$ | 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |
| $\begin{array}{c}1\\2\\3\\4\\5\\6\\7\\8\\9\\10\\11\\12\\13\\14\\15\\16\\17\\18\\19\\20\\21\\22\end{array}$ | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron Gest, Jack McWhorter, Liam Jiles, Seth Abell, Will Kohler, Aronne Warren, Justice Martinez, Miguel Cox, Kenan Gentry, Hayden Bryan, Aidan Edmondson, Evan Jones, Cameron Hall, Miles Goodwin, Josh Garner, Noah | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Southern Guilford Grimsley Northwest Guilford Grimsley Page Northern Guilford Western Guilford Western Guilford Page Northwest Guilford Page Page Page Northwest Guilford Northwest Guilford Northwest Guilford | $\begin{array}{c} 4:51.93\\ 4:53.05\\ 4:58.34\\ 4:59.24\\ 5:08.21\\ 5:09.92\\ 5:10.70\\ 5:12.60\\ 5:15.89\\ 5:19.33\\ 5:20.25\\ 5:22.24\\ 5:23.89\\ 5:28.09\\ 5:29.98\\ 5:30.62\\ 5:32.41\\ 5:39.70\\ 5:44.12\\ 5:45.96\\ 5:46.34\end{array}$ | 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |
| $\begin{array}{c}1\\2\\3\\4\\5\\6\\7\\8\\9\\10\\11\\12\\13\\14\\15\\16\\17\\18\\19\\20\\21\\22\\23\end{array}$ | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron Gest, Jack McWhorter, Liam Jiles, Seth Abell, Will Kohler, Aronne Warren, Justice Martinez, Miguel Cox, Kenan Gentry, Hayden Bryan, Aidan Edmondson, Evan Jones, Cameron Hall, Miles Goodwin, Josh Garner, Noah Short, Thomas | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Grimsley Northwest Guilford Grimsley Page Northern Guilford Western Guilford Western Guilford Page Northwest Guilford Page Northwest Guilford Page Page Northwest Guilford Morthwest Guilford Northwest Guilford Northwest Guilford Northwest Guilford | $\begin{array}{c} 4:51.93\\ 4:53.05\\ 4:58.34\\ 4:59.24\\ 5:08.21\\ 5:09.92\\ 5:10.70\\ 5:12.60\\ 5:15.89\\ 5:19.33\\ 5:20.25\\ 5:22.24\\ 5:23.89\\ 5:28.09\\ 5:29.98\\ 5:30.62\\ 5:32.41\\ 5:39.70\\ 5:44.12\\ 5:45.96\\ 5:46.34\\ 5:54.05\end{array}$ | 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |
| $\begin{array}{c}1\\2\\3\\4\\5\\6\\7\\8\\9\\10\\11\\12\\13\\14\\15\\16\\17\\18\\19\\20\\21\\22\end{array}$ | Alkadir, Hamzia Barrios-Zavala, Ernesto Braxton, Shane Welch, Spody Youngdahl, Christian Harvell, Hazen Roberts, Cameron Gest, Jack McWhorter, Liam Jiles, Seth Abell, Will Kohler, Aronne Warren, Justice Martinez, Miguel Cox, Kenan Gentry, Hayden Bryan, Aidan Edmondson, Evan Jones, Cameron Hall, Miles Goodwin, Josh Garner, Noah Short, Thomas | Northern Guilford Grimsley Southeast Guilford Western Guilford Northern Guilford Southern Guilford Grimsley Northwest Guilford Grimsley Page Northern Guilford Western Guilford Western Guilford Page Northwest Guilford Page Page Page Northwest Guilford Northwest Guilford Northwest Guilford | $\begin{array}{c} 4:51.93\\ 4:53.05\\ 4:58.34\\ 4:59.24\\ 5:08.21\\ 5:09.92\\ 5:10.70\\ 5:12.60\\ 5:15.89\\ 5:19.33\\ 5:20.25\\ 5:22.24\\ 5:23.89\\ 5:28.09\\ 5:29.98\\ 5:30.62\\ 5:32.41\\ 5:39.70\\ 5:44.12\\ 5:45.96\\ 5:46.34\end{array}$ | 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |

JDL Fast Track

| | | Results | | |
|--------|--------------------------------|-------------------------------------|-----------|----|
| Finals | (Event 10 Boys 1600 Meter R | | | |
| | Name | School | Finals | H# |
| 26 | Watkins, Xavier | Page | 5:57.38 | 1 |
| | Fox, Blaine | Northern Guilford | 6:10.57 | 1 |
| 28 | Cunningham, Austin | Southern Guilford | 6:50.20 | 1 |
| 29 | Comito, Chase | Southeast Guilford | 7:06.39 | 1 |
| Event | 11 Girls 500 Meter Run | | | |
| | FACILITY: 1:11.90 \$ 1/5/201 | 9 Kayla Davis, Unattached | | |
| | HS Facility: 1:11.90 ! 1/5/201 | 9 Kayla Davis, Unattached | | |
| | SWG Series: 1:17.59 % 2016 | Monzerad Creary, High Point Central | | |
| | Name | School | Finals | H# |
| Finals | | | | |
| 1 | Hernandez, Alyssa | Northern Guilford | 1:16.40 % | 4 |
| 2 | Bathgate, Lorien | Grimsley | 1:20.83 | 4 |
| 3 | Smith, Tiarra | Southeast Guilford | 1:24.80 | 4 |
| 4 | Hudson, Khadija | Grimsley | 1:28.04 | 4 |
| | Patterson, Jazmine | Eastern Guilford | 1:28.37 | 2 |
| | 1:28.362 (1:28.362) | | | |
| 6 | Smith, Laparis | Dudley | 1:29.60 | 4 |
| 7 | Nyara, Kabang | Southwest Guilford | 1:30.84 | 2 |
| 8 | Catoe, Briauna | Western Guilford | 1:32.01 | 3 |
| 9 | Maj, Emilia | Northern Guilford | 1:32.26 | 3 |
| 10 | Pemberton, Kiwanna | Dudley | 1:33.53 | 1 |
| 11 | Keating, Ana | Northwest Guilford | 1:33.63 | 3 |
| 12 | Hull, McLaurin | Page | 1:33.86 | 3 |
| 13 | Nelson, Jaiyah | Dudley | 1:34.08 | 2 |
| 14 | Mukherjee, Sudiksha | Northern Guilford | 1:34.28 | 4 |
| 15 | Scales, Octavia | Western Guilford | 1:35.13 | 1 |
| 16 | Adcock, Claire | Grimsley | 1:35.32 | 4 |
| 17 | Abantohollans, Katelyn | Southwest Guilford | 1:36.30 | 1 |
| 18 | Washington, Tanzania | Dudley | 1:36.55 | 1 |
| 19 | Muntyan, Natalie | Northwest Guilford | 1:36.96 | 1 |
| 20 | Kessel, Anna | Northwest Guilford | 1:37.76 | 2 |
| 21 | Black, Aniya | Smith, B. L. | 1:38.53 | 3 |
| 22 | | Northwest Guilford | 1:39.79 | 3 |
| 23 | Middlebrook, Autumn | Southeast Guilford | 1:40.25 | 2 |
| 24 | | Eastern Guilford | 1:40.26 | 2 |
| 25 | Igharas, Ariana | Page | 1:40.76 | 3 |
| | Gillion, Kalani | Southeast Guilford | 1:41.03 | 4 |
| 27 | Page, LaTaeja | Southwest Guilford | 1:41.05 | 3 |
| 28 | Martinez, Emilia | Andrews, T. W. | 1:44.29 | 3 |
| 29 | Gray-Harris, Lundyn | Western Guilford | 1:48.71 | 2 |
| 30 | Joncas, Kallie | Northwest Guilford | 1:57.20 | 1 |
| 31 | Walker, Jillian | Eastern Guilford | 2:04.08 | 1 |
| | Braswell, Alysia | Eastern Guilford | 2:13.24 | 2 |

SW Guilford Invitational #1 - 12/10/2019

JDL Fast Track

Results

Event 12 Boys 500 Meter Run

| FACILITY: | 1:02.36 | \$ | 12/17/2016 | Chantz Sawyers, Unattached | | | |
|--------------|---------|----|------------|----------------------------------|--------|----|--|
| HS Facility: | 1:02.36 | ! | 12/17/2016 | Chantz Sawyers, Unattached | | | |
| SWG Series: | 1:07.58 | % | 2019 | Murad Creary, High Point Central | | | |
| Name | | | | School | Finals | H# | |

| | Name | School | Finals | H# | |
|--------|--------------------|--------------------|-----------|----|--|
| Finals | | | | | |
| 1 | Mckiver, Jenoah | Andrews, T. W. | 1:05.70 % | 5 | |
| 2 | Barnett, Jaedon | Page | 1:06.92 % | 5 | |
| 3 | Williams, Nate | Northern Guilford | 1:08.97 | 5 | |
| 4 | Creary, Murad | High Point Central | 1:10.04 | 5 | |
| 5 | Stewart, Parker | Northern Guilford | 1:11.92 | 4 | |
| 6 | Jackson, Keyshaun | Western Guilford | 1:11.96 | 4 | |
| 7 | Thomas, Dorian | Andrews, T. W. | 1:12.19 | 5 | |
| 8 | Waddell, Jaylin | Dudley | 1:12.95 | 4 | |
| 9 | Falls, Dalton | Southeast Guilford | 1:13.54 | 4 | |
| 10 | Hamilton, Nicholas | Northwest Guilford | 1:13.97 | 4 | |
| 11 | Bradshaw, Devin | Northwest Guilford | 1:14.25 | 2 | |
| 12 | Moore, Josiah | Page | 1:14.60 | 2 | |
| 13 | Ritter, Corey | Western Guilford | 1:15.02 | 4 | |
| 14 | Meza, Noel | Grimsley | 1:16.53 | 5 | |
| 15 | Felton, Benton | Dudley | 1:16.62 | 4 | |
| 16 | Person, Phillip | Andrews, T. W. | 1:17.24 | 5 | |
| 17 | Royster, Anthony | Eastern Guilford | 1:18.58 | 2 | |
| 18 | Brooks, Tahj | Southwest Guilford | 1:19.41 | 1 | |
| 19 | Nefe, Trevor | Northwest Guilford | 1:19.54 | 1 | |
| 20 | Leavens, Jahleel | Southeast Guilford | 1:19.76 | 1 | |
| 21 | Copper, Jerron | Southern Guilford | 1:19.89 | 2 | |
| 22 | Smith, Jonathan | Dudley | 1:19.93 | 1 | |
| 23 | Fresina, Jack | Grimsley | 1:20.04 | 4 | |
| 24 | Salmon, Micah | Northwest Guilford | 1:20.94 | 2 | |
| 25 | Thomae, Lucas | Grimsley | 1:21.47 | 3 | |
| 26 | Potter, Greg | Northwest Guilford | 1:21.53 | 3 | |
| 27 | Stayley, Jasheem | High Point Central | 1:22.55 | 5 | |
| 28 | Ali, Yonatan | Andrews, T. W. | 1:22.56 | 4 | |
| 29 | Guiang, Keiron | Northern Guilford | 1:22.90 | 1 | |
| 30 | Chisholm, Kaleb | Southern Guilford | 1:23.46 | 2 | |
| 31 | Morena, Sergio | Page | 1:24.65 | 3 | |
| 32 | Maynard, Parker | Page | 1:26.09 | 3 | |
| 33 | White, Makario | Western Guilford | 1:27.87 | 2 | |
| 34 | Hu, Brady | Page | 1:28.32 | 1 | |
| 35 | Talib, Tuttle | Eastern Guilford | 1:29.62 | 1 | |
| 36 | Neverson, Josh | Southeast Guilford | 1:31.67 | 1 | |
| 37 | Lynch-Wade, Rakhem | Western Guilford | 1:33.28 | 3 | |
| 38 | Bailey, Tashaun | Southern Guilford | 1:44.12 | 3 | |

JDL Fast Track

Results

Event 13 Girls 1000 Meter Run

| FACILITY: | 2:48.32 | \$ | 2/2/2019 | Hannah Segrave, New Balance | | | |
|---------------------|---------|----|-----------|----------------------------------|--------|----|--|
| HS Facility: | 2:53.81 | ! | 2/14/2015 | Nevada Mareno, Leesville Road | | | |
| SWG Series: | 3:09.19 | % | 2014 | Mason Kepley, High Point Central | | | |
| Name | | | | School | Finals | H# | |

| | Name | School | Finals | H# |
|---|---|--|--|---|
| Finals | | | | |
| 1 | Irwin, Haley | Northwest Guilford | 3:18.09 | 2 |
| 2 | Howell, Katie | Northern Guilford | 3:18.45 | 2 |
| 3 | Kohler, Kierston | Northern Guilford | 3:21.75 | 2 |
| 4 | Tsui, Sidney | Northwest Guilford | 3:22.06 | 2 |
| 5 | Smith, Olivia | Northwest Guilford | 3:32.09 | 2 |
| 6 | Stephany, Rachael | Grimsley | 3:53.96 | 2 |
| 7 | Brown, Yuri | Southeast Guilford | 3:59.65 | 2 |
| 8 | Wood, Ausha | Eastern Guilford | 4:03.73 | 1 |
| 9 | Steadman, Olivia | Northwest Guilford | 4:09.43 | 1 |
| 10 | Martin, Kayla | Dudley | 4:10.76 | 1 |
| 11 | Keating, Ana | Northwest Guilford | 4:12.87 | 1 |
| 12 | Dunlap, Josie | Page | 4:14.34 | 2 |
| 13 | Wahlberg, Allison | Page | 4:18.78 | 1 |
| 14 | Howard, Ellie | Page | 4:20.69 | 2 |
| 15 | Dean, Lydia | Northern Guilford | 4:29.95 | 2 |
| - | Zimmerman, Stasia | Southeast Guilford | 4:30.81 | 2 |
| 17 | Cook, Elizabeth | Southern Guilford | 4:44.93 | 1 |
| | Fulp, Molly | Page | 4:46.81 | 2 |
| | Harris, Amelia | Northern Guilford | 5:07.83 | 1 |
| | Clodfelter, Kayla | Eastern Guilford | 5:50.05 | 1 |
| Event | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 | Thomas Bojanowski, Wake Forest | | - |
| Event | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 SWG Series: 2:36.57 % 2016 | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford | | - |
| Event | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington | Finals | H# |
| Event S | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 SWG Series: 2:36.57 % 2016 Name | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford School | Finals | H# |
| Event S | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 SWG Series: 2:36.57 % 2016 | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford | Finals 2:54.23 | Н# 2 |
| Event S Finals | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 SWG Series: 2:36.57 % 2016 Name | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford School | Finals | H# 2 2 |
| Event S Finals 1 | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 SWG Series: 2:36.57 % 2016 Name De Lisa, Mateo | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford School Northern Guilford Grimsley Grimsley | Finals 2:54.23 | H# 2 2 2 |
| Event S Finals 1 2 | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 SWG Series: 2:36.57 % 2016 Name De Lisa, Mateo Fernandez, Noah Mai, Joshua Fredericks, William | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford School Northern Guilford Grimsley Grimsley Northern Guilford | Finals 2:54.23 2:54.99 2:56.57 2:57.70 | H# 2 2 2 2 2 |
| Event S Finals 1 2 3 4 5 | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 SWG Series: 2:36.57 % 2016 Name De Lisa, Mateo Fernandez, Noah Mai, Joshua Fredericks, William Aboeid, Mosa | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford School Northern Guilford Grimsley Grimsley Northern Guilford Dudley | Finals 2:54.23 2:54.99 2:56.57 2:57.70 2:59.63 | H# 2 2 2 2 2 2 2 |
| Event S Finals 1 2 3 4 5 | 14 Boys 1000 Meter RunFACILITY: 2:27.47 \$ 12/1/2012HS Facility: 2:28.85 ! 2/8/2019SWG Series: 2:36.57 % 2016NameDe Lisa, MateoFernandez, NoahMai, JoshuaFredericks, WilliamAboeid, MosaNelson, Jai'lyn | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford School Northern Guilford Grimsley Grimsley Northern Guilford Dudley Dudley | Finals 2:54.23 2:54.99 2:56.57 2:57.70 | H# 2 2 2 2 2 2 2 2 2 |
| Event S Finals 1 2 3 4 5 6 7 | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 SWG Series: 2:36.57 % 2016 Name De Lisa, Mateo Fernandez, Noah Mai, Joshua Fredericks, William Aboeid, Mosa | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford School Northern Guilford Grimsley Grimsley Northern Guilford Dudley Dudley Grimsley | Finals 2:54.23 2:54.99 2:56.57 2:57.70 2:59.63 | H# 2 2 2 2 2 2 2 |
| Event S Finals 1 2 3 4 5 6 7 8 | 14 Boys 1000 Meter RunFACILITY: 2:27.47 \$ 12/1/2012HS Facility: 2:28.85 ! 2/8/2019SWG Series: 2:36.57 % 2016NameDe Lisa, MateoFernandez, NoahMai, JoshuaFredericks, WilliamAboeid, MosaNelson, Jai'lyn | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford School Northern Guilford Grimsley Grimsley Northern Guilford Dudley Dudley Grimsley Southwest Guilford | Finals 2:54.23 2:54.99 2:56.57 2:57.70 2:59.63 2:59.69 | H# 2 2 2 2 2 2 2 2 2 2 1 |
| Event S Finals 1 2 3 4 5 6 7 | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 SWG Series: 2:36.57 % 2016 Name De Lisa, Mateo Fernandez, Noah Mai, Joshua Fredericks, William Aboeid, Mosa Nelson, Jai'lyn Barrow, Jacob | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford School Northern Guilford Grimsley Grimsley Northern Guilford Dudley Dudley Grimsley Southwest Guilford Northwest Guilford | Finals 2:54.23 2:54.99 2:56.57 2:57.70 2:59.63 2:59.69 3:01.97 | H# 2 2 2 2 2 2 2 2 2 2 1 1 |
| Event S Finals 1 2 3 4 5 6 7 8 | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 SWG Series: 2:36.57 % 2016 Name De Lisa, Mateo Fernandez, Noah Mai, Joshua Fredericks, William Aboeid, Mosa Nelson, Jai'lyn Barrow, Jacob Bankston, Noah | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford School Northern Guilford Grimsley Grimsley Northern Guilford Dudley Dudley Grimsley Southwest Guilford | Finals 2:54.23 2:54.99 2:56.57 2:57.70 2:59.63 2:59.69 3:01.97 3:04.48 | H# 2 2 2 2 2 2 2 2 2 2 2 1 1 1 2 |
| Event S Finals 1 2 3 4 5 6 7 8 9 | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 SWG Series: 2:36.57 % 2016 Name De Lisa, Mateo Fernandez, Noah Mai, Joshua Fredericks, William Aboeid, Mosa Nelson, Jai'lyn Barrow, Jacob Bankston, Noah Orozco, Simon DaCosta, Rodrigo Bryan, Aidan | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford School Northern Guilford Grimsley Grimsley Northern Guilford Dudley Dudley Grimsley Southwest Guilford Northwest Guilford | Finals 2:54.23 2:54.99 2:56.57 2:59.63 2:59.69 3:01.97 3:04.48 3:06.20 | H# 2 2 2 2 2 2 2 2 2 2 2 2 1 1 1 2 2 2 |
| Event S Finals 1 2 3 4 5 6 7 8 9 10 | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 SWG Series: 2:36.57 % 2016 Name De Lisa, Mateo Fernandez, Noah Mai, Joshua Fredericks, William Aboeid, Mosa Nelson, Jai'lyn Barrow, Jacob Bankston, Noah Orozco, Simon DaCosta, Rodrigo | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford School Northern Guilford Grimsley Grimsley Northern Guilford Dudley Dudley Grimsley Southwest Guilford Northwest Guilford Northwest Guilford | Finals 2:54.23 2:54.99 2:56.57 2:59.63 2:59.69 3:01.97 3:04.48 3:06.20 3:07.45 | H# 2 2 2 2 2 2 2 2 2 2 2 2 1 1 1 2 2 2 2 |
| Event S Finals 1 2 3 4 5 6 7 8 9 10 11 | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 SWG Series: 2:36.57 % 2016 Name De Lisa, Mateo Fernandez, Noah Mai, Joshua Fredericks, William Aboeid, Mosa Nelson, Jai'lyn Barrow, Jacob Bankston, Noah Orozco, Simon DaCosta, Rodrigo Bryan, Aidan | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford School Northern Guilford Grimsley Grimsley Northern Guilford Dudley Dudley Grimsley Southwest Guilford Northwest Guilford Northwest Guilford Northwest Guilford | Finals 2:54.23 2:54.99 2:56.57 2:59.63 2:59.69 3:01.97 3:04.48 3:06.20 3:07.45 3:08.01 | H# 2 2 2 2 2 2 2 2 2 2 2 2 1 1 1 2 2 2 |
| Event S Finals 1 2 3 4 5 6 7 8 9 10 11 12 13 | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 SWG Series: 2:36.57 % 2016 Name De Lisa, Mateo Fernandez, Noah Mai, Joshua Fredericks, William Aboeid, Mosa Nelson, Jai'lyn Barrow, Jacob Bankston, Noah Orozco, Simon DaCosta, Rodrigo Bryan, Aidan Jarrett, Jacob | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford School Northern Guilford Grimsley Grimsley Northern Guilford Dudley Dudley Grimsley Southwest Guilford Northwest Guilford Northwest Guilford Northwest Guilford Northwest Guilford Northwest Guilford Northwest Guilford | Finals 2:54.23 2:54.99 2:56.57 2:59.63 2:59.69 3:01.97 3:04.48 3:06.20 3:07.45 3:08.01 3:08.13 | H# 2 2 2 2 2 2 2 2 2 2 2 2 1 1 1 2 2 2 2 |
| Event S Finals 1 2 3 4 5 6 7 8 9 10 11 12 13 | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 SWG Series: 2:36.57 % 2016 Name De Lisa, Mateo Fernandez, Noah Mai, Joshua Fredericks, William Aboeid, Mosa Nelson, Jai'lyn Barrow, Jacob Bankston, Noah Orozco, Simon DaCosta, Rodrigo Bryan, Aidan Jarrett, Jacob Carmona-Salinas, Kevin | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford School Northern Guilford Grimsley Grimsley Northern Guilford Dudley Dudley Grimsley Southwest Guilford Northwest Guilford | Finals 2:54.23 2:54.99 2:56.57 2:59.63 2:59.69 3:01.97 3:04.48 3:06.20 3:07.45 3:08.01 3:08.13 3:08.92 | H# 2 2 2 2 2 2 2 2 2 1 1 2 2 2 2 2 2 2 2 2 2 2 2 2 |
| Event Finals 1 2 3 4 5 6 7 8 9 10 11 12 13 14 | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 SWG Series: 2:36.57 % 2016 Name De Lisa, Mateo Fernandez, Noah Mai, Joshua Fredericks, William Aboeid, Mosa Nelson, Jai'lyn Barrow, Jacob Bankston, Noah Orozco, Simon DaCosta, Rodrigo Bryan, Aidan Jarrett, Jacob Carmona-Salinas, Kevin Urquhart, Collin | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford School Northern Guilford Grimsley Grimsley Northern Guilford Dudley Dudley Grimsley Southwest Guilford Northwest Guilford Northwest Guilford Northwest Guilford Northwest Guilford Northwest Guilford Northwest Guilford Northwest Guilford Page Eastern Guilford | Finals 2:54.23 2:54.99 2:56.57 2:57.70 2:59.63 2:59.69 3:01.97 3:04.48 3:06.20 3:07.45 3:08.01 3:08.13 3:08.92 3:11.82 | H# 2 2 2 2 2 2 2 2 2 2 2 2 2 |
| Event S Finals 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 | 14 Boys 1000 Meter Run FACILITY: 2:27.47 \$ 12/1/2012 HS Facility: 2:28.85 ! 2/8/2019 SWG Series: 2:36.57 % 2016 Name De Lisa, Mateo Fernandez, Noah Mai, Joshua Fredericks, William Aboeid, Mosa Nelson, Jai'lyn Barrow, Jacob Bankston, Noah Orozco, Simon DaCosta, Rodrigo Bryan, Aidan Jarrett, Jacob Carmona-Salinas, Kevin Urquhart, Collin Cox, Kenan | Thomas Bojanowski, Wake Forest Kyle Durham, Weddington Nolan Patrick, Southwest Guilford School Northern Guilford Grimsley Grimsley Northern Guilford Dudley Dudley Grimsley Southwest Guilford Northwest Guilford Northwest Guilford Northwest Guilford Northwest Guilford Northwest Guilford Northwest Guilford Northwest Guilford Page Eastern Guilford Southeast Guilford | Finals 2:54.23 2:54.99 2:56.57 2:57.70 2:59.63 2:59.69 3:01.97 3:04.48 3:06.20 3:07.45 3:08.01 3:08.13 3:08.92 3:11.82 3:12.91 | H# 2 2 2 2 2 2 2 2 2 2 1 1 2 2 2 2 2 2 2 2 2 2 2 2 2 |

JDL Fast Track

Results

Finals ... (Event 14 Boys 1000 Meter Run)

| | Name | | | School | Finals | H# | |
|--------|--------------------|-------------------|-----------|----------------------------------|----------------|--------|--|
| 19 | Edmondson, Evan | | | Southeast Guilford | 3:25.91 | 1 | |
| 20 | Short, Thomas | | | Western Guilford | 3:28.29 | 1 | |
| 21 | Potter, Greg | | | Northwest Guilford | 3:28.58 | 1 | |
| 22 | Balauro, Simon | | | Western Guilford | 3:29.62 | 1 | |
| 23 | Garza, Luis | | | Page | 3:34.09 | 1 | |
| 24 | Whittington, Micha | el | | Page | 3:45.11 | 1 | |
| 25 | Moore, Garrett | | | Southeast Guilford | 3:59.21 | 1 | |
| 26 | Toledo, Moses | | | Page | 3:59.95 | 1 | |
| 27 | Cunningham, Austi | n | | Southern Guilford | 4:14.71 | 1 | |
| Event | 15 Girls 300 Meter | [.] Dash | | | | | |
| | FACILITY: 37. | | 2/11/2017 | Tamara Clark, High Point Central | | | |
| | HS Facility: 37. | 81 ! | 2/11/2017 | Tamara Clark, High Point Central | | | |
| | SWG Series: 39. | | 2017 | Tamara Clark, High Point Central | | | |
| | Name | | _01/ | School | Finals | H# | |
| Finals | | | | | | | |
| 1 | McPhail, Zhamoura | ı | | High Point Central | 42.19 | 9 | |
| 2 | Ross, Janiyah | | | Southeast Guilford | 44.28 | 7 | |
| 3 | Patterson, Jazmine | | | Eastern Guilford | 44.47 | 9 | |
| 4 | Newkirk, Riley | | | Western Guilford | 44.77 | 8 | |
| 5 | Soucy, Emma | | | Northern Guilford | 45.17 | 8 | |
| 6 | Daye, Jordayne | | | Northern Guilford | 45.22 | 8 | |
| 7 | Clemmons, Sydney | | | Western Guilford | 45.27 | 9 | |
| 8 | McGregor, Sadiyah | | | Dudley | 45.59 | 9 | |
| 9 | Clark, Chase | | | Southwest Guilford | 45.89 | 5 | |
| | Mark, Sydney | | | Eastern Guilford | 46.52 | 4 | |
| 10 | | | | | 40.32 | 4 5 | |
| 11 | Debow, Morgan | | | Northwest Guilford | 47.27 47.44 | 5 9 | |
| 12 | Mark, Genesis | | | Grimsley | | | |
| 13 | Kyndall, Barrow | | | Dudley | 48.17 | 9 | |
| 14 | Carson, Neriah | | | Northwest Guilford | 48.22 | 1 | |
| 15 | Fullwood, Kazmyn | | | Eastern Guilford | 48.30 | 3 | |
| 16 | Mittman, Jaden | | | Western Guilford | 48.36 | 6 | |
| 17 | Veney, Ivyana | | | Dudley | 48.82 | 5 | |
| 18 | Moody, Alaina | | | Southwest Guilford | 48.93 | 4 | |
| 19 | Bracy, Precious | | | Southeast Guilford | 49.34 | 7 | |
| 20 | Apgar, Brittney | | | Southeast Guilford | 49.49 | 5 | |
| 21 | Sabr, Safiyah | | | Southeast Guilford | 49.63 | 6 | |
| 22 | Odendahl, Rachel | | | Northern Guilford | 49.74 | 2 | |
| 23 | Kessel, Anna | | | Northwest Guilford | 50.14 | 7 | |
| 24 | Nguyen, Brenda | | | Smith, B. L. | 50.28 | 7 | |
| 25 | Perkins, Sydney | | | Page | 50.36 | 7 | |
| 26 | Lawrence, Aneesa | | | Page | 50.51 | 6 | |
| 27 | Stokes, Stephanie | | | Eastern Guilford | 50.54 | 3 | |
| 28 | Black, Aniya | | | Smith, B. L. | 50.93 | 6 | |
| 29 | Young, Makayla | | | Grimsley | 51.18 | 4 | |
| 30 | Shelton, Alonda | | | Western Guilford | 51.27 | 4 | |
| 31 | Chmil, Annalise | | | Page | 51.47 | 2 | |
| 32 | Iott, Kayla | | | Northwest Guilford | 51.66 | 6 | |
| 33 | Carby, Anissa | | | Eastern Guilford | 51.75 | 1 | |
| | | | | | 01.70 | - | |

JDL Fast Track

Results

Finals ... (Event 15 Girls 300 Meter Dash)

| | Name | School | Finals | H# |
|----------|------------------------------|------------------------------------|----------------|-----|
| 35 | Alston, Nyasia | Southern Guilford | 52.55 | 7 |
| 36 | Neufville, Aniya | Southwest Guilford | 52.79 | 3 |
| 37 | McClain, Caloni | Dudley | 53.23 | 4 |
| 38 | | Southern Guilford | 53.25 | 2 |
| 39 | Xayavong, Kyla | Southeast Guilford | 53.71 | 2 |
| 40 | | Southwest Guilford | 59.47 | 4 |
| 41 | Bell, Chasity | Page | 1:00.35 | 1 |
| Event | t 16 Boys 300 Meter Dash | | | |
| Litent | FACILITY: 33.85 \$ 2/7/201 | 5 Ryan Clark, Unattached | | |
| | HS Facility: 33.85 ! 2/7/201 | - | | |
| | SWG Series: 35.59 % 2015 | Jeremiah Brown, Southwest Guilford | | |
| | Name | School | Finals | H# |
| Finals | | School | T mais | 11# |
| r mais | Dawes, Elijah | Northwest Guilford | 36.37 | 2 |
| 1 | | | 36.46 | |
| 2 | Barnett, Jaedon | Page | | 10 |
| 3 | Kennedy, Elijah | High Point Central | 37.06 | 10 |
| 4 | | Southeast Guilford | 37.26 | 8 |
| 5 | Copper, Justin | Southern Guilford | 37.37 | 10 |
| 6 | Williams, Nate | Northern Guilford | 37.60 | 8 |
| 7 | Gonzales, Joseph | Southwest Guilford | 37.63 | 10 |
| 8 | Sapp, Keshon | Southwest Guilford | 37.86 | 9 |
| 9 | | Southwest Guilford | 37.94 | 3 |
| 10 | | Smith, B. L. | 38.09 | 2 |
| 11 | McCray, Avante | Page | 38.32 | 1 |
| 12 | McAllister, Ervin | Southeast Guilford | 38.35 | 9 |
| 13 | Hosseinzadeh, Ryan | Northern Guilford | 38.38 | 8 |
| 14 | Bond, Asa | Dudley | 38.50 | 6 |
| 15 | Gaydon, Jackson | Southeast Guilford | 38.81 | 7 |
| 16 | Flesch, Joseph | Grimsley | 38.86 | 7 |
| 17 | | High Point Central | 39.04 | 9 |
| 18 | | Dudley | 39.28 | 4 |
| 19 | Austin, Kameron | Southern Guilford | 39.29 | 10 |
| 20 | | Northwest Guilford | 39.30 | 7 |
| 21 | McRae, Jacobe | Dudley | 39.37 | 4 |
| 22 | Brooks, Jonathan | Grimsley | 39.58 | 9 |
| 23 | Royster, Anthony | Eastern Guilford | 39.67 | 1 |
| 24 | | Southwest Guilford | 39.86 | 3 |
| 25 | | Southern Guilford | 40.10 | 8 |
| | Larkin, Ryan | Eastern Guilford | 40.31 | 4 |
| 27 | McKee, Kaleb | Southeast Guilford | 40.49 | 2 |
| 28 | | Southern Guilford | 40.61 | 6 |
| 28 29 | | Northwest Guilford | 40.81 | |
| 29 30 | | Page | 40.81 | 6 |
| | - | Smith, B. L. | 40.82 41.26 | 6 |
| 31 | Goode, Sylvester | | | 2 |
| 32 | | Eastern Guilford | 41.37 | 1 |
| 33 | | Northwest Guilford | 41.64 | 7 |
| 34 | | High Point Central | 41.91 | 8 |
| 35 | , | Southeast Guilford | 42.20 | 2 |
| 36 | Diggs, Dawone | Grimsley | 43.96 | 3 |

JDL Fast Track

Results

Finals ... (Event 16 Boys 300 Meter Dash)

| nais (Event to Boys 500 Meter Dash) Name School | Finals | H# |
|---|--|----|
| 37 Guiang, Adriel Northern Gu | | 5 |
| | | 3 |
| 38 Tucker, Dimarus Smith, B. L. | | |
| 39 Pickett, Kayvon Western Guil | | 6 |
| 40 Thompson, Khyvon Smith, B. L. | | 5 |
| 41 Brown, Javian Andrews, T. | | 8 |
| 42 Core, Javariante Western Gui | | 5 |
| 43 Lynch-Wade, Rakhem Western Gui | | 5 |
| 44 Milton, Javan Eastern Guil | | 4 |
| 45 Garza, Luis Page | 47.39 | 5 |
| 46 McNair, Tyriq Page | 49.80 | 4 |
| 47 Vann, Makari Andrews, T. | W. 53.83 | 7 |
| vent 17 Girls 3200 Meter Run | | |
| FACILITY: 10:30.72 \$ 11/23/2019 Carmen Alder, F | Pinecrest | |
| HS Facility: 10:30.73 ! 11/23/2019 Carmen Alder, F | Pinecrest | |
| • | s, Northern Guilford | |
| Name School | Finals | |
| inals | | |
| 1 Kohler, Kierston Northern Gu | ilford 12:12.64 | |
| 2 Fredericks, Emma Northern Gu | | |
| 3 Hardiman, Emma Northern Gu | | |
| 4 Rackers, Hope Northern Gu | | |
| | 13:24.99 | |
| | | |
| 6 Middlebrook, Autumn Southeast Gu | | |
| 7 Cox, Ashley Northwest G | | |
| 8 Bean, Nicole Page | 14:53.59 | |
| 9 Saunders, Savannah Western Gui | | |
| 10 Gleeson, Carlie Northwest G | | |
| 11 Warwar, Luiza Page | 15:22.28 | |
| 12 Baxley, Raven Southeast Gu | uilford 17:50.16 | |
| vent 18 Boys 3200 Meter Run | | |
| FACILITY: 8:59.67 \$ 2/6/2015 Drew Hunter, U | nattached | |
| HS Facility: 8:59.67 ! 2/6/2015 Drew Hunter, U | nattached | |
| SWG Series: 10:11.66 % 2015 David Melville, I | Northern Guilford | |
| Name School | Finals | |
| inals | | |
| 1 Coble, Jadon Southeast Gu | uilford 10:41.50 | |
| 2 Barrios-Zavala, Ernesto Northern Gu | uilford 10:52.03 | |
| 3 Schmid, Tyler Northwest G | Guilford 10:52.14 | |
| | | |
| | | |
| 4 Yacouba, Emmett Page | 11:08.42 | |
| 4Yacouba, EmmettPage5Harvell, HazenNorthern Gu | 11:08.42 nilford 11:11.16 | |
| 4Yacouba, EmmettPage5Harvell, HazenNorthern Gu6Warren, JusticeWestern Guil | 11:08.42 nilford 11:11.16 lford 11:52.99 | |
| 4Yacouba, EmmettPage5Harvell, HazenNorthern Gu6Warren, JusticeWestern Guil7Quintana, ChristianPage | 11:08.42 nilford 11:11.16 lford 11:52.99 11:53.67 | |
| 4Yacouba, EmmettPage5Harvell, HazenNorthern Gu6Warren, JusticeWestern Guil7Quintana, ChristianPage8DaCosta, RodrigoNorthwest G | 11:08.42 nilford 11:11.16 lford 11:52.99 11:53.67 Guilford 11:54.68 | |
| 4Yacouba, EmmettPage5Harvell, HazenNorthern Gu6Warren, JusticeWestern Guil7Quintana, ChristianPage8DaCosta, RodrigoNorthwest G9Carmona-Salinas, KevinPage | 11:08.42 uilford 11:11.16 lford 11:52.99 uilford 11:53.67 Guilford 11:54.68 12:03.33 | |
| 4Yacouba, EmmettPage5Harvell, HazenNorthern Gu6Warren, JusticeWestern Guil7Quintana, ChristianPage8DaCosta, RodrigoNorthwest G9Carmona-Salinas, KevinPage10Garner, NoahNorthwest G | 11:08.42 nilford 11:11.16 lford 11:52.99 nilford 11:54.68 12:03.33 12:12.21 | |
| 4Yacouba, EmmettPage5Harvell, HazenNorthern Gu6Warren, JusticeWestern Guil7Quintana, ChristianPage8DaCosta, RodrigoNorthwest G9Carmona-Salinas, KevinPage10Garner, NoahNorthwest G11Eskridge, WinstonPage | 11:08.42 nilford 11:11.16 lford 11:52.99 nilford 11:54.68 12:03.33 12:12.21 Guilford 12:14.25 | |
| 4Yacouba, EmmettPage5Harvell, HazenNorthern Gu6Warren, JusticeWestern Guil7Quintana, ChristianPage8DaCosta, RodrigoNorthwest G9Carmona-Salinas, KevinPage10Garner, NoahNorthwest G | 11:08.42 nilford 11:11.16 llford 11:52.99 nilford 11:54.68 12:03.33 12:12.21 Guilford 12:14.25 Guilford 12:19.54 | |

JDL Fast Track

| Single (Event 19 Dave 2200 Motor Dur |) | | |
|--|---|-------------|-----|
| Finals (Event 18 Boys 3200 Meter Run Name |) School | Finals | |
| 14 King, Nathan | Southeast Guilford | 12:37.11 | |
| 15 Greene, Lockwood | Northwest Guilford | 13:11.57 | |
| 16 Urguhart, Collin | Eastern Guilford | 13:33.89 | |
| 17 Hamilton, Nathan | Western Guilford | 13:36.78 | |
| Leavens, Jahleel | Southeast Guilford | DNF | |
| Event 19 Girls 4x400 Meter Relay | Soundast Suniora | DIM | |
| FACILITY: 3:41.61 \$ 1/30/2016 | GW Express/Nike | | |
| FACILITT. 5.41.01 \$ 1/50/2010 | Cox, Borwn, Dorr, Haye-Smith | | |
| HS Facility: 3:48.73 ! 2/11/2017 | High Point Central | | |
| 115 Facility. 5.46.75 : 2/11/2017 | | | |
| | Creary, Gidderon, McPhail, Clark | | |
| SWG Series: 4:03.30 % 2017 | High Point Central | | |
| | Creary, Gidderon, McPhail, Clark | | |
| Team | Relay | Finals | H# |
| Finals | | | |
| 1 Northern Guilford | A | 4:13.34 | 2 |
| 2 Western Guilford | A | 4:26.92 | 2 |
| 3 Grimsley | A | 4:29.52 | 2 |
| 4 Northwest Guilford | A | 4:36.57 | 1 |
| 5 Dudley | A | 4:37.79 | 1 |
| 6 Southwest Guilford | Α | 4:42.70 | 2 |
| 7 Southeast Guilford | А | 4:43.44 | 1 |
| 8 Page | А | 4:51.98 | 1 |
| Event 20 Boys 4x400 Meter Relay | | | |
| FACILITY: 3:11.12 \$ 1/31/2015 | GW Express/Nike | | |
| | Hyatt, Bingham, Gibson, Jackson | | |
| HS Facility: 3:21.10 ! 2/8/2014 | Knightdale | | |
| | Aikens, Harvey, Johnson, Johnson | | |
| SWG Series: 3:36.65 % 2016 | High Point Central | | |
| Team | Relay | Finals | H# |
| Finals | Relay | Fillais | 11# |
| 1 Southeast Guilford | А | 3:39.75 | 2 |
| 2 Northern Guilford | A | 3:40.73 | 2 |
| 3 Page | A | 3:44.72 | 2 |
| 4 Grimsley | | 3:45.28 | 1 |
| 5 Western Guilford | A | 3:46.19 | 1 |
| | A | | |
| 6 Dudley 7 Northwest Cuilford | A | 3:47.85 | 1 |
| 7 Northwest Guilford | A | 3:47.98 | 2 |
| 8 Southwest Guilford | A | 3:57.68 | 2 |
| Event 21 Girls High Jump | | | |
| FACILITY: 1.88m \$ 3/15/2014 | Barbara Szabo, Western State | | |
| HS Facility: 6-01 ! 2/9/2019 | Morgan Smalls, Panther Creek | | |
| SWG Series: 5-04 % 2016 | Kayla Newbit-McEwen, High Point Central | | |
| Name | School | Finals | |
| Finals | | | |
| 1 Mittman, Jaden | Western Guilford | 5-00.00 \$ | |
| 2 Facey, Nahsheeda | Southwest Guilford | 4-10.00 \$ | |
| 3 Neal-Platt, Asanti | Eastern Guilford | J4-08.00 \$ | |
| | | | |

Finals ... (Event 21 Girls High Jump)

SW Guilford Invitational #1 - 12/10/2019

JDL Fast Track

| | Name | | | | School | Finals | | |
|-------|---------------------------------------|---------|----|----------------------|--|--------------|----------|----|
| 4 | Bryant, Hayleis | gh | | | Northwest Guilford | J4-08.00 | \$ | |
| 5 | Muntyan, Nata | lie | | | Northwest Guilford | 4-00.00 | \$ | |
| Even | t 22 Boys High J | Iumn | | | | | | |
| | | 2.24m | \$ | 12/1/2012 | Kris Kornegay-Gober, NC State | | | |
| | HS Facility: | 6-11 | ! | 2/14/2015 | Christopher Garrick, Marvin Ridge | | | |
| | SWG Series: | 6-04 | % | 2016 | Jordan Dale, Northwest Guilford | | | |
| | Name | 0-04 | /0 | 2010 | School | Finals | | |
| Zinal | | | | | School | Finais | | |
| inal: | | | | | Northwest Cuilford | 6 02 00 | ¢ | |
| 1 | · · · · · · · · · · · · · · · · · · · | | | | Northwest Guilford Southwest Guilford | 6-02.00 | | |
| 2 | | | | | Western Guilford | J5-08.00 | | |
| 3 | <i>'</i> | | | | | J5-08.00 | | |
| 4 | , | cas | | | Northwest Guilford | J5-06.00 | | |
| 5 | , , | | | | Southwest Guilford | J5-06.00 | | |
| 6 | , , | 1.100 | | | Northwest Guilford | 5-04.00 | | |
| 7 | , | | | | Northwest Guilford Southwest Guilford | 5-02.00 | | |
| 8 | • / | | | | Soumwest Guinord | 5-00.00 | Φ | |
| Even | t 23 Girls Pole V | /ault | | | | | | |
| | FACILITY: | 4.61m | \$ | 1/30/2016 | Katie Nageotte, Unattached | | | |
| | HS Facility: | 13-01 | ! | 1/10/2019 | Lindsay Absher, West Forsyth | | | |
| | SWG Series: | 12-00 | % | 2016 | Chesney Ward, Ragsdale | | | |
| | Name | | | | School | Finals | | |
| Final | 8 | | | | | | | |
| 1 | Page, LaTaeja | | | | Southwest Guilford | 6-00.00 | \$ | |
| 2 | | amie | | | Southwest Guilford | 5-00.00 | | |
| From | t 24 Boys Pole V | | | | | | | |
| Lven | FACILITY: | | ¢ | 2/2/2010 | Spott Houston Unattached | | | |
| | | 5.46m | \$ | 2/2/2019 2/4/2012 | Scott Houston, Unattached | | | |
| | • | 5-00.75 | ! | | Jeffrey Linta, N. Myrtle Beach | | | |
| | SWG Series: | 14-00 | % | 2014 | Joseph Popek, Ragsdale | T ! 1 | | |
| | Name | | | | School | Finals | | |
| Final | | | | | ~ . ~ | | <i>•</i> | |
| 1 | , | | | | Southwest Guilford | 7-06.00 | | |
| 2 | • • | | | | Southwest Guilford | 7-00.00 | | |
| 3 | | | | | Southeast Guilford | 5-00.00 | \$ | |
| | Neverson, Josh | L | | | Southeast Guilford | NH | | |
| Even | t 25 Girls Long | Jump | | | | | | |
| | FACILITY: | 6.25m | \$ | | Julienne McKee, Kate Hall, Unattached | | | |
| | HS Facility: 19 | 9-11.25 | ! | 2/9/2019 | Morgan Smalls, Panther Creek | | | |
| | SWG Series: 18 | 8-03.50 | % | 2016 | Zacora McKnight, Andrews, T. W. | | | |
| | Name | | | | School | Finals | | H# |
| Final | | | | | | | | |
| 1 | | dnev | | | Western Guilford | 14-10.50 | \$ | 2 |
| 2 | | | | | Western Guilford | 14-10.50 | | 2 |
| 3 | · · · · · · · · · · · · · · · · · · · | | | | Eastern Guilford | 14-09.25 | | 1 |
| 4 | | | | | Dudley | 14-07.50 | | 2 |
| 5 | | | | | Western Guilford | 14-07.50 | | 2 |
| 6 | | • | | | Northwest Guilford | 14-03.00 | | 2 |
| U | | 1 | | | Southwest Guilford | 14-03.00 | | 2 |
| 7 | Facev Nansnee | eda | | | | 14-11/111 | | |

JDL Fast Track

Results

Finals ... (Event 25 Girls Long Jump)

| | Name | | | | School | Finals | H# |
|------------|----------------------------|----------------------------------|----|------------|------------------------------------|--------------------------|--------------|
| 8 | Beatty, LaM | onika | | | Southwest Guilford | 13-09.50 \$ | 2 |
| 9 | | | | | Dudley | 13-09.00 \$ | 1 |
| 10 | | | | | Southwest Guilford | 12-10.00 \$ | 1 |
| 11 | Moody, Alai | na | | | Southwest Guilford | 12-08.25 \$ | 1 |
| 12 | Carby, Aniss | sa | | | Eastern Guilford | 12-03.50 \$ | 2 |
| 13 | Phillips, Isal | selle | | | Grimsley | 12-02.50 \$ | 2 |
| 14 | | | | | Northwest Guilford | 12-00.00 \$ | 2 |
| 14 | Calfo, Kylie | | | | Northern Guilford | 12-00.00 \$ | 1 |
| 16 | | | | | Western Guilford | 11-02.50 \$ | 1 |
| 17 | | | | | Southwest Guilford | 11-01.00 \$ | 1 |
| 18 | | | | | Northwest Guilford | 10-09.50 \$ | 1 |
| 19 | | Kayla | | | Eastern Guilford | 9-06.00 \$ | 1 |
| 20 | | | | | Eastern Guilford | 8-09.50 \$ | 1 |
| 21 | Willoughby, | | | | Eastern Guilford | 7-08.50 \$ | 1 |
| | C D | | | | Western Guilford | ND | 1 |
| | Andrews, Si | | | | Southern Guilford | ND | 2 |
| | XX7'1 1 X | | | | High Point Central | ND | 2 |
| | | | | | | | - |
| vent | t 26 Boys Loi FACILITY: | 1g Jump 7.81m | ¢ | 11/16/2013 | Mikese Morse, Unattached | | |
| | | | | | | | |
| | HS Facility: | 24-05.50 | ! | 2/9/2019 | Eric Haddock, Southeast Raleigh | | |
| | SWG Series: | 22-05.50 | % | 2019 | Kolby Cuthrell, Southwest Guilford | | TT // |
| | Name | | | | School | Finals | H# |
| inals | | •• 1 | | | | 01 01 00 <i>*</i> | 2 |
| 1 | Kennedy, El | | | | High Point Central | 21-01.00 \$ | 2 |
| 2 | , | - | | | Northern Guilford | 20-05.00 \$ | 2 |
| 3 | | | | | Dudley | 20-03.00 \$ | 2 |
| 4 | , | | | | Southwest Guilford | 19-08.00 \$ | 2 |
| 5 | Ballentine, I | | | | Eastern Guilford | 19-07.50 \$ | 1 |
| 6 | , | | | | Northern Guilford | 19-05.50 \$ | 2 |
| 7 | , | | | | Dudley | 18-08.50 \$ | 1 |
| 8 | Fairley, Jale | n | | | Southeast Guilford | 18-07.75 \$ | 1 |
| 9 | , | | | | Dudley | 18-05.25 \$ | 1 |
| 10 | Nefe, Trevo | r | | | Northwest Guilford | 17-11.50 \$ | 2 |
| 11 | Carminelli, | Lucas | | | Northwest Guilford | 17-03.50 \$ | 1 |
| 12 | Ali, Yonatan | l | | | Andrews, T. W. | 16-09.75 \$ | 1 |
| 13 | Frazier, John | 1 | | | Southwest Guilford | 16-07.50 \$ | 1 |
| 14 | Maldonado, | Dylan | | | Northwest Guilford | 16-01.00 \$ | 2 |
| 15 | | | | | Western Guilford | 15-11.00 \$ | 2 |
| 16 | Crosson, Joi | | | | Northwest Guilford | 15-05.00 \$ | 2 |
| 16 | | | | | Western Guilford | 15-05.00 \$ | 1 |
| 18 | | | | | Dudley | 14-06.00 \$ | 2 |
| vent | t 27 Girls Tri | nle Jumn | | | | | |
| | FACILITY: | 13.08m | \$ | 2/2/2019 | Imani Oliver, Unattached | | |
| | HS Facility: | 41-09.75 | ! | 2/2/2019 | Morgan Smalls, Southeast Raleigh | | |
| | SWG Series: | 41-03. 73 37-11 | | 2017 | Peighton Simmons, Andrews, T. W. | | |
| | | 57-11 | /0 | 2017 | 5 | Finals | |
| | Name | | | | School | rinais | |
| inals 1 | Mittman, Ja | dan | | | Western Guilford | 33-08.50 \$ | |
| | | | | | | | |

JDL Fast Track

Results

Finals ... (Event 27 Girls Triple Jump)

| Name | School | Finals | |
|--|---|---|---|
| 2 English, Amaya | Northern Guilford | 33-04.50 \$ | |
| 3 Gilliland, Katie | Western Guilford | 33-03.00 \$ | |
| 4 Collins, Selena | Western Guilford | 29-07.00 \$ | |
| 5 Lee, Erynne | Northwest Guilford | 29-04.50 \$ | |
| 6 Beatty, LaMonika | Southwest Guilford | 29-02.00 \$ | |
| 7 Frink, Kennedy | Western Guilford | 28-11.50 \$ | |
| 8 Sturdivant, Krista | Dudley | 28-10.00 \$ | |
| 9 Phillips, Isabelle | Grimsley | 27-04.50 \$ | |
| 10 Gill, Destiny | Southwest Guilford | 25-01.00 \$ | |
| Event 28 Boys Triple Jump | | | |
| FACILITY: 15.85m \$ 2/3/2018 | Michael Tiller, Unattached | | |
| HS Facility: 49-10.25 ! 2/9/2019 | Eric Haddock, Southeast Raleigh | | |
| SWG Series: 44-06 % 2019 | Ahmad Joyner, Southwest Guilford | | |
| Name | School | Finals | |
| Finals | | | |
| 1 Williams, Nate | Northern Guilford | 44-01.00 \$ | |
| 2 Robinson, LeQuan | Northern Guilford | 38-03.00 \$ | |
| 3 Graves, Jalen | Northern Guilford | 38-01.00 \$ | |
| 4 McRae, Jacobe | Dudley | 36-04.00 \$ | |
| 5 Nefe, Trevor | Northwest Guilford | 35-07.00 \$ | |
| 6 Crosson, Jonathan | Northwest Guilford | 34-07.50 \$ | |
| Miller, Brandon | Northwest Guilford | FOUL | |
| Event 29 Girls Shot Put | | 1002 | |
| FACILITY: 16.80m \$ 2/18/2017 | Amber Monroe, Unattached | | |
| | | | |
| | | | |
| HS Facility: 53-08.25 ! 12/21/2013 | Raven Saunders, Unattached Makayla Watking, Wastorn Chilford | | |
| SWG Series: 40-02.25 % 2019 | Makayla Watkins, Western Guilford | Finals | 11# |
| SWG Series: 40-02.25 % 2019 Name | , | Finals | H# |
| SWG Series: 40-02.25 % 2019 Name Finals | Makayla Watkins, Western Guilford School | | |
| SWG Series: 40-02.25 % 2019 Name Finals 1 Watkins, Makayla | Makayla Watkins, Western Guilford School Western Guilford | 34-08.00 \$ | 2 |
| SWG Series: 40-02.25 % 2019 Name 7inals 1 Watkins, Makayla 2 Desir-Moxeaw, Rolanda | Makayla Watkins, Western Guilford School Western Guilford High Point Central | 34-08.00 \$ 32-06.00 \$ | 2 2 |
| SWG Series: 40-02.25 % 2019 Name Vinals 1 Watkins, Makayla 2 Desir-Moxeaw, Rolanda 3 Gamble, Katrina | Makayla Watkins, Western Guilford School Western Guilford High Point Central Andrews, T. W. | 34-08.00 \$ 32-06.00 \$ 32-05.00 \$ | 2 2 2 |
| SWG Series: 40-02.25 % 2019 Name Name Name Name Natkins, Makayla Desir-Moxeaw, Rolanda Gamble, Katrina Matier, Nakiya | Makayla Watkins, Western Guilford School Western Guilford High Point Central Andrews, T. W. Dudley | 34-08.00 \$ 32-06.00 \$ 32-05.00 \$ 30-07.00 \$ | 2 2 2 2 2 |
| SWG Series: 40-02.25 % 2019 Name 7inals 1 Watkins, Makayla 2 Desir-Moxeaw, Rolanda 3 Gamble, Katrina 4 Matier, Nakiya 5 Moody, Sadie | Makayla Watkins, Western Guilford School Western Guilford High Point Central Andrews, T. W. Dudley Southwest Guilford | 34-08.00 \$ 32-06.00 \$ 32-05.00 \$ 30-07.00 \$ 28-06.00 \$ | 2 2 2 2 1 |
| SWG Series: 40-02.25 % 2019 Name Name Name Name Name Natkins, Makayla Desir-Moxeaw, Rolanda Gamble, Katrina Matier, Nakiya Moody, Sadie Tuggle, Annadell | Makayla Watkins, Western Guilford School Western Guilford High Point Central Andrews, T. W. Dudley Southwest Guilford Northwest Guilford | 34-08.00 \$ 32-06.00 \$ 32-05.00 \$ 30-07.00 \$ 28-06.00 \$ 28-02.00 \$ | 2 2 2 2 1 2 |
| SWG Series: 40-02.25 % 2019 Name Name I Watkins, Makayla 2 Desir-Moxeaw, Rolanda 3 Gamble, Katrina 4 Matier, Nakiya 5 Moody, Sadie 6 Tuggle, Annadell 7 Shaw, Mia | Makayla Watkins, Western Guilford School Western Guilford High Point Central Andrews, T. W. Dudley Southwest Guilford Northwest Guilford Dudley | 34-08.00 \$ 32-06.00 \$ 32-05.00 \$ 30-07.00 \$ 28-06.00 \$ 28-02.00 \$ 28-01.00 \$ | 2 2 2 2 1 2 2 2 2 2 2 |
| SWG Series: 40-02.25 % 2019 Name Name Finals 1 Watkins, Makayla 2 Desir-Moxeaw, Rolanda 3 Gamble, Katrina 4 Matier, Nakiya 5 Moody, Sadie 6 Tuggle, Annadell 7 Shaw, Mia 8 Williams, Catherine | Makayla Watkins, Western Guilford School Western Guilford High Point Central Andrews, T. W. Dudley Southwest Guilford Northwest Guilford Dudley Western Guilford | 34-08.00 \$ 32-06.00 \$ 32-05.00 \$ 30-07.00 \$ 28-06.00 \$ 28-02.00 \$ 28-01.00 \$ 28-00.00 \$ | 2 2 2 2 1 2 2 2 2 2 2 |
| SWG Series: 40-02.25 % 2019 Name I Watkins, Makayla 2 Desir-Moxeaw, Rolanda 3 Gamble, Katrina A Matier, Nakiya 5 Moody, Sadie 6 Tuggle, Annadell 7 Shaw, Mia 8 Williams, Catherine 9 Mason, Kennyia | Makayla Watkins, Western Guilford School Western Guilford High Point Central Andrews, T. W. Dudley Southwest Guilford Northwest Guilford Dudley Western Guilford Southern Guilford | 34-08.00 \$ 32-06.00 \$ 32-05.00 \$ 30-07.00 \$ 28-06.00 \$ 28-02.00 \$ 28-01.00 \$ 28-00.00 \$ 27-08.00 \$ | 2 2 2 2 1 2 2 2 2 2 1 |
| SWG Series: 40-02.25 % 2019 Name Finals 1 Watkins, Makayla 2 Desir-Moxeaw, Rolanda 3 Gamble, Katrina 4 Matier, Nakiya 5 Moody, Sadie 6 Tuggle, Annadell 7 Shaw, Mia 8 Williams, Catherine 9 Mason, Kennyia 10 McKellar, Armani | Makayla Watkins, Western Guilford School Western Guilford High Point Central Andrews, T. W. Dudley Southwest Guilford Northwest Guilford Dudley Western Guilford Southern Guilford Andrews, T. W. | $\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$ | 2 2 2 2 1 2 2 2 2 1 2 2 |
| SWG Series: 40-02.25 % 2019 Name 7inals 1 Watkins, Makayla 2 Desir-Moxeaw, Rolanda 3 Gamble, Katrina 4 Matier, Nakiya 5 Moody, Sadie 6 Tuggle, Annadell 7 Shaw, Mia 8 Williams, Catherine 9 Mason, Kennyia 10 McKellar, Armani 11 Stalling, Chantal | Makayla Watkins, Western Guilford School Western Guilford High Point Central Andrews, T. W. Dudley Southwest Guilford Northwest Guilford Dudley Western Guilford Southern Guilford Andrews, T. W. Northwest Guilford | 34-08.00 \$ 32-06.00 \$ 32-05.00 \$ 30-07.00 \$ 28-06.00 \$ 28-02.00 \$ 28-01.00 \$ 28-00.00 \$ 27-08.00 \$ 26-04.00 \$ 25-10.00 \$ | 2 2 2 2 1 2 2 2 2 2 1 |
| SWG Series:40-02.25 % 2019 NameName11Watkins, Makayla2Desir-Moxeaw, Rolanda3Gamble, Katrina4Matier, Nakiya5Moody, Sadie6Tuggle, Annadell7Shaw, Mia8Williams, Catherine9Mason, Kennyia10McKellar, Armani11Stalling, Chantal12Black, Daviyna | Makayla Watkins, Western Guilford School Western Guilford High Point Central Andrews, T. W. Dudley Southwest Guilford Northwest Guilford Dudley Western Guilford Southern Guilford Andrews, T. W. Northwest Guilford Eastern Guilford | 34-08.00 \$ 32-06.00 \$ 32-05.00 \$ 30-07.00 \$ 28-06.00 \$ 28-02.00 \$ 28-01.00 \$ 28-00.00 \$ 27-08.00 \$ 26-04.00 \$ 25-10.00 \$ 25-02.00 \$ | 2 2 2 2 1 2 2 2 2 1 2 2 |
| SWG Series:40-02.25 % 2019 NameName1Watkins, Makayla2Desir-Moxeaw, Rolanda3Gamble, Katrina4Matier, Nakiya5Moody, Sadie6Tuggle, Annadell7Shaw, Mia8Williams, Catherine9Mason, Kennyia10McKellar, Armani11Stalling, Chantal12Black, Daviyna13McQueen, Janie | Makayla Watkins, Western Guilford School Western Guilford High Point Central Andrews, T. W. Dudley Southwest Guilford Northwest Guilford Dudley Western Guilford Southern Guilford Andrews, T. W. Northwest Guilford Eastern Guilford Southeast Guilford | 34-08.00 \$ 32-06.00 \$ 32-05.00 \$ 30-07.00 \$ 28-06.00 \$ 28-02.00 \$ 28-01.00 \$ 28-00.00 \$ 27-08.00 \$ 26-04.00 \$ 25-10.00 \$ 25-02.00 \$ 22-02.00 \$ | 2 2 2 2 1 2 2 2 2 1 2 2 |
| SWG Series:40-02.25 % 2019 NameName1Watkins, Makayla2Desir-Moxeaw, Rolanda3Gamble, Katrina4Matier, Nakiya5Moody, Sadie6Tuggle, Annadell7Shaw, Mia8Williams, Catherine9Mason, Kennyia10McKellar, Armani11Stalling, Chantal12Black, Daviyna13McQueen, Janie13Uzokwe, Divine | Makayla Watkins, Western Guilford School Western Guilford High Point Central Andrews, T. W. Dudley Southwest Guilford Northwest Guilford Dudley Western Guilford Southern Guilford Andrews, T. W. Northwest Guilford Eastern Guilford Southeast Guilford Southeast Guilford Southeast Guilford | 34-08.00 \$ 32-06.00 \$ 32-05.00 \$ 30-07.00 \$ 28-06.00 \$ 28-02.00 \$ 28-01.00 \$ 28-00.00 \$ 27-08.00 \$ 26-04.00 \$ 25-10.00 \$ 25-02.00 \$ 22-02.00 \$ 22-02.00 \$ | 2 2 2 2 1 2 2 2 1 2 2 1 2 1 2 1 1 1 1 1 |
| SWG Series:40-02.25 % 2019 NameName1Watkins, Makayla2Desir-Moxeaw, Rolanda3Gamble, Katrina4Matier, Nakiya5Moody, Sadie6Tuggle, Annadell7Shaw, Mia8Williams, Catherine9Mason, Kennyia10McKellar, Armani11Stalling, Chantal12Black, Daviyna13McQueen, Janie13Uzokwe, Divine15Ingram, Jaela | Makayla Watkins, Western Guilford SchoolWestern Guilford High Point Central Andrews, T. W. Dudley Southwest Guilford Northwest Guilford Dudley Western Guilford Southern Guilford Andrews, T. W. Northwest Guilford Eastern Guilford Eastern Guilford Southeast Guilford Southwest Guilford | $\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$ | 2 2 2 2 1 2 2 2 1 2 2 1 2 1 2 1 1 2 1 1 2 1 1 2 |
| SWG Series:40-02.25 % 2019 NameName1Watkins, Makayla2Desir-Moxeaw, Rolanda3Gamble, Katrina4Matier, Nakiya5Moody, Sadie6Tuggle, Annadell7Shaw, Mia8Williams, Catherine9Mason, Kennyia10McKellar, Armani11Stalling, Chantal12Black, Daviyna13McQueen, Janie13Uzokwe, Divine15Ingram, Jaela15Snipes, Fmora | Makayla Watkins, Western Guilford School Western Guilford High Point Central Andrews, T. W. Dudley Southwest Guilford Northwest Guilford Dudley Western Guilford Southern Guilford Southern Guilford Southern Guilford Southern Guilford Southest Guilford Southeast Guilford Southeast Guilford Southeast Guilford Southeast Guilford Southeast Guilford Southeast Guilford Southwest Guilford Southwest Guilford Southwest Guilford Southwest Guilford Southwest Guilford | 34-08.00 \$ 32-06.00 \$ 32-05.00 \$ 30-07.00 \$ 28-06.00 \$ 28-02.00 \$ 28-01.00 \$ 28-01.00 \$ 27-08.00 \$ 26-04.00 \$ 25-10.00 \$ 22-02.00 \$ 22-02.00 \$ 22-02.00 \$ 21-06.00 \$ | 2 2 2 2 1 2 2 2 1 2 2 1 2 1 1 2 1 1 2 1 |
| SWG Series:40-02.25 % 2019 NameName1Watkins, Makayla2Desir-Moxeaw, Rolanda3Gamble, Katrina4Matier, Nakiya5Moody, Sadie6Tuggle, Annadell7Shaw, Mia8Williams, Catherine9Mason, Kennyia10McKellar, Armani11Stalling, Chantal12Black, Daviyna13McQueen, Janie13Uzokwe, Divine15Ingram, Jaela15Snipes, Fmora17Hudson, Enasia | Makayla Watkins, Western Guilford School Western Guilford High Point Central Andrews, T. W. Dudley Southwest Guilford Northwest Guilford Dudley Western Guilford Southern Guilford Southern Guilford Southern Guilford Southern Guilford Southest Guilford Southeast Guilford Southeast Guilford Southeast Guilford Southwest Guilford Southeast Guilford Southwest Guilford | 34-08.00 \$ 32-06.00 \$ 32-05.00 \$ 30-07.00 \$ 28-06.00 \$ 28-02.00 \$ 28-01.00 \$ 28-01.00 \$ 27-08.00 \$ 26-04.00 \$ 25-10.00 \$ 22-02.00 \$ 22-02.00 \$ 21-06.00 \$ 21-01.00 \$ | 2 2 2 2 1 2 2 2 1 2 2 1 2 1 1 2 1 2 1 2 |
| SWG Series:40-02.25 % 2019 NameNameFinals1Watkins, Makayla2Desir-Moxeaw, Rolanda3Gamble, Katrina4Matier, Nakiya5Moody, Sadie6Tuggle, Annadell7Shaw, Mia8Williams, Catherine9Mason, Kennyia10McKellar, Armani11Stalling, Chantal12Black, Daviyna13McQueen, Janie13Uzokwe, Divine15Ingram, Jaela15Snipes, Fmora | Makayla Watkins, Western Guilford School Western Guilford High Point Central Andrews, T. W. Dudley Southwest Guilford Northwest Guilford Dudley Western Guilford Southern Guilford Southern Guilford Southern Guilford Southern Guilford Southest Guilford Southeast Guilford Southeast Guilford Southeast Guilford Southeast Guilford Southeast Guilford Southeast Guilford Southwest Guilford Southwest Guilford Southwest Guilford Southwest Guilford Southwest Guilford | 34-08.00 \$ 32-06.00 \$ 32-05.00 \$ 30-07.00 \$ 28-06.00 \$ 28-02.00 \$ 28-01.00 \$ 28-01.00 \$ 27-08.00 \$ 26-04.00 \$ 25-10.00 \$ 22-02.00 \$ 22-02.00 \$ 22-02.00 \$ 21-06.00 \$ | 2 2 2 2 1 2 2 2 1 2 2 1 2 1 1 2 1 1 2 1 |

SW Guilford Invitational #1 - 12/10/2019

JDL Fast Track

Results

Event 30 Boys Shot Put

| FACILITY: | 19.50m | \$ | 3/15/2014 | Wesley Lavong, Adams State | | | |
|--------------|----------|----|-----------|------------------------------------|------------|-----|--|
| HS Facility: | 63-09.25 | ! | 1/27/2018 | Joshua Sobota, Unattached | | | |
| SWG Series: | 54-03 | % | 2016 | Aaron Wilkerson, Southern Guilford | | | |
| N | | | | 6-hl | E ! | 114 | |

| | Name | School | | | Finals | H# | |
|----------|---------------------|-------------------------|------|--------------------|----------|---------|------|
| Finals | | | | | | | |
| 1 | Redmond, Sokrates | Southern Guilford | | | 43-03.00 | \$ 1 | |
| 2 | Gordy, Luke | Northwest Guilford | | | 42-07.00 | \$ 2 | |
| 3 | Bowers, Mason | High Point Central | | | 36-05.00 | \$ 2 | |
| 4 | Thompson, Jalen | Western Guilford | | | 36-00.00 | \$ 2 | |
| 5 | Griffin, Zykwan | Page | | | 35-11.00 | \$ 2 | |
| 5 | Chamberlin, Joseph | Southwest Guilford | | | 35-11.00 | 1 | |
| 7 | Pollard, Nieko | Page | | | 35-05.00 | \$ 2 | |
| 8 | Bunetti, Pranav | Northwest Guilford | | | 33-01.00 | 1 | |
| 9 | Parker, Caleb | Southwest Guilford | | | 32-02.00 | 1 | |
| 10 | Adil, Zarshan | Southern Guilford | | | 31-08.00 | 1 | |
| 11 | Chisholm, Kaleb | Southern Guilford | | | 30-01.00 | 1 | |
| 12 | Southerland, Jaylon | Western Guilford | | | 29-03.00 | 1 | |
| 13 | Bailey, Tashaun | Southern Guilford | | | 28-08.00 | 1 | |
| 14 | Turner, Elijah | Southwest Guilford | | | 28-04.00 | 1 | |
| 15 | Peguese, Jamison | Southeast Guilford | | | 27-09.00 | 2 | |
| 16 | Johnson, Alex | High Point Central | | | 26-07.00 | 2 | |
| 16 | Cochrane, J'Torion | High Point Central | | | 26-07.00 | 2 | |
| 18 | Hall, Jordan | High Point Central | | | 26-03.00 | 2 | |
| 19 | VanEaton, Anthony | Page | | | 24-00.00 | 2 | |
| 20 | Jones, Aninias | Smith, B. L. | | | 22-10.00 | \$ 2 | |
| | | Women - Team Rankings - | 15 | Events Scored | | | |
| / | Western Guilford | | | Northern Guilford | | | 98 |
| 3) | Northwest Guilford | 73 | 4) | Southwest Guilford | | | 54 |
| 5) | Eastern Guilford | 50 | 6) | Grimsley | | | 41 |
| 7) | Dudley | 40 | 8) | Southeast Guilford | | | 30 |
| , | High Point Central | 24 1 | 10) | Page | | | 11 |
| , | Andrews, T. W. | 6 | , | 5 | | | |
| | | Men - Team Rankings - 1 | 15 E | vents Scored | | | |
| 1) | Northern Guilford | 94 | 2) | Northwest Guilford | | | 77 |
| 3) | Southeast Guilford | 60 | 4) | Southwest Guilford | | | 59.5 |
| | Page | | | High Point Central | | | 42 |
| , | Grimsley | | | Western Guilford | | | 36 |
| (, 9) | · · · · · · · · · | | | Dudley | | | 32 |
| -) | | | | • | | | |
| 11) | Andrews, T. W. | 28 1 | 12) | Smith, B. L. | | | 11 |

6

13) Eastern Guilford