

Forsyth Series #1 - 12/9/2021

JDL Fast Track

Results

Event 1 Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Mount Tabor	A	9:50.92 10
1) Hannah Riley 11	2) Thalia Soule 11	
3) Eliza Brand 10	4) Katie McFerrin 10	
2 Bishop McGuinness	A	11:14.97 8
1) Nina Holton 10	2) Anna Seach 12	
3) Lourdes Lopez 12	4) Sofia Wolff 11	

Event 2 Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Mount Tabor	A	8:38.54 10
1) Connor Riley 11	2) Andrew Riley 9	
3) Mac Barrett 12	4) Nathan Zavala 12	
2 Bishop McGuinness	A	9:25.41 8
1) CJ Pacholke 12	2) Matthew Agarwala 12	
3) Noah Goodman 12	4) Arrington Culbertson 11	
3 West Forsyth	A	9:38.10 6
1) Jack Harrison 9	2) Langdon Luther 11	
3) Tyson Zufelt 10	4) Shane Cornett 9	
4 Reagan	A	10:11.13 5
1) Charles Galyon 11	2) Daniel Miner 9	
3) Henry Johnson 9	4) Isaac Mims 11	
5 Atkins	A	10:37.81 4
1) John Barnes 9	2) Christian Martinez-Mesa 9	
3) Peyton Martin 9	4) Sebastian Vermitsky 10	

Event 3 Girls 55 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Mariah Perry	9	Walkertown	9.26 10
2 Jordynn Koger	9	Reagan	10.65 8
3 Domini Mchau	11	Reagan	10.76 6
4 Larkin Macosko	10	Reagan	11.43 5
5 Jannah Williams	11	Mount Tabor	11.44 4
6 Alecia Johnson	9	Reagan	x11.73
7 Theresa Schultheis	10	Bishop McGui	12.55 3
8 Joliet Carmichael	9	Atkins	12.70 2
9 Jordyn Curtis	10	Atkins	12.84 1

Event 4 Boys 55 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Jalyl Baker	12	Mount Tabor	8.39 10
2 Ethan White	11	West Forsyth	8.51 8
3 Rashaud Payne	12	East Forsyth	8.64 6
4 Xavier Ratliff	10	R.J. Reynold	8.67 5
5 Jordan Wolverton	10	Mount Tabor	9.02 4
6 Mateo Cancio-Fitzgerald	10	Mount Tabor	9.59 3
7 Anthony Reynolds	10	R.J. Reynold	10.01 2
8 Connor Frick	9	Bishop McGui	10.28 1
9 Geremiah Conrad	10	Mount Tabor	x10.45
10 Andrew Gaylord	12	Bishop McGui	10.50

11 Rhodes Smith	11	Bishop McGui	10.77
12 Steve Mbeunkui	11	Reagan	10.80
13 Quenton Newkirk	9	Atkins	10.85
14 Christopher Shupp	12	Atkins	13.78

Event 5 Girls 55 Meter Dash

Name	Yr	School	Finals
Finals			
1 Ai'yana Gray-Williams	11	Parkland	7.38 10
2 Ija Mumford	12	Parkland	7.44 8
3 Qeinyla Ross	12	Walkertown	7.52 6
4 Damyja Ortiz	12	Winston-Sale	7.60 5
5 Gabrielle Clay	12	Glenn	7.68 4
6 Jayla Williams	12	Winston-Sale	7.80 3
7 Bailey Huff	9	Reagan	7.83 2
8 Aleigha Washington Kennedy	12	Glenn	7.86 1
9 Alexis Vaughan	10	Reagan	7.89
10 Karina Macosko	12	Reagan	7.91
11 Jada Golden	10	Mount Tabor	7.95
12 Christin Edwards	10	R.J. Reynold	7.96
13 Madelyn Morton	10	R.J. Reynold	8.02
14 Sierra Frontenot	11	Atkins	8.03
15 Mariah Perry	9	Walkertown	8.06
16 Aliza Taylor	12	Glenn	8.07
17 Kaysia Truesdale	9	Glenn	x8.11
18 Mijae Pettigrew	11	Winston-Sale	8.26
19 Elizabeth Smith	10	R.J. Reynold	8.31
20 Gracie Vickery	11	East Forsyth	8.51
21 Jaziya Odom	9	Mount Tabor	8.56
22 Keniha Lee	10	Atkins	8.63
23 alyana Smith	12	Winston-Sale	x8.93
24 Saadiya Omer	9	Parkland	8.95
25 Joliet Carmichael	9	Atkins	8.96
26 Nicole Hofer	9	Bishop McGui	8.97
27 Johana Castaneda-Silva	9	Parkland	x9.20
28 Olivia Futrell	10	Reagan	x9.29
29 Myla Lyles	10	Atkins	x9.51
30 Kaitlyn Santiago	12	East Forsyth	9.62
31 Layla Davis	9	Mount Tabor	10.51

Event 6 Boys 55 Meter Dash

Name	Yr	School	Finals
Finals			
1 Jamaari Blackburn	12	Carver	6.57 10
2 Don Robinson	12	West Forsyth	6.58 8
3 Levine Smith	11	Glenn	6.61 6
4 Antwan Hughes Jr.	10	Parkland	6.62 5
5 Caman Chaplin	10	West Forsyth	6.66 4
6 Zyon Ellison	12	East Forsyth	6.79 3
7 Noah Marshall	12	Mount Tabor	6.84 2
8 Tyson Adams	11	West Forsyth	6.84 1
9 Joseph Elliot	9	Atkins	6.85
10 Xavier Fenner	11	Glenn	6.87
11 Joseph Terry	12	North Forsyt	6.88
12 Zare Friend	10	Atkins	6.89
13 Levi Lisenby	12	Atkins	6.91

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Results

Finals ... (Event 6 Boys 55 Meter Dash)

Name	Yr	School	Finals
14 Jacob Patterson	10	North Forsyt	6.91
15 Marcus Wilson	10	West Forsyth	x6.91
16 Devonte Lyerly	12	Glenn	6.96
17 Justin Lindsay	11	East Forsyth	6.96
18 Jeremiah Bailey	11	Reagan	6.97
19 Isaiah Lytton	12	R.J. Reynold	6.97
20 Ethan Connor	11	Bishop McGui	7.01
21 Victor Wingate	10	North Forsyt	7.03
22 Jamari Cobb	11	Parkland	7.04
23 RJ Hooker	10	Mount Tabor	7.04
24 Kobe Mack	9	Parkland	7.06
25 Fodah Adamah	12	Mount Tabor	7.10
26 DeAndre Potter	12	Carver	7.16
27 Kamari Carter	9	North Forsyt	x7.18
28 Chris McCorkle	11	Walkertown	7.20
29 Takhari McArthur	9	Glenn	x7.23
30 Micah Cannon	12	East Forsyth	7.24
31 Jaylin Bacote	9	Parkland	x7.24
32 Jadakess Stowe	12	Mount Tabor	x7.24
33 Tavian Wolfe	11	East Forsyth	x7.25
34 Clayton Green	12	Atkins	x7.29
35 Theri Hairston	11	Reagan	7.30
36 Blaine Livingstone	10	Winston-Sale	7.47
37 Zerine Brown	9	Reagan	7.48
38 Preh Reh	11	R.J. Reynold	7.49
39 Dezmond Williford		Walkertown	7.50
40 Greg Cutherson	10	Winston-Sale	7.56
41 Matthew Holder	12	Bishop McGui	7.57
42 Donovan Eaton		Walkertown	7.67
43 Camden Burrel	10	Winston-Sale	7.73
44 Cayman Smith	10	Winston-Sale	x7.74
45 Jasiah Flack	10	Reagan	x7.80
46 Xan Varner	12	Bishop McGui	7.81
47 Rafa Ford	11	R.J. Reynold	7.99
48 Chris Barker	11	R.J. Reynold	x8.08
49 Matthew Cetrone	9	Bishop McGui	x8.50

Event 7 Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Atkins	A	1:55.67 10
1) Morgan Anthony 10	2) Sierra Frontenot 11	
3) Jordyn Curtis 10	4) Ja'Naya Linder 10	
2 Parkland	A	1:56.07 8
1) Saniya Hall 9	2) Londyn Green-Dubose 9	
3) Summer Seabrooks 10	4) Mikayla Thomas 9	
3 Reagan	A	1:57.44 6
1) Jordynn Koger 9	2) Domini Mchau 11	
3) Christina Jones 12	4) Alexis Vaughan 10	
4 Glenn	A	1:57.81 5
1) Kaysia Truesdale 9	2) Aliza Taylor 12	
3) Aleigha Washington Kennedy 12	4) Gabrielle Clay 12	

Event 8 Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 West Forsyth	A	1:34.59 10
1) Don Robinson 12	2) Caman Chaplin 10	
3) Marcus Wilson 10	4) Tyson Adams 11	
2 Mount Tabor	A	1:37.47 8
1) Jake Koonin 12	2) RJ Hooker 10	
3) Noah Marshall 12	4) Blake Simmons 10	
3 Atkins	A	1:39.55 6
1) Joseph Elliot 9	2) Levi Lisenby 12	
3) Zare Friend 10	4) Clayton Green 12	
4 North Forsyth	A	1:39.88 5
1) Joseph Terry 12	2) Kamari Carter 9	
3) Victor Wingate 10	4) Jacob Patterson 10	
5 R.J. Reynolds	A	1:40.28 4
1) Rafa Ford 11	2) Isaiah Lytton 12	
3) Xavier Ratliff 10	4) Anthony Reynolds 10	
6 Glenn	A	1:40.76 3
1) Levine Smith 11	2) Marcelo Blackwell 10	
3) Xavier Fenner 11	4) Takhari McArthur 9	
7 Bishop McGuinness	A	1:42.25 2
1) Frankie Cetrone 12	2) Ethan Connor 11	
3) Matthew Holder 12	4) Henry Riek 12	
8 Reagan	A	1:46.02 1
1) Jeremiah Bailey 11	2) Zerine Brown 9	
3) Jasiah Flack 10	4) Theri Hairston 11	
9 Winston-Salem Prep	A	1:51.34
1) Camden Burrel 10	2) Greg Cutherson 10	
3) Blaine Livingstone 10	4) Julian Medina 12	

Event 9 Girls 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Sarah Fassinger	9	Reagan	5:29.33 10
2 Taylar White	12	West Forsyth	5:29.57 8
3 Sophie Cowart	11	West Forsyth	5:42.20 6
4 Janie Peterson	12	West Forsyth	5:44.85 5
5 Lourdes Lopez	12	Bishop McGui	6:01.24 4
6 Sophia Lin	11	West Forsyth	x6:02.78
7 Emma Brown	9	Bishop McGui	6:20.96 3
8 Veronica Sherman	11	Atkins	6:22.20 2
9 Chelsea Ivers	12	Mount Tabor	6:29.79 1
10 Caroline Downs	9	Atkins	6:29.88
11 Megan Canace	12	Reagan	6:32.36
12 Mary Grace Lipscomb	11	Bishop McGui	6:33.41
13 Macy Nance	9	Reagan	7:00.01
14 Camille Moody	9	Atkins	7:02.87

Event 10 Boys 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Cedar Nichols-Barnhart	9	R.J. Reynold	4:58.91 10
2 Trey Connolly	12	R.J. Reynold	5:00.59 8
3 Finn Wachtel	9	Mount Tabor	5:06.22 6

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Finals ... (Event 10 Boys 1600 Meter Run)

Name	Yr	School	Finals	
4 Wyatt Stephens	10	West Forsyth	5:07.06	5
5 Zachary Patrick	12	Mount Tabor	5:07.42	4
6 Blake Farmer	10	Reagan	5:09.10	3
7 Christopher Allen	11	Atkins	5:12.80	2
8 Dallin Kump	12	Reagan	5:13.52	1
9 Brennan Kaplan	10	Reagan	5:14.90	
10 Parker Ranson	12	Atkins	5:16.74	
11 Jacob Ellis	9	R.J. Reynold	5:17.38	
12 Noah Goodman	12	Bishop McGui	5:24.88	
13 Ian Gates	11	Reagan	x5:25.26	
14 Brayden Yoder	9	Atkins	5:28.43	
15 Zeeshawn Hasanian	12	Atkins	x5:37.51	
16 Jackson Fromm	11	R.J. Reynold	x5:48.17	
17 Noah Veneziano	11	Mount Tabor	5:49.00	
18 Malachi Baucom	10	West Forsyth	5:49.23	
19 Connor Bain	10	West Forsyth	5:50.34	
20 Ted Williams	12	Bishop McGui	6:01.16	
21 Fin Redinger	12	Bishop McGui	6:11.94	
22 CJ Applegate	11	Mount Tabor	x6:29.79	

Event 11 Girls 500 Meter Dash

Name	Yr	School	Finals	
Finals				
1 Katie McFerrin	10	Mount Tabor	1:23.01	10
2 Damyja Ortiz	12	Winston-Sale	1:24.13	8
3 Hannah Riley	11	Mount Tabor	1:24.71	6
4 Sajiah Taylor	12	Mount Tabor	1:32.50	5
5 Monserat Garcia	12	Bishop McGui	1:33.07	4
6 Madelin Betson	10	West Forsyth	1:34.00	3
7 Nina Holton	10	Bishop McGui	1:36.13	2
8 Gabriela Ochoa-Caceres	11	Parkland	1:38.15	1
9 Natalie Viera	10	West Forsyth	1:38.77	
10 Anna Seach	12	Bishop McGui	1:39.83	
11 Christiana Morgan	10	Reagan	1:44.04	
12 Erin Imes	10	West Forsyth	1:45.30	
13 Alecia Johnson	9	Reagan	1:47.21	
14 Grace Cundiff-barnes	9	Reagan	1:47.31	
15 Nevaeh Lewis	10	Parkland	1:58.34	
--- Madelyn Morton	10	R.J. Reynold	DNF	

Event 12 Boys 500 Meter Dash

Name	Yr	School	Finals	
Finals				
1 Hezekiah Saunders	10	Reagan	1:12.36	10
2 Benjamin Mills-Tarmey	10	Mount Tabor	1:14.44	8
3 Alexander Vaughan	11	Reagan	1:15.32	6
4 Christian Hayes	11	Reagan	1:16.04	5
5 Jalen Prendergast	12	R.J. Reynold	1:16.28	4
6 William Harris	11	Reagan	x1:17.90	
7 Marcelo Blackwell	10	Glenn	1:18.10	3
8 Gray Calloway	12	Mount Tabor	1:19.43	2
9 Trey Mcilvaine	11	Glenn	1:19.50	1
10 Greyson Wolfe	10	West Forsyth	1:20.92	
11 Micah Sanchez	10	East Forsyth	1:21.30	

12 Darren Wharton	12	Parkland	1:21.38	
13 Rhodes Smith	11	Bishop McGui	1:22.60	
14 Javier Alcantara	9	Carver	1:23.68	
15 Reece McLelland	10	West Forsyth	1:24.09	
16 Matthew Cetrone	9	Bishop McGui	1:25.06	
17 Ryan Penaloza	9	West Forsyth	1:26.05	
18 Vincent Huang	9	Mount Tabor	1:26.72	
18 Aaron Andrade	9	West Forsyth	x1:26.72	
20 Cody Brown	9	Glenn	1:27.61	
21 Connor Frick	9	Bishop McGui	1:27.97	
22 Mykel Covington-Brasfield	9	Glenn	x1:29.50	
23 Kerry Johnson	10	R.J. Reynold	1:29.88	
24 Julian Medina	12	Winston-Sale	1:30.07	
25 Quamir Ritter	12	North Forsyt	1:30.92	
26 Austin Pitassi	9	Atkins	1:31.77	
27 Charles Johnson	9	Atkins	1:32.41	
28 Andala Mbengue	10	Mount Tabor	x1:36.51	
29 Justin Lindsay	11	East Forsyth	1:40.01	
30 Alexander Villalba	10	Carver	1:44.82	
31 Jaylin Bigelow	9	North Forsyt	2:00.00	

Event 13 Girls 1000 Meter Run

Name	Yr	School	Finals	
Finals				
1 Thalia Soule	11	Mount Tabor	3:15.20	10
2 Sarah Fassinger	9	Reagan	3:21.54	8
3 Abby Reutinger	10	West Forsyth	3:21.91	6
4 Eliza Brand	10	Mount Tabor	3:23.39	5
5 Sofia Wolff	11	Bishop McGui	3:33.76	4
6 Megan Canace	12	Reagan	3:48.33	3
7 Emma Brown	9	Bishop McGui	3:48.81	2
8 Mary Grace Lipscomb	11	Bishop McGui	3:51.35	1
9 Alia Bowles	9	Walkertown	3:52.33	
10 Ashley Wang	10	Atkins	4:01.01	
11 Ariana Arce		Walkertown	4:01.32	
12 Elizabeth Atkinson	10	R.J. Reynold	4:26.12	
--- Victoria Wall-Jones	11	North Forsyt	DNF	
--- Adrian York	9	R.J. Reynold	DNF	

Event 14 Boys 1000 Meter Run

Name	Yr	School	Finals	
Finals				
1 Ethan Hall	12	Atkins	2:46.42	10
2 Mac Barrett	12	Mount Tabor	2:47.37	8
3 Ryan MacReynolds	10	West Forsyth	2:49.20	6
4 Andrew York	10	R.J. Reynold	2:49.61	5
5 Jackson Lackey	12	Atkins	2:51.11	4
6 Connor Riley	11	Mount Tabor	2:51.74	3
7 Jake Cartagena	11	Atkins	2:51.75	2
8 Dyllan McPherson	12	West Forsyth	2:53.19	1
9 Andrew Riley	9	Mount Tabor	2:54.88	
10 Lucas O'Neal	10	Atkins	x3:04.58	
11 Owen Newsome	11	West Forsyth	3:05.78	
12 Jacob Ellis	9	R.J. Reynold	3:06.90	
13 Matthew Agarwala	12	Bishop McGui	3:07.99	
14 Micah Sanchez	10	East Forsyth	3:08.16	

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Finals ... (Event 14 Boys 1000 Meter Run)

Name	Yr	School	Finals
15	Arrington Culbertson	11 Bishop McGui	3:09.51
16	Connor Vanchure	Walkertown	3:12.39
17	Ryan Thornton-Johnson	Walkertown	3:13.55
18	Tyler Beason	9 Mount Tabor	x3:13.83
19	Charles Galyon	11 Reagan	3:22.12
20	Jack Matheson	9 R.J. Reynold	3:22.37
21	Henry Johnson	9 Reagan	3:25.16
22	Noah Edouard	10 West Forsyth	x3:29.45
23	Randy Oliva	11 Walkertown	3:35.23
24	Fin Redinger	12 Bishop McGui	3:39.14
25	Kolemyn Poole-Wyman	11 Carver	4:01.56

Event 15 Girls 300 Meter Dash

Name	Yr	School	Finals
Finals			
1	Megan Hatcher	10 Parkland	42.07 10
2	Ziyah Etchison	11 Parkland	42.37 8
3	Oteria Dubose	11 Parkland	44.02 6
4	Damyja Ortiz	12 Winston-Sale	44.12 5
5	Nyssa West	9 Parkland	x44.34
6	Ja'Naya Linder	10 Atkins	44.46 4
7	Kyah Newton Roseboro	11 Walkertown	44.60 3
8	Mariah Perry	9 Walkertown	45.05 2
9	Bailey Huff	9 Reagan	45.06 1
10	Sierra Frontenot	11 Atkins	45.10
11	Alexis Vaughan	10 Reagan	45.46
12	Jada Golden	10 Mount Tabor	45.66
13	Morgan Anthony	10 Atkins	45.79
14	Annabella Veneziano	10 Mount Tabor	46.01
15	Christin Edwards	10 R.J. Reynold	46.51
16	Madelyn Morton	10 R.J. Reynold	47.14
17	Qeinyla Ross	12 Walkertown	48.28
18	Gracie Vickery	11 East Forsyth	48.71
19	Elizabeth Smith	10 R.J. Reynold	48.87
20	Krisalin Coleman-Simon	9 West Forsyth	49.09
21	Jayla Williams	12 Winston-Sale	49.13
22	Mijae Pettigrew	11 Winston-Sale	49.95
23	Lillian Braunns	10 West Forsyth	50.31
24	Ruby Morales	9 Reagan	52.72
25	Nicole Hofer	9 Bishop McGui	53.58
26	Nhyla Ferguson	11 Glenn	53.90
27	Theresa Schultheis	10 Bishop McGui	54.12
28	alyana Smith	12 Winston-Sale	x54.61
29	Ariana Arce	Walkertown	x55.31
30	Olivia Douglas	10 Mount Tabor	55.99
31	Valerie Hernandez-Magadan	9 Glenn	56.44
32	Myla Lyles	10 Atkins	x58.23
33	Kaitlyn Santiago	12 East Forsyth	1:01.47
34	Livi Futrell	10 Reagan	x1:02.42
35	Makaylah Dupree	9 Mount Tabor	x1:02.77

Event 16 Boys 300 Meter Dash

Name	Yr	School	Finals
Finals			
1	Jamaari Blackburn	12 Carver	37.14 10
2	Justin Powell	11 Parkland	37.35 8
3	Jacob Patterson	10 North Forsyt	38.72 6
4	Levi Lisenby	12 Atkins	38.83 5
5	Jalyl Baker	12 Mount Tabor	38.99 4
6	Xavier Ratliff	10 R.J. Reynold	39.15 3
7	Rashaud Payne	12 East Forsyth	39.17 2
8	Xavier Fenner	11 Glenn	39.27 1
9	Joseph Terry	12 North Forsyt	39.30
10	Jeremiah Bailey	11 Reagan	40.13
11	Ricardo Avarena	10 West Forsyth	40.15
12	Ian Franco	11 Parkland	40.19
13	Chris McCorkle	11 Walkertown	40.47
14	Henry Riek	12 Bishop McGui	40.53
15	Micah Cannon	12 East Forsyth	40.63
16	Tavian Wolfe	11 East Forsyth	40.68
17	Kamari Davis	11 Parkland	40.92
18	Mateo Cancio-Fitzgerald	10 Mount Tabor	41.25
19	Isaiah Lytton	12 R.J. Reynold	41.25
20	Zare Friend	10 Atkins	41.50
21	Theri Hairston	11 Reagan	41.73
22	Fodah Adamah	12 Mount Tabor	41.73
23	Blake Simmons	10 Mount Tabor	x41.96
24	Matthew Agarwala	12 Bishop McGui	42.77
25	Zerin Brown	9 Reagan	42.88
26	Ryan Thornton-Johnson	Walkertown	43.09
27	Carter Wene	11 West Forsyth	43.12
28	Blaine Livingstone	10 Winston-Sale	43.24
29	Preh Reh	11 R.J. Reynold	43.34
30	DeAndre Potter	12 Carver	43.81
31	Julian Medina	12 Winston-Sale	43.96
32	Tracey Hernandez	9 Carver	44.08
33	Donavan Eaton	Walkertown	44.25
34	Andrew Gaylord	12 Bishop McGui	44.54
35	Keith Rogers	11 Glenn	44.88
36	Rafa Ford	11 R.J. Reynold	x45.27
37	Cody Brown	9 Glenn	45.52
38	Greg Cuthbertson	10 Winston-Sale	45.99
39	Dezmond Williford	Walkertown	x46.30
40	Antonio Adams	10 East Forsyth	x46.45
41	Javier Alcantara	9 Carver	x47.24
42	Jasiah Flack	10 Reagan	x47.41
43	Samuel Evans	9 Atkins	47.41
44	Xavier Shepard	Atkins	x49.07
45	Quamir Ritter	12 North Forsyt	50.18
46	Dominic Porreca	9 Bishop McGui	x51.46
---	Jaylin Bacote	9 Parkland	DNF
---	Camden Burrel	10 Winston-Sale	DNF

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Results

Event 17 Girls 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Lourdes Lopez	12	Bishop McGui	12:55.71 10
2 Veronica Sherman	11	Atkins	14:10.57 8

Event 18 Boys 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Will Downs	10	Atkins	10:38.98 10
2 Cedar Nichols-Barnhart	9	R.J. Reynold	10:49.26 8
3 Connor Haldeman	10	West Forsyth	11:28.77 6
4 Arrington Culbertson	11	Bishop McGui	11:34.51 5
5 Quetzal Kuppinger	12	Atkins	11:35.25 4
6 Noah Goodman	12	Bishop McGui	11:38.87 3
7 Christopher Allen	11	Atkins	11:50.24 2
8 Gavin Bramer	11	Atkins	x11:54.81
9 Jackson Fromm	11	R.J. Reynold	12:52.87 1
--- Ted Williams	12	Bishop McGui	DNF

Event 19 Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Mount Tabor	A	4:13.75 10
1) Katie McFerrin 10	2) Thalia Soule 11	
3) Jamiya Sides-Conrad 9	4) Hannah Riley 11	
2 Atkins	A	4:27.35 8
1) Morgan Anthony 10	2) Sierra Frontenot 11	
3) Jordyn Curtis 10	4) Ja'Naya Linder 10	
3 Glenn	A	4:49.70 6
1) Nhyla Ferguson 11	2) Jada Todd 11	
3) Aliza Taylor 12	4) Gabrielle Clay 12	
4 Bishop McGuinness	A	4:52.92 5
1) Mary Grace Lipscomb 11	2) Sofia Wolff 11	
3) Nina Holton 10	4) Monserat Garcia 12	

Event 20 Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Reagan	A	3:45.52 10
1) Evan Sheedy 12	2) Christian Hayes 11	
3) TSION Saunders 11	4) Hezekiah Saunders 10	
2 Mount Tabor	A	3:47.53 8
1) Jake Koonin 12	2) Benjamin Mills-Tarmey 10	
3) Connor Riley 11	4) Nathan Zavala 12	
3 West Forsyth	A	3:49.90 6
1) Ryan MacReynolds 10	2) Owen Newsome 11	
3) Dyllan McPherson 12	4) Wyatt Stephens 10	
4 Parkland	A	4:04.43 5
1) Jonathan Urena 12	2) Daniel Ochoa-Caceres 10	
3) Jesus Garcia-Benavides 11	4) Darren Wharton 12	
5 Atkins	A	4:07.23 4
1) Joseph Elliot 9	2) Levi Lisenby 12	
3) Zare Friend 10	4) Quenton Newkirk 9	

6 Bishop McGuinness	A	4:12.89 3
1) CJ Pacholke 12	2) Matthew Agarwala 12	
3) Xan Varner 12	4) Frankie Cetrone 12	
7 Walkertown	A	4:23.75 2
1) Ryan Thornton-Johnson	2) Donovan Eaton	
3) Connor Vanchure	4) Chris McCorkle 11	

Event 21 Girls High Jump

Name	Yr	School	Finals
Finals			
1 Jamiya Sides-Conrad	9	Mount Tabor	J4-04.00 10
2 Madelin Betson	10	West Forsyth	J4-04.00 8
3 Erin Imes	10	West Forsyth	J4-02.00 6
4 Annabella Veneziano	10	Mount Tabor	J4-02.00 5
--- Theresa Schultheis	10	Bishop McGui	NH
--- Amara Bradsher	10	Atkins	NH

Event 22 Boys High Jump

Name	Yr	School	Finals
Finals			
1 Jordan Wolverton	10	Mount Tabor	6-00.00 10
2 Jake Petersen	12	Mount Tabor	5-08.00 8

Event 23 Girls Pole Vault

Name	Yr	School	Finals
Finals			
1 Haley Hanes	11	West Forsyth	11-06.00 10
2 Olivia Brandon	12	West Forsyth	J9-00.00 7
2 Hannah Riley	11	Mount Tabor	J9-00.00 7
4 Noelle Childs	9	West Forsyth	J9-00.00 5
5 Stephanie Hinojos	12	West Forsyth	x8-00.00
6 Abby McGroarty	12	Reagan	7-00.00 4
7 Caroline Armentrout	9	Mount Tabor	J6-00.00 2.5
7 Lyndy Whittington	11	Mount Tabor	J6-00.00 2.5
--- Magnolia Mullen	9	Reagan	NH

Event 24 Boys Pole Vault

Name	Yr	School	Finals
Finals			
1 Owen Armentrout	12	Mount Tabor	12-00.00 10
2 Thaddeus Malatlian	12	Reagan	J11-06.00 8
3 Andrew Riley	9	Mount Tabor	J11-06.00 6
4 Sam Wood	10	Mount Tabor	9-06.00 5
5 Elijah Barnette	10	West Forsyth	8-06.00 4
6 William Harris	11	Reagan	8-00.00 3
--- Kadin Martin	12	West Forsyth	NH
--- Harrsion McAdams	12	Mount Tabor	NH

Event 25 Girls Long Jump

Name	Yr	School	Finals
Finals			
1 Maia Grant	12	Reagan	14-10.00 10
2 Londyn Green-Dubose	9	Parkland	14-05.00 7
2 Qeinyla Ross	12	Walkertown	14-05.00 7
4 Jordynn Koger	9	Reagan	13-06.50 5
5 Grace Cundiff-barnes	9	Reagan	13-06.00 3.5
5 Mariah Perry	9	Walkertown	13-06.00 3.5

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Results

Finals ... (Event 25 Girls Long Jump)

Name	Yr	School	Finals	
7 Jaziya Odom	9	Mount Tabor	12-08.50	2
8 Annabella Veneziano	10	Mount Tabor	12-07.50	1
9 Krisalin Coleman-Simon	9	West Forsyth	12-00.50	
10 Ja'Naya Linder	10	Atkins	11-09.00	
11 Kimani Alexander	12	Parkland	11-07.50	
12 Monserat Garcia	12	Bishop McGui	11-06.50	
12 Amara Bradsher	10	Atkins	11-06.50	
14 Kyndall Johnson	9	Mount Tabor	10-05.00	
15 Mijae Pettigrew	11	Winston-Sale	10-03.50	
16 Makaylah Dupree	9	Mount Tabor	x9-03.00	
17 Loanny Gotay	11	Glenn	7-08.00	

Event 26 Boys Long Jump

Name	Yr	School	Finals	
1 Tyson Adams	11	West Forsyth	21-08.00	10
2 Ethan White	11	West Forsyth	21-03.50	8
3 VJ Wilkins	12	Reagan	21-00.50	6
4 Andrew Steele	10	Reagan	20-11.00	5
5 Jordan Stephens	10	West Forsyth	19-11.50	4
6 Zyon Ellison	12	East Forsyth	19-07.00	3
7 Anthony Reynolds	10	R.J. Reynold	19-05.00	2
8 William Murphy	11	Glenn	19-00.00	1
9 Jordan Wolverton	10	Mount Tabor	18-10.00	
10 Blake Simmons	10	Mount Tabor	18-06.00	
11 RJ Hooker	10	Mount Tabor	J18-01.00	
12 Takhari McArthur	9	Glenn	J18-01.00	
13 Joseph Terry	12	North Forsyth	17-11.00	
14 Alexander Vaughan	11	Reagan	17-10.00	
15 Joseph Elliot	9	Atkins	17-06.00	
16 Quenton Newkirk	9	Atkins	17-03.00	
17 Jakub Helmus	9	R.J. Reynold	17-02.00	
18 Roland Smith	11	West Forsyth	x17-00.00	
19 Gray Calloway	12	Mount Tabor	x16-07.00	
20 Antonie Tobias	12	Atkins	16-06.00	
20 Preh Reh	11	R.J. Reynold	16-06.00	
22 Matthew Pinder	12	Bishop McGui	15-09.00	
23 Matthew Holder	12	Bishop McGui	15-03.00	
24 Tomas Springs	12	Atkins	x15-00.00	

Event 27 Girls Triple Jump

Name	Yr	School	Finals	
1 Destiny Coleman	12	Parkland	31-09.00	10
2 Larkin Macosko	10	Reagan	30-10.00	8
3 Kaila Watlington	11	Parkland	30-00.00	6
--- Kimani Alexander	12	Parkland	FOUL	

Event 28 Boys Triple Jump

Name	Yr	School	Finals	
1 John Thacker	12	Reagan	42-02.00	10
2 Andrew Steele	10	Reagan	41-11.00	8
3 Kobe Mack	9	Parkland	41-05.50	6

4 Ethan White	11	West Forsyth	40-01.00	5
5 Ocir Black	11	Parkland	39-08.00	4
6 Roland Smith	11	West Forsyth	38-10.00	3
7 Malachi Mitchell	12	Reagan	33-10.00	2

Event 29 Girls Shot Put

Name	Yr	School	Finals	
1 Shi Smart	12	West Forsyth	29-01.00	10
2 Raziyah Malloy	9	Parkland	28-06.00	7
2 Kinley Copeland	11	Reagan	28-06.00	7
4 Shakayla Sides	11	Reagan	27-09.00	5
5 Yusra Evans	11	Reagan	25-06.00	4
6 Grace Hutjens	12	Bishop McGui	23-09.00	3
7 Amiya Cody	9	Parkland	23-02.00	2
8 Iyanna Booe-Braham	10	Mount Tabor	22-05.00	1
9 Lurit Lasu	11	Atkins	22-02.00	
10 Spencer Winslow	11	Reagan	x22-00.00	
11 Stephanie Hinojos	12	West Forsyth	21-07.00	
12 Gabriella Role	12	Bishop McGui	20-09.00	
13 Sierra Maynard	11	Glenn	20-06.00	
14 Amara Bradsher	10	Atkins	20-04.00	
15 Jaden Cook	11	Atkins	18-11.00	
16 Antionette Pate	9	Mount Tabor	18-08.00	
17 Loanny Gotay	11	Glenn	15-00.00	

Event 30 Boys Shot Put

Name	Yr	School	Finals	
1 Jahnaul Ritzie	11	Glenn	46-05.00	10
2 Jayden Hall Ingram	12	Atkins	42-01.00	8
3 Spencer Webb	11	Reagan	41-01.00	6
4 Andrew Lankau	12	Bishop McGui	40-05.00	5
5 Mark Berkley	10	Mount Tabor	40-01.50	4
6 Zyon Black	11	Parkland	39-08.00	3
7 Troy Holmes	11	R.J. Reynold	38-04.00	2
8 Aaron Boyd	10	Glenn	37-09.00	1
9 Robert Jordan	10	Glenn	36-06.00	
10 Tyler Hutmacher	12	West Forsyth	36-05.00	
11 Arthur Bryant	11	Reagan	35-04.00	
12 Chandler Harley	12	Mount Tabor	34-11.00	
13 Clayton Green	12	Atkins	32-10.50	
14 Reginald Graham	11	Glenn	x32-07.00	
15 Carlton Wright	10	Mount Tabor	32-05.00	
16 Bryson Nguyen	11	Reagan	29-05.00	
17 Matthew Pinder	12	Bishop McGui	28-08.00	
18 Will Young	10	Mount Tabor	x28-04.00	
19 Ryan Porter	12	Bishop McGui	28-02.00	
20 veldon Meredith	10	Winston-Sale	24-09.00	
21 Dontrell Gainey	9	Atkins	21-01.00	

Women - Team Rankings - 15 Events Scored

1) Reagan	95.5
2) Mount Tabor	92

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JDL Fast Track

Results

3) Parkland	83
4) West Forsyth	74
5) Bishop McGuinness	49
6) Atkins	35
7) Walkertown	31.5
8) Winston-Salem Prep	21
9) Glenn	16

Men - Team Rankings - 15 Events Scored

1) Mount Tabor	123
2) West Forsyth	95
3) Reagan	89
4) Atkins	61
5) R.J. Reynolds	54
6) Parkland	31
7) Bishop McGuinness	27
8) Glenn	26
9) Carver	20
10) East Forsyth	14
11) North Forsyth	11
12) Walkertown	2