

Appalachian Pre-Conference Indoor Open - 2/22/2014
Holmes Convocation Center
Boone, N.C.
Results

Event 1 Women Weight Throw

Name	School	Finals	
Finals			
1 Tate, Brianna	Appalachian State	17.70m	58-01.00
1 McClure, Damonique	Wingate	13.79m	45-03.00
2 Parnell, Jocelyn	Appalachian State	17.53m	57-06.25
2 Thomas, Zuri	Wingate	12.60m	41-04.25
3 Watkins, Gayshawna	Appalachian State	17.05m	55-11.25
3 Cardoso, Jovan	Queens (N.C.)	12.55m	41-02.25
4 DeLeon, Ana	Appalachian State	17.03m	55-10.50
4 Thompson, Dacia	Queens (N.C.)	12.46m	40-10.50
5 Lemon, Mary Grace	Va. Military Institute	16.24m	53-03.50
5 Socolofsky, Galina	Queens (N.C.)	12.30m	40-04.25
6 McWhorter, India	Appalachian State	x14.82m	48-07.50
6 Mitchell, Sarah	Gardner-Webb	14.82m	48-07.50
6 Chin, Aiyana	Mars Hill	11.25m	36-11.00
7 Thompson, Dana	Mars Hill	10.62m	34-10.25
8 Suydam, Jasmine	Appalachian State	x14.72m	48-03.50
8 Farr, LeeAnn	Mars Hill	9.10m	29-10.25
9 Edwards, Logan	Va. Military Institute	14.48m	47-06.25
9 Eller, Gretta	Guilford	6.16m	20-02.50
10 Lenhart, Katherine	Appalachian State	x14.17m	46-06.00
11 Hansford, Kyntoya	Gardner-Webb	13.29m	43-07.25
12 Sing, Rachel	Va. Military Institute	12.08m	39-07.75
13 Avery, Ellana	Va. Military Institute	7.87m	25-10.00

Event 2 Men Weight Throw

Name	School	Finals	
Finals			
1 Howes, Jonathan	Appalachian State	15.77m	51-09.00
1 Lavelle, Jesse	Wingate	15.18m	49-09.75
2 Leonard, John	Appalachian State	15.38m	50-05.50
2 Wise, Najee	Wingate	14.99m	49-02.25
3 Milch, Nathan	Appalachian State	15.32m	50-03.25
3 McGriff, Travis	Wingate	13.53m	44-04.75
4 Lasater, Mason	Appalachian State	15.14m	49-08.25
4 Doughty, Josh	Queens (N.C.)	11.97m	39-03.25
5 Bell, Richard	Appalachian State	x14.95m	49-00.75
5 Kelton, Griffin	Queens (N.C.)	8.59m	28-02.25
6 Sansotta, Nick	Appalachian State	x13.97m	45-10.00
6 Gilchrist, Charles	Mars Hill	7.47m	24-06.25
7 White, Andrew	Gardner-Webb	13.82m	45-04.25
8 Condrey, William	Va. Military Institute	12.71m	41-08.50
--- Smith, Jordan	Gardner-Webb	FOUL	
--- Marlowe, Jalen	Wingate	FOUL	



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Event 3 Women High Jump

Name	School	Finals	
Finals			
1 Roten, Makayla	Appalachian State	1.76m	5-09.25
2 Azor, Jessica	Carson-Newman	J1.65m	5-05.00
3 Florence, Audrey	Appalachian State	J1.65m	5-05.00
4 Montgomery, Mary Theresa	Appalachian State	J1.65m	5-05.00
4 Watson, Janet	Appalachian State	1.55m	5-01.00
6 Myers, Kaylan	Gardner-Webb	J1.55m	5-01.00
--- Hodges, Jazzimine	Carson-Newman	NH	

Event 4 Men High Jump

Name	School	Finals	
Finals			
1 Boone, Dwayne	Mars Hill	1.94m	6-04.25
2 Allen, Samuel	Appalachian State	J1.94m	6-04.25
2 Murphy, Quincy	Va. Military Institute	1.89m	6-02.25
2 Blassingame, Cassandine	Carson-Newman	1.84m	6-00.50
3 Phyll, Isaac	Mars Hill	1.79m	5-10.50
4 Goff, Darrow	Appalachian State	J1.89m	6-02.25

Event 5 Women Pole Vault

Name	School	Finals	
Finals			
1 Crawford, Cassandra	Appalachian State	3.82m	12-06.25
2 Collins, Kate	Va. Military Institute	3.72m	12-02.50
3 Diener, Audrey	Appalachian State	3.62m	11-10.50
3 Farr, Chelsea	Appalachian State	x3.62m	11-10.50
3 Domermuth, Debra	Appalachian State	3.62m	11-10.50
6 Cook, Sydney	Appalachian State	J3.62m	11-10.50
7 Moffatt, Elise	Gardner-Webb	J3.62m	11-10.50
8 Melton, Megan	Gardner-Webb	3.47m	11-04.50
9 Finger, Mariel	Unattached	J3.32m	10-10.75
10 Robinson, Kailey	Gardner-Webb	J3.17m	10-04.75
--- Jenish, Meghan	Mars Hill	NH	
--- Harding, Nicole	Va. Military Institute	NH	

Event 6 Men Pole Vault

Name	School	Finals	
Finals			
1 Layne, Matt	Appalachian State	4.80m	15-09.00
1 Samotis, Tyler	Gardner-Webb	4.80m	15-09.00
1 Ginley, Corey	Unattached	4.45m	14-07.25
2 Perrine, Lucas	Unattached	4.15m	13-07.25
3 Thomas, Phillip	Appalachian State	4.70m	15-05.00
4 Lomax, Alex	Appalachian State	4.60m	15-01.00



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Finals ... (Event 6 Men Pole Vault)

Name	School	Finals	
4 Marsengill, Tyler	Gardner-Webb	4.60m	15-01.00
--- Richard, Justin	Unattached	NH	
--- Webb, Evan	Lees McRae	NH	
--- Toney, Skyler	Va. Military Institute	NH	
--- Holmes, Grant	Va. Military Institute	NH	
--- Jones, Kyle	Unattached	NH	
--- Campbell, Zach	Va. Military Institute	NH	

Event 7 Women Shot Put

Name	School	Finals	
Finals			
1 Tate, Brianna	Appalachian State	14.16m	46-05.50
1 Mitchell, Sarah	Unattached	13.32m	43-08.50
1 Thompson, Dacia	Queens (N.C.)	11.50m	37-08.75
2 Reives, Renee	Va. Military Institute	13.88m	45-06.50
2 Fox, Ella	Queens (N.C.)	10.68m	35-00.50
3 Suydam, Jasmine	Appalachian State	13.85m	45-05.25
3 Cardoso, Jovan	Queens (N.C.)	10.29m	33-09.25
4 McWhorter, India	Appalachian State	12.55m	41-02.25
4 Smith, Christianna	Carson-Newman	9.80m	32-02.00
5 Parnell, Jocelyn	Appalachian State	12.11m	39-08.75
5 Thompson, Dana	Mars Hill	9.63m	31-07.25
6 Hamilton, Stephanie	Gardner-Webb	11.98m	39-03.75
6 Farr, LeeAnn	Mars Hill	9.21m	30-02.75
7 Lemon, Mary Grace	Va. Military Institute	11.75m	38-06.75
7 Socolofsky, Galina	Queens (N.C.)	9.14m	30-00.00
8 DeLeon, Ana	Appalachian State	x11.69m	38-04.25
8 Thomas, Zuri	Wingate	8.84m	29-00.00
9 Lenhart, Katherine	Appalachian State	x10.85m	35-07.25
9 Mills, Tiana	Carson-Newman	8.50m	27-10.75
10 Chin, Aiyana	Mars Hill	8.07m	26-05.75
10 Moody, Olivia	Gardner-Webb	8.02m	26-03.75
11 O'Connell, Erin	Queens (N.C.)	x7.13m	23-04.75
12 Eller, Gretta	Guilford	6.44m	21-01.50
--- Watkins, Gayshawna	Appalachian State	FOUL	

Event 8 Men Shot Put

Name	School	Finals	
Finals			
1 White, Andrew	Gardner-Webb	15.35m	50-04.50
1 Freeman, Randall	Carson-Newman	14.34m	47-00.75
1 Miller, Colby	Unattached	11.94m	39-02.25
2 Hoisington, Joel	Va. Military Institute	14.71m	48-03.25
2 Mathis, Lucas	Carson-Newman	13.76m	45-01.75



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Finals ... (Event 8 Men Shot Put)

Name	School	Finals	
3 Condrey, William	Va. Military Institute	14.50m	47-07.00
3 McGriff, Travis	Wingate	12.44m	40-09.75
4 Milch, Nathan	Appalachian State	14.29m	46-10.75
4 Lavelle, Jesse	Wingate	12.24m	40-02.00
5 Sanchez, Grant	Va. Military Institute	14.23m	46-08.25
5 Marlowe, Jalen	Wingate	12.13m	39-09.75
6 Sansotta, Nick	Appalachian State	14.05m	46-01.25
6 Gilchrist, Charles	Mars Hill	11.07m	36-04.00
7 Leonard, John	Appalachian State	14.03m	46-00.50
7 Wise, Najee	Wingate	11.06m	36-03.50
8 Smith, Jordan	Gardner-Webb	13.86m	45-05.75
8 Dougherty, Josh	Queens (N.C.)	10.75m	35-03.25
9 Bell, Richard	Appalachian State	12.86m	42-02.25
9 Radcliffe, Ross	Queens (N.C.)	10.30m	33-09.50
10 Parham, Ellsworth	Appalachian State	x12.82m	42-00.75
10 Berenfield, Ben	Guilford	9.91m	32-06.25
11 Howes, Jonathan	Appalachian State	x12.40m	40-08.25
11 Mason, Jonathan	Carson-Newman	9.34m	30-07.75
12 Bell, Ben	Gardner-Webb	12.01m	39-05.00
12 Kelton, Griffin	Queens (N.C.)	9.30m	30-06.25
13 Murphy, Quincy	Va. Military Institute	11.87m	38-11.50

Event 9 Women 55 Meter Hurdles

Name	School	Prelims	H#
Preliminaries			
1 Czarnecki, Christina	Appalachian State	9.24 q	1
2 Moody, Olivia	Gardner-Webb	9.36 q	2
3 Franklin, Lindsey	Carson-Newman	9.59 q	1
4 Jefferies, Toccara	Mars Hill	9.80 q	1
5 Harper, Shaquavia	Mars Hill	10.76	2
6 Radford, Dawn	Mars Hill	10.84	2

Event 9 Women 55 Meter Hurdles

Name	School	Finals
Finals		
1 Czarnecki, Christina	Appalachian State	8.99
1 Jefferies, Toccara	Mars Hill	9.79
2 Moody, Olivia	Gardner-Webb	9.17
2 Franklin, Lindsey	Carson-Newman	9.96

Event 10 Men 55 Meter Hurdles

Name	School	Prelims	H#
Preliminaries			
1 Wembolua, Josh	Gardner-Webb	7.74 q	2



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Preliminaries ... (Event 10 Men 55 Meter Hurdles)

Name	School	Prelims	H#
2 Gee, Tre'von	Mars Hill	7.89 q	3
3 Fulwood, Marvin	Mars Hill	8.20 q	4
4 Joseph, Kenley	Appalachian State	8.26 q	1
5 Weinberg-Jones, Desmond	Va. Military Institute	8.36 q	2
6 McKnight, Terrance	Mars Hill	8.40 q	1
6 Lindley, Brandon	Carson-Newman	8.40 q	3
8 Robinson, Christian	Carson-Newman	8.50 q	4
9 Bell, Ben	Gardner-Webb	8.63	4
10 Powers, Jackson	Appalachian State	8.83	4
11 Cassoma, Delcio	Guilford	10.72	3
--- Phyll, Isaac	Mars Hill	DNF	2

Event 10 Men 55 Meter Hurdles

Name	School	Finals	H#
Finals			
1 Wembolua, Josh	Gardner-Webb	7.74	1
1 Gee, Tre'von	Mars Hill	7.81	1
2 Fulwood, Marvin	Mars Hill	7.93	1
2 Joseph, Kenley	Appalachian State	8.00	2
3 McKnight, Terrance	Mars Hill	8.25	3
5 Robinson, Christian	Carson-Newman	8.41	3
6 Weinberg-Jones, Desmond	Va. Military Institute	J8.29	2
6 Cassoma, Delcio	Guilford	10.52	3
7 Lindley, Brandon	Carson-Newman	J8.29	2

Event 11 Women 55 Meter Dash

Name	School	Prelims	H#
Preliminaries			
1 Clarke, Krystal	Appalachian State	7.41 q	2
2 Davis, Jordan	Gardner-Webb	7.45 q	2
3 Bauder, Anna	Carson-Newman	7.46 q	2
4 Perkins, Sarah	Gardner-Webb	7.61 q	3
5 Byl, Merideth	Gardner-Webb	7.82 q	4
6 Jefferies, Toccara	Mars Hill	7.84 q	1
7 Cobbs, Aja	Unattached	7.91 q	1
8 Bell, T'Keyah	Gardner-Webb	8.01 q	3
9 Franklin, Lindsey	Carson-Newman	8.05	1
10 Harper, Shaquavia	Mars Hill	8.29	4
11 Trogdon, Kaylea	Guilford	8.36	3
12 Carr, Khadija	Guilford	8.74	4
13 Radford, Dawn	Mars Hill	8.96	2



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Event 11 Women 55 Meter Dash

Name	School	Finals	H#
Finals			
1 Clarke, Krystal	Appalachian State	7.34	1
1 Jefferies, Toccara	Mars Hill	7.88	2
1 Cobbs, Aja	Unattached	8.02	2
2 Davis, Jordan	Gardner-Webb	7.43	1
2 Bauder, Anna	Carson-Newman	7.98	1
3 Byl, Merideth	Gardner-Webb	7.55	2
4 Perkins, Sarah	Gardner-Webb	7.64	1

Event 12 Men 55 Meter Dash

Name	School	Prelims	H#
Preliminaries			
1 Addison, Brandaun	Gardner-Webb	6.52 q	4
2 Reed, Lamaris	Va. Military Institute	6.58 q	2
3 Duanah, Solomon	Unattached	6.60 q	1
4 Crawford, Malik	Gardner-Webb	6.61 q	7
4 Mitchell, Josephus	Guilford	6.61 q	4
4 Marcano, Jr, Antonio	Unattached	6.61 q	2
7 Henderson, Greg	Va. Military Institute	6.62 q	3
8 Long, Aron	Va. Military Institute	6.63 q	6
9 Walker, Luther	Carson-Newman	J6.63	8
10 Gee, Tre'von	Mars Hill	6.67	3
11 Allen, Clay	Appalachian State	6.70	2
12 Fulwood, Marvin	Mars Hill	6.72	8
13 Thomas, Devin	Carson-Newman	6.78	6
14 Williams, Jason	Carson-Newman	6.79	5
14 Earnhardt, Jesse	Appalachian State	6.79	6
16 Wembolua, Josh	Gardner-Webb	6.80	1
17 Tiller, Jamal	Appalachian State	6.81	5
18 Bustle, Henry	Appalachian State	6.83	3
19 Green, CJ	Guilford	6.84	5
19 Williams, Emmanuel	Guilford	6.84	7
21 Adeneye, Adedeji	Appalachian State	6.89	1
22 Martin, Joseph	Gardner-Webb	6.91	7
23 Jules, Richard	Gardner-Webb	6.93	7
24 McKnight, Terrance	Mars Hill	6.95	5
25 Phyll, Isaac	Mars Hill	6.98	8
26 Rust, Matt	Carson-Newman	7.03	6
27 Danks, Marc	Mars Hill	7.42	3
28 Isenhour, Cameron	Mars Hill	7.68	4
--- Freeman, A'Derius	Mars Hill	FS	2



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Event 12 Men 55 Meter Dash

Name	School	Finals	H#
Finals			
1 Duanah, Solomon	Unattached	6.51	1
1 Addison, Brandaun	Gardner-Webb	6.52	1
1 Mitchell, Josephus	Guilford	6.54	1
2 Reed, Lamaris	Va. Military Institute	6.56	1
2 Marcano, Jr, Antonio	Unattached	6.65	2
3 Long, Aron	Va. Military Institute	6.64	2
4 Crawford, Malik	Gardner-Webb	6.66	2
5 Henderson, Greg	Va. Military Institute	6.87	2

Event 13 Women 1 Mile Run

Name	School	Finals
Finals		
1 Schneider, Kayla	Appalachian State	5:06.37
1 Bowman, Amanda	Carson-Newman	6:04.55
2 Ford, Jenna	Gardner-Webb	5:32.50
2 Perera, Pasangi	Guilford	6:15.02
3 Kile, Natalie	Appalachian State	5:34.24
3 Madaras, Naomi	Guilford	6:15.37
4 Nichols, Abbey	Mars Hill	6:18.01
5 Wilson, Leah	Mars Hill	6:19.04
6 Jenkins-Sullivan, Kate	Guilford	6:49.61
7 Lord, Holly	Mars Hill	7:10.22
8 Gonzalez, Colleen	Guilford	7:15.41
9 Chenkin, Samantha	Guilford	x7:20.36
10 Honaker, Sara	Carson-Newman	7:56.25
--- Nadel, Ava	Guilford	DNF

Event 14 Men 1 Mile Run

Name	School	Finals
Finals		
1 McFoy, Kyle	Appalachian State	4:23.90
1 Baldwin, Tanis	Unattached	4:27.56
1 Stump, Patrick	Carson-Newman	4:48.60
2 Townsend, Hunter	Mars Hill	4:53.03
2 Ford, Drew	Gardner-Webb	4:56.45
3 Lerner, Daniel	Mars Hill	4:58.11
4 Reynolds, Nick	Guilford	5:02.78
5 Westervelt, Patrick	Guilford	5:07.99
6 Spidell, Stephen	Carson-Newman	5:08.12
7 Guerra, Nick	Carson-Newman	5:11.18
8 Chastain, Jonathan	Carson-Newman	5:13.26
9 Simones, Quint	Guilford	5:53.65



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Finals ... (Event 14 Men 1 Mile Run)

Name	School	Finals
--- Crook, Trey	Gardner-Webb	DNF

Event 15 Women 400 Meter Dash

Name	School	Finals	H#
Finals			
1 Legg, Thireyona	Va. Military Institute	1:01.02	1
1 Stryk, Tess	Guilford	1:08.68	3
2 Freeman, Hayley	Va. Military Institute	1:03.77	1
2 Rappold, Christy	Mars Hill	1:09.50	2
3 Church, Michelle	Va. Military Institute	1:04.27	2
3 O'Neill, Jasmine	Guilford	1:10.45	3
4 Emery, Olivia	Va. Military Institute	1:07.28	2
4 MacDonald, Sydney	Guilford	1:14.39	3

Event 16 Men 400 Meter Dash

Name	School	Finals	H#
Finals			
1 Jackson, Julian	Va. Military Institute	51.24	1
1 Turpin, Clarence	Guilford	53.35	3
1 Smith, Joshua	Unattached	53.61	2
2 Hartman, Brandon	Va. Military Institute	51.51	1
2 Sumner, Jonathan	Guilford	53.83	5
3 Sung, Yol Ho	Va. Military Institute	51.64	1
3 Lindley, Brandon	Carson-Newman	54.05	3
4 Lackey, Cameron	Mars Hill	54.18	5
4 Powers, Jackson	Appalachian State	54.37	2
5 Stewart, Tyler	Carson-Newman	54.80	5
6 Karbah, Ayellor	Guilford	55.34	4
7 Seward, Aaron	Carson-Newman	55.60	3
8 Marsh, Joshua	Carson-Newman	56.89	4
9 Colvin, Thomas	Mars Hill	57.26	2
10 Smith, Colin	Carson-Newman	x58.28	6
11 Isenhour, Cameron	Mars Hill	58.71	6
12 Albright, Lucas	Guilford	1:02.10	4

Event 17 Women 800 Meter Run

Name	School	Finals	H#
Finals			
1 Stocks, Justine	Appalachian State	2:16.04	1
1 Stickleby, Maria	Unattached	2:22.83	1
1 Reyna, Rebecca	Guilford	2:35.39	1
2 Dickinson, Hannah	Va. Military Institute	2:25.30	1
2 Radford, Dawn	Mars Hill	2:37.02	1
3 Spiro, Katie	Gardner-Webb	2:32.70	1



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Finals ... (Event 17 Women 800 Meter Run)

Name	School	Finals	H#
3 Klapmeyer, Elizabeth	Mars Hill	2:39.39	2
4 Western, Molly	Va. Military Institute	2:34.60	1
4 Cash, Emily	Guilford	2:43.74	2
5 Cates, Claire	Gardner-Webb	2:37.07	2
5 Durham, Madison	Mars Hill	2:46.23	2
6 Russell, Kelly	Va. Military Institute	2:38.46	1
6 Marcotte, Molly Anne	Guilford	2:46.54	2
7 Czarnecki, Christina	Appalachian State	2:57.90	2
7 Hutson, Rachel	Carson-Newman	3:03.96	2

Event 18 Men 800 Meter Run

Name	School	Finals	H#
Finals			
1 Ovendorf, Peter	Appalachian State	2:01.10	1
1 Garrison, Dantonio	Mars Hill	2:05.33	1
2 Crook, Trey	Gardner-Webb	2:06.97	1
2 Lerner, Daniel	Mars Hill	2:12.61	2
3 Rogers, Nick	Gardner-Webb	2:07.41	1
3 Edwards, Mark	Carson-Newman	2:14.77	2
4 Cronk, Aaron	Gardner-Webb	2:10.03	2
4 Bross, Alec	Carson-Newman	2:23.28	2
5 Ford, Drew	Gardner-Webb	2:10.66	2
6 Haynes, James	Gardner-Webb	x2:13.96	1
7 Cook, Matthew	Gardner-Webb	x2:21.62	2

Event 19 Women 200 Meter Dash

Name	School	Finals	H#
Finals			
1 Clarke, Krystal	Appalachian State	25.64	1
1 Miller, Shauntae	Carson-Newman	26.25	2
2 Perkins, Sarah	Gardner-Webb	25.96	1
2 Smith, Cassie	Carson-Newman	28.00	3
3 Freeman, Hayley	Va. Military Institute	25.99	1
3 Azor, Jessica	Carson-Newman	28.47	2
4 Bauder, Anna	Carson-Newman	28.63	5
4 Slate, Ashley	Gardner-Webb	28.92	4
5 Hodges, Jazzimine	Carson-Newman	x28.77	4
5 Stout, Kim	Gardner-Webb	29.60	5
6 Jefferies, Toccara	Mars Hill	29.05	2
7 Trogdon, Kaylea	Guilford	30.04	5
8 Harper, Shaquavia	Mars Hill	30.69	3
9 MacDonald, Sydney	Guilford	31.07	7
10 Stryk, Tess	Guilford	31.09	7
11 Carr, Khadija	Guilford	31.21	6



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Finals ... (Event 19 Women 200 Meter Dash)

Name	School	Finals	H#
12 O'Neill, Jasmine	Guilford	x31.41	6

Event 20 Men 200 Meter Dash

Name	School	Finals	H#
Finals			
1 Long, Aron	Va. Military Institute	22.20	1
1 Marcano, Jr, Antonio	Unattached	22.24	1
1 Mitchell, Josephus	Guilford	23.25	6
2 Allen, Clay	Appalachian State	22.68	3
2 Andrews, Dia	Carson-Newman	23.55	4
2 Smith, Joshua	Unattached	24.11	4
3 Edgerton, Trey	Appalachian State	22.71	2
3 Freeman, A'Derius	Mars Hill	23.57	2
3 Davis, TJ	Carson-Newman	23.57	5
4 Earnhardt, Jesse	Appalachian State	22.89	3
5 Jules, Richard	Gardner-Webb	23.11	3
5 Seward, Aaron	Carson-Newman	23.69	6
6 Martin, Joseph	Gardner-Webb	23.19	4
6 Green, CJ	Guilford	23.75	8
7 Henderson, Greg	Va. Military Institute	23.40	1
7 Robinson, Christian	Carson-Newman	23.85	5
8 Joseph, Kenley	Appalachian State	23.46	5
8 Turpin, Clarence	Guilford	23.94	8
9 Rust, Matt	Carson-Newman	x23.95	7
9 Evans-Whitehart, Marquise	Gardner-Webb	24.34	9
10 Karbah, Ayellor	Guilford	24.83	10
11 Alberts, Kashym	Guilford	x24.87	10
12 Sumner, Jonathan	Guilford	x25.07	8
13 Williams, Emmanuel	Guilford	x25.13	9
14 Danks, Marc	Mars Hill	26.56	7
15 Cassoma, Delcio	Guilford	x27.07	10

Event 21 Women 3000 Meter Run

Name	School	Finals
Finals		
1 Simmons, Madison	Unattached	11:22.11
1 Robinson, Shelby	Mars Hill	12:04.38
2 Kidd, Anje	Mars Hill	12:31.46
3 Shields, Carey	Mars Hill	12:47.71
4 Scott, Jessica	Mars Hill	14:34.87



Appalachian Pre-Conference Indoor Open - 2/22/2014
Holmes Convocation Center
Boone, N.C.
Results

Event 22 Men 3000 Meter Run

Name	School	Finals
Finals		
1 Griggs, Alex	Mars Hill	8:52.90
1 Sink, Tyler	Unattached	9:12.72
2 Goncarovs, Andris	Guilford	8:53.13
2 Sowell, Ben	Unattached	9:15.21
3 Gibson, Derek	Mars Hill	9:11.07
4 Jones, David	Mars Hill	9:22.77
5 Bollero, Kiel	Mars Hill	9:35.66
6 Benge, Carter	Mars Hill	x9:45.20
7 Wheeler, Nathan	Mars Hill	x10:17.78

Event 23 Women 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Carson-Newman 1) Smith, Cassie	A 2) Bauder, Anna	4:24.78 3) Pickel, Madison 4) Miller, Shauntae
2 Guilford 1) O'Neill, Jasmine	A 2) Cash, Emily	4:44.09 3) Reyna, Rebecca 4) Stryk, Tess
3 Mars Hill 1) Durham, Madison	A 2) Klapmeyer, Elizabeth	4:50.43 3) Nichols, Abbey 4) Wilson, Leah

Event 24 Men 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Carson-Newman 1) Blassingame, Cassandine	A 2) Stewart, Tyler	3:39.22 3) Seward, Aaron 4) Lindley, Brandon
1 Gardner-Webb 1) Cronk, Aaron	A 2) Rogers, Nick	3:49.77 3) Haynes, James 4) Crook, Trey
2 Guilford 1) Mitchell, Josephus	A 2) Karbah, Ayellor	3:40.47 3) Sumner, Jonathan 4) Turpin, Clarence
3 Carson-Newman 1) Marsh, Joshua	B 2) Robinson, Christian	x3:43.40 3) Smith, Colin 4) Andrews, Dia

