

**ACA Lion Run, 2014 - 10/4/2014**  
**Asheville Christian Academy, Swannanoa, N.C.**  
**Rankings**

**Event 1 Mixed 5k Run RR**

Name	Age Team	Finals	Points
<b>Overall Results Women 5000 Run</b>			
1 Crisp, Brittainy	W16 Unattached	22:25.02	
2 Grice, Emily	W14 Unattached	23:25.35	
3 Cochrane, Emma	W15 Unattached	23:30.82	
<b>Overall Results Men 5000 Run</b>			
1 Northrup, Barron	M16 Unattached	19:51.81	
2 Collie, Reece	M13 Unattached	19:57.14	
3 Rudins, Alex	M13 Unattached	21:52.05	
<b>10 &amp; Under Results - Women 5000 Run</b>			
1 Rudins, Katie	W10 Unattached	23:57.35	
2 Gardner, Maesyn	W9 Unattached	31:46.49	
3 Gardner, Zaida-Paige	W7 Unattached	32:04.50	
4 Bowman, Olivia	W7 Unattached	37:19.42	
<b>11-12 Results - Women 5000 Run</b>			
1 Schroder, Samantha	W12 Unattached	23:33.81	
2 Green, Scout	W11 Unattached	23:48.21	
3 Crawford, Hannah	W12 Unattached	24:42.60	
4 Leary, Bridget	W11 Unattached	27:49.54	
5 Crisp, Brooke	W12 Unattached	28:54.33	
6 Frank, Alex	W11 Unattached	28:54.61	
7 Evans, Nicole	W11 Unattached	34:50.40	
<b>13-15 Results - Women 5000 Run</b>			
1 Cochrane, Jane	W13 Unattached	24:21.24	
2 Townsend, Tristi	W13 Unattached	24:34.88	
3 Williams, Julia	W15 Unattached	24:35.30	
4 Rasku, Megan	W15 Unattached	24:35.53	
5 Vanderkwaak, Julianne	W15 Unattached	24:49.75	
6 Douglas, Lauren	W15 Unattached	25:11.90	
7 Ausbrooks, Kayla	W14 Unattached	25:43.41	
8 Lintz, Emma	W15 Unattached	29:19.07	
9 Edwards, Madison	W14 Unattached	31:18.78	
10 Thompson, Christina	W15 Unattached	31:19.06	
<b>16-19 Results - Women 5000 Run</b>			
1 Mulholland, Samantha	W17 Unattached	26:49.84	
2 Barker, Ruth	W17 Unattached	26:50.16	
3 Frank, Sofia	W16 Unattached	28:12.40	
4 McVay, Michelle	W17 Unattached	29:26.89	
5 Wilson, Caroline	W17 Unattached	30:05.66	
<b>20-29 Results - Women 5000 Run</b>			
1 Moore, Hannah	W25 Unattached	28:37.50	
<b>30-39 Results - Women 5000 Run</b>			
1 Katsigianis, Tracy	W35 Unattached	27:16.69	
2 Laws, Beth	W34 Unattached	27:43.21	
3 Schermerhorn, Breena	W32 Unattached	28:09.33	
4 Raymer, Kama	W31 Unattached	31:32.04	
5 Roberts, Tammy	W35 Unattached	31:33.07	
<b>40-49 Results - Women 5000 Run</b>			
1 Rudins, Laurie	W46 Unattached	23:54.96	
2 Evans, Sue	W45 Unattached	27:32.93	
3 Peter, Dawn	W40 Unattached	28:39.85	
4 Denton, Carrie	W44 Unattached	30:18.76	
5 Blankenship, Michaelene	W43 Unattached	36:33.45	
6 Stashenko, Cindy	W43 Unattached	43:31.55	

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7	Mason, Molly	W42 Unattached	43:32.14
50-59 Results - Women 5000 Run			
1	Hensley, Rita	W51 Unattached	30:27.89
10 & Under Results - Men 5000 Run			
1	Jaber, Michael	M10 Unattached	24:37.37
2	Mulholland, Mark	M9 Unattached	26:36.12
3	Laws, Carson	M6 Unattached	27:31.68
4	Crawford, Mitchell	M10 Unattached	27:34.61
5	Ledford, Zachary	M8 Unattached	28:46.79
6	Jaber, John	M7 Unattached	34:02.45
7	Stashenko, Jonathan	M9 Unattached	34:47.67
11-12 Results - Men 5000 Run			
1	Northrup, Harrison	M12 Unattached	23:44.21
2	Piwowar, Matthew	M12 Unattached	24:23.74
3	Perkin, John	M12 Unattached	25:48.68
4	Stashenko, Samuel	M12 Unattached	26:35.72
5	Delaloye, Joseph	M12 Unattached	30:02.96
6	Ledford, Jonathan	M12 Unattached	35:47.97
7	Montoya, Malachi	M12 Unattached	35:50.91
13-15 Results - Men 5000 Run			
1	Ledford, Paul	M15 Unattached	22:40.20
2	Furman, Matthew	M15 Unattached	22:53.53
3	Mason, Wilson	M13 Unattached	23:13.79
4	Perkin, Tim	M15 Unattached	23:17.00
5	Blythe, Colton	M15 Unattached	23:19.16
6	Luna, Robbie	M14 Unattached	23:35.91
7	Leary, Brendan	M13 Unattached	26:14.67
8	Denton, Ben	M14 Unattached	27:06.45
9	Gfreene, Jordan	M15 Unattached	31:06.21
16-19 Results - Men 5000 Run			
1	Wang, Steven	M18 Unattached	21:52.60
2	Smith, Levi	M17 Unattached	23:19.51
3	Mullen, Rory	M16 Unattached	23:20.01
4	Gompers, Max	M16 Unattached	23:41.91
5	Leary, Jack	M16 Unattached	24:30.27
6	Sabo, Matthew	M18 Unattached	24:31.58
7	Mulholland, Jonathan	M16 Unattached	24:36.22
8	McFarland, Luke	M17 Unattached	24:37.69
9	Andrews, Zach	M17 Unattached	27:21.34
30-39 Results - Men 5000 Run			
1	Townsend, Taylor	M38 Unattached	21:53.11
2	Clark, Owen	M38 Unattached	25:51.70
3	Ausbrooks, Mike	M39 Unattached	28:12.99
4	Roberts, Brent	M34 Unattached	31:23.38
5	Gardner, John	M37 Unattached	32:06.00
6	Laws, Patrick	M37 Unattached	32:41.22
7	Bowman, Zachary	M36 Unattached	37:19.72
40-49 Results - Men 5000 Run			
1	Boyer, Duane	M42 Unattached	22:11.44
2	Mullen, Brendan	M46 Unattached	23:51.52
3	Cooper, Billy	M46 Unattached	24:29.93
4	Evans, Loran	M47 Unattached	27:49.23
5	Stashenko, Gregg	M42 Unattached	29:44.00
6	Frank, Tim	M46 Unattached	30:26.04
50-59 Results - Men 5000 Run			

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1 Rudins, Andy	M52 Unattached	22:27.43
2 Luna, Martin	M52 Unattached	28:01.61
60-69 Results - Men 5000 Run		
1 Noble, Robert	M61 Unattached	29:25.98