

H.O.T. Santa - 12/9/2022

JDL Fast Track

Results

Event 1 Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Abingdon	A	10:18.43 10
1) Josie Jackson 10	2) Amanda Ferrante 11	
3) Cecelia Johnson 12	4) Makaleigh Jessee 12	
2 Watauga	A	10:34.63 8
1) Rachel Cathey 11	2) Sydney Townsend 9	
3) Gwendolyn Anderson 12	4) Andriana Rink 12	
3 T.C. Roberson	A	10:41.25 6
1) Lindsey Subramaniam 11	2) Addison Copenhaver 10	
3) Clare Pollick 10	4) Thalia Soule 12	
4 South Mecklenburg	A	10:41.33 5
1) Bella Ancheta 11	2) Lizzy Weltz 9	
3) Julia Grier 9	4) Abby Harbin 10	
5 Southeast Guilford	A	10:47.03 4
1) Ivy Bridges 9	2) Hayden Haumann 9	
3) Madison Poole 10	4) Logan Ehrhardt 10	
6 North Lincoln	A	10:47.54 3
1) Kennedy Low 10	2) Kirsten Putnam 10	
3) Kayla Leslie 10	4) Blythe Jaworsky 10	
7 A.C. Reynolds	A	11:03.66 2
1) Cora Elliott 9	2) Evva Hamilton 10	
3) Ella Kepple 12	4) Katie Purnell 12	
8 Green Hope	A	11:16.34 1
1) Avery Bergamini 11	2) Anna Dudley 11	
3) Sarah Smith 10	4) Riley Chirichella 11	

Event 2 Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 South Mecklenburg	A	8:29.03 10
1) Adam Simpson 12	2) Aaron Vargas 10	
3) Preston Harbin 11	4) Caleb Roesch 12	
2 Abingdon	A	8:40.91 8
1) Jack Bundy 12	2) Rives Boltwood 11	
3) Bramley Childress 12	4) Henry Pillion 10	
3 Watauga	A	8:58.80 6
1) Jonah Norris 10	2) Will Bradbury 10	
3) Collin Anderson 11	4) Roman Sibaja 11	
4 West Stokes	A	9:14.25 5
1) Chad Goodman 10	2) Zeb Mathis 10	
3) Trevor Shiffert 11	4) Greg Grasso 12	
5 Polk County	A	9:15.99 4
1) Cade Bright 11	2) Nathaniel Martinez 10	
3) Davis Young 10	4) Jalyn Thomas 11	
6 A.C. Reynolds	A	9:20.90 3
1) Trevor Scarborough 11	2) Ben Long 12	
3) Elliott Kohn 11	4) Ben Carpenter 10	
7 Southeast Guilford	A	9:40.85 2
1) Eddison Bridges 12	2) Janeel Folkes 9	
3) Chase Comito 12	4) Ashton Thomas 10	
8 Green Hope	A	9:49.75 1
1) Jack Zelich 12	2) Tyler Herrick 10	
3) Nicholas Froehlich 11	4) Aarin Patel 10	

Event 3 Girls 55 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Amaya Hopkins	12	South Meckle	8.50 10
2 Tanzania Washington	12	Dudley	8.94 8
3 Alise Turner	10	Green Hope	9.23 6
4 Jenna Costa	10	Green Hope	9.64 5
5 Alyssa Tucker	12	South Meckle	9.77 4
6 Kaelin Brown	11	Dudley	9.93 3
7 Sadie Buchanan	10	Watauga	9.99 2
8 Haylee Gibson	10	North Lincol	10.71 1
9 Jenny Copeland	10	Abingdon	11.37
10 Danielle Dudley	11	North Lincol	11.45
11 Gabrielle Osborne	11	T.C. Roberso	11.65
12 Kennedy Low	10	North Lincol	12.06
13 Tahlyn Tritt	9	Abingdon	12.52
14 Lindsey Lowry	9	Abingdon	13.18

Event 4 Boys 55 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Liam Sutton	12	North Lincol	7.86 10
2 David Blackmon	12	Dudley	8.54 8
3 Nathaniel Rhein	12	Polk County	8.60 6
4 Shawn Seagraves	12	Dudley	8.77 5
5 Justin Bullock	12	Southeast Gu	8.83 4
6 Alex Duncan	11	North Lincol	9.11 3
7 Rian Jones	10	T.C. Roberso	9.15 2
8 Cameron Gregg	11	Green Hope	9.56 1
9 Alec Wood	11	West Stokes	9.72
10 Ryan Rogerson	9	Polk County	10.54
11 Lane Stephens	10	North Stokes	10.70
12 Turner Thomas	10	North Lincol	11.01
13 Nicholas Rath	9	T.C. Roberso	11.14
14 Yenesew Smith	12	Abingdon	12.50
--- Ghoya Malembi	11	South Meckle	DQ

Event 5 Girls 55 Meter Dash

Name	Yr	School	Finals
Finals			
1 Nathalya Daniels	12	Dudley	7.47 10
2 Gabrielle Cheek	11	Dudley	7.54 8
3 Khyla Well-Scott	10	Southeast Gu	7.68 6
4 Chloe Odum	12	Abingdon	7.70 5
5 Kari Parker	9	Dudley	7.72 4
6 Tyla Gamble	12	Dudley	x7.76
7 Riley Cvetkovski	12	Abingdon	7.79 3
8 Valerie Martinez	9	South Meckle	7.82 2
9 Tanaia Taylor	11	Forest Hills	7.83 1
10 Stella Chudomel	11	A.C. Reynold	7.84
11 Sofia Lacorte	10	T.C. Roberso	7.84
12 Holland Brown	10	South Meckle	8.13
13 Jasmine Nelson	11	T.C. Roberso	8.16
14 Mya Hopson	12	Abingdon	8.19
15 Amelia Kulpa	10	South Meckle	8.28

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Results

Finals ... (Event 5 Girls 55 Meter Dash)

Name	Yr	School	Finals
16 Kori Andis	11	Abingdon	x8.29
17 Lily Redden	12	A.C. Reynold	8.29
18 Makenna Hinton	10	South Meckle	x8.34
19 Jordyn McKissick	12	Southeast Gu	8.36
20 Shaniya Summers	9	Southeast Gu	8.50
21 Lydia Williams	10	Green Hope	8.51
22 Aalyah Little	11	Forest Hills	8.53
23 Ontrella Lotharp	11	Forest Hills	8.54
24 Amaya Casiano	11	A.C. Reynold	8.59
25 Alison Bertrand	9	Watauga	8.62
26 London Williams	10	Green Hope	8.69
27 Ivy Trafford	10	North Lincol	8.71
28 Raiana Obie	11	Southeast Gu	x8.74
29 Anna Dabbs	10	North Lincol	8.76
30 Natalie Johnston	10	Watauga	8.98
31 Penelope Shack	9	Watauga	9.01
32 Mea Sellers	11	Watauga	x9.07
33 Shayland Robinson	9	Forest Hills	x9.37
34 Jalynn Hollis	11	T.C. Roberso	9.45

Event 6 Boys 55 Meter Dash

Name	Yr	School	Finals
1 Kamaal Ryan	9	Dudley	6.56 10
2 Isaiah Sykes	11	South Garner	6.66 8
3 M.A. Skeins	11	A.C. Reynold	6.67 6
4 Tareeq Brewer	10	South Garner	6.70 5
5 Tylei Woolard	12	Dudley	6.71 4
6 Jeremiah Sellers	11	North Lincol	6.77 3
7 Orlando Burch	12	Forest Hills	6.78 2
8 Cameron Williams	12	Southeast Gu	6.86 1
9 Isaiah Little	11	A.C. Reynold	6.87
10 Adeniyi Adegorioye	9	Dudley	6.89
11 Owen Zalc	12	Green Hope	6.90
12 JJ Long	12	Abingdon	6.97
13 Lasana Sannoh	9	Dudley	x6.98
14 Ethan Stanley	11	Abingdon	6.99
15 Cobe Wright	11	Green Hope	7.08
16 Omung Chhina	12	T.C. Roberso	7.09
17 Ghoya Malembi	11	South Meckle	7.12
18 Justin Bourne	9	South Garner	7.13
19 Jake Dillingham	10	North Lincol	7.14
20 Lade Oguntoyinbo	11	Watauga	7.15
21 Bashiru Bah	9	Green Hope	7.17
22 Owen Barr	10	Abingdon	7.18
23 Cash Hunter	10	South Meckle	7.20
24 Joe Lopez	10	Green Hope	x7.27
25 Jermaine Harris	10	Southeast Gu	7.28
26 Cooper Green	10	A.C. Reynold	7.38
27 Walker Dockery	10	Forest Hills	7.44
28 Tyke Thompson	9	Abingdon	x7.47
29 Carson Harwood	11	North Lincol	7.48
30 Jacobi Leak	10	Forest Hills	7.50
31 Zachary Stanley	10	T.C. Roberso	7.55

32 Mason Harris	9	Watauga	7.57
33 Isaiah Allen	11	Forest Hills	x7.59
34 Mathew Wittkamp	10	North Lincol	x7.60
35 Jayvan Montesdeoca	9	South Meckle	7.61
36 Chad Black	9	A.C. Reynold	x7.68
37 Remmy Peart	9	T.C. Roberso	7.77
38 Mekhi Benson	9	South Meckle	x7.82
39 Jayden Batts	9	Southeast Gu	7.86
40 Anthony Lindsey	11	T.C. Roberso	x7.87
41 Joshua Moser	9	North Stokes	7.99
--- Travis Covington	10	Southeast Gu	FS
--- Anthony Boykins Jr.	9	South Garner	FS

Event 7 Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 South Mecklenburg	A	1:49.18 10
1) Nadia Bolden 11	2) Leah Harris 12	
3) Sydney Justice 12	4) Hannah Harris 11	
2 Green Hope	A	1:53.88 8
1) Alise Turner 10	2) Corinne Isaacs 10	
3) Lilah Dailey 11	4) Hanna Lee 11	
3 Abingdon	A	1:55.04 6
1) Lenzie Blackmon 12	2) Riley Cvetkovski 12	
3) Taylor Odum 10	4) Chloe Odum 12	
4 Watauga	A	1:56.92 5
1) Sophia Kop 9	2) Ava Doty 10	
3) Caroline Beach-Verhey 12	4) Lilly Stough 9	
5 Dudley	A	1:57.87 4
1) Serenitie Johnson 10	2) Jade Meekins 11	
3) Kaelin Brown 11	4) Skylar White 11	
6 A.C. Reynolds	A	1:58.93 3
1) Stella Chudomel 11	2) Allison McKay 12	
3) Lily Redden 12	4) Amaya Casiano 11	
7 Southeast Guilford	A	1:59.79 2
1) Shaniya Summers 9	2) Xyrhiana Short 10	
3) Destiny Hamlin 10	4) Khyla Well-Scott 10	

Event 8 Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 South Garner	A	1:36.07 10
1) Isaiah Sykes 11	2) Anothony Jr. Boykins Fr	
3) Justin Bourne 9	4) DaShawn Winters 12	
2 Green Hope	A	1:38.08 8
1) Cobe Wright 11	2) Christian Wright 12	
3) Joe Lopez 10	4) Owen Zalc 12	
3 A.C. Reynolds	A	1:38.51 6
1) M.A. Skeins 11	2) Isaiah Little 11	
3) Daniel Derescuciv 10	4) Sean Green 12	
4 Watauga	A	1:40.47 5
1) Lade Oguntoyinbo 11	2) Nyle Peays 9	
3) Evan Burroughs 9	4) Maxwell DePriest 12	
5 South Mecklenburg	A	1:40.80 4
1) Chris Brown 12	2) Junior Mpiana 12	
3) Ryan Campbell 11	4) Amiri Braziel 12	

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Results

Finals ... (Event 8 Boys 4x200 Meter Relay)

Team	Relay	Finals
6 Abingdon	A	1:42.54 3
1) JJ Long 12	2) Ethan Stanley 11	
3) Tyke Thompson 9	4) Ricky Rolen 11	
7 Dudley	A	1:47.18 2
1) Adeniyi Adegorioye 9	2) Jaylen Blacknall 10	
3) Langston Wood 11	4) David Blackmon 12	
8 Forest Hills	A	1:47.98 1
1) Tyler Fincher 10	2) Jacobi Leak 10	
3) Isaiah Allen 11	4) Ty-Quavius Ponds 12	
9 Southeast Guilford	A	1:48.10
1) Jermaine Harris 10	2) Jayden Ekpene 10	
3) Jayden Batts 9	4) Rodney Seymour 10	
10 West Stokes	A	1:48.54
1) Ahiyason Bullard 11	2) Hunter Ramey 11	
3) Alec Wood 11	4) Caleb Wood 11	

Event 9 Girls 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Macy Parks	12	North Lincol	5:24.57 10
2 Bella Wood	11	North Lincol	5:32.20 8
3 Olivia Ferraro	9	North Lincol	5:39.26 6
4 Lizzy Weltz	9	South Meckle	5:45.41 5
5 Gwendolyn Anderson	12	Watauga	5:46.70 4
6 Amanda Ferrante	11	Abingdon	5:47.71 3
7 Josie Jackson	10	Abingdon	5:49.40 2
8 Cecelia Johnson	12	Abingdon	5:58.39 1
9 Susanna Ashworth	12	Polk County	6:03.56
10 Andriana Rink	12	Watauga	6:03.85
11 Jane Beach-Verhey	9	Watauga	6:08.90
12 Lindsey Subramaniam	11	T.C. Roberso	6:10.17
13 Josephine Thiessen	9	Abingdon	x6:12.21
14 Kayla Leslie	10	North Lincol	x6:16.05
15 Sydney Townsend	9	Watauga	x6:16.66
16 Chloe Julius	10	T.C. Roberso	6:17.23
17 Ryley Bowles	9	West Stokes	6:26.96
18 Kaitlin Elliott	11	Green Hope	6:27.60
19 Millie McGee	9	West Stokes	6:28.87
20 Delaney Cowen	11	Green Hope	6:37.95
21 Ella Chase	9	A.C. Reynold	6:39.19
22 Kate Long	9	A.C. Reynold	6:39.49
23 Avery McIntyre	10	Green Hope	7:48.87
--- Clare Pollick	10	T.C. Roberso	DNF

Event 10 Boys 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Caleb Roesch	12	South Meckle	4:34.45 10
2 Will Bradbury	10	Watauga	4:41.11 8
3 Preston Harbin	11	South Meckle	4:53.89 6
4 Greg Grasso	12	West Stokes	4:54.27 5
5 Alex Bradley	12	North Lincol	4:57.43 4
6 Matt Dubrule	11	Green Hope	4:59.07 3
7 Mirko Glavan	12	North Lincol	4:59.28 2

8 Trevor Shiffert	11	West Stokes	4:59.79 1
9 Abishek Pradhan	11	Dudley	4:59.85
10 Ben Long	12	A.C. Reynold	5:00.00
11 Adam Simpson	12	South Meckle	5:00.25
12 Theo Zalc	11	Green Hope	5:01.69
13 Parva Vyas	10	Green Hope	5:12.51
14 Thomas Dunn	11	Green Hope	x5:13.35
15 Zeb Mathis	10	West Stokes	5:13.51
16 Collin Anderson	11	Watauga	5:14.01
17 Roman Sibaja	11	Watauga	5:14.35
18 Chad Goodman	10	West Stokes	x5:14.57
19 Noah Remes	10	South Meckle	x5:16.25
20 Calvin Zwetsloot	9	Watauga	x5:16.93
21 Elliott Kohn	11	A.C. Reynold	5:21.22
22 Mason Grant	10	T.C. Roberso	5:21.40
23 Luke Gibson	9	Abingdon	5:26.84
24 Alex Davis	9	T.C. Roberso	5:31.81
25 Ben Carpenter	10	A.C. Reynold	5:40.00
26 Bryce Whiteside	9	Southeast Gu	5:40.71
27 Andrew Fulton	9	North Lincol	5:47.63
28 Tristan Devine	11	Polk County	5:52.31
29 Harrison Ashworth	11	Polk County	5:52.91
30 Ely Andis	9	Abingdon	5:57.49
31 Carson McMullen	10	Abingdon	6:02.86
32 Brinson Ashworth	9	Polk County	6:06.21
33 Carlos Hernandez	10	North Stokes	6:09.36
34 Cayden Fuller	9	Southeast Gu	6:09.98
35 Grant Smith	9	Southeast Gu	6:11.24
36 Oscar Arellano	10	North Stokes	6:14.39

Event 11 Girls 500 Meter Dash

Name	Yr	School	Finals
Finals			
1 Kirsten Putnam	10	North Lincol	1:27.88 10
2 Taylor Odum	10	Abingdon	1:28.79 8
3 Lila Smith	9	South Meckle	1:30.40 6
4 Brinley Zalc	11	Green Hope	1:30.78 5
5 Aa'Niyah Massey	10	Dudley	1:33.07 4
6 Julia Grier	9	South Meckle	1:33.22 3
7 Zariah Jones	9	Dudley	1:34.91 2
8 Shaniya Summers	9	Southeast Gu	1:35.47 1
9 Claire Odriscoll	10	Green Hope	1:37.29
10 Sadie Buchanan	10	Watauga	1:38.12
11 Kennedy Low	10	North Lincol	1:38.25
12 Ivy Trafford	10	North Lincol	1:38.83
13 Natalie Johnston	10	Watauga	1:40.79
14 Sara Smith	10	Watauga	1:41.37
15 Mary Hitch	10	Abingdon	1:41.65
16 Meredith Kilpatrick	10	T.C. Roberso	1:42.10
17 Ainsley Richmond	9	Abingdon	1:43.39
18 Emma Hamilton	9	Abingdon	x1:44.30
19 Lily Aho	9	A.C. Reynold	1:44.86
20 Misa Brumby	10	Dudley	1:46.18
21 Kaylee Orr	11	T.C. Roberso	1:46.63
22 Cameron Bowles	9	West Stokes	1:47.01
23 Olivia Goforth	11	West Stokes	1:47.92

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Finals ... (Event 11 Girls 500 Meter Dash)

Name	Yr	School	Finals
24 Lelah Stocks	9	Southeast Gu	1:53.46
25 Lillian Trull	12	Forest Hills	1:55.96
26 Yadira Atempa-Roman	10	Forest Hills	1:56.45
27 Jedidiah Adu	9	West Stokes	1:59.77
28 Mia Mayren	12	Forest Hills	2:04.65
29 Julia Mckinney	9	Watauga	x2:05.81

Event 12 Boys 500 Meter Dash

Name	Yr	School	Finals
Finals			
1 Ashton Thomas	10	Southeast Gu	1:09.40 10
2 Aaron Vargas	10	South Meckle	1:10.85 8
3 Joshua Hamilton	12	Watauga	1:11.44 6
4 Immanuel Mayner	12	North Lincol	1:12.95 5
5 Christian Wright	12	Green Hope	1:13.40 4
6 Walker Dockery	10	Forest Hills	1:14.18 3
7 Alex Gremmell	10	Watauga	1:14.54 2
8 Ahiyason Bullard	11	West Stokes	1:14.84 1
9 Dylan Jenkins	10	North Lincol	1:15.11
10 Clyde Smith	10	T.C. Roberso	1:16.15
11 Shawn Seagraves	12	Dudley	1:16.28
12 Ernesto Cardenes	10	North Lincol	1:16.64
13 Ryan Edgerton	10	Southeast Gu	1:16.76
14 Ryan Pigora	11	Green Hope	1:17.71
15 Rodney Seymour	10	Southeast Gu	1:19.71
16 Nathanael Cox	12	Watauga	1:19.80
17 Caleb Wood	11	West Stokes	1:19.80
18 Anthony Henderson	11	South Meckle	1:21.68
19 Alec Wood	11	West Stokes	1:21.70
20 Demerius Brown	12	Southeast Gu	x1:23.31
21 Payton Mollinary	9	Abingdon	1:23.32
22 Brice Douglas	9	Dudley	1:24.95
23 Mason Sollien	9	Abingdon	1:25.18
24 Cade Brown	10	South Meckle	1:25.41
25 Mason Duke	9	Abingdon	1:26.19
26 Mason Harris	9	Watauga	x1:26.64
27 David Neaga	11	T.C. Roberso	1:26.72
28 Dan Nsenda	9	North Lincol	x1:28.63

Event 13 Girls 1000 Meter Run

Name	Yr	School	Finals
Finals			
1 Ella Kepple	12	A.C. Reynold	3:09.25 10
2 Macy Parks	12	North Lincol	3:12.42 8
3 Logan Ehrhardt	10	Southeast Gu	3:14.13 6
4 Olivia Ferraro	9	North Lincol	3:18.13 5
5 Amanda Ferrante	11	Abingdon	3:29.61 4
6 Blythe Jaworsky	10	North Lincol	3:36.85 3
7 Rachel Cathey	11	Watauga	3:40.08 2
8 Addison Copenhaver	10	T.C. Roberso	3:41.13 1
9 Abby Harbin	10	South Meckle	3:41.39
10 Sydney Townsend	9	Watauga	3:42.17
11 Madison Poole	10	Southeast Gu	3:43.40
12 Sarah Smith	10	Green Hope	3:44.09

13 Riley Chirichella	11	Green Hope	3:45.78
14 Ryley Bowles	9	West Stokes	3:46.78
15 Hayden Haumann	9	Southeast Gu	3:46.82
16 Kaegan Pierce	9	North Lincol	x3:47.14
17 Cora Elliott	9	A.C. Reynold	3:48.68
18 Caroline Beach-Verhey	12	Watauga	3:49.09
19 Jill Cochrane	9	A.C. Reynold	3:52.42
20 Avery Bergamini	11	Green Hope	3:52.74
21 Anna Dudley	11	Green Hope	x3:54.24
22 Millie McGee	9	West Stokes	3:59.68
23 Christina McKinney	9	Dudley	4:01.41
24 Sadie Knox	12	West Stokes	4:10.02
25 Nadya Smith	11	Southeast Gu	x5:09.72

Event 14 Boys 1000 Meter Run

Name	Yr	School	Finals
Finals			
1 Stephen Ferneti	12	North Lincol	2:41.18 10
2 Logan Richardson	10	North Lincol	2:48.65 8
3 Josiah Kaiser	12	T.C. Roberso	2:50.66 6
4 Terrance Oates	12	Dudley	2:51.93 5
5 Greg Grasso	12	West Stokes	2:55.10 4
6 Roman Sibaja	11	Watauga	2:56.31 3
7 Trevor Shiffert	11	West Stokes	2:57.92 2
8 Henry Pillion	10	Abingdon	3:01.42 1
9 Jonah Norris	10	Watauga	3:05.36
10 Aaron Spears	11	Dudley	3:08.65
11 Trevor Scarborough	11	A.C. Reynold	3:08.82
12 Jack Zelich	12	Green Hope	3:09.98
13 Davis Crymes	11	Watauga	3:10.20
14 Cerril Ellis	11	Dudley	3:15.75
15 Chase Comito	12	Southeast Gu	3:17.37
16 Tyler Herrick	10	Green Hope	3:17.65
17 Luke Gibson	9	Abingdon	3:19.81
18 Mason Chong	10	T.C. Roberso	3:19.93
19 August Fodi	9	A.C. Reynold	3:20.01
20 Gerran Green	9	North Lincol	3:20.47
21 Christian Bess	9	North Lincol	x3:21.69
22 Julian Colodonato	9	A.C. Reynold	3:21.95
23 William Madamba	10	A.C. Reynold	x3:22.09
24 Janeel Folkes	9	Southeast Gu	3:22.90
25 Ardon Malan	10	Polk County	3:25.95
26 Josias Adon	10	Southeast Gu	3:31.03
27 Wayne Homan	9	Green Hope	3:34.95
28 TJ Mendenhall	11	West Stokes	3:35.46
29 Shane Melendez	10	South Meckle	3:37.55
30 Ely Andis	9	Abingdon	3:37.84
31 Carson McMullen	10	Abingdon	x3:39.19
32 Colt Fuller	9	Southeast Gu	x3:40.19

Event 15 Girls 300 Meter Dash

Name	Yr	School	Finals
Finals			
1 Nathalya Daniels	12	Dudley	42.37 10
2 Sydney Justice	12	South Meckle	42.55 8
3 Corinne Isaacs	10	Green Hope	43.82 6

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Results

Finals ... (Event 15 Girls 300 Meter Dash)				
Name	Yr	School	Finals	
4 Leah Harris	12	South Meckle	44.02	5
5 Tyla Gamble	12	Dudley	44.77	4
6 Khyla Well-Scott	10	Southeast Gu	45.42	3
7 Lilly Stough	9	Watauga	45.98	2
8 Aa'Niyah Massey	10	Dudley	45.99	1
9 Stella Chudomel	11	A.C. Reynold	46.44	
10 Hanna Lee	11	Green Hope	46.60	
11 Tanaia Taylor	11	Forest Hills	47.28	
12 Lilah Dailey	11	Green Hope	47.46	
12 Haylee Gibson	10	North Lincol	47.46	
14 Sofia Lacorte	10	T.C. Roberso	47.49	
15 Destiny Hamlin	10	Southeast Gu	47.92	
16 Katie McConnell	10	Abingdon	48.21	
17 Aalyah Little	11	Forest Hills	48.55	
18 Miasia Covington	10	South Meckle	48.81	
19 Lenzie Blackmon	12	Abingdon	48.96	
20 Jenny Copeland	10	Abingdon	49.02	
21 Alyssa Tucker	12	South Meckle	x49.43	
22 Ontrella Lotharp	11	Forest Hills	50.39	
23 Danielle Dudley	11	North Lincol	51.02	
24 Alison Bertrand	9	Watauga	51.12	
25 Nalaya Jones	10	Southeast Gu	51.19	
26 Marianah Keville	10	North Lincol	51.20	
27 Allison McKay	12	A.C. Reynold	51.32	
28 Penelope Shack	9	Watauga	53.12	
29 Cameron Bowles	9	West Stokes	53.55	
30 Gabrielle Osborne	11	T.C. Roberso	53.79	
31 Olivia Goforth	11	West Stokes	53.92	
32 Carolyn Hitch	9	Abingdon	x55.83	
33 Mea Sellers	11	Watauga	x56.33	
34 Jalynn Hollis	11	T.C. Roberso	56.91	
35 Xyrhiana Short	10	Southeast Gu	x57.17	
36 Alice Nsenda	11	North Lincol	x58.77	
37 Destiny Walker	10	Forest Hills	x59.57	
38 Anita Zavyalova	11	A.C. Reynold	1:00.32	
39 Avery Ward	9	A.C. Reynold	x1:01.80	
40 Jedidiah Adu	9	West Stokes	1:03.42	
--- Kari Parker	9	Dudley	DNF	

Event 16 Boys 300 Meter Dash				
Name	Yr	School	Finals	
Finals				
1 Kamaal Ryan	9	Dudley	36.21	10
2 Travis Covington	10	Southeast Gu	37.39	8
3 Isaiah Sykes	11	South Garner	37.56	6
4 Omung Chhina	12	T.C. Roberso	38.21	5
5 Orlando Burch	12	Forest Hills	38.31	4
6 Tareeq Brewer	10	South Garner	38.67	3
7 Mark Tillman	12	Southeast Gu	38.76	2
8 Owen Zalc	12	Green Hope	38.87	1
9 Jake Dillingham	10	North Lincol	38.87	
10 Jakob Crosswell	10	Watauga	39.21	
11 Lasana Sannoh	9	Dudley	39.21	
12 Shawn Seagraves	12	Dudley	39.22	

13 JJ Long	12	Abingdon	39.27	
14 Devin Dow	9	Dudley	x39.61	
15 Ryan Bereda	10	Green Hope	39.75	
16 Nyle Peays	9	Watauga	40.47	
17 Ryan Campbell	11	South Meckle	40.80	
18 Clyde Smith	10	T.C. Roberso	40.99	
19 Ty-Quavius Ponds	12	Forest Hills	41.09	
20 Cobe Wright	11	Green Hope	41.16	
21 Lade Oguntoyinbo	11	Watauga	41.44	
22 Isaiah Howard	12	Southeast Gu	41.54	
23 Joe Lopez	10	Green Hope	x41.68	
24 Aaron Doeden	10	North Lincol	41.74	
25 Jermaine Harris	10	Southeast Gu	x42.03	
26 Alec Wood	11	West Stokes	42.16	
27 Walker Dockery	10	Forest Hills	43.03	
28 Noah Doeg	10	A.C. Reynold	43.08	
29 Caleb Wood	11	West Stokes	43.69	
30 Ghoya Malembi	11	South Meckle	43.87	
31 Charlie Trotter	10	North Lincol	44.03	
32 Liam McInniss	9	A.C. Reynold	44.12	
33 Kellan Mills	11	T.C. Roberso	44.97	
34 Joshua Moser	9	North Stokes	47.15	
35 Remmy Peart	9	T.C. Roberso	x48.26	
36 Andrew Tynio	11	North Stokes	48.50	
37 Yenesew Smith	12	Abingdon	49.78	
--- Junior Mpiana	12	South Meckle	DNF	
--- Nolin Ager	10	A.C. Reynold	DQ	

Event 17 Girls 3200 Meter Run				
Name	Yr	School	Finals	
Finals				
1 Bella Wood	11	North Lincol	12:35.94	10
2 Aleah Dorn	10	Abingdon	12:39.76	8
3 Ivy Bridges	9	Southeast Gu	12:39.86	6
4 Gwendolyn Anderson	12	Watauga	13:00.94	5
5 Logan Ehrhardt	10	Southeast Gu	13:39.76	4
6 Madison Poole	10	Southeast Gu	13:39.99	3
7 Jane Beach-Verhey	9	Watauga	13:47.62	2
8 Rachel Cathey	11	Watauga	13:49.36	1

Event 18 Boys 3200 Meter Run				
Name	Yr	School	Finals	
Finals				
1 Jack Bundy	12	Abingdon	9:56.46	10
2 Rives Boltwood	11	Abingdon	10:03.71	8
3 Will Bradbury	10	Watauga	10:23.13	6
4 Samuel Beasey	11	Abingdon	11:12.79	5
5 Ian House	9	Green Hope	11:20.40	4
6 Miguel Carrasco Gomez	9	Green Hope	11:25.54	3
7 Collin Anderson	11	Watauga	11:30.27	2
8 Calvin Zwetsloot	9	Watauga	11:46.64	1
9 Davis Crymes	11	Watauga	x11:47.38	
10 Cooper Elmore	9	North Lincol	11:49.76	
11 Mason Grant	10	T.C. Roberso	11:56.74	
12 Ethan Isales	10	North Lincol	12:09.23	
13 Bryce Whiteside	9	Southeast Gu	12:26.56	

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JDL Fast Track

Results

Finals ... (Event 18 Boys 3200 Meter Run)

Name	Yr	School	Finals
14 Colt Fuller	9	Southeast Gu	14:07.31
15 Cayden Fuller	9	Southeast Gu	14:11.47
16 Grant Smith	9	Southeast Gu	x14:46.88
--- Bramley Childress	12	Abingdon	DNF

Event 19 Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 South Mecklenburg	A	4:11.20 10
1) Bella Ancheta 11	2) Amaya Hopkins 12	
3) Sydney Justice 12	4) Leah Harris 12	
2 Abingdon	A	4:18.10 8
1) Chloe Odum 12	2) Taylor Odum 10	
3) Makaleigh Jessee 12	4) Josie Jackson 10	
3 Green Hope	A	4:31.45 6
1) Corinne Isaacs 10	2) Hanna Lee 11	
3) Anna Dudley 11	4) Brinley Zalc 11	
4 Southeast Guilford	A	4:32.56 5
1) Logan Ehrhardt 10	2) Nalaya Jones 10	
3) Ivy Bridges 9	4) Destiny Hamlin 10	
5 Watauga	A	4:36.30 4
1) Sophia Kop 9	2) Ava Doty 10	
3) Lilly Stough 9	4) Caroline Beach-Verhey 12	
6 Dudley	A	4:47.99 3
1) Misa Brumby 10	2) Tyla Gamble 12	
3) Aa'Niyah Massey 10	4) Dorothy Braswell 11	

Event 20 Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 North Lincoln	A	3:39.09 10
1) Liam Sutton 12	2) Logan Richardson 10	
3) Stephen Ferneti 12	4) Immanuel Mayner 12	
2 Dudley	A	3:39.83 8
1) Kamaal Ryan 9	2) Shawn Seagraves 12	
3) Terrance Oates 12	4) Devin Dow 9	
3 Southeast Guilford	A	3:45.17 6
1) Ryan Edgerton 10	2) Travis Covington 10	
3) Mark Tillman 12	4) Ashton Thomas 10	
4 Watauga	A	3:48.77 5
1) Jakob Crosswell 10	2) Alex Gremmell 10	
3) Kees Greene 9	4) Joshua Hamilton 12	
5 Green Hope	A	3:55.52 4
1) Ryan Pigora 11	2) Graham Williams 12	
3) Cameron Gregg 11	4) Jack Zelich 12	
6 Abingdon	A	4:26.70 3
1) Payton Mollinary 9	2) Luke Gibson 9	
3) Mason Sollien 9	4) Mason Duke 9	

Event 21 Girls High Jump

Name	Yr	School	Finals
Finals			
1 Ava Utt	12	Millennium	4-08.00 10
2 Jedidiah Adu	9	West Stokes	J4-08.00 8

3 Maggie McCammon	11	Polk County	4-06.00 6
4 Tyler Spriggs	12	Green Hope	J4-06.00 5
5 Jordyn McKissick	12	Southeast Gu	J4-06.00 4
6 Nalaya Jones	10	Southeast Gu	J4-06.00 3
7 Tahlyn Tritt	9	Abingdon	4-02.00 2
8 Sophia Kop	9	Watauga	4-00.00 1
--- Jenny Copeland	10	Abingdon	NH

Event 22 Boys High Jump

Name	Yr	School	Finals
Finals			
1 Alex Duncan	11	North Lincol	5-06.00 10
2 Logan Jones	12	North Lincol	5-04.00 8
3 Rian Jones	10	T.C. Roberso	5-02.00 6
4 Lane Stephens	10	North Stokes	J5-02.00 5
5 Evan Burroughs	9	Watauga	J5-02.00 4
6 Aidan Gillespie	11	T.C. Roberso	5-00.00 3
7 Bashiru Bah	9	Green Hope	J5-00.00 2
--- Payton Mollinary	9	Abingdon	NH
--- Isaiah Howard	12	Southeast Gu	NH

Event 23 Girls Pole Vault

Name	Yr	School	Finals
Finals			
1 Olivia Burroughs	11	Watauga	10-00.00 10
2 Anastasia Jeffcoat	12	Green Hope	8-06.00 8
3 Meredith Kilpatrick	10	T.C. Roberso	7-06.00 6
4 Kaylee Orr	11	T.C. Roberso	J7-06.00 5
--- Jasmine Nelson	11	T.C. Roberso	NH

Event 24 Boys Pole Vault

Name	Yr	School	Finals
Finals			
1 David Lee Williams	10	North Stokes	12-06.00 10
2 Luke Wilson	9	Watauga	11-00.00 7
2 Clayo Kulczyk	10	Watauga	11-00.00 7
4 Logan Jones	12	North Lincol	10-06.00 5
5 Josiah Kaiser	12	T.C. Roberso	J10-06.00 4
6 Andrew Tynio	11	North Stokes	J10-06.00 3

Event 25 Girls Long Jump

Name	Yr	School	Finals
Finals			
1 Tanaia Taylor	11	Forest Hills	17-02.00 10
2 Chloe Odum	12	Abingdon	16-03.00 8
3 Kari Parker	9	Dudley	15-04.00 6
4 Nadia Bolden	11	South Meckle	15-03.50 5
5 Serenitie Johnson	10	Dudley	J15-03.50 4
6 Taylor Odum	10	Abingdon	14-05.50 3
7 Sidney Griffin	12	South Meckle	14-04.00 2
8 Jenna Costa	10	Green Hope	14-02.50 1
9 Olivia Burroughs	11	Watauga	13-05.50
10 Lilly Stough	9	Watauga	13-04.00
11 Jade Meekins	11	Dudley	13-01.50
12 Jasmine Nelson	11	T.C. Roberso	13-00.50
13 Kori Andis	11	Abingdon	12-09.00

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JDL Fast Track

Results

Finals ... (Event 25 Girls Long Jump)

Name	Yr	School	Finals
14 Haylee Gibson	10	North Lincol	12-08.50
15 Katie McConnell	10	Abingdon	x12-05.50
16 London Williams	10	Green Hope	12-02.50
17 Madeline VanMaanen	9	T.C. Roberso	12-01.00
18 Xyghiana Short	10	Southeast Gu	11-11.50
19 Anna Dabbs	10	North Lincol	11-09.00
20 Marianah Keville	10	North Lincol	11-00.00
--- Audrey Gillis	10	T.C. Roberso	ND

Event 26 Boys Long Jump

Name	Yr	School	Finals
Finals			
1 Tylei Woolard	12	Dudley	21-05.75 10
2 Liam Sutton	12	North Lincol	20-10.50 8
3 Justin Bourne	9	South Garner	19-11.50 6
4 Jeremiah Sellers	11	North Lincol	19-10.25 5
5 DaShawn Winters	12	South Garner	19-08.25 4
6 TyQuarius Harris	12	Dudley	19-03.50 3
7 JJ Long	12	Abingdon	19-01.25 2
8 Mark Tillman	12	Southeast Gu	19-01.00 1
9 Orlando Burch	12	Forest Hills	18-10.50
10 Owen Barr	10	Abingdon	18-04.00
11 Lasana Sannoh	9	Dudley	18-00.50
12 Ryan Bereda	10	Green Hope	18-00.00
13 Amiri Braziel	12	South Meckle	17-10.00
14 Cameron Williams	12	Southeast Gu	17-06.50
15 Devin Dow	9	Dudley	x17-06.25
16 Evan Burroughs	9	Watauga	17-05.25
17 Kees Greene	9	Watauga	17-02.75
18 Landon Sprouse	11	T.C. Roberso	16-09.00
19 Cobe Wright	11	Green Hope	16-06.00
20 Cash Hunter	10	South Meckle	16-05.00
21 Aidan Gillespie	11	T.C. Roberso	16-03.00
22 Kellan Mills	11	T.C. Roberso	16-02.25
23 Ernesto Cardenes	10	North Lincol	16-01.00
24 Zachary Stanley	10	T.C. Roberso	x15-09.50
25 Aaron Doeden	10	North Lincol	x15-06.50
--- Hunter Ramey	11	West Stokes	ND

Event 27 Girls Triple Jump

Name	Yr	School	Finals
Finals			
1 Tanaia Taylor	11	Forest Hills	36-03.50 10
2 Kari Parker	9	Dudley	32-09.50 8
3 Jenna Costa	10	Green Hope	32-00.75 6
4 Sidney Griffin	12	South Meckle	31-03.75 5
5 Riley Cvetkovski	12	Abingdon	31-01.25 4
6 Alise Turner	10	Green Hope	30-11.75 3
7 Jade Meekins	11	Dudley	29-01.25 2
8 Sophia Kop	9	Watauga	29-00.00 1
9 Katie McConnell	10	Abingdon	28-06.75
--- Misa Brumby	10	Dudley	ND
--- Gabrielle Cheek	11	Dudley	ND
--- Kori Andis	11	Abingdon	ND

Event 28 Boys Triple Jump

Name	Yr	School	Finals
Finals			
1 Tylei Woolard	12	Dudley	42-00.00 10
2 Chris Brown	12	South Meckle	41-09.75 8
3 Michael Russ	11	South Garner	39-00.50 6
4 Owen Barr	10	Abingdon	38-05.00 5
5 Nathaniel Rhein	12	Polk County	38-01.25 4
6 Ryan Pigora	11	Green Hope	37-09.00 3
7 Justin Bourne	9	South Garner	37-02.50 2
8 Kees Greene	9	Watauga	36-02.00 1
9 Evan Burroughs	9	Watauga	35-07.00
10 Zachary Stanley	10	T.C. Roberso	35-04.00
--- Hunter Ramey	11	West Stokes	ND
--- Christian Wright	12	Green Hope	ND
--- Devin Dow	9	Dudley	ND

Event 29 Girls Shot Put

Name	Yr	School	Finals
Finals			
1 Shamilia Carpenter	10	Dudley	36-03.00 10
2 Lyric Watkins	11	Dudley	32-00.00 8
3 Olivia Burroughs	11	Watauga	30-09.00 6
4 Rachel Bingman	10	North Stokes	29-04.00 5
5 Audrey Gillis	10	T.C. Roberso	28-11.00 4
6 Jasmine Nelson	11	T.C. Roberso	27-10.00 3
7 Lindsey Dotson	11	Polk County	26-02.00 2
8 Sara Smith	10	Watauga	25-02.00 1
9 Ellie Ruble	10	Abingdon	24-09.00
10 Ava Hiatt	10	Millennium	24-05.00
11 Nadya Smith	11	Southeast Gu	24-00.00
12 Tali Thompson	10	Polk County	22-06.00
13 Madeline VanMaanen	9	T.C. Roberso	21-05.00
14 Ada Tang	12	Abingdon	21-04.00
15 Alexandra Gilliam	9	Abingdon	20-07.00
16 Kayla Jackson	12	Southeast Gu	20-04.00
16 Ishaanvi Gummadi	11	Green Hope	20-04.00

Event 30 Boys Shot Put

Name	Yr	School	Finals
Finals			
1 Austin Ramirez	12	A.C. Reynold	47-09.00 10
2 Russell Barnett	12	A.C. Reynold	45-02.00 8
3 Hunter Ramey	11	West Stokes	39-08.00 6
4 Brennen Rogers	12	North Lincol	39-01.00 5
5 Cayden Cole	10	Dudley	J39-01.00 4
6 James Spainhour	12	West Stokes	38-03.00 3
7 Carson Gunnell-Beck	10	Watauga	38-00.00 2
8 Ryan Bassani	9	North Lincol	36-11.00 1
9 Eli Singleton	12	Abingdon	J36-11.00
10 Reed Hemric	12	North Stokes	34-09.00
11 Noah Gilliam	11	Abingdon	33-11.00
11 Adam Slate	11	North Lincol	33-11.00
13 Sammad Bell	11	Dudley	33-09.00
14 Jacob Shaffer	10	North Lincol	x33-06.00

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JDL Fast Track

Results

Finals ... (Event 30 Boys Shot Put)

Name	Yr	School	Finals
15 Ethan Mole	11	South Meckle	33-03.00
15 Quinton McFadden	10	Forest Hills	33-03.00
17 Jackson Sammons	9	West Stokes	33-01.00
18 Jacobi Leak	10	Forest Hills	32-11.00
19 Ian Fisher	12	Green Hope	32-10.00
19 Jalile Elliott	10	Dudley	32-10.00
21 Levi Smith	10	North Stokes	32-02.00
22 Khalil Chung	12	T.C. Roberso	32-01.00
23 Sam King	9	Millennium	31-07.00
24 R J Ruff	10	Polk County	30-10.00
25 Bryson Bennett	12	North Stokes	30-02.00
26 Landon Fuller	10	Abingdon	29-11.00
27 Ashton Hurt	11	Abingdon	x29-09.00
28 Anish Devineni	12	Green Hope	29-08.00
29 Ethan Miller	12	T.C. Roberso	29-01.00
30 Emmanuel Covington	11	Forest Hills	29-00.00
31 Kacper Pyrycz	11	Green Hope	28-04.00
31 Cadan Bell	11	Dudley	x28-04.00
33 Nicholas Batiato	10	Polk County	27-09.00
34 Armaan Minhas	11	Green Hope	x25-02.00

Women - Team Rankings - 15 Events Scored

1) Dudley	99
2) South Mecklenburg	80
3) Abingdon	75
4) North Lincoln	64
5) Green Hope	60
6) Watauga	54
7) Southeast Guilford	47
8) T.C. Roberson	25
9) Forest Hills	21
10) A.C. Reynolds	15
11) Millennium	10
12) Polk County	8
12) West Stokes	8
14) North Stokes	5

Men - Team Rankings - 15 Events Scored

1) North Lincoln	97
2) Dudley	79
3) Watauga	65
4) South Garner	50
5) South Mecklenburg	46
6) Abingdon	45
7) Southeast Guilford	34
7) Green Hope	34
9) A.C. Reynolds	33
10) West Stokes	27
11) T.C. Roberson	26
12) North Stokes	18
13) Polk County	14
14) Forest Hills	10