

LR Bears Open - 4/21/2023 to 4/22/2023

Irwin Belk Track

Hickory, N.C.

Results

Event 1 Women Discus Throw

Name	School	Finals
Finals		
1 Palmer, Christina	Queens (N.C.)	45.43m
2 Vaquero, Judith	Wingate	43.23m
3 Plummer, Megan	Appalachian	37.27m
4 Arnold, Graysen	Appalachian	36.93m
5 Papakonstantinou, Varvara	Livingstone	35.51m
6 Williams, Cierra	Mars Hill	35.00m
7 Nippa, Savannah	Lenoir-Rhyne	33.77m
8 Riggs, Ella	Unattached	30.81m
9 Walker, Marlesia	Lenoir-Rhyne	29.87m
10 Shumate-Sutphin, Emma	Pfeiffer	27.63m
11 Harris, Jaeda	Appalachian	27.42m
12 Osborne, Madison	Emory & Henr	26.90m
13 Becton, Jewelle	Livingstone	26.60m
14 Leonard, Catie	Emory & Henr	25.58m
15 Jackson, Olivia	Lenoir-Rhyne	25.53m
16 Steele, Taylor	Carson-Newma	25.30m
17 Decker, Janie	Pfeiffer	23.39m
18 Jones, Elizabeth	Pfeiffer	23.18m
19 Word, Avery	Emory & Henr	22.92m
20 Beeman, Bailey	Mars Hill	21.71m
21 Andre, Cassidy	Bob Jones	20.59m
22 Black, Detouri	Johnson C. S	20.05m
23 Lytell, Brynn	Bob Jones	19.10m
24 Farmer, Erica	Carson-Newma	15.69m
--- Woods, Cierra	Appalachian	FOUL

Event 2 Men Discus Throw

Name	School	Finals
Finals		
1 Lee, Christopher	Emory & Henr	45.31m
2 Knauer, Martin	Queens (N.C.)	44.70m
3 Horton, Ellis	Lenoir-Rhyne	43.14m
4 Salyer, Ian	Carson-Newma	41.23m
5 Waluga, Amadeus	Queens (N.C.)	40.85m
6 Brown, Jeremiah	Livingstone	40.64m
7 Thompson, Manny	Belmont Abbe	40.50m
8 Rowell, Gavin	Tusculum	39.01m
9 Cline, Austin	Queens (N.C.)	37.86m
10 Williams, Terry	Livingstone	37.77m
11 Scott, Monte	Lenoir-Rhyne	37.26m
12 Wallace, Zavery	Emory & Henr	36.90m
13 Goodlett, Ben	Mars Hill	36.12m
14 Lassiter, Quadrez	Johnson C. S	36.03m
15 Prescott, Lee	Mars Hill	35.71m
16 Schuster, James	Belmont Abbe	35.34m
17 Shelton, Justus	Mars Hill	34.73m
18 Rudisell, Adrian	Catawba	34.72m
19 Steurer, Gabriel	Bob Jones	26.99m
20 Campbell, Matthew	Carson-Newma	26.92m
21 Duncan, James	Carson-Newma	26.75m
22 Green, David	Bob Jones	26.57m

---	Beeker, Colby	Lenoir-Rhyne	FOUL
---	Coles, RaQuan	Mars Hill	FOUL

Event 3 Women Javelin Throw

Name	School	Finals
Finals		
1 Papakonstantinou, Varvara	Livingstone	31.27m
2 Kells, Haley	Belmont Abbe	27.75m
3 Rogers, Makayla	Mars Hill	27.06m
4 Bailey, Grace	Bob Jones	26.07m
5 Landry, Emma	Bob Jones	24.98m
6 Osika, Keagan	Mars Hill	23.49m
7 Keller, Sydney	Belmont Abbe	20.00m
8 Becton, Jewelle	Livingstone	19.94m
9 Jorgensen, Stacie	Lenoir-Rhyne	18.21m
10 Scott, Lacey	Mars Hill	17.83m
11 Lytell, Brynn	Bob Jones	17.09m
12 Huffman, Audrey	Bob Jones	15.12m
13 Brazzel, Autumn	Carson-Newma	13.24m

Event 4 Men Javelin Throw

Name	School	Finals	
Finals			
1 Descartes, Orlando	Lenoir-Rhyne	52.02m	
2 Wise, Josh	Lenoir-Rhyne	51.62m	
3 Stomne, Philip	Lenoir-Rhyne	46.16m	
4 Rhodes, Peter	Unattached	45.99m	
5 Shelton, Justus	Mars Hill	44.87m	
6 Landry, Joshua	Bob Jones	42.16m	
7 Lovelace, Trent	Carson-Newma	41.68m	
8 Henry, Christian	Carson-Newma	40.56m	
9 Pillar, Mikeal	Tusculum	38.91m	
10 Pinder, Matthew	Belmont Abbe	37.52m	
10 Duncan, James	Carson-Newma	37.52m	
12 Beeker, Colby	Lenoir-Rhyne	36.82m	
13 Bussey, Christian	Livingstone	36.12m	
14 Rowell, Gavin	Tusculum	35.96m	
15 Hensley, Andrew	Mars Hill	35.59m	
16 Thorson, Rexton	Belmont Abbe	35.08m	
17 Green, David	Bob Jones	33.59m	
18 Nunn, Jonathan	Livingstone	32.88m	
19 Burkett, Bryson	Carson-Newma	31.99m	
20 Turner, Carlos	Tusculum	30.59m	
21 Scott, Kingston	Johnson C. S	29.95m	
22 Lassiter, Quadrez	Johnson C. S	28.85m	
23 Nkere, Ireng	Belmont Abbe	28.70m	
24 Barrata, Anthony	Catawba	26.04m	
25 Williams, Terry	Livingstone	25.70m	
26 Lauradin, Rinoldi	Johnson C. S	23.50m	
27 Koontz, Namaurion	Catawba	20.78m	
---	Stephens, Josh	Tusculum	FOUL

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Event 5 Women Shot Put

Name	School	Finals
Finals		
1 Palmer, Christina	Queens (N.C.)	12.82m
2 Jackson, Olivia	Lenoir-Rhyne	12.38m
3 Riggs, Ella	Unattached	11.74m
4 Arnold, Graysen	Appalachian	11.55m
5 Plummer, Megan	Appalachian	11.15m
6 Steele, Taylor	Carson-Newma	10.88m
7 Nippa, Savannah	Lenoir-Rhyne	10.60m
8 Walker, Marlesia	Lenoir-Rhyne	10.58m
9 Harris, Jaeda	Appalachian	10.24m
10 Marr, Miranda	Lenoir-Rhyne	10.23m
10 Cash, Taylorann	Emory & Henr	10.23m
12 Becton, Jewelle	Livingstone	10.14m
13 Wheeler, Moriah	Johnson C. S	9.77m
14 Williams, Cierra	Mars Hill	9.61m
15 Beeman, Bailey	Mars Hill	9.33m
16 Osborne, Madison	Emory & Henr	9.09m
17 Leonard, Catie	Emory & Henr	8.53m
18 Andre, Cassidy	Bob Jones	7.96m
19 Mattison, Jade	Carson-Newma	7.10m
20 Shannon, SaMaura	Carson-Newma	6.24m
21 Brown, Keyana	Johnson C. S	6.22m

Event 6 Men Shot Put

Name	School	Finals
Finals		
1 Knauer, Martin	Queens (N.C.)	16.47m
2 Smith, Luke	Carson-Newma	15.14m
3 Cline, Austin	Queens (N.C.)	14.15m
4 Lassiter, Quadrez	Johnson C. S	13.61m
5 Gumm, Adrian	Tusculum	13.48m
6 Head, Malik	Livingstone	13.37m
7 Rowell, Gavin	Tusculum	12.98m
8 Prescott, Lee	Mars Hill	12.92m
9 Goodlett, Ben	Mars Hill	12.86m
10 Wallace, Zavery	Emory & Henr	12.64m
11 Schuster, James	Belmont Abbe	12.53m
12 Thompson, Manny	Belmont Abbe	12.48m
13 Salyer, Ian	Carson-Newma	12.27m
14 Williams, Terry	Livingstone	11.73m
15 Gainey, Ashtin	Mars Hill	11.40m
16 Rudisell, Adrian	Catawba	10.97m
17 Campbell, Matthew	Carson-Newma	10.72m
18 Brown, Jeremiah	Livingstone	10.49m
--- Pillar, Mikeal	Tusculum	FOUL

Event 7 Women Pole Vault

Name	School	Finals
Finals		
1 Owens, Abby	Carson-Newma	3.60m
2 Ballard, Pearl	Lenoir-Rhyne	3.45m
3 Triplett, Lacey	Lenoir-Rhyne	3.15m

4 Howell, Melena	Lenoir-Rhyne	3.00m
4 Jorgensen, Stacie	Lenoir-Rhyne	3.00m
6 Dupree, Adair	Lenoir-Rhyne	2.85m
7 Keller, Sydney	Belmont Abbe	2.70m
7 Prevette, Peggy	Queens (N.C.)	2.70m
9 Turman, Kylee	Emory & Henr	2.55m
9 Bogert, Daphne	Unattached	2.55m
9 Brown, Stephenie	Lenoir-Rhyne	2.55m
12 Reeping, Taylor	Belmont Abbe	2.40m
13 Thompson, Tori	Belmont Abbe	2.25m
--- DeAugustino, Emily	Queens (N.C.)	NH

Event 8 Men Pole Vault

Name	School	Finals
Finals		
1 Karicher, Mike	Lenoir-Rhyne	4.35m
2 Hay, Kelly	Belmont Abbe	4.20m
3 Duarte, Christopher	Belmont Abbe	4.05m
4 Bretscher, Matthew	Carson-Newma	3.90m
5 Payeur, Ben	Queens (N.C.)	3.00m
6 Darden, Erik	Lenoir-Rhyne	J2.70m
6 Cook, Marcus	Livingstone	J2.70m
--- Ridenhour, Timothy	Livingstone	NH

Event 9 Women Long Jump

Name	School	Finals
Finals		
1 Sangare, Kadidja	Carson-Newma	6.10m 2.5
2 White, MeKayla	Catawba	6.07m +0.0
3 McCarty, Sydney	Carson-Newma	6.05m 1.3
4 Villanueva, Cristina	Belmont Abbe	5.57m 0.2
5 Egberi, Efemena	Catawba	5.55m 1.5
6 Wilson, Destini	Lenoir-Rhyne	5.34m 1.8
7 Fryer, Allysa	Livingstone	5.28m 1.1
8 Nelson, Susan	Carson-Newma	5.27m +0.0
9 Jones, Melody	Lenoir-Rhyne	5.12m -0.5
10 Rogers, Makayla	Mars Hill	4.94m 1.5
11 Smith, Alyson	Belmont Abbe	4.83m -0.1
12 Eddinger, Haley	Mars Hill	4.64m -1.6
12 Ulanday, Sofia	Lenoir-Rhyne	4.64m +0.0
14 Washington, Haleigh	Catawba	4.59m +0.0
15 King, Mykayla	Mars Hill	4.51m +0.0
16 Clifton, Asiyah	Livingstone	4.48m -0.4
17 Mattison, Jade	Carson-Newma	4.26m 0.9
18 Beeman, Bailey	Mars Hill	4.20m 0.3

Event 10 Men Long Jump

Name	School	Finals
Finals		
1 Wadsworth, Jacob	Lenoir-Rhyne	7.27m 0.1
1 Gomez-Wilson, Javier	Catawba	7.27m +0.0
3 Howard, Antonio	Catawba	7.16m +0.0
4 Fritz, Camden	Carson-Newma	7.00m +0.0
5 Mungo, Jayden	Livingstone	6.77m +0.0
6 Stephens, Josh	Tusculum	6.56m -2.3

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Finals ... (Event 10 Men Long Jump)

Name	School	Finals
7 Wilson, Jordae	Johnson C. S	6.52m +0.0
8 Bostick, Jackson	Carson-Newma	6.48m +0.0
9 Jackson, Elijah	Belmont Abbe	6.43m +0.0
10 Smith, Daryl	Tusculum	6.37m +0.0
11 Costello, Drew	Catawba	6.28m -0.3
12 Dill, Mikal	Johnson C. S	6.15m +0.0
13 Kemp, KJ	Carson-Newma	6.02m 0.3
14 Howell, Traveon	Mars Hill	5.98m -0.8
15 McClain, Jackson	Mars Hill	5.93m 0.2
16 Daung, Moses	Bob Jones	5.86m -0.2
17 Karicher, Mike	Lenoir-Rhyne	5.65m -0.5
18 Laryea, Zadok	Emory & Henr	5.61m -1.3
19 Martin, Wanya	Mars Hill	5.49m -0.4
20 Joinville, Andrew	Bob Jones	5.34m -1.2
21 Lauradin, Rinoldi	Johnson C. S	5.24m -1.5

Event 11 Women High Jump

Name	School	Finals
Finals		
1 Walliker, Lucy	Queens (N.C.)	1.70m
2 Louiset, Heloise	Queens (N.C.)	1.65m
3 Kells, Haley	Belmont Abbe	1.60m
4 Lanina, Sofia	Lenoir-Rhyne	1.55m
5 Lee, Cerys	Queens (N.C.)	1.50m
6 Smith, Alyson	Belmont Abbe	1.45m
7 Rodriguez, Natalia	Queens (N.C.)	1.40m
7 Ferrell, Sha'terra	Livingstone	1.40m
9 Rogers, Makayla	Mars Hill	1.35m
--- Tuttanon, Macie	Belmont Abbe	NH

Event 12 Men High Jump

Name	School	Finals
Finals		
1 Connell, Shane	Carson-Newma	2.00m
2 Richards, Oluwafemi	Carson-Newma	1.95m
3 Thorson, Rexton	Belmont Abbe	1.90m
3 Kemp, KJ	Carson-Newma	1.90m
3 Harris, Isaiah	Johnson C. S	1.90m
6 Jenkins, Jaden	Livingstone	1.85m
6 Bostick, Jackson	Carson-Newma	1.85m
6 Higgins, Levi	Mars Hill	1.85m
9 Wadsworth, Jacob	Lenoir-Rhyne	1.80m
9 Fredericks, Landis	Livingstone	1.80m
9 Koelling, Kaleb	Belmont Abbe	1.80m
9 Gulapa, Joshua	Belmont Abbe	1.80m
9 Koontz, Namaurion	Catawba	1.80m

Event 13 Women Hammer Throw

Name	School	Finals
Finals		
1 Pajt, Esma	Wingate	50.81m
2 Jackson, Olivia	Lenoir-Rhyne	45.91m
3 Arnold, Graysen	Appalachian	45.36m

4 Palmer, Christina	Queens (N.C.)	41.25m
5 Jones, Elizabeth	Pfeiffer	40.29m
6 Harris, Jaeda	Appalachian	37.04m
7 Woods, Cierra	Appalachian	36.81m
8 Walker, Marlesia	Lenoir-Rhyne	36.67m
9 Shumate-Sutphin, Emma	Pfeiffer	32.13m
10 Osborne, Madison	Emory & Henr	30.67m
11 Cash, Taylorann	Emory & Henr	29.02m
12 Decker, Janie	Pfeiffer	27.21m
13 Word, Avery	Emory & Henr	26.01m
--- Nippa, Savannah	Lenoir-Rhyne	FOUL

Event 14 Men Hammer Throw

Name	School	Finals
Finals		
1 Lee, Christopher	Emory & Henr	52.42m
2 Horton, Ellis	Lenoir-Rhyne	50.02m
3 Knauer, Martin	Queens (N.C.)	47.81m
4 Waluga, Amadeus	Queens (N.C.)	46.75m
5 Wallace, Zavery	Emory & Henr	46.13m
6 Scott, Monte	Lenoir-Rhyne	42.25m
7 Prescott, Lee	Mars Hill	41.88m
8 Cline, Austin	Queens (N.C.)	41.40m
9 Salyer, Ian	Carson-Newma	39.33m
10 Campbell, Matthew	Carson-Newma	35.48m

Event 15 Women Triple Jump

Name	School	Finals
Finals		
1 Kone, Holly	Lenoir-Rhyne	12.10m -0.1
2 Milasinovic, Mia	Queens (N.C.)	11.33m 1.5
3 Welsing, Melanie	Queens (N.C.)	11.26m 1.5
4 Goode, Aria	Johnson C. S	11.09m -1.4
4 Taylor, Brooke	Carson-Newma	11.09m +0.0
6 Kinoshita, Abigail	Lenoir-Rhyne	10.68m +0.0
7 Perry, Halle	Queens (N.C.)	10.65m +0.0
8 Kells, Haley	Belmont Abbe	10.57m -0.6
9 Kusic, Emilija	Queens (N.C.)	10.45m +0.0
10 Clifton, Asiyah	Livingstone	10.26m -0.3
11 O'Neal, Taryn	Livingstone	10.22m 0.2
12 Alejandro-Ortiz, Dajaneen	Livingstone	10.13m 0.6
13 Visser, Brooke	Carson-Newma	10.04m 1.1
14 Ulanday, Sofia	Lenoir-Rhyne	9.92m +0.0
15 Eddinger, Haley	Mars Hill	9.81m -0.7
--- Ellis, Tamiya	Belmont Abbe	FOUL

Event 16 Men Triple Jump

Name	School	Finals
Finals		
1 Garrett, Courtavious	Carson-Newma	14.51m -0.5
2 Cook, Marcus	Livingstone	14.29m 0.5
3 Smith, Daryl	Tusculum	14.17m 1.7
4 Wilson, Jordae	Johnson C. S	13.94m 1.4
5 Benain, Jared	Mars Hill	13.60m 0.1
6 Sumner, Malekei	Lenoir-Rhyne	13.33m +0.0

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Finals ... (Event 16 Men Triple Jump)

Name	School	Finals
7 Stephens, Josh	Tusculum	13.23m NWI
8 Lauradin, Rinoldi	Johnson C. S	11.62m 0.9
--- Laryea, Zadok	Emory & Henr	FOUL
--- Dill, Mikal	Johnson C. S	FOUL

Event 17 Women 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Tusculum	A	47.06
1) Taylor, Kiera	2) Wright, Kylia	
3) Green-White, Theresa	4) Bah, Silvia	
2 Emory & Henry	A	52.88
3 Bob Jones	A	53.05
1) Whiteford, Mikayla	2) Witherspoon, Kaniyah	
3) Landry, Emma	4) Peters, Francesca	
--- Livingstone	A	DNF
1) Fryer, Allysa	2) Williams, Amaya	
3) Collins, Charity	4) Chapple, Lydia	
--- Queens (N.C.)	A	DNF
1) Perry, Halle	2) Lee, Cerys	
3) Kusic, Emilija	4) Welsing, Melanie	

Event 18 Men 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Tusculum	A	40.21
1) Taylor, Jordan	2) Barber Jr., Jarvis	
3) Pittman, Marquel	4) Edwards, Tyrell	
2 Tusculum	B	41.85
1) Hart, Devan	2) Olson, Isaiah	
3) Smith, Daryl	4) Brewer, Stephen	
3 Bob Jones	A	43.90
1) Fressel, Luke	2) Hugley, Stephan	
3) Gray, Misha	4) Joinville, Andrew	
4 Emory & Henry	A	44.32
1) Yeboah, Zedrick	2) Oglesby, Hayden	
3) Williams, Khalid	4) Martin, Colby	
5 Bob Jones	B	47.51
1) VeraCruz, Isaac	2) Pierre, Matthieu	
3) Vander Hart, Shad	4) Sarver, Andrew	
--- Queens (N.C.)	A	DNF
1) Rolle, Dionysius	2) Payeur, Ben	
3) Crisp, Garrett	4) Quigley, Michael	
--- Johnson C. Smith	A	DNF
1) Cox Jr., Zephaniah	2) Hay, Kymali	
3) Dill, Stephan	4) Towah, Terry	
--- Catawba	A	DNF
1) Glaze, Justin	2) Reid, Nazir	
3) Noble, Rashaun	4) Walter, Barja	
--- Lenoir-Rhyne	A	DNF
1) Reyes, Isaiah	2) Roberson, Tye	
3) Heath, Carlo	4) White, Shane	

Event 19 Women 100 Meter Dash

Name	School	Prelims
Preliminaries		
1 Brown, Alexis	Lenoir-Rhyne	11.47q 0.5
2 Head, Jordyn	Johnson C. S	12.11q +0.0
3 Chapple, Lydia	Livingstone	12.18q 0.7
4 Taylor, Kiera	Tusculum	12.21q -1.5
5 Wright, Kylia	Tusculum	12.28q -1.5
6 Egberi, Efemena	Catawba	12.30q +0.0
7 Jones, Kierra	Catawba	12.40q +0.0
8 McGrath, Molly	Lenoir-Rhyne	12.45q -0.7
9 Kinoshita, Abigail	Lenoir-Rhyne	J12.45 +0.0
10 Bah, Silvia	Tusculum	12.58 +0.0
11 Owens, Kimberley	Lenoir-Rhyne	12.61 0.5
12 Osaji, Tonia	Lenoir-Rhyne	12.67 0.5
13 Chestnut, Sekyah	Belmont Abbe	12.75 -1.5
14 Osika, Keagan	Mars Hill	12.88 -0.7
15 Taylor, Markayla	Johnson C. S	13.03 0.7
16 Devlin, Alexis	Catawba	13.04 0.5
17 Jackson, Kyra	Lenoir-Rhyne	13.11 0.5
18 Starkie, Tania	Livingstone	13.13 -1.5
19 Taylor, Elida	Mars Hill	13.23 +0.0
20 Whiteford, Mikayla	Bob Jones	13.49 -1.5
21 Ansari, Jaida	Lenoir-Rhyne	13.59 +0.0
22 Faulk, Shanekera	Belmont Abbe	13.61 +0.0
23 Brannon, Makennzi	Belmont Abbe	13.76 -0.7
24 Eversley, Scarlett	Emory & Henr	13.78 +0.0
25 Turman, Kylee	Emory & Henr	13.86 0.7
26 Scott, Lacey	Mars Hill	13.91 -0.7
27 Witherspoon, Kaniyah	Bob Jones	14.17 0.5
28 Martindale, Catherine	Lenoir-Rhyne	14.43 0.7
29 Baxter, Alonie	Johnson & Wa	14.59 +0.0
30 Quarles, Tristen	Mars Hill	15.24 +0.0
31 King, Mykayla	Mars Hill	15.44 0.7
--- Witherspoon, Mallory	Catawba	DNF -0.7

Event 19 Women 100 Meter Dash

Name	School	Finals
Finals		
1 Chapple, Lydia	Livingstone	11.97 0.1
2 Taylor, Kiera	Tusculum	12.09 0.1
3 Jones, Kierra	Catawba	12.09 0.1
4 Egberi, Efemena	Catawba	12.18 0.1
5 Wright, Kylia	Tusculum	12.19 0.1
6 McGrath, Molly	Lenoir-Rhyne	12.35 0.1

Event 20 Men 100 Meter Dash

Name	School	Prelims
Preliminaries		
1 Edwards, Tyrell	Tusculum	10.45q -0.1
2 Cox Jr., Zephaniah	Johnson C. S	10.62q -0.1
3 Noble, Rashaun	Catawba	10.63q +0.0
4 Matau, Dario	Lenoir-Rhyne	10.65q -0.3
4 Olson, Isaiah	Tusculum	10.65q +0.0

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Preliminaries ... (Event 20 Men 100 Meter Dash)

Name	School	Prelims
6 Reid, Nazir	Catawba	10.66q +0.0
7 Barber Jr., Jarvis	Tusculum	10.68q -1.2
7 Pittman, Marquel	Tusculum	10.68q 0.6
9 Sims, Brian	Bob Jones	10.69 -1.0
9 Hart, Devan	Tusculum	10.69 0.6
11 McClain, Jackson	Mars Hill	10.72 +0.0
11 Dill, Stephan	Johnson C. S	10.72 -1.2
13 Walter, Barja	Catawba	10.75 +0.0
14 Roberson, Tye	Lenoir-Rhyne	10.76 -1.0
15 Sisson, John	Lenoir-Rhyne	10.78 -1.2
16 Fressel, Luke	Bob Jones	10.83 +0.0
17 Glaze, Justin	Catawba	10.86 +0.0
18 Wagner, Tyler	Livingstone	10.88 -0.3
19 Lemao, Tshenolo	Carson-Newma	10.91 +0.0
20 Garrett, Courtavious	Carson-Newma	10.92 0.6
21 Bolden, Zachary	Belmont Abbe	10.93 -0.1
22 Howard, Antonio	Catawba	10.98 +0.0
23 Heath, Carlo	Lenoir-Rhyne	11.00 +0.0
24 Descartes, Orlando	Lenoir-Rhyne	11.01 -1.0
25 Reyes, Isaiah	Lenoir-Rhyne	11.02 +0.0
26 Fields, Avery	Livingstone	11.03 +0.0
27 Smith, Chandon	Catawba	11.08 -1.2
28 Lee, Ethan	Mars Hill	11.18 -1.2
29 Rolle, Dionysius	Queens (N.C.)	11.23 0.6
30 Geddie, Jordan	Livingstone	11.32 -1.0
31 Hugley, Stephan	Bob Jones	11.33 +0.0
32 Tabb, Rodney	Lenoir-Rhyne	11.34 0.6
32 Jenkins, Durell	Lenoir-Rhyne	11.34 -0.3
34 Lester, Keelen	Tusculum	11.44 -1.0
35 Sumner, Malekei	Lenoir-Rhyne	11.51 +0.0
36 Payne, Jordan	Lenoir-Rhyne	11.55 -0.3
37 Clarke, Dennis	Livingstone	11.58 +0.0
38 Thomas, Jaleal	Lenoir-Rhyne	11.59 +0.0
39 Owens, Jackson	Lenoir-Rhyne	11.75 -0.1
40 Williams, Khalid	Emory & Henr	11.81 -0.1
41 Joinville, Andrew	Bob Jones	11.86 -1.0
42 Hall, Jaylen	Catawba	11.97 -0.1
43 Wininger, Matthew	Lenoir-Rhyne	11.99 +0.0
44 Shapiro, Hunter	Johnson & Wa	12.14 -0.3
45 DiMantova, Shane	Queens (N.C.)	12.98 +0.0
46 Goodlett, Ben	Mars Hill	13.81 -0.1

Event 20 Men 100 Meter Dash

Name	School	Finals
Finals		
1 Matau, Dario	Lenoir-Rhyne	10.25 1.8
2 Edwards, Tyrell	Tusculum	10.29 1.8
3 Noble, Rashaun	Catawba	10.47 1.8
4 Cox Jr., Zephaniah	Johnson C. S	10.50 1.8
5 Olson, Isaiah	Tusculum	10.55 1.8
6 Pittman, Marquel	Tusculum	10.58 1.8
7 Reid, Nazir	Catawba	10.71 1.8
8 Barber Jr., Jarvis	Tusculum	10.79 1.8

Event 21 Women 100 Meter Hurdles

Name	School	Finals
Finals		
1 Welsing, Melanie	Queens (N.C.)	13.27 -1.1
2 Jones, Melody	Lenoir-Rhyne	13.68 -1.1
3 Flores, Isabelle	Belmont Abbe	14.14 -1.1
4 Sangare, Kadidja	Carson-Newma	14.17 -1.1
5 Green-White, Theresa	Tusculum	14.81 -1.1
6 Lee, Cerys	Queens (N.C.)	14.95 -0.6
7 Walliker, Lucy	Queens (N.C.)	15.30 -0.6
8 Milasinovic, Mia	Queens (N.C.)	15.36 -0.6
9 Kusic, Emilija	Queens (N.C.)	15.52 -1.1
10 Perry, Halle	Queens (N.C.)	15.54 0.9
11 Routbi, Dounia	Wingate	15.60 -0.6
12 Kells, Haley	Belmont Abbe	15.96 -0.6
13 Gutierrez, Gianna	Catawba	16.10 0.9
14 Rice, Jalynn	Johnson C. S	16.18 -0.6
15 Giggetts, Simone	Mars Hill	16.39 -0.6
16 Payne, Skylar	Catawba	16.98 0.9
17 Rogers, Makayla	Mars Hill	17.02 0.9
18 Thierfelder, Ann	Belmont Abbe	17.47 0.9
19 Devlin, Alexis	Catawba	18.24 0.9
20 Washington, Haleigh	Catawba	18.55 0.9

Event 22 Men 110 Meter Hurdles

Name	School	Finals
Finals		
1 Bradford, David	Livingstone	14.90 -0.7
2 Pesic, Dragan	Unattached	14.91 -0.7
3 Cash, Jamal	Tusculum	15.01 -0.7
4 Gulapa, Joshua	Belmont Abbe	15.26 -0.7
5 Schultz, Tyler	Lenoir-Rhyne	15.28 -0.7
6 Mungo, Jayden	Livingstone	15.36 -0.7
7 Johnson, Adrian	Wingate	15.40 -0.7
8 Steele, Antaveon	Unattached	16.30 1.2
9 Harris, Isaiah	Johnson C. S	16.69 1.2

Event 23 Women 400 Meter Dash

Name	School	Finals
Finals		
1 Zander, Abbie	Carson-Newma	58.74
2 Riley, Alexandria	Johnson C. S	1:00.31
3 Stanley, Kyra	Wingate	1:00.38
4 Mackey, Elana	Mars Hill	1:00.77
5 Deloatch, Saa'Naudia	Livingstone	1:00.90
6 Tabor, Lauren	Carson-Newma	1:01.47
7 Chestnut, Sekyah	Belmont Abbe	1:01.91
8 Lottie, Destiny	Tusculum	1:02.27
9 Day, Jani	Lenoir-Rhyne	1:02.44
10 Ricketts, Madison	Emory & Henr	1:03.01
11 D'Alesio, Danielle	Carson-Newma	1:05.13
12 Ellis, Tamiya	Belmont Abbe	1:08.07
13 Gill, Tabitha	Catawba	1:09.78
14 Milton, Seanna	Mars Hill	1:11.95

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Finals ... (Event 23 Women 400 Meter Dash)

Name	School	Finals
15 Landis, Macy	Lenoir-Rhyne	1:12.09
16 Jones, Chloe	Emory & Henr	1:12.77
17 Marion, Claire	Emory & Henr	1:14.05

Event 24 Men 400 Meter Dash

Name	School	Finals
Finals		
1 Besong, Lucas	Lenoir-Rhyne	47.49
2 Nelson, Zack	Tusculum	47.93
3 Wadsworth, Jacob	Lenoir-Rhyne	48.16
4 Craven, Dorian	Tusculum	48.56
5 Johnson, Tyler	Catawba	48.82
6 Laribo, KJ	Carson-Newma	49.34
7 Fressel, Luke	Bob Jones	49.63
8 Strader, Keilan	Livingstone	50.09
9 Coleman, Garison	Belmont Abbe	50.13
10 Murphy-Redd, Logan	Belmont Abbe	50.21
11 Dupler, Taylor	Carson-Newma	50.56
12 Glaze, Justin	Catawba	50.75
13 Gilbert, Louis	Livingstone	50.79
14 Blaylock, Ethan	Carson-Newma	50.84
15 Neal, Chris	Lenoir-Rhyne	50.89
16 Grant, Jordan	Catawba	50.97
17 Hall, Jaylen	Catawba	51.19
18 Swain, Elijah	Mars Hill	51.21
19 Morris, DeWayne	Tusculum	51.26
20 Oglesby, Hayden	Emory & Henr	51.39
21 Pecina, Takotah	Emory & Henr	51.43
22 Bertelsen, Thomas	Mars Hill	51.58
22 Holden, Anthony	Catawba	51.58
24 Chalmers, Maleik	Johnson & Wa	51.92
25 Steele, Jeffrey	Livingstone	52.01
26 Bogus, Xay	Tusculum	52.04
27 Lord, Brett	Carson-Newma	52.44
28 VeraCruz, Isaac	Bob Jones	53.50
29 Quigley, Michael	Queens (N.C.)	55.70
30 Whitehead, Jason	Lenoir-Rhyne	57.45
--- Hay, Kymali	Johnson C. S	DNF

Event 25 Women 400 Meter Hurdles

Name	School	Finals
Finals		
1 Welsing, Melanie	Queens (N.C.)	59.35
2 Payne, Skylar	Catawba	1:02.99
3 Kusic, Emilija	Queens (N.C.)	1:04.50
4 White, Olivia	Belmont Abbe	1:05.22
5 Gutierrez, Gianna	Catawba	1:05.24
6 Milasinovic, Mia	Queens (N.C.)	1:06.01
7 Lee, Cerys	Queens (N.C.)	1:06.24
8 Perry, Halle	Queens (N.C.)	1:06.35
9 Routbi, Dounia	Wingate	1:08.45
10 Colon, Karolina	Belmont Abbe	1:09.11
11 Green-White, Theresa	Tusculum	1:11.05

12 Alejandro-Ortiz, Dajaneen	Livingstone	1:13.94
13 Ward, Makayla	Catawba	1:14.29

Event 26 Men 400 Meter Hurdles

Name	School	Finals
Finals		
1 Crumpler, Marcus	Lenoir-Rhyne	53.81
2 Bradford, David	Livingstone	53.90
3 McGill, Clarence	Lenoir-Rhyne	54.09
4 Smith, Chandon	Catawba	54.98
5 Smith, Daryl	Tusculum	55.66
6 Pesic, Dragan	Unattached	55.84
7 Stomne, Philip	Lenoir-Rhyne	55.95
8 Kohlhagen, Ryan	Belmont Abbe	56.67
9 Newport, Vegas	Johnson C. S	57.80
10 Cash, Jamal	Tusculum	57.88
11 Mungo, Jayden	Livingstone	58.81
12 Hickman, Harrison	Lenoir-Rhyne	59.30
13 Brewer, Stephen	Tusculum	1:00.03
14 Gulapa, Joshua	Belmont Abbe	1:00.93
15 Johnson, Adrian	Wingate	1:04.74
16 Shapiro, Hunter	Johnson & Wa	1:08.06

Event 27 Women 200 Meter Dash

Name	School	Finals
Finals		
1 Chapple, Lydia	Livingstone	24.64 2.5
2 Fryer, Allysa	Livingstone	25.05 2.3
3 Jones, Kierra	Catawba	25.09 2.5
4 Egberi, Efemena	Catawba	25.18 2.5
5 Alejandro-Ortiz, Damyja	Lenoir-Rhyne	25.25 1.1
6 Williams, Amaya	Livingstone	25.33 2.5
7 Kinoshita, Abigail	Lenoir-Rhyne	25.52 2.5
8 Wright, Kyla	Tusculum	25.68 2.3
9 Owens, Kimberley	Lenoir-Rhyne	25.81 2.3
10 Bah, Silvia	Tusculum	26.02 1.1
11 O'Neal, Taryn	Livingstone	26.25 0.4
11 Osika, Keagan	Mars Hill	26.25 1.1
13 Osaji, Tonia	Lenoir-Rhyne	26.33 0.4
14 Jackson, Kyra	Lenoir-Rhyne	26.96 1.1
15 Starkie, Tania	Livingstone	27.68 0.2
16 Diaz, Michelle	Emory & Henr	27.92 0.4
17 Eversley, Scarlett	Emory & Henr	28.18 0.1
18 Thierfelder, Ann	Belmont Abbe	28.25 1.1
19 Ansari, Jaida	Lenoir-Rhyne	28.26 1.1
20 Ellis, Tamiya	Belmont Abbe	28.29 1.1
21 Fallon, Mary	Belmont Abbe	28.72 1.1
22 Witherspoon, Kaniyah	Bob Jones	29.09 0.1
23 Turman, Kylee	Emory & Henr	29.22 1.1
24 Faulk, Shanekera	Belmont Abbe	29.71 1.1
25 Dalton, Kaleigh	Barton	30.03 0.1
26 Martindale, Catherine	Lenoir-Rhyne	30.12 0.1
27 Baxter, Alonie	Johnson & Wa	30.19 0.1
28 Landis, Macy	Lenoir-Rhyne	31.11 0.2
29 Bailey, Grace	Bob Jones	31.54 0.2

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Event 28 Men 200 Meter Dash

Name	School	Finals
Finals		
1 Davis, Trent	Lenoir-Rhyne	20.71 +0.0
2 Walter, Barja	Catawba	21.16 +0.0
3 Besong, Lucas	Lenoir-Rhyne	21.32 +0.0
4 Cox Jr., Zephaniah	Johnson C. S	21.42 0.2
5 Pittman, Marquel	Tusculum	21.47 +0.0
6 Hart, Devan	Tusculum	21.85 0.2
7 Noble, Rashaun	Catawba	21.87 0.2
8 Reid, Nazir	Catawba	21.90 0.2
9 Sisson, John	Lenoir-Rhyne	22.05 0.2
10 Roberson, Tye	Lenoir-Rhyne	22.14 1.3
10 Dill, Stephan	Johnson C. S	22.14 1.4
12 Fields, Avery	Livingstone	22.29 1.3
13 Rolle, Dionysius	Queens (N.C.)	22.45 0.2
14 Jenkins, Durell	Lenoir-Rhyne	22.49 1.3
15 Geddie, Jordan	Livingstone	22.62 1.3
16 Yeboah, Zedrick	Emory & Henr	22.67 1.3
17 Lee, Ethan	Mars Hill	22.74 1.3
18 Hugley, Stephan	Bob Jones	22.83 0.1
19 Stephens, Josh	Tusculum	23.31 1.4
20 Owens, Jackson	Lenoir-Rhyne	23.35 0.6
21 Payeur, Ben	Queens (N.C.)	23.36 0.6
22 Tabb, Rodney	Lenoir-Rhyne	23.42 2.6
23 Williams, Khalid	Emory & Henr	23.52 2.6
24 Clarke, Dennis	Livingstone	23.66 0.1
25 Lester, Keelen	Tusculum	23.81 2.6
26 Steele, Jeffrey	Livingstone	23.95 0.1
27 Pecina, Takotah	Emory & Henr	24.26 2.6
28 Quigley, Michael	Queens (N.C.)	24.59 0.1
29 Vander Hart, Shad	Bob Jones	24.79 0.1
30 Thomas, Jaleal	Lenoir-Rhyne	24.91 0.1
31 Turner, Carlos	Tusculum	25.70 1.6
32 Pierre, Matthieu	Bob Jones	25.73 0.1
33 DiMantova, Shane	Queens (N.C.)	27.02 1.6

Event 29 Women 800 Meter Run

Name	School	Finals
Finals		
1 Overholt, Olivia	Lenoir-Rhyne	2:18.72
2 Mcdonald, Sydney	Livingstone	2:21.12
3 Teran-Romagosa, Claudia	Lenoir-Rhyne	2:24.84
4 Baird, Maura	Belmont Abbe	2:25.48
5 Cockerham, Sydney	Catawba	2:26.53
6 Peters, Francesca	Bob Jones	2:26.69
7 Russell, Hailey	Barton	2:27.24
8 Hodge, Regan	Appalachian	2:28.76
9 Eller, Delaney	Emory & Henr	2:29.48
10 Schulz, Erica	Lenoir-Rhyne	2:32.81
11 Zuniga, Mia	Belmont Abbe	2:34.59
12 Spies, Emily	Johnson & Wa	2:35.59
13 Fox, Rebecca	Lenoir-Rhyne	2:38.32
14 Tuell, Ashley	Carson-Newma	2:40.36

15 Roman, Yenilitza	Johnson & Wa	2:40.61
16 McKinney, Elise	Emory & Henr	2:40.99
17 Hope, Maggie	Carson-Newma	2:43.36
18 Brazzel, Autumn	Carson-Newma	2:49.09
19 Silvey, Scotlyn	Lenoir-Rhyne	2:53.00
20 Farley, Elisabeth	Bob Jones	2:56.31
21 Bishop, Madeline	Emory & Henr	2:56.93

Event 30 Men 800 Meter Run

Name	School	Finals
Finals		
1 Aparicio, Antonio	Tusculum	1:53.59
2 Fryson, Curtxavier	Livingstone	1:56.10
3 Lyons, Will	Catawba	1:56.92
4 Willett, Adam	Belmont Abbe	1:57.92
5 Wilson, Aaron	Emory & Henr	1:58.12
6 Martinez, Leonardo	Lenoir-Rhyne	1:59.45
7 Tindall, Samuel	Emory & Henr	1:59.50
8 Bell, Naim	Queens (N.C.)	2:00.02
9 Adkins, Jacob	Livingstone	2:00.11
10 Greene, Burch	Queens (N.C.)	2:00.39
11 Sause, Brian	Belmont Abbe	2:00.47
12 Henry, Christian	Carson-Newma	2:00.63
13 Pecina, Lakota	Emory & Henr	2:00.66
14 Sarver, Andrew	Bob Jones	2:02.31
15 Nkere, Ireng	Belmont Abbe	2:02.60
16 Julian, Noah	Lenoir-Rhyne	2:02.65
17 Rivers, Trent	Pfeiffer	2:02.96
18 Neeley, Dillon	Johnson & Wa	2:03.00
19 Baldwin, Miles	Emory & Henr	2:03.20
20 Locklear, Landen	Tusculum	2:03.31
21 Barnes, Stevenson	Johnson & Wa	2:04.99
22 Thompson, Cooper	Queens (N.C.)	2:05.21
23 Burkett, Bryson	Carson-Newma	2:05.50
24 Hubbard, Clinton	Belmont Abbe	2:05.81
25 Thompson, Andrew	Carson-Newma	2:07.09
26 Smyre, Zachary	Wingate	2:08.45
27 Choplin, Logan	Emory & Henr	2:09.87
28 Cox, Jeremiah	Bob Jones	2:12.48
29 Cecil, Connor	Mars Hill	2:12.93
30 Johnson, Kohan	Cleveland CC	2:17.57
31 White, Ben	Carson-Newma	2:31.42
32 McIntrye, Tucker	Cleveland CC	2:39.93
--- Cuffe, Davis	Catawba	DNF
--- Leon, Eduardo	Queens (N.C.)	DNF

Event 31 Women 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Belmont Abbey	A	3:59.43
1) Chestnut, Sekyah	2) Colon, Karolina	
3) White, Olivia	4) Flores, Isabelle	
2 Livingstone	A	4:06.48
1) Collins, Charity	2) Fair, Asia'Lee	
3) Alejandro-Ortiz, Dajaneen	4) Deloatch, Saa'Naudia	

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Finals ... (Event 31 Women 4x400 Meter Relay)

Team	Relay	Finals
3 Carson-Newman	A	4:07.12
1) Zander, Abbie	2) Wilson, Tytiana	
3) Bailey, Morgan	4) Tabor, Lauren	
4 Lenoir-Rhyne	A	4:18.04
1) Day, Jani	2) Espinoza, Araceli	
3) McGrath, Molly	4) Triplett, Lacey	
5 Bob Jones	A	4:23.25
1) Landry, Emma	2) Peters, Francesca	
3) Whiteford, Mikayla	4) Snyder, Margaret	
6 Belmont Abbey	B	4:26.45
1) Zuniga, Mia	2) Keller, Sydney	
3) Baird, Maura	4) Brannon, Makenzi	

Event 32 Men 4x400 Meter Relay

Team	Relay	Finals
1 Tusculum	A	3:15.29
1) Craven, Dorian	2) Nelson, Zack	
3) Barber Jr., Jarvis	4) Brewer, Stephen	
2 Catawba	A	3:18.83
1) Glaze, Justin	2) Grant, Jordan	
3) Johnson, Tyler	4) Currence, Jaylen	
3 Lenoir-Rhyne	A	3:19.60
1) Neal, Chris	2) Crumpler, Marcus	
3) Sisson, John	4) Heath, Carlo	
4 Livingstone	A	3:21.71
1) Bradford, David	2) Wagner, Tyler	
3) Gilbert, Louis	4) Strader, Keilan	
5 Carson-Newman	A	3:30.91
1) Dupler, Taylor	2) Brugmans, Raymond	
3) Blaylock, Ethan	4) Laribo, KJ	
6 Belmont Abbey	A	3:32.63
1) Murphy-Redd, Logan	2) Willett, Adam	
3) Baird, Jack	4) Knott, Zachary	
7 Belmont Abbey	B	3:36.09
1) Hubbard, Clinton	2) Hernandez, Jose	
3) Davis, Ethan	4) Waclawik, Mark	
8 Emory & Henry	B	3:42.17
1) Wilson, Aaron	2) Choplin, Logan	
3) Tindall, Samuel	4) Baldwin, Miles	
9 Belmont Abbey	D	3:42.76
1) Coleman, Garison	2) Hay, Kelly	
3) Wunder, Elliot	4) Sause, Brian	
10 Johnson & Wa	A	3:52.98
1) Neeley, Dillon	2) Barnes, Stevenson	
3) Shapiro, Hunter	4) Chalmers, Maleik	

Event 33 Women 1500 Meter Run

Name	School	Finals
1 Coddington, Emily	Tusculum	4:53.87
2 Overby, Rachel	Catawba	5:01.64
3 Delgado, Inmacaluda	Tusculum	5:06.33

4 Lathrop, Grace	Carson-Newma	5:07.19
5 McManus, Pierson	Lenoir-Rhyne	5:07.41
6 Zarzyski, Madelyne	Queens (N.C.)	5:24.47
7 Snyder, Margaret	Bob Jones	5:25.20
8 Heinz, Liesl	Bob Jones	5:26.56
9 Tuell, Ashley	Carson-Newma	5:28.76
10 Mercer, Mia	Catawba	5:28.98
11 Hast, Joy	Bob Jones	5:33.15
12 Bridges, Emma	Mars Hill	5:44.32
13 Ward, Makayla	Catawba	5:48.24
14 Van Etten, Megan	Mars Hill	5:50.49
15 Taylor, Alexis	Lenoir-Rhyne	5:51.54
16 Magette, Kinna	Emory & Henr	6:05.13

Event 34 Men 1500 Meter Run

Name	School	Finals
1 Budgen, Lewis	Lenoir-Rhyne	4:02.08
2 Lee, Colten	Carson-Newma	4:03.73
3 Knott, Zachary	Belmont Abbe	4:04.87
4 Krieger, Zack	Unattached	4:07.37
5 Blackwell, Tommy	Catawba	4:11.81
6 Miller, Hunter	Carson-Newma	4:15.15
7 Riggs, Eli	Lenoir-Rhyne	4:17.54
8 Brugmans, Raymond	Carson-Newma	4:18.98
9 Lakeman, Jon	Lenoir-Rhyne	4:23.39
10 Cuffe, Davis	Catawba	4:23.73
11 Hernandez, Jose	Belmont Abbe	4:25.08
12 Ricker, Jerry	Tusculum	4:25.13
13 Baird, Jack	Belmont Abbe	4:28.86
14 Riggs, Isaac	Lenoir-Rhyne	4:29.57
15 Freeman, Blake	Mars Hill	4:34.63
16 Cordes, Seth	Bob Jones	4:38.51
17 Rezk, Zack	Belmont Abbe	4:38.71
18 Fryson, Curtxavier	Livingstone	4:47.54
19 Hubbard, Clinton	Belmont Abbe	4:49.27
20 Waclawik, Mark	Belmont Abbe	4:50.19
21 Snyder, Hunter	Mars Hill	4:52.35
22 Gao, Richard	Lenoir-Rhyne	4:58.96
--- Lyons, Will	Catawba	DNF

Event 35 Women 3000 Meter Steeplechase

Name	School	Finals
1 Kessler, Elizabeth	Lenoir-Rhyne	11:46.04
2 Teran-Romagosa, Claudia	Lenoir-Rhyne	12:25.55
--- Scott, Amber	Wingate	DNF

Event 37 Women 5000 Meter Run

Name	School	Finals
1 Van Gog, Imke	Carson-Newma	18:16.50
2 Smock, Katie	Carson-Newma	19:06.77
3 Little, Meghan	Belmont Abbe	20:09.55
4 Jamerson, Alyssa	Mars Hill	20:19.19

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Finals ... (Event 37 Women 5000 Meter Run)

	Name	School	Finals
5	Jones, Lauren	Bob Jones	20:48.21
6	Lain, Joanna	Bob Jones	20:49.34
7	Mariner, Presslie	Belmont Abbe	22:48.09

Event 38 Men 5000 Meter Run

	Name	School	Finals
Finals			
1	Kopmels, Cas	Wingate	14:36.72
2	Mrochen, Bastian	Wingate	14:36.74
3	Smith, Tai	Unattached	14:36.78
4	Nutter, Scott	Wingate	14:36.81
5	Bong, Simon	Unattached	15:26.99
6	Smoak, Charlie	Unattached	15:54.68
7	Berrios, Nick	Belmont Abbe	16:01.58
8	Wunder, Elliot	Belmont Abbe	16:02.59
9	Gallman, Nathan	Belmont Abbe	16:02.76
10	Kolb, Will	Carson-Newma	16:08.62
11	Resler, Ben	Catawba	16:21.84
12	Johnson, Marc	Bob Jones	16:36.93
13	Huppertz, Vincent	Wingate	16:42.53
14	Coffman, Dominic	Belmont Abbe	16:47.35
15	Seaman, Evan	Bob Jones	17:16.29
16	Taranto, Adrian	Livingstone	18:00.31
17	Henzey, Tommy	Emory & Henr	18:02.53
18	Wharton, Darren	Livingstone	19:51.96
---	Blackwell, Tommy	Catawba	DNF