

APP State Open - 4/26/2024 to 4/27/2024
Randy Marion Track and Field Facility
Boone, NC
Results

Event 1 Women Javelin Throw

Name	School	Finals
Finals		
1 Breau, Brianna	Winthrop	33.47m
2 Butler, Kiori	Newberry	30.33m

Event 2 Men Javelin Throw

Name	School	Finals
Finals		
1 Cocco, Troy	Unattached	65.19m
2 Thierfelder, Luke	Unattached	58.71m
3 Price, Sean	Newberry	52.34m
4 Clayton, Colin	Unattached	47.07m
5 Cuesta, Eliel	Gardner-Webb	44.19m
6 Dale, Dominick	Western Caro	42.38m
7 Stanley, Jake	App State	41.98m
8 Karl, Nate	App State	36.64m
9 Fulton, Derrick	Winthrop	32.19m

Event 3 Women Hammer Throw

Name	School	Finals
Finals		
1 Cooper, Daiyanna	App State	52.11m
2 Taylor, Karmen	Gardner-Webb	49.49m
3 Boyd, Madison	Gardner-Webb	47.21m
4 Shaw, Johntavia	Winthrop	47.16m
5 Rosser, Jaylen	Radford	43.09m
6 Borum, Gabby	Gardner-Webb	42.68m
7 Harris, Jaeda	App State	41.48m
8 Holcombe, Selah	Gardner-Webb	40.97m
9 Marshall, ShaNadia	Newberry	38.84m
10 Wells, Merkenzee	Western Caro	37.83m
11 Rosser, Mya	Radford	37.63m
12 Jackson-Morgan, Hailee	Western Caro	37.59m
13 Howson, Kylie	Higher Power	36.75m
14 Roundtree, Toria	Western Caro	34.54m
15 Pike, Landrey	Western Caro	32.31m
16 Myers, Kennedy	Newberry	32.06m
17 Breau, Brianna	Winthrop	31.57m
18 Butler, Kiori	Newberry	26.76m
--- Pascual Rivera, Andrea	Newberry	FOUL

Event 4 Men Hammer Throw

Name	School	Finals
Finals		
1 Wainscott, Christopher	App State	58.57m
2 Crowell, Kegan	Newberry	52.31m
3 Pitts, Parker	Newberry	49.31m
4 Dale, Dominick	Western Caro	46.96m
5 Lane, Nick	App State	45.05m
6 Center, Riley	Western Caro	42.91m
7 Clayton, Colin	Unattached	41.14m
8 Speaks, Timothy	Winthrop	40.87m
9 Stanley, Jake	App State	40.74m

10 Flores, Walker	Newberry	39.06m
11 Redd, Devin	Gardner-Webb	38.20m
12 Gattison, Jhayden	Newberry	35.58m
13 Pugh, Michael	Unattached	35.47m
14 Weaver, Kolton	Higher Power	30.78m
--- Madison, Breeland	Gardner-Webb	FOUL
--- Peterson, Quentin	Gardner-Webb	FOUL
--- Chavis, Devin	Winthrop	FOUL

Event 5 Men 3000 Meter Steeplechase Invitational

Name	School	Finals
Finals		
1 Chapman, Brody	Tennessee	9:05.71
2 Schabort, Simon	Tennessee	9:32.62
3 Datte, Ben	App State	9:43.97
--- Guest, Calbert	Unat-App Sta	DNF

Event 6 Women 10000 Meter Run

Name	School	Finals
Finals		
1 Wellings, Chloe	Radford	34:17.67
2 Bobo, Carlyn	Montreat	39:39.89
3 Heinz, Liesl	Bob Jones	40:17.08
4 Gagne, Cora	Bob Jones	47:58.21
--- Tuxbury, Ann Marie	Unattached	DNF

Event 7 Women 1 Mile Run MJ Harrelson

Name	School	Finals
Finals		
1 Secor, Jessie	Tennessee	4:49.52
2 Donohue, Jasmine	App State	4:54.55
3 Baker, Lily	Tennessee	4:55.40
4 Barksdale, Carolyn	Tennessee	4:58.11
5 Fuller, Elizabeth	App State	5:03.52
6 Bradbury, Reese	Unattached	5:03.60
7 Russum, Emma	Unat-App Sta	5:03.74
8 Cronk, Mahaley	Montreat	5:15.69
9 Garcia, Lucia	App State	5:16.10
10 Garcia, Dylan	Montreat	5:21.91
11 Copeman, Bianca	App State	5:22.34
12 Young, Samantha	Unattached	5:23.91
13 Hasty, Kilia	Montreat	5:24.09
14 Gibson, Nia	Fayetteville	5:28.76
15 Fields, Kayla	Radford	5:33.43
--- Wingate, Jaylee	Tennessee	DNF

Event 8 Men 1 Mile Run Men's Invit.

Name	School	Finals
Finals		
1 Cherry, Christopher	Tennessee	4:02.26
2 Anderson, Canaan	Tennessee	4:03.16
3 Lipham, Ethan	App State	4:03.91
4 Dotson, Elliot	Anderson (S.	4:04.74
5 Hengst, Dalton	Tennessee	4:06.61
6 Lewis, Jacob	Tennessee	4:07.39

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Finals ... (Event 8 Men 1 Mile Run Men's Invit.)

Name	School	Finals
7 Welch, Dawson	Tennessee	4:09.57
8 Bivens, Garrett	App State	4:15.37
9 Branch, Dylan	Montreat	4:16.34
10 Sangster, Tucker	App State	4:17.37
11 Smith, Steven	App State	4:17.38
12 Morris, Jonah	App State	4:17.91
13 Bird, Jonah	App State	4:20.70
14 Thomas, Wyatt	Virginia Tec	4:21.78
15 Wilson-Cook, Oliver	App State	4:24.47
16 Barber, Ethan	App State	4:25.42
17 Burrell, Chase	App State	4:26.38
18 Krieger, Zack	Unattached	4:28.16
19 Yakulis, Samuel	Virginia Tec	4:31.49
20 Johnson, William	Presbyterian	4:33.42
--- Guest, Calbert	Unat-App Sta	DNF
--- Zelinski, Yordanos	Tennessee	DNF
--- Helmlinger, Kameron	Tennessee	DNF
--- Daggett, Joshua	Unattached	DNF

Event 9 Men 10000 Meter Run

Name	School	Finals
1 Naseh, Harris	Virginia Tec	32:56.05
2 Seaman, Evan	Bob Jones	33:18.69
3 Johnson, Marc	Bob Jones	35:30.35
4 Salinamakki, Chinmaya	Virginia Tec	35:55.60
5 Montgomery, Nathan	Virginia Tec	38:40.53
--- Shafer, Sol	Bob Jones	DNF
--- Salisbury, William	Virginia Tec	DNF

Event 10 Women Shot Put

Name	School	Finals
1 Shaw, Johntavia	Winthrop	13.37m
2 Samuels, Leonie	Newberry	13.25m
3 Hartsoe, Emily	Unattached	12.79m
4 Taylor, Ashley	Fayetteville	12.37m
5 Cooper, Daiyanna	App State	12.30m
6 Hocutt, Raniyah	Fayetteville	11.74m
7 Borum, Gabby	Gardner-Webb	11.58m
8 Marshall, ShaNadia	Newberry	11.41m
9 Plummer, Megan	App State	11.28m
10 Butler, Kiori	Newberry	11.04m
11 Roundtree, Toria	Western Caro	10.74m
12 Gamble, Katrina	Fayetteville	10.69m
13 Rosser, Mya	Radford	10.56m
14 Coleman, Adrionna	Gardner-Webb	10.55m
15 Heyison, Samantha	Unattached	10.42m
16 Rosser, Jaylen	Radford	10.16m
17 Fisher, Shannon	Virginia Tec	10.14m
18 Harris, Jaeda	App State	9.93m
19 Jackson-Morgan, Hailee	Western Caro	9.46m
20 Carroll, Quinn	Virginia Tec	9.23m

21 Luzzaraga, Cecilia	Higher Power	8.99m
22 Wheless, Ariyah	Fayetteville	8.74m
23 Wilkins, Nyah	Fayetteville	8.42m
24 Villante, Leanne	Virginia Tec	8.17m
25 Patel, Jenny	Virginia Tec	8.10m
26 Piotrowski, Abigail	Unattached	7.96m
27 Hu, Serena	Unattached	7.51m
--- Pike, Landrey	Western Caro	FOUL

Event 11 Men Shot Put

Name	School	Finals
1 McArthur, Daniel	Unattached	18.75m
2 Wainscott, Christopher	App State	17.69m
3 Mcdonald, Solomon	Unattached	17.06m
4 Shelton, Jesse	Mars Hill	16.72m
5 Peterson, Quentin	Gardner-Webb	16.65m
6 Johnson, Jacoby	Gardner-Webb	16.55m
7 Karl, Nate	App State	16.36m
8 Clayton, Colin	Unattached	15.86m
9 Stewart, Christopher	Higher Power	15.57m
10 Weaver, Kolton	Higher Power	14.42m
11 Ray, Nicholas	Unattached	14.36m
12 Center, Riley	Western Caro	13.84m
13 Williams, Cooper	Unattached	13.81m
14 Gainey, Ashtin	Mars Hill	13.73m
15 Burch Jr., Jeremiah	App State	13.60m
16 Luke, Dillon	Virginia Tec	12.94m
17 Madison, Breeland	Gardner-Webb	12.78m
18 Gattison, Jhayden	Newberry	12.09m
19 Lane, Nick	App State	11.76m
20 Wilson, Jack	Virginia Tec	11.74m
21 Copeland, Tyler	Virginia Tec	11.39m
22 Sheriff, Nyle	Virginia Tec	11.02m
23 Paylor, James	Virginia Tec	10.90m
24 Evans, Shane	Virginia Tec	9.96m
25 Helmsen, Chris	Virginia Tec	9.61m
26 Banerjee, Aditya	Unattached	8.56m
27 Shervanick, Sam	Virginia Tec	7.83m

Event 12 Women Discus Throw

Name	School	Finals
1 Shaw, Johntavia	Winthrop	43.65m
2 Taylor, Ashley	Fayetteville	40.99m
3 Taylor, Karmen	Gardner-Webb	40.20m
4 Coleman, Adrionna	Gardner-Webb	40.08m
5 Plummer, Megan	App State	38.92m
6 Roundtree, Toria	Western Caro	37.97m
7 Gamble, Katrina	Fayetteville	36.57m
8 Boyd, Madison	Gardner-Webb	36.37m
9 Heyison, Samantha	Unattached	35.30m
10 Johnson, Zoie	Gardner-Webb	35.08m
11 Jackson-Morgan, Hailee	Western Caro	34.95m
12 Rosser, Jaylen	Radford	34.65m

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	Name	School	Finals
13	Holcombe, Selah	Gardner-Webb	34.48m
14	Fisher, Shannon	Virginia Tec	33.91m
15	Villante, Leanne	Virginia Tec	33.85m
16	Samuels, Leonie	Newberry	32.83m
17	Myers, Kennedy	Newberry	32.38m
18	Spenner, Maddie	Winthrop	31.99m
19	Pike, Landrey	Western Caro	31.77m
20	Rosser, Mya	Radford	31.66m
21	Luzzaraga, Cecilia	Higher Power	28.65m
22	Cary, Mone	Unattached	28.44m
23	Wells, Merkenzee	Western Caro	27.06m
24	Marshall, ShaNadia	Newberry	25.68m
25	Hocutt, Raniyah	Fayetteville	24.68m
26	Wheless, Ariyah	Fayetteville	24.66m
27	Carroll, Quinn	Virginia Tec	22.80m
28	Wilkins, Nyah	Fayetteville	22.09m
29	Patel, Jenny	Virginia Tec	21.14m
30	Piotrowski, Abigail	Unattached	20.90m
31	Hu, Serena	Unattached	19.55m

Event 13 Men Discus Throw

	Name	School	Finals
Finals			
1	Peterson, Quentin	Gardner-Webb	55.36m
2	Wainscott, Christopher	App State	50.75m
3	Crowell, Kegan	Newberry	49.14m
4	Karl, Nate	App State	48.86m
5	Johnson, Jacoby	Gardner-Webb	48.47m
6	Shelton, Jesse	Mars Hill	47.56m
7	Stewart, Christopher	Higher Power	47.48m
8	Burch Jr., Jeremiah	App State	44.16m
9	Williams, Cooper	Unattached	43.66m
10	Pitts, Parker	Newberry	42.43m
11	Shelton, Justus	Mars Hill	41.12m
12	Lane, Nick	App State	41.10m
13	Wilson, Jack	Virginia Tec	40.95m
14	Redd, Devin	Gardner-Webb	40.52m
15	Dale, Dominick	Western Caro	37.99m
16	Gattison, Jhayden	Newberry	36.29m
17	Copeland, Tyler	Virginia Tec	36.20m
18	Sheriff, Nyle	Virginia Tec	36.01m
19	Stanley, Jake	App State	35.62m
20	Paylor, James	Virginia Tec	35.35m
21	Flores, Walker	Newberry	34.74m
22	Weaver, Kolton	Higher Power	33.97m
23	Ray, Nicholas	Unattached	33.34m
24	Helmsen, Chris	Virginia Tec	32.36m
25	Luke, Dillon	Virginia Tec	31.51m
26	Shervanick, Sam	Virginia Tec	25.20m
27	Evans, Shane	Virginia Tec	23.45m
---	Pugh, Michael	Unattached	FOUL
---	Sheryak, Joe	Unattached	FOUL

Event 14 Women Pole Vault

	Name	School	Finals
Finals			
1	McDonald, Alina	Kmr Athletic	4.50m
2	Studney, Ava	App State	3.97m
3	Meeker, Noelle	App State	3.77m
4	Agee, Celia	App State	3.52m
5	Fowlkes, Caroline	App State	J3.37m
6	Gallant, Sydney	Western Caro	J3.37m
7	Hilleary, Bella	Western Caro	J3.22m

Event 15 Men Pole Vault

	Name	School	Finals
Finals			
1	Gray, Matthew	App State	5.34m
2	Freeman, Patrick	App State	J4.99m
3	Bigelow, Matthew	App State	J4.99m
4	Hopkins, Jonathan	Unattached	J4.79m
5	Underwood, Braden	App State	J4.64m
5	Fox, Taylor	App State	J4.64m
7	Luke, Dillon	Virginia Tec	J4.49m
---	Botros, Andrew	Unattached	NH

Event 16 Women Long Jump

	Name	School	Finals
Finals			
1	Smith, Taylor	App State	6.32m -0.9
2	Sangare, Kadidja	Carson-Newma	6.12m 0.7
3	Goodwin, Savannah	Carson-Newma	5.79m 0.5
4	Osaji, Ashlee	App State	5.76m -1.3
5	Fisher, Elyssia	Radford	5.74m 1.7
6	McCarty, Sydney	Carson-Newma	5.69m -1.0
7	David, Gabby	App State	5.62m 0.3
8	Taylor, Brooke	Carson-Newma	5.61m -0.6
9	Clemons, Teandra	Gardner-Webb	5.54m -3.0
10	Branch, Jada	Unattached	5.50m 0.8
11	Pittman, Jada	Gardner-Webb	5.39m -2.7
12	Eugene, Alyiah	Unattached	5.35m -1.4
13	Wood, Faith	Winthrop	5.09m -1.6
14	vanSintemaartensdijk, Isa	Gardner-Webb	5.08m -1.6
15	Williams, Abraonna	Fayetteville	4.99m -1.8
16	Mack, Lasharie	Winthrop	4.96m +0.0
17	Polanah-Kehlenbeck, Katja	Radford	4.95m -2.1
18	Tobin, Erica	Winthrop	4.94m -0.4
19	Johnson, Holley	Fayetteville	4.91m -2.0
20	Alejandro-Ortiz, Dajaneen	Livingstone	4.90m 4.6
21	Williams, Mia	Virginia Tec	4.89m +0.0
21	Lynch, Jaelyn	Winthrop	4.89m -0.5
23	Thompson, Mia	Fayetteville	4.86m -1.4
24	Anim-Offei, Thandie	Virginia Tec	4.78m 1.3
25	Castillo, Isabela	Gardner-Webb	4.40m -0.6

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Event 17 Men Long Jump

Name	School	Finals
Finals		
1 Hiatt, Jared	App State	7.27m NWI
2 Williams Jr., Kenneth	Winthrop	7.11m 0.4
3 Wilkins, Niejel	App State	6.93m -0.3
4 Pasley, Jakeim	Winthrop	6.48m -0.4
5 Jamison, Maurion	Winthrop	6.23m -1.2
6 Lopez, Caleb	App State	6.22m -0.8
7 Gatenby, Ryder	Virginia Tec	6.04m 4.0
8 Coates, Tristan	Virginia Tec	5.85m -1.0

Event 18 Women High Jump

Name	School	Finals
Finals		
1 Eugene, Alyiah	Unattached	1.75m
2 Byard, Nadiyah	App State	1.65m
3 Knowles, Domanique	Fayetteville	1.50m
3 Polanah-Kehlenbeck, Katja	Radford	1.50m
3 Wright, Kaiya	Fayetteville	1.50m
--- James, Monay	Winthrop	NH
--- Miles, Amina	Fayetteville	NH

Event 19 Men High Jump

Name	School	Finals
Finals		
1 Sam, Verrol	Carson-Newma	2.10m
2 Richards, Oluwafemi	Carson-Newma	2.05m
3 Hiatt, Jared	App State	1.95m
3 Timpson, Jonathan	Gardner-Webb	1.95m
5 Hall, Yates	App State	1.90m
6 Yves Thiemele Marco, Jean	Livingstone	1.85m
7 Cuesta, Eliel	Gardner-Webb	1.80m
7 Shoemaker, Ethan	App State	1.80m
--- Mattieu, Jaden	Unattached	NH

Event 20 Women Triple Jump

Name	School	Finals
Finals		
1 Branch, Jada	Unattached	12.45m NWI
2 Clemons, Teandra	Gardner-Webb	11.34m NWI
3 Furr, Nariah	Livingstone	10.88m -1.0
4 Arnold, Kelsey	Radford	10.83m 2.9
4 Carter, Dezmajia	Radford	10.83m 0.3
6 Thompson, Mia	Fayetteville	10.82m -1.1
7 Anim-Offei, Thandie	Virginia Tec	10.68m 1.2
8 Lynch, Jaelyn	Winthrop	10.65m -1.7
9 Williams, Mia	Virginia Tec	10.11m -0.6
--- McKinley, Madeline	Virginia Tec	FOUL

Event 21 Men Triple Jump

Name	School	Finals
Finals		
1 Wilkins, Niejel	App State	15.83m 2.2
2 Azar-Moise, Luis	Livingstone	14.20m 1.1

3 Lopez, Caleb	App State	13.40m -0.6
4 Jamison, Maurion	Winthrop	13.37m 0.3
5 Coates, Tristan	Virginia Tec	12.97m 0.4

Event 22 Women 5000 Meter Run

Name	School	Finals
Finals		
1 Sievers, Jaci	Tennessee	17:23.44
2 Rutlin, Lauren	Tennessee	17:36.13
3 Schuster, Summer	Tennessee	17:44.00
4 Hamby, Emma Kate	Tennessee	18:07.16
5 Breault, Catherine	App State	18:12.01
6 Fuller, Elizabeth	App State	18:13.71
7 Farris, Lana	App State	18:33.75
8 DiLorenzo, Suzie	Virginia Tec	19:30.29
9 Biagini, Mary	App State	19:34.70
10 Loehne, Natalie	Unattached	20:14.65
11 Zalenski, Julia	Virginia Tec	20:17.90
12 Jordaen, Alme	Unattached	20:24.51
13 Gomez, Keyli	Presbyterian	20:35.55
14 Straka, Aimee	Virginia Tec	21:50.86
15 Hopwood, Rose	Virginia Tec	21:53.64
16 Verschell, Lillian	Virginia Tec	22:12.12
--- Szabos, Sydney	Virginia Tec	DNF
--- Kane, Karsyn	App State	DNF

Event 23 Men 5000 Meter Run

Name	School	Finals
Finals		
1 Sangster, Tucker	App State	14:44.92
2 Wright, Caleb	Montreat	15:33.81
3 Nichols, Jackson	App State	15:38.44
4 Getty, Aaron	Virginia Tec	15:57.22
5 Horner, Griffin	App State	15:59.01
6 Nave, Brendan	Virginia Tec	16:32.83
7 Diaz, Ivan	Winthrop	16:37.79
8 Sabo, Kevin	Unattached	16:38.42
9 Vailes, Stuart	Virginia Tec	17:08.94
10 Kaufman, Noah	Presbyterian	17:27.95
--- Wilson-Cook, Oliver	App State	DNF
--- Bird, Jonah	App State	DNF
--- Barber, Ethan	App State	DNF
--- Selph, Caleb	Winthrop	DNF

Event 24 Women 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 App State	A	44.85
1) Johnson, Kendall	2) Smith, Sierra	
3) Smith, Taylor	4) Adams, Jayla	
2 App State	B	46.25
1) Wells, Nicole	2) Talley, Daye	
3) Razzak, Khalilah	4) McCord, Mariah	

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Finals ... (Event 24 Women 4x100 Meter Relay)

Team	Relay	Finals
3 Gardner-Webb	A	47.13
1) Marlow, Deborah	2) Clemons, Teandra	
3) Pittman, Jada	4) Spencer, Anna	
4 Fayetteville St.	A	47.44
1) Myles, Tramoni	2) Moore, Janya	
3) Williams, Jayla	4) Spencer, Diamond	
5 Radford	A	48.54
1) Cornelius, Raichelle	2) Beatty, Sela	
3) McIvor, Kandace	4) Carter, Dezmajia	
6 Winthrop	A	49.04
1) Verner, Raven	2) Young-Coleman, Katlyn	
3) Reese, Jade	4) James, Monay	
7 Livingstone	A	49.19
1) Robinson, Aleisia	2) Fair, Asia'Lee	
3) Starkie, Tania	4) Allen, Sydney	
8 Virginia Tec	A	57.04
1) Anim-Offei, Thandie	2) Donaldson, Molly	
3) Jarama, Leila	4) Williams, Mia	

Event 25 Men 4x100 Meter Relay

Team	Relay	Finals
1 Winthrop	A	41.06
1) Agbeyomi, Toluwayan	2) Brown, Kevin	
3) Gresham, Ian	4) Boucher, Michael	
2 Livingstone	A	41.80
1) Stone, Donovan	2) Hutchinson, Justin	
3) Wagner, Tyler	4) Blackmon, Matthew	
3 Winthrop	B	42.80
1) Anastasio, Luke	2) Grant, Reggie	
3) Frank Jr., Carlos	4) Webb, Jonquez	
4 Virginia Tec	A	44.45
1) Haley, Liam	2) Campbell, Chatham	
3) Tran, Douglas	4) Shao, Luke	

Event 26 Women 1 Mile Run Open

Name	School	Finals
1 Jerop, Daisy	Fayetteville	5:25.94
2 Wilhjelms, Karly	Unattached	5:27.16
3 Parks, Macy	Montreat	5:27.85
4 Preston, Natalie	Radford	5:33.62
5 Kiplagat, Joan	Fayetteville	5:34.92
6 DiLorenzo, Suzie	Virginia Tec	5:45.47
7 Kibet, Purity	Fayetteville	5:48.55
8 Szabos, Sydney	Virginia Tec	5:52.94
9 Brinkley, Addie	Virginia Tec	5:56.04
10 Heinz, Liesl	Bob Jones	6:02.41
11 Donaldson, Abby	Presbyterian	6:03.07
12 McCaffrey, Alyssa	Virginia Tec	6:08.43
13 Gomez, Keyli	Presbyterian	6:12.02
14 Vance, Averi	Spartanburg	6:25.40
15 Verschell, Lillian	Virginia Tec	6:28.12

16 Thompsen, Sophie	Virginia Tec	6:28.96
17 Taylor, Charlotte	Virginia Tec	6:31.74
18 Pierce, Keenan	Virginia Tec	6:37.41
19 Jarama, Leila	Virginia Tec	6:48.36
20 Sheilds, Bella	Spartanburg	6:48.76
21 Metzger, Danielle	Virginia Tec	7:08.31

Event 27 Men 1 Mile Run Open

Name	School	Finals
1 Bennett, Andrew	Virginia Tec	4:28.40
2 Bhing, Samik	Virginia Tec	4:36.34
3 Reyna, Aidan	Unattached	4:38.73
4 Scott, Sam	Unc Running	4:42.54
5 Murray, Daniel	Virginia Tec	4:46.25
6 Kochanowicz, Luke	Spartanburg	4:50.44
7 Crawley, Christian	Virginia Tec	4:51.62
8 Zmijewski, Andrew	Unc Running	4:53.64
9 Tyberg, Dylan	Virginia Tec	4:53.96
10 Emlay, Kaden	Virginia Tec	4:56.59
11 Crain, Johnny	Virginia Tec	4:56.61
12 Lovingood, Marty	Cleveland CC	4:58.00
13 Marson, Josh	Unc Running	4:58.36
14 Christopher, Sekou	Livingstone	5:06.98
15 Mullen, Seth	Spartanburg	5:10.64
16 Ciulla, Roman	Virginia Tec	5:13.35
17 Bartlett, Jae	Presbyterian	5:29.29
18 Vrooman, Nolan	Spartanburg	5:29.46

Event 28 Women 100 Meter Hurdles

Name	School	Prelims
1 Moehling, Alexia	App State	14.43Q-1.0
2 Robinson, Jaslyne	Radford	14.91Q-0.9
3 Brown, Makeshia	Fayetteville	15.22q -1.0
4 vanSintemaartensdijk, Isa	Gardner-Webb	15.52q -0.9
5 James, Monay	Winthrop	15.53q -0.9
6 Spencer, Diamond	Fayetteville	15.57q -0.9
7 McIvor, Kandace	Radford	15.67q -1.0
8 Washington, Tanzania	Fayetteville	16.52q -1.0
9 O'Herron, Clare	Virginia Tec	18.62 -0.9
10 Castillo, Isabela	Gardner-Webb	19.14 -1.0

Event 28 Women 100 Meter Hurdles

Name	School	Finals
1 Moehling, Alexia	App State	13.95 1.7
2 Robinson, Jaslyne	Radford	14.54 1.7
3 Brown, Makeshia	Fayetteville	14.71 1.7
4 Spencer, Diamond	Fayetteville	14.72 1.7
5 McIvor, Kandace	Radford	15.08 1.7
6 James, Monay	Winthrop	15.42 1.7
7 Washington, Tanzania	Fayetteville	15.88 1.7
8 vanSintemaartensdijk, Isa	Gardner-Webb	16.17 1.7

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Event 29 Men 110 Meter Hurdles

Name	School	Prelims
Preliminaries		
1 Robinson, Harrison	App State	14.73Q-1.8
2 Peebles, TJ	Gardner-Webb	15.02Q2.5
3 Mungo, Jayden	Livingstone	15.34q -1.8
4 Coates, Vince	Livingstone	15.57q -1.8
5 Harrison, Will	Virginia Tec	15.69q 2.5
6 Malone, Josiah	Virginia Tec	16.04q -1.8
7 Ridgill, Ryan	Winthrop	16.71q -1.8
8 Rafferty, Konnor	Virginia Tec	17.68q 2.5
--- Blackmon, Matthew	Livingstone	FS 2.5

Event 29 Men 110 Meter Hurdles

Name	School	Finals
Finals		
1 Robinson, Harrison	App State	13.99 2.6
2 Peebles, TJ	Gardner-Webb	14.52 2.6
3 Mungo, Jayden	Livingstone	14.60 2.6
4 Coates, Vince	Livingstone	14.80 2.6
5 Ridgill, Ryan	Winthrop	15.57 2.6
6 Malone, Josiah	Virginia Tec	15.68 2.6
7 Harrison, Will	Virginia Tec	15.75 2.6
8 Rafferty, Konnor	Virginia Tec	17.01 2.6

Event 30 Women 100 Meter Dash

Name	School	Prelims
Preliminaries		
1 Johnson, Kendall	App State	11.62Q2.2
2 Smith, Taylor	App State	11.75Q1.1
3 Wells, Nicole	App State	11.80Q1.2
4 McCord, Mariah	App State	11.93q 1.2
5 Myles, Tramon	Fayetteville	12.09q 2.2
6 Robinson, Aleisia	Livingstone	12.15q 2.2
7 Williams, Jayla	Fayetteville	12.27q 2.2
8 Razzak, Khalilah	App State	12.41q 1.1
9 Young-Coleman, Katlyn	Winthrop	12.48 1.2
10 Verner, Raven	Winthrop	12.65 1.1
11 Beatty, Sela	Radford	12.71 1.2
12 Judd, Ani	App State	12.72 1.1
13 Cummings, Amaya	Fayetteville	12.86 2.2
14 Thompson, Mia	Fayetteville	12.94 1.1
15 Croft, Diamond	Spartanburg	13.56 2.2
15 Williams, Mia	Virginia Tec	13.56 1.2
17 Rubio, Habana	Presbyterian	13.72 1.1
18 Marks, Mia	Bob Jones	13.94 2.2
--- Allen, Sydney	Livingstone	FS 1.2

Event 30 Women 100 Meter Dash

Name	School	Finals
Finals		
1 Smith, Taylor	App State	11.53 1.7
2 Johnson, Kendall	App State	11.61 1.7
3 Wells, Nicole	App State	11.70 1.7

4 McCord, Mariah	App State	11.91 1.7
5 Robinson, Aleisia	Livingstone	12.08 1.7
6 Myles, Tramon	Fayetteville	12.14 1.7
7 Razzak, Khalilah	App State	12.22 1.7
8 Williams, Jayla	Fayetteville	12.26 1.7

Event 31 Men 100 Meter Dash

Name	School	Prelims
Preliminaries		
1 Ferguson, Armonte	App State	10.62Q1.0
2 Brown, Kevin	Winthrop	10.71Q1.3
3 Webb, Jonquez	Winthrop	10.97Q-0.7
4 Grant, Reggie	Winthrop	11.00Q3.8
5 Haley, Liam	Virginia Tec	10.80q 1.0
6 Boucher, Michael	Winthrop	10.89q 1.3
7 Fressel, Luke	Bob Jones	10.98q 1.3
8 Lucas, Jurnii	Winthrop	11.06q 3.8
9 James, Dylan	Unattached	11.10 1.0
10 Frank Jr., Carlos	Winthrop	11.16 1.0
11 King, Shane	Winthrop	11.17 -0.7
12 Gatenby, Ryder	Virginia Tec	11.19 3.8
13 Anastasio, Luke	Winthrop	11.25 -0.7
14 Gray, Misha	Bob Jones	11.43 1.0
15 Moss, Umar	Unattached	11.44 1.3
16 Black, DJ	Gardner-Webb	11.50 -0.7
17 Washington, Halani	dynamic spee	11.51 -0.7
18 Balog, Parker	Spartanburg	11.59 1.0
19 Crim, James	Presbyterian	11.81 1.3
20 Gutknecht, Dean	App State Cl	12.71 1.3
21 Littlejohn, Vincent	Spartanburg	12.73 3.8
22 Job, Malik	Spartanburg	13.16 -0.7
23 Berte, Frank	Virginia Tec	14.13 -0.7

Event 31 Men 100 Meter Dash

Name	School	Finals
Finals		
1 Ferguson, Armonte	App State	10.66 1.4
2 Brown, Kevin	Winthrop	10.84 1.4
3 Webb, Jonquez	Winthrop	10.85 1.4
4 Boucher, Michael	Winthrop	10.89 1.4
5 Fressel, Luke	Bob Jones	10.99 1.4
6 Lucas, Jurnii	Winthrop	11.08 1.4
7 Grant, Reggie	Winthrop	11.10 1.4
8 Haley, Liam	Virginia Tec	13.12 1.4

Event 32 Women 400 Meter Dash

Name	School	Finals
Finals		
1 Adams, Jayla	App State	55.87
2 Talley, Daye	App State	56.71
3 Ollendick-Smith, Addison	App State	56.95
4 Robinson, Hunter	App State	57.31
5 Cornelius, Raichelle	Radford	57.52
6 Cornett, Rebecca	App State	57.62
7 Charles, Ericka	G.W. Express	58.72

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Finals ... (Event 32 Women 400 Meter Dash)

Name	School	Finals
8 Jackson, Jordan	Radford	59.19
9 Williams, Abraonna	Fayetteville	1:00.45
10 Reece, Kendall	Gardner-Webb	1:00.49
11 Marks, Alyssa	Bob Jones	1:01.45
12 Johnson, Holley	Fayetteville	1:01.87
13 Weeks, Jayla	Winthrop	1:01.89
14 Tipper, Evelyn	Virginia Tec	1:02.42
15 Barber, Malaysia	Fayetteville	1:02.44
16 Yarema, Sydney	Winthrop	1:03.29
17 Hast, Joy	Bob Jones	1:09.60

Event 33 Men 400 Meter Dash

Name	School	Finals
1 Kinney, Parker	App State	47.89
2 Krehnbrink, Cole	App State	48.21
3 Perry, Kailen	GW Express	48.54
4 Linton, Lamarion	Livingstone	49.96
5 Harris, Fitzroy	Unattached	50.38
6 Brannen, Miller	App State	50.95
7 Morita, Ryan	Gardner-Webb	51.45
8 White, Darrell	Livingstone	52.09
9 Cheung, Chevy	Virginia Tec	52.44
10 Butler, Gabe	Presbyterian	52.47
11 Johnson, Chris	Unattached	52.55
12 Cecil, Connor	Mars Hill	53.95
13 Aristide, Nizeyimana	Presbyterian	54.28
14 Moss, Umar	Unattached	55.78
15 Wall, Samuel	Presbyterian	55.82
16 Goldsmith, Trenton	Bob Jones	56.63
17 Williams, Kyle	Bob Jones	56.67
18 Gora, Joe	Virginia Tec	56.72

Event 34 Women 800 Meter Run

Name	School	Finals
1 Donohue, Jasmine	App State	2:14.40
2 Ammon, Rhys	App State	2:16.62
3 Gibson, Nia	Fayetteville	2:20.76
4 Cheptoo, Repline	Fayetteville	2:21.98
5 Jeptoo, Irene	Fayetteville	2:22.58
6 Korir, Viola	Fayetteville	2:22.73
7 Bell, Ashley	Fayetteville	2:23.12
8 Garcia, Lucia	App State	2:23.44
9 Patterson, Reagan	Radford	2:26.58
10 Hodge, Regan	App State	2:26.96
11 Fields, Kayla	Radford	2:30.14
12 Farley, Mia	Radford	2:30.30
13 Chukwuezi, Uche	Fayetteville	2:30.31
14 Ruff, Morgan	Winthrop	2:32.11
15 Whitman, Isabel	Presbyterian	2:34.73
16 McCaffrey, Alyssa	Virginia Tec	2:38.14
17 Johnson Diaz, Ainhua	Virginia Tec	2:38.20

18 Rairigh, Caroline	Presbyterian	2:38.39
19 Velazquez, Alondra	Spartanburg	2:44.37
20 Fuchs, Bridget	Virginia Tec	2:44.58
21 Zimmerman, Ainsley	Bob Jones	2:46.37
22 Velazquez, Mariela	Spartanburg	2:46.88
23 Mortensen, Ashley	Virginia Tec	2:49.06
24 Ballard, Kayla	Virginia Tec	2:49.82
25 Straka, Aimee	Virginia Tec	2:50.20
26 Donaldson, Abby	Presbyterian	2:51.84
27 Zalenski, Julia	Virginia Tec	2:52.56
28 Gomez, Keyli	Presbyterian	2:54.78
29 Farley, Elisabeth	Bob Jones	2:58.45
30 Thompsen, Sophie	Virginia Tec	2:59.46
31 Jarama, Leila	Virginia Tec	3:00.43
32 Donaldson, Molly	Virginia Tec	3:23.73
33 Thornton, Olivia	Spartanburg	3:29.36
--- Perriello, Jessica	Gardner-Webb	DNF

Event 35 Men 800 Meter Run

Name	School	Finals
1 Hastings, Ryan	Unattached	1:54.58
2 Cremin, Nathan	Gardner-Webb	1:54.90
3 Lipham, Ethan	App State	1:55.70
4 Johnson, William	Presbyterian	1:56.22
5 Smith, Steven	App State	1:59.69
6 Emmons, Alexander	Unattached	1:59.75
7 Miller, Matthew	Virginia Tec	1:59.93
8 McNeish, Griffin	Winthrop	2:00.03
9 Scott, Sam	Unc Running	2:01.19
10 Topf, Brandon	Virginia Tec	2:01.92
11 Knapp, Andrew	Winthrop	2:02.52
12 Sarver, Andrew	Bob Jones	2:03.09
13 Batres-Mena, Joel	Bob Jones	2:03.92
14 Green, Vishal	Virginia Tec	2:03.97
15 Ducharne, Luis	Virginia Tec	2:04.86
16 Pratt, Kaden	Gardner-Webb	2:05.52
17 Sisson, Payne	Winthrop	2:05.64
18 Frasier, Darren	Winthrop	2:06.08
19 Mellon, Mark	Gardner-Webb	2:07.05
20 Steele, Jeffrey	Livingstone	2:08.42
21 Murray, Daniel	Virginia Tec	2:10.43
22 VeraCruz, Isaac	Bob Jones	2:10.46
23 Kiernan, Kevin	Virginia Tec	2:12.04
24 Gerbitz, Levi	Bob Jones	2:15.77
25 Goldsmith, Trenton	Bob Jones	2:16.99
26 Kyle, Daniel	Bob Jones	2:17.56
27 Gehrt, Jacob	Virginia Tec	2:17.73
28 Petersson, Jadon	Virginia Tec	2:20.87
29 Bartlett, Jae	Presbyterian	2:26.34
30 VanDen Berghe, Justin	Bob Jones	2:26.89
31 Mixtega, Marc	Spartanburg	2:28.90
32 Olivieri, Andrew	Virginia Tec	2:40.41
--- Brannen, Miller	App State	DNF

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Event 36 Women 400 Meter Hurdles

Name	School	Finals
Finals		
1 Moehling, Alexia	App State	1:02.80
2 Robinson, Jaslyne	Radford	1:06.06
3 Outhous, Sophia	Spartanburg	1:06.74
4 Alejandro-Ortiz, Dajaneen	Livingstone	1:09.94
5 O'Herron, Clare	Virginia Tec	1:18.72
--- Washington, Tanzania	Fayetteville	DNF
--- Brown, Kharonay	Livingstone	DNF

Event 37 Men 400 Meter Hurdles

Name	School	Finals
Finals		
1 Bruno, Nate	GW Express	52.45
2 Dalton, Jabari	App State	53.61
3 Gore, Christian	Unattached	54.35
4 Hunt, Davis	App State	54.40
5 Lucas, Jurnii	Winthrop	55.28
6 Peebles, TJ	Gardner-Webb	55.34
7 Ridenhour, Timothy	Livingstone	58.22
8 Rafferty, Konnor	Virginia Tec	58.47
9 Gray, Misha	Bob Jones	1:01.08
10 Malone, Josiah	Virginia Tec	1:02.81

Event 38 Women 200 Meter Dash

Name	School	Finals
Finals		
1 Adams, Jayla	App State	23.94 0.7
2 Smith, Sierra	App State	23.95 0.7
3 Wells, Nicole	App State	24.33 0.7
4 Talley, Daye	App State	24.51 0.7
5 Johnson, Kendall	App State	24.80 0.7
6 Myles, Tramonni	Fayetteville	25.46 0.2
7 Williams, Abraonna	Fayetteville	25.82 1.1
8 Reese, Jade	Winthrop	25.92 0.2
9 Cornett, Rebecca	App State	26.06 0.2
10 Cummings, Amaya	Fayetteville	26.19 1.1
11 Razzak, Khalilah	App State	26.20 0.2
12 Judd, Ani	App State	26.30 1.1
13 James, Monay	Winthrop	26.38 1.1
14 Williams, Jayla	Fayetteville	26.40 0.2
15 Charles, Ericka	G.W. Express	26.54 3.0
16 Cameron, Alexandra	Winthrop	26.93 1.1
17 Barber, Malaysia	Fayetteville	27.25 0.2
18 Yarema, Sydney	Winthrop	27.53 -1.3
19 Marks, Alyssa	Bob Jones	28.04 1.1
20 Washington, Ariana	Winthrop	28.21 -1.3
21 Croft, Diamond	Spartanburg	28.45 -1.3
22 Walton, Emily	Bob Jones	29.28 3.0
23 Gardner, Hali	Spartanburg	36.90 -1.3

Event 39 Men 200 Meter Dash

Name	School	Finals
Finals		
1 Marcelle, Phillip	GW Express	20.68 1.8
2 Ferguson, Armonite	App State	21.44 1.8
3 Agbeyomi, Toluwayan	Winthrop	21.52 1.8
4 Brown, Kevin	Winthrop	22.13 1.8
5 Mungo, Jayden	Livingstone	22.17 1.8
6 Freeman, Joshua	Livingstone	22.49 0.2
7 Fressel, Luke	Bob Jones	22.53 1.3
8 Frank Jr., Carlos	Winthrop	22.54 1.8
9 James, Dylan	Unattached	22.59 1.3
10 Pullum, Avey	Unc Running	22.76 -0.5
11 Gatenby, Ryder	Virginia Tec	22.77 0.2
12 Barton, Elias	Western Caro	22.78 1.3
13 Grant, Reggie	Winthrop	22.82 1.3
14 Wagner, Tyler	Livingstone	22.95 1.8
15 Sheryak, Joe	Unattached	22.96 0.2
16 Johnson, Chris	Unattached	22.97 -0.5
17 Aristide, Nizeyimana	Presbyterian	23.47 0.2
18 Cheung, Chevy	Virginia Tec	23.60 0.2
19 Mota, Leonardo	Bob Jones	23.71 0.2
20 Anastasio, Luke	Winthrop	23.72 1.3
21 Balog, Parker	Spartanburg	24.24 3.2
22 Johnson, Calvin	Winthrop	24.58 0.2
23 Shao, Luke	Virginia Tec	26.14 3.2
24 Littlejohn, Vincent	Spartanburg	26.69 3.2
25 Gutknecht, Dean	App State Cl	26.74 3.2
26 Job, Malik	Spartanburg	26.94 3.2
27 Berte, Frank	Virginia Tec	29.49 -0.5
28 Olivieri, Andrew	Virginia Tec	31.14 3.2

Event 40 Women 3000 Meter Steeplechase

Name	School	Finals
Finals		
1 Russum, Emma	Unat-App Sta	11:07.06
2 Magson, Sophie	Radford	11:31.66
3 McLearn, Kate	Radford	11:32.26
4 Mason, Claire	App State	11:39.06
5 Tipper, Evelyn	Virginia Tec	11:55.92
6 Kornke, Morgan	App State	12:07.24
7 Slack, Catherine	Montreat	12:08.40
8 Taylor, Lexi	Winthrop	13:05.79
9 Lexovsky, Zoe	Winthrop	13:49.49
10 Mortensen, Ashley	Virginia Tec	14:39.20
11 Ballard, Kayla	Virginia Tec	15:17.81
12 Fuchs, Bridget	Virginia Tec	15:29.90

Event 41 Men 3000 Meter Steeplechase

Name	School	Finals
Finals		
1 Woodbury, Noah	Winthrop	10:09.08
2 Crawley, Christian	Virginia Tec	10:36.09
3 Davis, Max	Winthrop	10:49.27

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Finals ... (Event 41 Men 3000 Meter Steeplechase)

	Name	School	Finals
4	Vailes, Stuart	Virginia Tec	10:53.39
5	Weisdorfer, Nolan	Winthrop	10:54.02
6	Thomas, Wyatt	Virginia Tec	10:58.27
7	Johnson, Kohen	Cleveland CC	11:21.58
8	Emley, Kaden	Virginia Tec	11:38.61
9	Crain, Johnny	Virginia Tec	12:02.26
10	McGrath, Jackson	Virginia Tec	12:02.37
11	Ciulla, Roman	Virginia Tec	12:09.95
12	Kenny, Sean	Virginia Tec	12:24.84
---	Rafferty, Konnor	Virginia Tec	DNF

Event 42 Women 4x400 Meter Relay

	Team	Relay	Finals
Finals			
1	App State	A	3:52.13
	1) Moehling, Alexia	2) Talley, Daye	
	3) Robinson, Hunter	4) Ollendick-Smith, Addison	
2	Radford	A	3:56.18
	1) Jackson, Jordan	2) Fisher, Elyssia	
	3) Robinson, Jaslyne	4) Cornelius, Raichelle	
3	Gardner-Webb	A	3:58.07
	1) Ivanov, Alena	2) Marlow, Deborah	
	3) Spencer, Anna	4) Bour, Teryn	
4	Bob Jones	A	4:32.72
	1) Walton, Emily	2) Hast, Joy	
	3) Dodds, Kristen	4) Marks, Alyssa	
5	Virginia Tec	C	5:13.69
	1) Brinkley, Addie	2) Taylor, Charlotte	
	3) Hopwood, Rose	4) Metzger, Danielle	
6	Virginia Tec	B	6:06.27
	1) Patel, Jenny	2) Villante, Leanne	
	3) Carroll, Quinn	4) Fisher, Shannon	

Event 43 Men 4x400 Meter Relay

	Team	Relay	Finals
Finals			
1	App State	A	3:16.02
	1) Kinney, Parker	2) Dalton, Jabari	
	3) Hunt, Davis	4) Krehnbrink, Cole	
2	Bob Jones	A	3:36.21
	1) Mota, Leonardo	2) Batres-Mena, Joel	
	3) VeraCruz, Isaac	4) Sarver, Andrew	
3	Virginia Tec	A	3:36.46
	1) Cheung, Chevy	2) Miller, Matthew	
	3) Bennett, Andrew	4) Rafferty, Konnor	
4	Virginia Tec	B	3:45.88
	1) Gora, Joe	2) Getty, Aaron	
	3) Murray, Daniel	4) Yakulis, Samuel	
5	Virginia Tec	D	4:22.56
	1) Berte, Frank	2) Olivieri, Andrew	
	3) Salisbury, William	4) Gehrt, Jacob	