

**Southside Power & Fitness Invitational - 4/18/2021****Irwin Belk Track****Hickory, N.C.****Results****Event 1 Women Hammer Throw**

Name	School	Finals	
<b>Finals</b>			
1 Pajt, Esma	Queens (N.C.)	50.40m	165-04
2 Carmichael, Tomara	Unattached	49.03m	160-10
3 Roche, Bekki	Lenoir-Rhyne	47.46m	155-08
4 Dubiel, Alexis	Unattached	45.60m	149-07
5 Jackson, Olivia	Lenoir-Rhyne	40.84m	134-00
6 Gardin, Taylor	Lenoir-Rhyne	37.55m	123-02
7 Fenton, Tia	Newberry	37.03m	121-06
8 Nippa, Savannah	Lenoir-Rhyne	36.27m	119-00
9 Owona, Leonie	Montreat	32.47m	106-06
10 Card, Mackenzie	Montreat	31.63m	103-09
11 Youssif, Monica	Queens (N.C.)	29.61m	97-02

**Event 2 Men Hammer Throw**

Name	School	Finals		H#
<b>Finals</b>				
1 Wright, Evans	Unattached	49.23m	161-06	2
2 Mitchell, Kayshon	Newberry	48.24m	158-03	2
3 Horton, Ellis	Lenoir-Rhyne	47.03m	154-03	2
4 Danielsson, Gudmundur	Queens (N.C.)	46.82m	153-07	1
5 Sigmon, Dawson	Lenoir-Rhyne	43.00m	141-01	2
6 Williams, Jon	Newberry	41.42m	135-11	2
7 Auvil, Josh	Montreat	40.93m	134-03	2
8 Soorus, Jake	Unattached	40.62m	133-03	2
9 Hatley, Dalton	Lenoir-Rhyne	40.61m	133-03	2
10 Prescott, Lee	Mars Hill	37.90m	124-04	1
11 Davis, Jaja	Montreat	34.09m	111-10	1
12 Scott, Monte	Lenoir-Rhyne	32.57m	106-10	1
13 Roth, Brady	Montreat	31.96m	104-10	1
14 Coles, RaQuan	Mars Hill	18.68m	61-03	1

**Event 3 Women Long Jump**

Name	School	Finals		Wind
<b>Finals</b>				
1 Joshua, Lakiya	Lenoir-Rhyne	5.17m	16-11.50	0.8
2 Williams, Jordan	Lenoir-Rhyne	5.13m	16-10.00	-0.8
3 Beeman, Bailey	Mars Hill	4.25m	13-11.50	+0.0

**Event 4 Men Long Jump**

Name	School	Finals		Wind
<b>Finals</b>				
1 Driver, Ethan	Unattached	6.72m	22-00.75	0.5
2 Michaux, Jayquan	Charlotte	6.69m	21-11.50	0.1
3 Vereen, Joshua	Mars Hill	6.65m	21-10.00	0.9
4 Brown, Anthony	Lenoir-Rhyne	6.13m	20-01.50	0.3
5 Grizzle, Austin	Unattached	5.94m	19-06.00	1.6
6 Sutton, Marvin	Unattached	5.04m	16-06.50	0.4
7 Rodriguez, Christian	Unattached	4.01m	13-02.00	1.0

**Southside Power & Fitness Invitational - 4/18/2021****Irwin Belk Track****Hickory, N.C.****Results****Event 5 Women Discus Throw**

Name	School	Finals	
<b>Finals</b>			
1 Carmichael, Tomara	Unattached	41.48m	136-01
2 Dubiel, Alexis	Unattached	40.53m	133-00
3 Nippa, Savannah	Lenoir-Rhyne	33.74m	110-08
4 Pajt, Esma	Queens (N.C.)	30.35m	99-07
5 Jefferson, Alex	Higher Power AC	26.54m	87-01
6 Beeman, Bailey	Mars Hill	23.92m	78-06
7 Youssif, Monica	Queens (N.C.)	21.67m	71-01
--- Roche, Bekki	Lenoir-Rhyne	FOUL	
--- Stolberg, Tyla	Newberry	FOUL	

**Event 6 Men Discus Throw**

Name	School	Finals	H#
<b>Finals</b>			
1 Horton, Ellis	Lenoir-Rhyne	45.01m	147-08
2 Davis, Jaja	Montreat	40.49m	132-10
3 Pitts, Parker	Newberry	39.39m	129-03
4 Prescott, Lee	Mars Hill	38.04m	124-10
5 Grate, Ezra	Lenoir-Rhyne	37.31m	122-05
6 Hatley, Dalton	Lenoir-Rhyne	37.17m	121-11
7 Scott, Monte	Lenoir-Rhyne	35.85m	117-07
8 Auvil, Josh	Montreat	35.31m	115-10
9 Beeker, Colby	Lenoir-Rhyne	33.24m	109-01
10 Brown, Anthony	Lenoir-Rhyne	31.97m	104-11
11 Roth, Brady	Montreat	31.95m	104-10
12 Coles, RaQuan	Mars Hill	30.05m	98-07
13 Mitchell, Kayshon	Newberry	29.78m	97-08
14 Yelton, Hank	Montreat	25.70m	84-04
15 Mann, Ky	Mars Hill	21.79m	71-06

**Event 7 Women High Jump**

Name	School	Finals	
<b>Finals</b>			
1 Bowman, Maigan	Lenoir-Rhyne	1.54m	5-00.50
2 Moore, Kiara	Lenoir-Rhyne	1.49m	4-10.50

**Event 8 Men High Jump**

Name	School	Finals	
<b>Finals</b>			
1 Higgins, Levi	Mars Hill	1.98m	6-06.00
2 Mann, Ky	Mars Hill	1.68m	5-06.00
3 Edwards, Ke	Montreat	1.58m	5-02.25
--- Sutton, Marvin	Unattached	NH	

**Event 9 Women Triple Jump**

Name	School	Finals	Wind
<b>Finals</b>			
1 Williams, Jordan	Lenoir-Rhyne	10.77m	35-04.00
2 Joshua, Lakiya	Lenoir-Rhyne	9.91m	32-06.25

**Southside Power & Fitness Invitational - 4/18/2021****Irwin Belk Track****Hickory, N.C.****Results****Event 11 Women Shot Put**

Name	School	Finals	
<b>Finals</b>			
1 Carmichael, Tomara	Unattached	12.41m	40-08.75
2 Roche, Bekki	Lenoir-Rhyne	12.07m	39-07.25
3 Fenton, Tia	Newberry	11.34m	37-02.50
4 Gardin, Taylor	Lenoir-Rhyne	11.33m	37-02.25
5 Jackson, Olivia	Lenoir-Rhyne	10.83m	35-06.50
6 Stolberg, Tyla	Newberry	10.51m	34-05.75
7 Dubiel, Alexis	Unattached	10.50m	34-05.50
8 Owona, Leonie	Montreat	9.36m	30-08.50
9 Jefferson, Alex	Higher Power AC	8.76m	28-09.00
10 Youssif, Monica	Queens (N.C.)	7.95m	26-01.00
11 Beeman, Bailey	Mars Hill	7.89m	25-10.75
12 Card, Mackenzie	Montreat	7.57m	24-10.00

**Event 12 Men Shot Put**

Name	School	Finals		H#
<b>Finals</b>				
1 Davis, Jaja	Montreat	15.98m	52-05.25	2
2 Soorus, Jake	Unattached	14.06m	46-01.50	2
3 Brown, Anthony	Lenoir-Rhyne	13.50m	44-03.50	2
4 Horton, Ellis	Lenoir-Rhyne	13.27m	43-06.50	2
5 Hatley, Dalton	Lenoir-Rhyne	13.09m	42-11.50	2
6 Auvil, Josh	Montreat	12.93m	42-05.25	2
7 Prescott, Lee	Mars Hill	12.70m	41-08.00	2
8 Roth, Brady	Montreat	10.84m	35-06.75	1
9 Sutton, Marvin	Unattached	9.71m	31-10.25	1
10 Thornburg, Caleb	Montreat	9.21m	30-02.75	1
11 Rodriguez, Christian	Unattached	8.64m	28-04.25	1
11 Wells, Caleb	Montreat	8.64m	28-04.25	1

**Event 13 Women Pole Vault**

Name	School	Finals	
<b>Finals</b>			
1 Richardson, Allyson	Charlotte	3.40m	11-01.75
2 Hill, Ana	Charlotte	3.25m	10-08.00
3 Ochsner, Isabella	Charlotte	3.10m	10-02.00
3 Triplett, Lacey	Lenoir-Rhyne	3.10m	10-02.00
3 Dowdle, Lucy	Charlotte	3.10m	10-02.00

**Event 14 Men Pole Vault**

Name	School	Finals	
<b>Finals</b>			
1 Ward, Chandler	Charlotte	4.65m	15-03.00
1 Callis, Nick	Charlotte	4.65m	15-03.00
1 Hesske, Marcus	Charlotte	4.65m	15-03.00
4 Reichenbach, Chris	Lenoir-Rhyne	4.35m	14-03.25
4 Olesen, Thomas	Unattached	4.35m	14-03.25
6 Camacho, Daniel	Charlotte	4.20m	13-09.25
7 Duke, Tommy	Charlotte	4.05m	13-03.50

**Southside Power & Fitness Invitational - 4/18/2021****Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 14 Men Pole Vault)**

Name	School	Finals	
7 Adkinson, Zach	Lenoir-Rhyne	4.05m	13-03.50
9 Nicol, Davis	Montreat	3.90m	12-09.50
10 McClellan, Edward	Montreat	3.75m	12-03.50
10 Yelton, Hank	Montreat	3.75m	12-03.50
12 Mann, Ky	Mars Hill	3.00m	9-10.00
--- Matheson, Micah	Montreat	NH	

**Event 15 Women Javelin Throw**

Name	School	Finals	
1 Triplett, Lacey	Lenoir-Rhyne	32.73m	107-04
2 Stolberg, Tyla	Newberry	30.08m	98-08
3 Nippa, Savannah	Lenoir-Rhyne	26.58m	87-02
4 Smith, Raquel	Montreat	21.20m	69-07

**Event 16 Men Javelin Throw**

Name	School	Finals	
1 Yelton, Hank	Montreat	39.74m	130-04
2 Beeker, Colby	Lenoir-Rhyne	37.37m	122-07
3 Simpson, Joel	Montreat	37.09m	121-08
4 Grate, Ezra	Lenoir-Rhyne	36.44m	119-07
5 Frost, Malik	Mars Hill	34.24m	112-04
6 Turner, Brandon	Montreat	28.43m	93-03
--- Soorus, Jake	Unattached	FOUL	

**Event 19 Women 4x100 Meter Relay**

Team	Relay	Finals
1 Newberry	A	50.87
1) Variste, Elka	2) Johnson, Emma	3) Abumere, Sarah
		4) Johnson, Jada

**Event 20 Men 4x100 Meter Relay**

Team	Relay	Finals
1 Newberry	A	43.76
1) Grant, Tyrese	2) Collins, Edwards	3) Fulmore, Elijah
		4) Henderson, Cameron

**Event 21 Women 1500 Meter Run**

Name	School	Finals
1 Harrison, Adalie	Lenoir-Rhyne	5:28.64
2 Gutierrez, Diana	Newberry	5:40.77
3 Silvey, Scotlyn	Lenoir-Rhyne	5:44.83
4 Teter, Addison	Montreat	5:54.16
5 Taylor, Alexis	Lenoir-Rhyne	5:54.58
6 Van Etten, Megan	Mars Hill	5:58.02

**Southside Power & Fitness Invitational - 4/18/2021****Irwin Belk Track****Hickory, N.C.****Results****Event 22 Men 1500 Meter Run**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Tingle, Matthew	Mars Hill	4:19.89
2	Wright, Caleb	Montreat	4:27.10
3	Hickman, Harrison	Lenoir-Rhyne	4:28.51
4	Riggs, Eli	Lenoir-Rhyne	4:29.15
5	Ferguson, Nathaniel	Montreat	4:36.27
6	Lehman, Britt	Unattached	4:40.47
7	Snyder, Hunter	Mars Hill	4:49.87

**Event 23 Women 100 Meter Hurdles**

	<b>Name</b>	<b>School</b>	<b>Finals</b>	<b>Wind</b>
<b>Finals</b>				
1	Garrett, Akala	PurposeDriven NC Elite TC	14.11	0.2
2	Johnson, Emma	Newberry	16.40	0.2

**Event 25 Women 400 Meter Dash**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Pate, Jaylin	PurposeDriven NC Elite TC	59.64
2	Burnett, Queen	PurposeDriven NC Elite TC	1:00.74
3	Smith, Jasmine	PurposeDriven NC Elite TC	1:01.66
4	White, Niaobi	PurposeDriven NC Elite TC	1:05.32

**Event 26 Men 400 Meter Dash**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Thornburg, Caleb	Montreat	52.61
2	Simpson, Joel	Montreat	53.87
3	Elmore, Troy	Newberry	54.13
4	Wells, Caleb	Montreat	59.06
5	Wheeler, Garrison	Montreat	1:01.63

**Event 27 Women 100 Meter Dash**

	<b>Name</b>	<b>School</b>	<b>Finals</b>	<b>Wind</b>
<b>Finals</b>				
1	Morris, Akia	Unattached	12.55	+0.0
2	Johnson, Kylie	Mars Hill	12.97	+0.0
3	Joshua, Lakiya	Lenoir-Rhyne	13.02	+0.0
4	Variste, Elka	Newberry	13.36	+0.0

**Event 28 Men 100 Meter Dash**

	<b>Name</b>	<b>School</b>	<b>Finals</b>	<b>Wind</b>	<b>H#</b>
<b>Finals</b>					
1	Perryman, Ahmad	Unattached	10.98	1.0	1
2	Payne, Jordan	Lenoir-Rhyne	11.02	1.0	1
3	McClain, Jackson	Mars Hill	11.14	1.0	1
4	Frost, Malik	Mars Hill	11.71	1.0	1
5	Grizzle, Austin	Unattached	12.12	1.8	2
6	Nicol, Davis	Montreat	12.24	1.0	1

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Name	School	Finals	Wind	H#
7 Simpson, Joel	Montreat	12.25	1.0	1
8 Sutton, Marvin	Unattached	12.62	1.0	1
9 Brown, Anthony	Lenoir-Rhyne	14.33	1.0	1

**Event 29 Women 800 Meter Run**

Name	School	Finals	H#
<b>Finals</b>			
1 Slack, Catherine	Montreat	2:32.81	1
2 Mackey, Elana	Mars Hill	2:34.30	2
3 Rodriguez, Alma	Montreat	2:37.03	1
4 Smith, Raquel	Montreat	2:38.76	2
5 Harrison, Adalie	Lenoir-Rhyne	2:40.97	2
6 Fox, Rebecca	Lenoir-Rhyne	2:45.36	1
7 Smith, Kenia	Newberry	2:46.98	1
8 Schlosser, Amy	Montreat	2:48.09	1
9 Dantzler, Kensley	Newberry	2:48.16	1
10 Silvey, Scotlyn	Lenoir-Rhyne	2:52.25	2
11 Teter, Addison	Montreat	2:55.16	2
12 Taylor, Alexis	Lenoir-Rhyne	2:58.81	2

**Event 30 Men 800 Meter Run**

Name	School	Finals	H#
<b>Finals</b>			
1 Goodman, Kyle	PurposeDriven NC Elite TC	1:55.08	1
2 Brown, Saxon	Iron Sharpens Iron	1:55.17	1
3 Inman, Jacob	Montreat	2:08.41	2
4 McMahon, Kane	Montreat	2:12.02	1
5 Wright, Caleb	Montreat	2:16.42	2
6 Ferguson, Nathaniel	Montreat	2:16.47	2
7 Barbee, Brad	Mars Hill	2:19.79	2
8 Turner, Brandon	Montreat	2:27.31	2

**Event 31 Women 400 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Garrett, Akala	PurposeDriven NC Elite TC	58.67
2 Laws, Lydia	Unattached	1:02.23
3 Fields, Ashleigh	Unattached	1:07.99

**Event 32 Men 400 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Bruno, Nate	Athletic Lab TC	54.56
2 Willis-Howard, Davian	Montreat	59.39
3 Jefferson, Brandon	Montreat	1:03.72

**Event 33 Women 200 Meter Dash**

Name	School	Finals	Wind
<b>Finals</b>			
1 Johnson, Jada	Newberry	25.75	NWI

**Southside Power & Fitness Invitational - 4/18/2021****Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 33 Women 200 Meter Dash)**

	<b>Name</b>	<b>School</b>	<b>Finals</b>	<b>Wind</b>
2	Burnett, Queen	PurposeDriven NC Elite TC	26.02	NWI
3	Pate, Jaylin	PurposeDriven NC Elite TC	26.29	NWI
4	Johnson, Kylie	Mars Hill	27.04	NWI
5	Smith, Jasmine	PurposeDriven NC Elite TC	27.67	NWI
6	White, Niaobi	PurposeDriven NC Elite TC	27.82	NWI

**Event 34 Men 200 Meter Dash**

	<b>Name</b>	<b>School</b>	<b>Finals</b>	<b>Wind</b>
<b>Finals</b>				
1	Perryman, Ahmad	Unattached	22.20	NWI
2	Payne, Jordan	Lenoir-Rhyne	22.54	NWI
3	Grant, Tyrese	Newberry	23.39	NWI
4	Michaux, Jayquan	Unattached	25.21	NWI