

**Appalachian High School Invitational, 2014 - 4/12/2014****Appalachian State University, Boone, N.C.****Results****Event 1 Women Shot Put**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Abraham, Imani	Dudley	36-07.00
2	Welborn, Samantha	Starmount	33-06.00
3	Clark, Bethany	West Wilkes	32-02.00
4	Blue, Eulanda	Union Pines	J32-02.00
5	MacFarland, Sydney	Alexander Central	32-01.00
6	jackson, sidney	Dudley	29-00.00
7	Bebber, Courtney	Alexander Central	28-00.00
8	Burchette, Kenley	Elkin	27-11.00
9	Mosley, Nia	Union Pines	27-10.00
10	Hittle, Mikayla	Alexander Central	27-02.00
11	Bunn, Daisha	Surry Central	27-01.00
12	Hopper, Nellie	South Stokes	26-06.00
13	Lomax, Kimmi	Elkin	21-06.00
14	Wiseman, Lillie	Avery	19-09.00
15	Foxx, Rana	Watauga	19-08.00
16	Brewer, Hayden	Avery	19-04.00
17	McKinney, Taylor	Avery	15-01.00

**Event 2 Men Shot Put**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Stout, Myquon	Carson, Jesse	54-04.00
2	Williams, Tre	Carson, Jesse	50-02.00
3	Alanis, Kevin	Alexander Central	48-01.00
4	Foxx, Kenan	Watauga	44-10.00
5	King, Johnathan	South Iredell	43-10.00
6	Water, Christon	Dudley	42-05.00
7	Mason, Tyler	Carson, Jesse	41-06.00
8	Houser, Josh	Starmount	41-00.00
9	Salazar, Raymond	Surry Central	40-05.00
10	Dancy, Robert	West Wilkes	40-04.00
11	Kirby, Craig	West Wilkes	40-02.00
12	Rutz, Jacob	Watauga	38-11.00
13	Whitley, Ryan	Alexander Central	37-03.00
14	Roe, Cody	West Wilkes	36-11.00
15	Powers, Sam	Alexander Central	36-05.00
16	Patane, Matt	South Stokes	34-06.00
17	Wood, Dillon	Elkin	34-00.00
18	Gonzalez, Kenneth	Watauga	27-08.00
19	Johnson, Jesse	Surry Central	22-01.00

**Event 3 Women Long Jump**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Nicholson, NiDonna	Smith, Ben	17-03.00
2	Gooden, Jazmine	Dudley	16-08.00
3	Graham, Kayla	Dudley	16-03.00
4	Goforth, Bailey	Alexander Central	15-04.00



**Appalachian High School Invitational, 2014 - 4/12/2014****Appalachian State University, Boone, N.C.****Results****Finals ... (Event 3 Women Long Jump)**

Name	School	Finals
5 Johnson, Jennifer	Starmount	15-03.00
6 Robertson, Kashera	Union Pines	14-08.00
7 Pennell, Carrie	Watauga	14-04.00
8 Rosenbaum, Taylor	Alexander Central	13-11.00
9 Bailey, Hannah	Alexander Central	13-07.00
10 Plyler, Grace	Watauga	13-05.00
11 Brown, Carrie	Elkin	12-11.00
12 McCune, Tayler	Watauga	11-11.00

**Event 4 Men Long Jump**

Name	School	Finals
<b>Finals</b>		
1 King, Cody	Elkin	20-10.00
2 Willis, Terrence	Dudley	20-08.00
3 Hower, Adrew	Carson, Jesse	20-05.00
4 Houston, Quaylin	South Iredell	18-02.00
5 Powell, Romel	Dudley	17-10.00
6 Grimes, Deshawn	Watauga	17-02.00
7 Cockerham, Tyler	Elkin	16-10.00
8 Plyler, Derek	Avery	16-01.00
9 Salazar, Luis	Surry Central	15-11.00

**Event 5 Women High Jump**

Name	School	Finals
<b>Finals</b>		
1 Welborn, Hunter	Starmount	5-08.00
2 Bresseale, Rachel	Union Pines	5-06.00
3 Graham, Kayla	Dudley	5-00.00
4 McPhatter, Jamaría	Union Pines	4-10.00
5 Steadwell, Sedasia	Union Pines	J4-10.00
6 Gilleland, Carson	Alexander Central	4-08.00
7 Goforth, Bailey	Alexander Central	4-06.00
7 Combs, Sydney	South Stokes	4-06.00
9 Condon, Megan	South Stokes	J4-06.00
10 Starnes, Hannah	Alexander Central	4-04.00

**Event 6 Men High Jump**

Name	School	Finals
<b>Finals</b>		
1 Hower, Adrew	Carson, Jesse	6-06.00
2 Braswell, David Clifton (Dc)	Avery	6-00.00
3 Saddler, Tavion	South Iredell	J6-00.00
4 Dickinson, Blake	Alexander Central	5-10.00
5 Powell, Romel	Dudley	J5-10.00
6 Hall, Matthew	Watauga	5-08.00
7 Wilfong, Demetries	Alexander Central	J5-08.00
8 Pifer, Zack	Watauga	5-06.00
9 Myers, Will	West Wilkes	5-04.00
--- Zachary, Spencer	Alexander Central	NH



**Appalachian High School Invitational, 2014 - 4/12/2014****Appalachian State University, Boone, N.C.****Results****Event 7 Women Discus Throw**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Abraham, Imani	Dudley	121-02
2	Powell, Alea	Smith, Ben	112-09
3	Welborn, Samantha	Starmount	105-06
4	Bunn, Daisha	Surry Central	104-05
5	Avent, Melanie	South Stokes	94-04
6	MacFarland, Sydney	Alexander Central	87-07
7	Bebber, Courtney	Alexander Central	83-10
8	Wood, Bayle	Elkin	82-08
9	Mosley, Nia	Union Pines	81-05
10	jackson, sidney	Dudley	76-10
11	Burchette, Kenley	Elkin	72-10
12	Condon, Megan	South Stokes	71-07
13	Hittle, Mikayla	Alexander Central	71-05
14	Wiseman, Lillie	Avery	70-03
15	Alison, Webb	Mount Pleasant	69-07
16	Hopper, Nellie	South Stokes	65-05
17	Lomax, Kimmi	Elkin	60-09
17	Foxx, Rana	Watauga	60-09
19	Francisco, Mackenzie	Union Pines	59-06
20	Brewer, Hayden	Avery	52-07
21	McKinney, Taylor	Avery	49-10

**Event 8 Men Discus Throw**

	<b>Name</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>			
1	Stout, Myquon	Carson, Jesse	165-03
2	Alanis, Kevin	Alexander Central	155-00
3	Williams, Tre	Carson, Jesse	142-01
4	Dancy, Robert	West Wilkes	131-06
5	Mason, Tyler	Carson, Jesse	130-10
6	King, Johnathan	South Iredell	128-04
7	Houser, Josh	Starmount	126-05
8	Salazar, Raymond	Surry Central	123-08
9	Foxx, Kenan	Watauga	123-00
10	Whitley, Ryan	Alexander Central	121-11
11	Rutz, Jacob	Watauga	115-01
12	Wood, Dillon	Elkin	106-04
13	Alikakos, Garrett	South Stokes	103-11
14	Patane, Matt	South Stokes	100-10
15	Kirby, Craig	West Wilkes	100-02
16	Roe, Cody	West Wilkes	99-06
17	Schronce, Justin	Alexander Central	94-01
18	Water, Christon	Dudley	94-00
19	Gonzalez, Kenneth	Watauga	80-03
20	Johnson, Jesse	Surry Central	74-11



**Appalachian High School Invitational, 2014 - 4/12/2014****Appalachian State University, Boone, N.C.****Results****Event 9 Women Triple Jump**

Name	School	Finals
<b>Finals</b>		
1 Ejindu, Lekasha	Dudley	37-05.00
2 Welborn, Hunter	Starmount	35-06.00
3 Graham, Kayla	Dudley	32-08.00
4 Johnson, Jennifer	Starmount	31-09.00
5 Robertson, Kashera	Union Pines	31-07.00
6 Gilleland, Carson	Alexander Central	30-10.00
7 Alison, Webb	Mount Pleasant	30-07.00
8 Wilson, Tia	South Stokes	29-10.00
9 Brown, Carrie	Elkin	29-03.50
10 Lester, Keisha	Union Pines	29-01.00
10 McLure, Addie	Watauga	29-01.00

**Event 10 Men Triple Jump**

Name	School	Finals
<b>Finals</b>		
1 Saddler, Tavion	South Iredell	43-01.00
2 Starnes, Dylan	Mount Pleasant	42-09.00
3 King, Cody	Elkin	40-09.00
4 Lomax, Trey	Starmount	38-04.00
5 Lohrei, Caleb	Alexander Central	37-04.00
6 Zachary, Spencer	Alexander Central	36-04.00
7 Salazar, Luis	Surry Central	36-00.00
8 Houston, Quaylin	South Iredell	35-09.00
9 Grimes, Deshawn	Watauga	35-09.00
10 Serbeck, Jared	West Wilkes	32-03.00

**Event 11 Women Pole Vault**

Name	School	Finals
<b>Finals</b>		
1 Seramur, Alison	Watauga	10-06.00
2 Martin, Tori	Rockingham County	10-00.00
3 Sizemore, Emma	Starmount	8-00.00
4 Lynch, Hanna	Surry Central	7-00.00

**Event 12 Men Pole Vault**

Name	School	Finals
<b>Finals</b>		
1 Flowers, Nate	Bandys	12-06.00
2 Hall, Matthew	Watauga	12-06.00
3 Johnson, Brady	Surry Central	12-00.00
4 Hall, Justin	Watauga	11-00.00
5 Fitzgerald, Tyler	Surry Central	10-00.00
6 Myers, Will	West Wilkes	9-06.00
7 Goforth, Dalton	West Wilkes	9-06.00



**Appalachian High School Invitational, 2014 - 4/12/2014****Appalachian State University, Boone, N.C.****Results****Event 13 Women 4x800 Meter Relay**

Team	Relay			Finals
<b>Finals</b>				
1 Elkin				10:33.54
1) Nicholson, Kelsey	2) Brown, Carrie	3) Carter, Madeline	4) Nicholson, Payton	
2 Alexander Central				10:57.17
1) Carter, Kenzie	2) Smith, Morgan	3) Cooper, Paige	4) Jonas, Kinsey	
3 Watauga				11:11.73
1) Kosmala, Alina	2) Weeks, Lily	3) Sloboda, Sophie	4) Swisher, Maddie	

**Event 14 Men 4x800 Meter Relay**

Team	Relay			Finals
<b>Finals</b>				
1 Watauga				8:37.36
1) Bisignani, Bill	2) Pate, Connor	3) Hellenbrand, Matthew	4) Holland, Michael	
2 Graham				8:39.11
1) Aning, Isaac	2) Delozier, Michael	3) Wiles, Hayden	4) Estrada, Daniel	
3 Alexander Central				8:59.07
1) Sprinkle, Ben	2) Chapman, Adam	3) Sharpe, Damon	4) Van Voorhis, Luke	

**Event 15 Women 100 Meter Hurdles**

Name	School	Prelims	H#
<b>Preliminaries</b>			
1 Ejindu, Lekasha	Dudley	15.99 Q	1
2 Nicholson, NiDonna	Smith, Ben	16.37 Q	2
3 Gooden, Jazmine	Dudley	16.75 Q	3
4 Baker, Evelyn	Dudley	17.06 Q	2
5 Estep, Makayla	Wilkes Central	17.27 Q	3
6 Jewel, Ashlynn	Surry Central	17.63 Q	1
7 Barber, Laken	South Stokes	17.50 q	2
8 Wilson, Tia	South Stokes	17.84 q	3
9 Fowler, Jess	Surry Central	18.23	1
10 Kavanaugh, Kennedy	Watauga	18.40	3
11 Ross, Carolyn	South Stokes	18.82	3
12 Brown, Laura	Union Pines	19.73	2
13 Ward, Savannah	Alexander Central	20.05	3
14 Poplin, Anna	Elkin	20.18	2
15 Seramur, Alison	Watauga	20.60	1
16 Anthony, Alexis	Alexander Central	21.05	1
17 Quick, Lamir	Union Pines	22.33	1
18 Bailey, Hannah	Alexander Central	24.23	2

**Event 15 Women 100 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Ejindu, Lekasha	Dudley	15.72
2 Nicholson, NiDonna	Smith, Ben	16.18
3 Gooden, Jazmine	Dudley	16.52
4 Baker, Evelyn	Dudley	16.83
5 Jewel, Ashlynn	Surry Central	17.13
6 Estep, Makayla	Wilkes Central	17.15
7 Barber, Laken	South Stokes	17.79



**Appalachian High School Invitational, 2014 - 4/12/2014**

Appalachian State University, Boone, N.C.

**Results****Finals ... (Event 15 Women 100 Meter Hurdles)**

Name	School	Finals
8 Wilson, Tia	South Stokes	18.20

**Event 16 Men 110 Meter Hurdles**

Name	School	Prelims	H#
<b>Preliminaries</b>			
1 Styron, Zach	Watauga	16.23 Q	1
2 Lomax, Trey	Starmount	17.13 Q	2
3 Harrington, Sion	South Iredell	16.82 Q	1
4 Lara, Ricardo	Surry Central	18.47 Q	2
5 Boone, Chase	Surry Central	19.22 Q	1
6 Bonner, Dre	South Stokes	19.38 Q	2
7 Phillips, David	Alexander Central	20.87 q	1
8 Serbeck, Jared	West Wilkes	20.96 q	1
9 Richards, Dillon	Alexander Central	22.66	2

**Event 16 Men 110 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Styron, Zach	Watauga	15.97
2 Harrington, Sion	South Iredell	16.44
3 Lomax, Trey	Starmount	16.79
4 Lara, Ricardo	Surry Central	18.62
5 Boone, Chase	Surry Central	19.28
6 Phillips, David	Alexander Central	20.48
7 Serbeck, Jared	West Wilkes	20.79
--- Bonner, Dre	South Stokes	FS

**Event 17 Women 100 Meter Dash**

Name	School	Prelims	H#
<b>Preliminaries</b>			
1 White, Dasja	Dudley	13.05 Q	3
2 Randle, Savanna	Watauga	13.21 Q	2
3 Harris, Bailey	Alexander Central	13.29 Q	1
4 Frady, Kylee	South Iredell	13.75 Q	3
5 Fulp, Kia	South Stokes	13.77 Q	2
6 Cowles, Tashonna	Wilkes Central	13.82 Q	1
7 Patterson, Daija	Graham	13.80 q	2
8 Perry, Andria	Graham	13.92 q	1
9 Vinson, Grace	Alexander Central	14.01	1
10 Garland, Keesha	Avery	14.25	1
11 Giarusso, Sarah	Avery	14.36	3
12 McDaniel, Halie	Watauga	14.53	2
13 Rosenbaum, Taylor	Alexander Central	15.50	2
14 Isaksen, Hege	Surry Central	16.91	2

**Event 17 Women 100 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Randle, Savanna	Watauga	12.97
2 White, Dasja	Dudley	13.03
3 Harris, Bailey	Alexander Central	13.37



**Appalachian High School Invitational, 2014 - 4/12/2014**

Appalachian State University, Boone, N.C.

**Results****Finals ... (Event 17 Women 100 Meter Dash)**

Name	School	Finals
4 Frady, Kylee	South Iredell	13.79
5 Fulp, Kia	South Stokes	13.81
6 Patterson, Daija	Graham	13.91
7 Perry, Andria	Graham	14.16

**Event 18 Men 100 Meter Dash**

Name	School	Prelims	H#
<b>Preliminaries</b>			
1 Rankin, DeAndre	South Iredell	11.26 Q	2
1 Thomas, Paul	Alexander Central	11.26 Q	1
3 France, Cordell	Mount Airy	11.57 Q	3
4 Graves, Daniel	Graham	11.48 Q	1
5 Springfield, Malick	Graham	11.62 Q	2
6 Hayes, Jamiles	Elkin	11.83 Q	3
7 Pearson-Boyd, Brandon	Dudley	11.59 q	1
8 Trivette, Dallas	Watauga	11.75 q	2
9 Maynor, Jayden	Dudley	12.05	3
10 Caudill, Chandler	West Wilkes	12.10	2
11 Campbell, Blake	South Stokes	12.32	2
12 Yow, Nathan	Carson, Jesse	12.35	1
12 Williams, Carson	Avery	12.35	3
14 Cole, Logan	South Stokes	13.05	3
15 Pimentel, Brandon	Watauga	13.12	2

**Event 18 Men 100 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Thomas, Paul	Alexander Central	11.29
2 France, Cordell	Mount Airy	11.39
3 Graves, Daniel	Graham	11.45
4 Trivette, Dallas	Watauga	11.54
5 Springfield, Malick	Graham	11.58
6 Pearson-Boyd, Brandon	Dudley	11.67
7 Hayes, Jamiles	Elkin	11.69
--- Rankin, DeAndre	South Iredell	DNF

**Event 19 Women 4x200 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Dudley		1:43.20
1) Gooden, Jazmine	2) Murray, Kedra	3) Walker, Jessica
		4) Johnson, Mya
2 West Stokes		1:49.49
3 Alexander Central		1:50.45
1) Ward, Savannah	2) Vinson, Grace	3) Potts, Taylor
		4) Harris, Bailey
4 South Stokes		1:53.50
1) Bonner, Alyssa	2) Collins, Lauren	3) Fulp, Kia
		4) Dalton, Savannah
5 Starmount		1:53.87
1) Johnson, Jennifer	2) Sizemore, Emma	3) Steelman, Laken
		4) Welborn, Hunter
6 Graham		1:55.24
1) Bradshaw, Kierra	2) Thompson, Rachel	3) Perry, Andria
		4) Upsher, Jasmine



**Appalachian High School Invitational, 2014 - 4/12/2014****Appalachian State University, Boone, N.C.****Results****Finals ... (Event 19 Women 4x200 Meter Relay)**

Team	Relay			Finals
7 Union Pines	1) Romine, Christina	2) Robertson, Kashera	3) Breasseale, Rachel	1:58.33
			4) Steadwell, Sedasia	

**Event 20 Men 4x200 Meter Relay**

Team	Relay			Finals
<b>Finals</b>				
1 Dudley	1) Martin, Mykael	2) Meadows, Trae	3) Murray, Kethan	1:30.99
			4) Pearson-Boyd, Brandon	
2 Alexander Central	1) Blankenship, John	2) Lohrei, Caleb	3) Demetrics, Wilfong	1:36.39
			4) Thomas, Paul	
3 South Iredell	1) Campbell, Daquan	2) Morrison, Keandre	3) Blackwell, Tyquan	1:37.09
			4) Rankin, DeAndre	

**Event 21 Women 1600 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Verchick, Abby	Union Pines	5:38.60
2 Jonas, Kinsey	Alexander Central	5:54.81
3 Mitchell, Jordan	Alexander Central	6:06.01
4 Goble, Brianna	Alexander Central	6:06.77
5 Trejo, Maria	Surry Central	6:19.28
6 Ford, Sarah	Surry Central	6:20.67
7 Frady, Renee	South Iredell	6:26.64
8 Metcalf, Erin	Union Pines	6:44.71
9 McDevitt, Lora	Surry Central	7:21.05

**Event 22 Men 1600 Meter Run**

Name	School	Finals	H#
<b>Finals</b>			
1 Georges, Evan	Charlotte Catholic	4:25.32	1
2 Alvarez, Daniel	Surry Central	4:40.33	1
3 Choi, Ryeong	Westchester Academy	4:42.14	1
4 Osborne, Matthew	Watauga	4:43.94	1
5 Lambert, Josh	Mount Pleasant	4:46.97	1
6 Pack, Kevin	Surry Central	4:48.70	1
7 Angarita, Daniel	West Wilkes	4:49.03	1
8 Sprinkle, Ben	Alexander Central	4:54.32	1
9 Pilkington, Grant	Watauga	4:56.03	2
10 Argo, Will	Westchester Academy	4:59.90	1
11 McBride, Michael	Alexander Central	5:00.04	2
12 Watt, John	Dudley	5:06.59	1
13 Evans, Josh	Westchester Academy	5:07.82	2
14 Motsinger, Austin	Wilkes Central	5:11.86	2
15 Williams, Sam	Watauga	5:14.20	2
16 Christian, Jonah	Elkin	5:14.43	2
17 Campbell, Wyatt	Alexander Central	5:15.90	2
18 Javier, Said	Elkin	5:21.80	1
19 Delahoussaye, Andrew	South Iredell	5:30.32	2
20 Parker, Kade	South Iredell	5:32.08	2
21 Haas, Brett	Avery	5:39.88	2





**Appalachian High School Invitational, 2014 - 4/12/2014****Appalachian State University, Boone, N.C.****Results****Event 23 Women 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Dudley 1) Baker, Evelyn	2) Johnson, Mya	3) Walker, Jessica 4) White, Dasja
2 West Stokes		49.55
3 Starmount		51.64
4 Alexander Central 1) Goforth, Bailey	2) Sizemore, Emma	3) Steelman, Laken 4) Welborn, Hunter
5 Graham		53.44
6 South Stokes 1) Bonner, Alyssa	2) Vinson, Grace	3) Rosenbaum, Taylor 4) Harris, Bailey
	2) Perry, Andria	4) Upsher, Jasmine
	3) Thompson, Rachel	54.30
	3) Dalton, Savannah	54.99
	4) Collins, Lauren	

**Event 24 Men 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Dudley 1) Martin, Mykael	2) Willis, Terrence	3) Pearson-Boyd, Brandon 4) Maynor, Jayden
2 South Iredell 1) Campbell, Daquan	2) Morrison, Keandre	3) Blackwell, Tyquan 4) Rankin, DeAndre
		44.83
		52.57

**Event 25 Women 400 Meter Dash**

Name	School	Finals	H#
<b>Finals</b>			
1 Ward, Shakai	Elkin	57.68	1
2 Harris, Kayla	South Iredell	59.97	1
3 Murray, Kedra	Dudley	1:00.46	1
4 Upsher, Jasmine	Graham	1:00.62	1
5 Davis, Heather	South Stokes	1:00.66	1
6 Jones, Tabitha	Dudley	1:01.74	1
7 Frady, Kylee	South Iredell	1:02.07	3
8 Gould, Brynne	Watauga	1:02.27	2
9 Potts, Taylor	Alexander Central	1:04.73	1
10 Tumbarello, Micaela	Mount Airy	1:05.58	2
11 Cash, Jodie	Alexander Central	1:08.62	2
12 Frady, Renee	South Iredell	1:09.22	3
13 Collins, Lauren	South Stokes	1:12.19	3
14 Simion, Ashley	Avery	1:19.22	3
15 Isaksen, Hege	Surry Central	1:28.16	3
--- Robbins, Hannah	Avery	DNF	2

**Event 26 Men 400 Meter Dash**

Name	School	Finals	H#
<b>Finals</b>			
1 Puryear, Derek	Dudley	50.79	1
2 Blackwell, Tyquan	South Iredell	51.09	1
3 Murray, Kethan	Dudley	51.46	1
4 Meadows, Trae	Dudley	52.44	1
5 Delozier, Michael	Graham	52.79	1
6 White, Cameron	Westchester Academy	53.01	2



**Appalachian High School Invitational, 2014 - 4/12/2014****Appalachian State University, Boone, N.C.****Results****Finals ... (Event 26 Men 400 Meter Dash)**

Name	School	Finals	H#
7 Cox, Nick	Carson, Jesse	53.38	1
8 Mudd, Matt	South Stokes	53.83	2
9 Johnson, Brady	Surry Central	54.13	2
10 Castro, Juan	Wilkes Central	54.47	2
11 Lohrei, Caleb	Alexander Central	54.55	2
12 Blankenship, John	Alexander Central	54.72	3
13 Paul, Tyrese	Carson, Jesse	54.82	2
14 Van Voorhis, Luke	Alexander Central	55.24	2
15 Bisignani, Bill	Watauga	55.38	3
16 Austin, Heath	Avery	57.18	3
17 Mcdaniels, Haji	Elkin	57.34	3
18 Colbert, Tevin	Wilkes Central	58.57	3
19 Simmons, Jalyn	South Stokes	59.62	2
20 Jones, Andrew	Elkin	1:04.05	3
21 Bolding, Michael	Avery	1:06.03	3

**Event 27 Women 300 Meter Hurdles**

Name	School	Finals	H#
<b>Finals</b>			
1 Baker, Evelyn	Dudley	46.15	1
2 Nicholson, NiDonna	Smith, Ben	46.54	1
3 Gooden, Jazmine	Dudley	48.54	1
4 Ejindu, Lekasha	Dudley	49.20	1
5 Fowler, Jess	Surry Central	50.56	1
6 Estep, Makayla	Wilkes Central	50.82	1
7 Nicholson, Kelsey	Elkin	51.51	1
8 Ross, Carolyn	South Stokes	53.18	2
9 Swisher, Maddie	Watauga	54.15	2
10 Barber, Laken	South Stokes	54.66	2
11 Starnes, Hannah	Alexander Central	57.02	2
12 Anthony, Alexis	Alexander Central	58.97	2
13 Barrier, Alivia	Alexander Central	59.39	2

**Event 28 Men 300 Meter Hurdles**

Name	School	Finals	H#
<b>Finals</b>			
1 Styron, Zach	Watauga	41.27	1
2 Roberts, Jaxson	Avery	44.40	1
3 Pifer, Zack	Watauga	46.00	2
4 Baines, Jordan	Elkin	46.02	2
5 Wilfong, Demetries	Alexander Central	46.41	2
6 Lara, Ricardo	Surry Central	46.87	1
7 Bonner, Dre	South Stokes	47.52	1
8 Harrington, Sion	South Iredell	48.50	1
9 Boone, Chase	Surry Central	49.08	2
10 Phillips, David	Alexander Central	52.53	2
11 Richards, Dillon	Alexander Central	55.54	2
12 Serbeck, Jared	West Wilkes	56.54	2



**Appalachian High School Invitational, 2014 - 4/12/2014****Appalachian State University, Boone, N.C.****Results****Event 29 Women 800 Meter Run**

Name	School	Finals	H#
<b>Finals</b>			
1 Harris, Kayla	South Iredell	2:24.68	1
2 Jennifer, Lomax	Mount Pleasant	2:25.74	1
3 Khan, Abbi	Westchester Academy	2:30.53	1
4 Nicholson, Payton	Elkin	2:34.61	1
5 Jewel, Ashlynn	Surry Central	2:35.34	1
6 Renteria, Sally	Alexander Central	2:40.00	2
7 Sloboda, Sophie	Watauga	2:40.96	1
8 Jonas, Kinsey	Alexander Central	2:41.40	1
9 Cockrell, Madelyn	Alexander Central	2:45.32	2
10 Weeks, Lily	Watauga	2:45.34	1
11 Wisen, Danielle	Union Pines	2:48.59	2
12 Sprinkle, Whitney	Elkin	2:51.86	2
13 Robbins, Hannah	Avery	2:59.31	2
14 Jones, Taylor	Surry Central	3:20.61	2

**Event 30 Men 800 Meter Run**

Name	School	Finals	H#
<b>Finals</b>			
1 Georges, Evan	Charlotte Catholic	1:58.31	3
2 Welborn, Brandon	Elkin	2:02.02	3
3 Sherer, Danyal	Carson, Jesse	2:02.85	3
4 Argo, Jack	Westchester Academy	2:03.95	3
5 Englebert, Josh	West Wilkes	2:03.97	3
6 Wiles, Hayden	Graham	2:05.26	2
7 Hellenbrand, Matthew	Watauga	2:05.54	3
8 Pate, Connor	Watauga	2:06.14	3
9 Rogers, Cody	South Stokes	2:06.73	2
10 Castro, Juan	Wilkes Central	2:07.05	2
11 Alvarez, Daniel	Surry Central	2:08.24	3
12 Chapman, Adam	Alexander Central	2:08.57	2
13 Nelson, Justin	South Stokes	2:08.73	2
14 Kimball, Hunter	Carson, Jesse	2:11.03	2
15 Mannea, Jason	Dudley	2:13.26	3
16 Sprinkle, Ben	Alexander Central	2:14.71	3
17 Crumpler, Andrew	Watauga	2:20.21	1
17 Sharpe, Damon	Alexander Central	2:20.21	1
19 Fitzgerald, Tyler	Surry Central	2:23.92	1
20 Delahoussaye, Andrew	South Iredell	2:24.14	1
21 Roberston, Kinney	Dudley	2:25.67	2
22 Christian, Jonah	Elkin	2:28.33	1
23 Haas, Brett	Avery	2:28.79	1
24 Poplin, Blake	Elkin	2:29.85	1
25 Parker, Kade	South Iredell	2:34.19	1

**Event 31 Women 200 Meter Dash**

Name	School	Finals	H#
<b>Finals</b>			
1 Ward, Shakai	Elkin	25.60	1



**Appalachian High School Invitational, 2014 - 4/12/2014****Appalachian State University, Boone, N.C.****Results****Finals ... (Event 31 Women 200 Meter Dash)**

Name	School	Finals	H#
2 Walker, Jessica	Dudley	26.22	1
3 Randle, Savanna	Watauga	26.88	1
4 Thompson, Rachel	Graham	26.96	1
5 Harris, Bailey	Alexander Central	27.09	1
6 Davis, Heather	South Stokes	27.10	1
7 Gould, Brynne	Watauga	28.07	2
8 Vinson, Grace	Alexander Central	29.04	2
9 McDaniel, Halie	Watauga	29.25	2
10 Garland, Keesha	Avery	29.82	2
11 Simion, Ashley	Avery	33.08	2

**Event 32 Men 200 Meter Dash**

Name	School	Finals	H#
<b>Finals</b>			
1 France, Cordell	Mount Airy	22.94	1
2 Murray, Kethan	Dudley	22.98	1
3 Pearson-Boyd, Brandon	Dudley	23.30	1
4 Meadows, Trae	Dudley	23.53	1
5 Thomas, Paul	Alexander Central	23.89	2
6 Hayes, Jamiles	Elkin	23.90	1
7 Springfield, Malick	Graham	23.92	1
8 Hall, Justin	Watauga	23.94	2
9 Trivette, Dallas	Watauga	24.17	2
10 Caudill, Chandler	West Wilkes	24.38	2
11 Graves, Daniel	Graham	24.84	2
12 Williams, Carson	Avery	24.89	3
13 Plyler, Derek	Avery	25.25	3
14 Baines, Jordan	Elkin	25.61	2
15 Bolding, Michael	Avery	27.73	3

**Event 33 Women 3200 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Martin, Tori	Rockingham County	12:12.79
2 Mansure, Kathleen	Watauga	12:35.35
3 Verchick, Abby	Union Pines	12:39.43
4 Wangler, Lynde	Watauga	13:05.96
5 Carter, Madeline	Elkin	13:32.80
6 Goble, Brianna	Alexander Central	13:41.46
7 Evans, Alex	Westchester Academy	13:46.27
8 Cooper, Paige	Alexander Central	13:48.52
9 Mitchell, Jordan	Alexander Central	14:26.62
10 Wangler, Jesse	Watauga	14:43.61
11 Dunn, Danielle	Surry Central	15:01.46
--- Benton, Katlyn	Union Pines	DNF

**Event 34 Men 3200 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Marchinko, Zachary	Carson, Jesse	9:58.62



**Appalachian High School Invitational, 2014 - 4/12/2014****Appalachian State University, Boone, N.C.****Results****Finals ... (Event 34 Men 3200 Meter Run)**

Name	School	Finals
2 Soule, Jacob	Watauga	10:03.36
3 Holland, Michael	Watauga	10:23.37
4 Parker, Jacob	Elkin	10:26.71
5 Tedder, Andrew	Ashe County	10:39.20
6 Ingold, Garrett	Carson, Jesse	10:57.88
7 Angarita, Daniel	West Wilkes	11:10.81
8 Fischer, John Kevin	South Stokes	11:17.13
9 Watt, John	Dudley	11:23.67
10 Evans, Luke	Westchester Academy	11:27.82
11 Benton, J. L.	Union Pines	11:32.31
12 McBride, Michael	Alexander Central	11:36.70
13 Lindner, Edward	Westchester Academy	11:37.94
14 Javier, Said	Elkin	11:48.45
15 Motsinger, Austin	Wilkes Central	11:50.51
16 Campbell, Wyatt	Alexander Central	12:11.04
17 Zimmerman, Caleb	Watauga	12:17.83
--- Hernandez, Abraham	Westchester Academy	DNF
--- Vega, Elvis	Surry Central	DNF

**Event 35 Women 4x400 Meter Relay**

Team	Relay	Finals	
<b>Finals</b>			
1 Dudley		4:06.29	
1) Ejindu, Lekasha	2) Jones, Tabitha	3) Walker, Jessica	4) Murray, Kedra
2 Elkin		4:19.38	
1) Brown, Carrie	2) Nicholson, Kelsey	3) Nicholson, Payton	4) Ward, Shakai
3 West Stokes		4:21.25	
4 South Stokes		4:25.26	
1) Bonner, Alyssa	2) Davis, Heather	3) Ross, Carolyn	4) Wilson, Tia
5 Surry Central		4:27.03	
1) Jewel, Ashlynn	2) Trejo, Maria	3) Lynch, Hanna	4) Fowler, Jess
6 Watauga		4:30.77	
1) Gould, Brynne	2) Smith, Meghan	3) Randle, Savanna	4) Weeks, Lily
7 Alexander Central		4:43.99	
1) Cash, Jodie	2) Smith, Morgan	3) Jonas, Kinsey	4) Mayberry, Tish

**Event 36 Men 4x400 Meter Relay**

Team	Relay	Finals	
<b>Finals</b>			
1 Dudley		3:30.86	
1) Mannea, Jason	2) Meadows, Trae	3) Murray, Kethan	4) Puryear, Derek
2 Elkin		3:35.14	
1) Mcdaniels, Haji	2) Hayes, Jamiles	3) King, Cody	4) Welborn, Brandon
3 Carson, Jesse		3:35.82	
1) Paul, Tyrese	2) Cox, Nick	3) Sherer, Danyal	4) Hower, Adrew
4 Graham		3:37.20	
1) Poole, Khalil	2) Wiles, Hayden	3) Delozier, Michael	4) Aning, Isaac
5 Alexander Central		3:43.43	
1) Thomas, Paul	2) Van Voorhis, Luke	3) Blankenship, John	4) Lohrei, Caleb
6 Watauga		3:45.80	
1) Bisignani, Bill	2) Pate, Connor	3) Hall, Justin	4) Hellenbrand, Matthew



**Appalachian High School Invitational, 2014 - 4/12/2014**

**Appalachian State University, Boone, N.C.**

**Results**

**Finals ... (Event 36 Men 4x400 Meter Relay)**

<b>Team</b>	<b>Relay</b>			<b>Finals</b>
7 South Stokes				3:48.35
1) Mudd, Matt	2) Simmons, Jalyn	3) Rogers, Cody	4) Nelson, Justin	
8 Surry Central				3:52.02
1) Pack, Kevin	2) Salazar, Luis	3) Johnson, Brady	4) Alvarez, Daniel	

