

2014 Lenoir-Rhyne PowerSox Invitational - 3/22/2014**Irwin Belk Track****Hickory, N.C.****Results****Event 1 Women Hammer Throw**

Name	School	Finals	
Finals			
1 Cunningham, Amber	Limestone	42.17m	138-04
2 Jones, Domonique	Lenoir-Rhyne	40.20m	131-11
3 Turenne, Jerilynn	Limestone	36.52m	119-10
4 Cleveland, Rachelle	Lees-McRae	30.36m	99-07
5 Thompson, Dana	Mars Hill	28.56m	93-08
6 Clowney, Courtney	Lenoir-Rhyne	26.96m	88-05
7 Powell, Kayla	Lees-McRae	26.63m	87-04
8 Robinson, Kiaya	Lenoir-Rhyne	24.83m	81-05
9 Farr, LeeAnn	Mars Hill	24.35m	79-11
10 Chin, Aiyana	Mars Hill	21.64m	71-00

Event 2 Men Hammer Throw

Name	School	Finals	
Finals			
1 York, Latham	Lenoir-Rhyne	44.00m	144-04
2 Downs, Anthony	Lenoir-Rhyne	39.71m	130-03
3 White, Bill	Union (Ky.)	39.53m	129-08
4 Lowe, Kreig	North Greenville	35.49m	116-05
5 Mackey, Devan	Lees-McRae	35.25m	115-08
6 Avery, Anthony	Lenoir-Rhyne	35.00m	114-10
7 Francis, Matt	Union (Ky.)	32.65m	107-01
8 Clark, John	North Greenville	31.65m	103-10
9 Sanchez, Steven	Limestone	29.49m	96-09
10 Godwin, Joshua	Lees-McRae	29.23m	95-11
11 Carroll, Randolph	Lenoir-Rhyne	28.73m	94-03

Event 3 Women Long Jump

Name	School	Finals	Wind
Finals			
1 Mills, Tiana	Carson-Newman	5.54m	18-02.25 0.8
2 Edwards, Ajanai	Limestone	5.02m	16-05.75 +0.0
3 Azor, Jessica	Carson-Newman	4.98m	16-04.25 -0.8
4 Harris, Jada	Limestone	4.88m	16-00.25 +0.0
5 Livingston, Sina	Lenoir-Rhyne	4.75m	15-07.00 -0.8
6 Taylor, Whitney	Limestone	4.72m	15-06.00 +0.0
7 Fraser, Shiobhan	North Greenville	4.70m	15-05.00 +0.0
8 Goodson, Megan	North Greenville	4.49m	14-08.75 -1.0
9 Jefferies, Toccara	Mars Hill	4.48m	14-08.50 -0.1
10 Hodges, Jazzimine	Carson-Newman	4.37m	14-04.00 +0.0
11 Curry, Kortnie	Lees-McRae	4.30m	14-01.25 -0.1
12 Prokopchak, Alex	Union (Ky.)	4.29m	14-01.00 -1.3



2014 Lenoir-Rhyne PowerSox Invitational - 3/22/2014**Irwin Belk Track****Hickory, N.C.****Results****Event 4 Men Long Jump**

Name	School	Finals	Wind
Finals			
1 Blassingame, Cassandine	Carson-Newman	6.95m	22-09.75 +0.0
2 Davis, TJ	Carson-Newman	6.57m	21-06.75 0.8
3 Davis, Terry	North Greenville	6.54m	21-05.50 +0.0
4 Williams, Jason	Carson-Newman	6.26m	20-06.50 0.5
5 Ouzts, Westley	Limestone	6.13m	20-01.50 +0.0
6 Brannan, Victor	Lenoir-Rhyne	6.10m	20-00.25 +0.0
7 Fulwood, Marvin	Mars Hill	6.04m	19-09.75 +0.0
8 Mugurungi, Munyaradzi	Limestone	5.80m	19-00.50 +0.0
9 Floyd, Justin	Lees-McRae	5.75m	18-10.50 +0.0
10 Pauling, Dahquan	Lenoir-Rhyne	5.71m	18-09.00 +0.0
11 Baker, Greg	Lenoir-Rhyne	5.70m	18-08.50 1.4
12 Clontz, Anthony	Unattached	5.67m	18-07.25 +0.0
13 Runciman, Steve	Belmont Abbey	5.66m	18-07.00 0.2
14 Dunnaway, Decorwyne	Union (Ky.)	5.26m	17-03.25 0.9

Event 5 Women Pole Vault

Name	School	Finals
Finals		
1 Goodson, Megan	North Greenville	3.20m 10-06.00
2 Engwall, Zoe	North Greenville	3.05m 10-00.00
3 Hulbert, Savannah	Mars Hill	2.74m 8-11.75
4 Viscusi, Jessica	Mars Hill	2.59m 8-06.00
--- Jenish, Meghan	Mars Hill	NH
--- Rawlinson, Haley	Lenoir-Rhyne	NH
--- Cornejo, Tarryn	Lenoir-Rhyne	NH

Event 6 Men Pole Vault

Name	School	Finals
Finals		
1 Webb, Evan	Lees-McRae	4.90m 16-00.75
2 Johnston, Andrew	Union (Ky.)	3.95m 12-11.50
2 Nagel, Brad	Unattached	3.95m 12-11.50
2 Nelson, Aaron	Lenoir-Rhyne	3.95m 12-11.50
2 Harris, Jawanza	Lenoir-Rhyne	3.95m 12-11.50
6 Bolin, Jared	North Greenville	3.80m 12-05.50
7 Scott, Paul	North Greenville	3.65m 11-11.75
8 Carr, Jacob	North Greenville	3.20m 10-06.00
8 Fagaragan, Jaymz	Mars Hill	3.20m 10-06.00
10 Carroll, Randolph	Lenoir-Rhyne	2.75m 9-00.25



2014 Lenoir-Rhyne PowerSox Invitational - 3/22/2014**Irwin Belk Track****Hickory, N.C.****Results****Event 7 Women Discus Throw**

Name	School	Finals		
Finals				
1 Jones, Domanique	Lenoir-Rhyne	37.36m	122-07	1
2 Cunningham, Amber	Limestone	34.67m	113-09	1
3 Powell, Kayla	Lees-McRae	32.35m	106-02	1
4 Mills, Tiana	Carson-Newman	31.45m	103-02	2
5 Cleveland, Rachelle	Lees-McRae	28.96m	95-00	1
6 Robinson, Kiaya	Lenoir-Rhyne	28.93m	94-11	1
7 Wilson, Vertrice	Lenoir-Rhyne	28.37m	93-01	1
8 Tigie, Abby	Union (Ky.)	27.54m	90-04	2
9 Jordan, Taylor	Mars Hill	27.45m	90-01	1
10 Clowney, Courtney	Lenoir-Rhyne	25.31m	83-00	2
11 Thompson, Dana	Mars Hill	25.00m	82-00	1
12 Smith, Christianna	Carson-Newman	24.63m	80-10	2
13 Haga, Marketta	Carson-Newman	24.56m	80-07	2
14 Farr, LeeAnn	Mars Hill	23.96m	78-07	2
15 Chin, Aiyana	Mars Hill	23.33m	76-06	2
16 Turenne, Jerilynn	Limestone	19.78m	64-11	2

Event 8 Men Discus Throw

Name	School	Finals		
Finals				
1 Riner, Travis	Mars Hill	44.13m	144-09	1
2 Ginski, Ignatius	Belmont Abbey	37.77m	123-11	1
3 Trask, Ryan	Lees-McRae	37.20m	122-00	1
4 Downs, Anthony	Lenoir-Rhyne	37.11m	121-09	1
5 Lowe, Kreig	North Greenville	35.88m	117-08	1
6 Carroll, Randolph	Lenoir-Rhyne	35.34m	115-11	1
7 York, Latham	Lenoir-Rhyne	34.49m	113-02	2
8 Morris, Micah	Limestone	34.14m	112-00	1
9 White, Bill	Union (Ky.)	34.13m	112-00	1
10 Warner, Andre	North Greenville	34.11m	111-11	1
11 Sanchez, Steven	Limestone	32.95m	108-01	2
12 Mackey, Devan	Lees-McRae	31.86m	104-06	2
13 Veazey, Bryan	Lenoir-Rhyne	31.69m	104-00	2
14 Godwin, Joshua	Lees-McRae	31.54m	103-06	2
15 Clark, John	North Greenville	30.79m	101-00	2
16 Francis, Matt	Union (Ky.)	30.65m	100-07	1
17 Gilchrist, Charles	Mars Hill	29.64m	97-03	2
18 Carrion, Ben	Lenoir-Rhyne	29.06m	95-04	2
19 Trauth, Danny	Union (Ky.)	27.84m	91-04	2



2014 Lenoir-Rhyne PowerSox Invitational - 3/22/2014**Irwin Belk Track****Hickory, N.C.****Results****Event 9 Women High Jump**

Name	School	Finals	
Finals			
1 Boswell, Makayla	Lees-McRae	1.62m	5-03.75
2 Azor, Jessica	Carson-Newman	J1.62m	5-03.75
3 Fraser, Shiobhan	North Greenville	1.57m	5-01.75
4 Mcrae, Persephanie	Lees-McRae	J1.57m	5-01.75
5 Curry, Kortnie	Lees-McRae	1.52m	4-11.75
6 Wells, Ashley	Lenoir-Rhyne	1.47m	4-09.75
6 Mccarrick, Maura	Belmont Abbey	1.47m	4-09.75
8 Harris, Jada	Limestone	J1.47m	4-09.75
8 Smith, Lauren	Belmont Abbey	J1.47m	4-09.75
10 Martelly, Saralee	Belmont Abbey	J1.47m	4-09.75
11 Weber, Helen	Union (Ky.)	1.42m	4-07.75
12 Hodges, Jazzimine	Carson-Newman	1.37m	4-06.00
13 Jones, Kelly	Mars Hill	J1.37m	4-06.00

Event 10 Men High Jump

Name	School	Finals	
Finals			
1 Brannan, Victor	Lenoir-Rhyne	1.93m	6-04.00
2 Thierfielder, Joe	Belmont Abbey	1.88m	6-02.00
2 Blassingame, Cassandine	Carson-Newman	1.88m	6-02.00
2 Davis, Terry	North Greenville	1.88m	6-02.00
5 Gardner, Darrius	Belmont Abbey	1.78m	5-10.00
5 Hipps, Antonio	North Greenville	1.78m	5-10.00
7 Robinson, Christian	Carson-Newman	1.73m	5-08.00
8 Dunnaway, Decorwyne	Union (Ky.)	1.68m	5-06.00
--- Floyd, Justin	Lees-McRae	NH	

Event 11 Women Triple Jump

Name	School	Finals		Wind
Finals				
1 Fraser, Shiobhan	North Greenville	10.98m	36-00.25	+0.0
2 Mills, Tiana	Carson-Newman	10.95m	35-11.25	+0.0
3 Martelly, Saralee	Belmont Abbey	10.56m	34-07.75	0.3
4 Edwards, Ajanai	Limestone	10.10m	33-01.75	1.2
5 Oliver, Taylor	Lenoir-Rhyne	9.97m	32-08.50	-0.8
6 Carper, Megan	Lenoir-Rhyne	9.69m	31-09.50	-0.2
7 Brown, Gillian	Belmont Abbey	9.41m	30-10.50	+0.0
8 Jones, Kelly	Mars Hill	9.22m	30-03.00	+0.0
9 Prokopchak, Alex	Union (Ky.)	8.96m	29-04.75	0.4



2014 Lenoir-Rhyne PowerSox Invitational - 3/22/2014**Irwin Belk Track****Hickory, N.C.****Results****Event 12 Men Triple Jump**

Name	School	Finals		Wind
Finals				
1 Davis, Terry	North Greenville	14.46m	47-05.25	1.5
2 Hipps, Antonio	North Greenville	13.55m	44-05.50	+0.0
3 Rolland, Jean-Luc	Belmont Abbey	13.51m	44-04.00	0.7
4 Davis, TJ	Carson-Newman	13.04m	42-09.50	1.3
5 Ouzts, Westley	Limestone	12.81m	42-00.50	2.1
6 Mugurungi, Munyaradzi	Limestone	12.61m	41-04.50	2.1
7 Phyll, Isaac	Mars Hill	12.59m	41-03.75	+0.0
8 Robinson, Christian	Carson-Newman	12.33m	40-05.50	1.0
9 Runciman, Steve	Belmont Abbey	12.30m	40-04.25	0.4
--- Blasingame, Cassandine	Carson-Newman	FOUL		

Event 13 Women Shot Put

Name	School	Finals	
Finals			
1 Powell, Kayla	Lees-McRae	11.21m	36-09.50
2 Azor, Jessica	Carson-Newman	11.04m	36-02.75
3 Cunningham, Amber	Limestone	10.74m	35-03.00
4 Cleveland, Rachelle	Lees-McRae	10.70m	35-01.25
5 Wells, Ashley	Lenoir-Rhyne	10.58m	34-08.50
6 Smith, Christianna	Carson-Newman	10.17m	33-04.50
7 Jones, Domonique	Lenoir-Rhyne	9.77m	32-00.75
8 Clowney, Courtney	Lenoir-Rhyne	9.48m	31-01.25
9 Thompson, Dana	Mars Hill	9.29m	30-05.75
10 Robinson, Kiaya	Lenoir-Rhyne	9.20m	30-02.25
11 Farr, LeeAnn	Mars Hill	8.92m	29-03.25
12 Simmons-Wilson, Ashley	Limestone	7.60m	24-11.25
13 Chin, Aiyana	Mars Hill	6.76m	22-02.25

Event 14 Men Shot Put

Name	School	Finals		
Finals				
1 Riner, Travis	Mars Hill	14.89m	48-10.25	1
2 Lowe, Kreig	North Greenville	14.17m	46-06.00	1
3 Downs, Anthony	Lenoir-Rhyne	12.99m	42-07.50	1
4 Avery, Anthony	Lenoir-Rhyne	12.91m	42-04.25	1
5 Freeman, Randall	Carson-Newman	12.53m	41-01.50	1
6 Sanchez, Steven	Limestone	12.49m	40-11.75	1
7 Carrion, Ben	Lenoir-Rhyne	12.28m	40-03.50	2
8 White, Bill	Union (Ky.)	12.27m	40-03.25	2
9 Morris, Micah	Limestone	12.20m	40-00.50	1
10 Veazey, Bryan	Lenoir-Rhyne	12.07m	39-07.25	2
11 Francis, Matt	Union (Ky.)	12.04m	39-06.00	2



2014 Lenoir-Rhyne PowerSox Invitational - 3/22/2014**Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 14 Men Shot Put)**

Name	School	Finals		
12 Braswell-Sample, Myles	Lenoir-Rhyne	11.95m	39-02.50	1
13 York, Latham	Lenoir-Rhyne	11.80m	38-08.75	2
14 Gilchrist, Charles	Mars Hill	11.75m	38-06.75	2
15 Mackey, Devan	Lees-McRae	11.43m	37-06.00	1
16 Godwin, Joshua	Lees-McRae	11.41m	37-05.25	1
17 Clark, John	North Greenville	11.19m	36-08.50	2
18 Warner, Andre	North Greenville	9.80m	32-02.00	2
19 Trauth, Danny	Union (Ky.)	8.33m	27-04.00	2

Event 15 Women Javelin Throw

Name	School	Finals		
Finals				
1 Cleveland, Rachelle	Lees-McRae	36.84m	120-10	
2 Wells, Ashley	Lenoir-Rhyne	31.04m	101-10	
3 Jordan, Taylor	Mars Hill	30.98m	101-08	
4 Pridgen, Leondra	Belmont Abbey	27.38m	89-10	
5 Hattabaugh, Jessica	Lees-McRae	25.71m	84-04	
6 Radford, Dawn	Mars Hill	24.03m	78-10	
7 Carper, Megan	Lenoir-Rhyne	22.84m	74-11	
8 Thompson, Dana	Mars Hill	22.62m	74-02	
9 Prokopchak, Alex	Union (Ky.)	21.07m	69-01	
10 Robinson, Kiaya	Lenoir-Rhyne	21.06m	69-01	
11 Martino, Aiyana	Carson-Newman	18.00m	59-01	

Event 16 Men Javelin Throw

Name	School	Finals		
Finals				
1 Nagel, Brad	Unattached	50.99m	167-03	1
2 Fagaragan, Jaymz	Mars Hill	46.39m	152-02	2
3 Stewart, Dustin	Belmont Abbey	46.06m	151-01	1
4 York, Latham	Lenoir-Rhyne	44.16m	144-10	1
5 White, Bill	Union (Ky.)	40.20m	131-11	1
6 Trask, Ryan	Lees-McRae	36.03m	118-02	1
7 Carr, Jacob	North Greenville	35.63m	116-11	2
8 McKnight, Terrance	Mars Hill	34.97m	114-09	1
9 Godwin, Joshua	Lees-McRae	34.23m	112-04	2
10 Francis, Matt	Union (Ky.)	33.75m	110-09	2
11 Trauth, Danny	Union (Ky.)	29.05m	95-04	2
12 Isenhour, Cameron	Mars Hill	26.69m	87-07	2
13 Smith, Colin	Carson-Newman	25.85m	84-10	2



2014 Lenoir-Rhyne PowerSox Invitational - 3/22/2014**Irwin Belk Track****Hickory, N.C.****Results****Event 17 Women 3000 Meter Steeplechase**

Name	School	Finals
Finals		
1 Viscusi, Jessica	Mars Hill	11:58.20
2 Buckley, Jessica	Limestone	13:32.75
--- Smith, Megan	Mars Hill	DNF

Event 18 Men 3000 Meter Steeplechase

Name	School	Finals
Finals		
1 Ferguson, Jordan	North Greenville	10:55.11
2 Caulley, Ryan	Belmont Abbey	10:56.86
3 Wade, Ben	North Greenville	11:29.17
4 Chastain, Jonathan	Carson-Newman	12:17.39
5 Cash, Nick	Union (Ky.)	12:49.98

Event 19 Women 4x100 Meter Relay

Team	Relay	Finals	
Finals			
1 Limestone	A	49.75	
1) Killings, Kenadi	2) Paige, Andreini	3) Fulford, Madison	4) Edwards, Ajanai
2 Lenoir-Rhyne	A	49.85	
1) Wilson, Vertrice	2) Young, Farrah	3) Robinson, Brooke	4) Livingston, Sina
3 North Greenville	A	50.78	
1) Delts, Georgia	2) Fraser, Shiobhan	3) Shaw, Ambria	4) Cunningham, Mercedes
4 Carson-Newman	A	50.90	
5 Belmont Abbey	A	51.04	
1) Smith, Lauren	2) Pridgen, Leondra	3) Martelly, Saralee	4) Crisci, Brien

Event 20 Men 4x100 Meter Relay

Team	Relay	Finals	
Finals			
1 Lenoir-Rhyne	A	41.88	
1) Baxter, Kevin	2) Spears, Jarrod	3) Sims, Evin	4) Brannan, Victor
2 Limestone	A	43.21	
1) Foster, Tim	2) Stanley, Brandon	3) Scott, Marshawn	4) Taylor, Glen
3 Belmont Abbey	A	44.67	
1) Louis, Steph-Yves	2) Thierfelder, Joe	3) Rolland, Jean-Luc	4) Gardner, Darrius
4 Union (Ky.)	A	45.84	
1) Johnston, Andrew	2) Galan, Thales	3) Dunnaway, Decorwyne	4) Jefferson, Domonique
--- Carson-Newman	A	DQ	
1) Williams, Jason	2) Blassingame, Cassandine	3) Jones, Jamal	4) Rust, Matt

Event 21 Women 1500 Meter Run

Name	School	Finals	H#
Finals			
1 Smith, Paige	Lenoir-Rhyne	5:11.25	1



2014 Lenoir-Rhyne PowerSox Invitational - 3/22/2014**Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 21 Women 1500 Meter Run)**

Name	School	Finals	H#
2 Boyles, Monae	North Greenville	5:23.52	1
3 Rust, Hope	Lenoir-Rhyne	5:24.42	1
4 Ward, Amanda	North Greenville	5:26.98	3
5 Klappmeyer, Elizabeth	Mars Hill	5:38.07	1
6 Schmidt, Corinne	North Greenville	5:40.36	1
7 Stempien, Kaitlyn	St. Andrews	5:46.23	2
8 Montgomery, Emily	Limestone	5:46.42	3
9 Wilson, Leah	Mars Hill	5:47.11	1
10 Nichols, Abbey	Mars Hill	5:50.69	2
11 Tormey, Virginia	St. Andrews	5:51.77	3
12 Guevara, Marilynn	Belmont Abbey	5:56.32	1
13 Durham, Madison	Mars Hill	5:56.59	2
14 Arnold, Karlee	St. Andrews	5:56.63	3
15 Shields, Carey	Mars Hill	6:02.24	2
16 Howard, Kaitlin	Belmont Abbey	6:05.83	1
17 Hutson, Rachel	Carson-Newman	6:06.96	2
18 Jasiewicz, Danielle	Union (Ky.)	6:20.79	3
19 Allen, Becky	Union (Ky.)	6:27.55	3
20 Lord, Holly	Mars Hill	6:35.74	2
21 Neill, Kat	Belmont Abbey	6:36.70	2
22 Honaker, Sara	Carson-Newman	8:02.17	2

Event 22 Men 1500 Meter Run

Name	School	Finals	H#
Finals			
1 Brooker, Jud	Unattached	4:09.54	1
2 Koontz, Charles	Lenoir-Rhyne	4:12.42	1
3 Beard, Brandon	Unattached	4:19.30	2
4 Reyes, Cesar	Mars Hill	4:20.23	1
5 Nelson, Aaron	Lenoir-Rhyne	4:22.02	1
6 Parker, Corey	Limestone	4:22.75	1
7 Davis, Michael	Lees-McRae	4:24.03	1
8 Ryan, Mike	Lenoir-Rhyne	4:24.18	1
9 Stump, Patrick	Carson-Newman	4:24.60	2
10 Ward, Brandon	Lincoln Memorial University	4:32.19	2
11 Simons, Tre	Limestone	4:32.73	3
12 Lerner, Daniel	Mars Hill	4:33.06	2
13 Darazi, Michael	Limestone	4:33.51	2
14 Barry, Kyle	Lenoir-Rhyne	4:35.96	2
15 Koenke, Sam	Bob Jones University	4:36.39	3
16 Lewis, Jack	Columbia International Univer	4:37.57	2
17 Brown, Justin	St. Andrews	4:38.50	2
18 Shell, Colby	Lees-McRae	4:38.73	1
19 Meyners, Gustav	Lenoir-Rhyne	4:44.02	3



2014 Lenoir-Rhyne PowerSox Invitational - 3/22/2014**Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 22 Men 1500 Meter Run)**

Name	School	Finals	H#
20 Kopp, Chase	St. Andrews	4:44.84	3
21 Hare, Michael	St. Andrews	4:46.81	2
22 Runnells, Chris	Limestone	4:47.06	2
23 Iverson, David	Belmont Abbey	4:47.17	3
24 Sherrill, Brenden	Lees-McRae	4:47.43	2
25 Condon, Sean	Lees-McRae	4:49.31	1
26 Patton, Steven	Carson-Newman	4:50.11	3
27 Spidell, Stephen	Carson-Newman	4:51.38	3
28 Pauley, Tyler	Unattached	4:56.91	1
29 Tindle, Blake	Columbia International Univers	5:02.36	2
30 Combs, Jesse	Union (Ky.)	5:28.86	3

Event 23 Women 400 Meter Dash

Name	School	Finals	H#
Finals			
1 Montgomery, Alexis	Mars Hill	58.80	1
2 Miller, Shauntae	Carson-Newman	59.21	1
3 Fulford, Madison	Limestone	1:03.34	1
4 Matthews, Owaneshia	Limestone	1:03.56	1
5 Pickel, Madison	Carson-Newman	1:05.57	2
6 Rappold, Christy	Mars Hill	1:07.87	2
7 Yuswak, Rebecca	St. Andrews	1:13.92	2

Event 24 Men 400 Meter Dash

Name	School	Finals	H#
Finals			
1 Perignon, Tristan	Limestone	50.30	1
2 Lindley, Brandon	Carson-Newman	51.16	1
3 Harris, Vincent	Unattached	51.69	2
4 Stanley, Brandon	Limestone	51.70	1
5 Williams, Jonathan	North Greenville	51.77	2
6 Scott, Davante	Lees-McRae	52.09	1
7 Slaven, Jon	Lincoln Memorial University	52.16	2
8 Seward, Aaron	Carson-Newman	53.22	1
9 Smith, Joshua	Unattached	53.45	3
10 Fruitiger, William	Limestone	53.53	2
11 Stewart, Tyler	Carson-Newman	53.57	2
12 Corder, Dustin	Unattached	53.65	2
13 Scott, Marshawn	Limestone	53.86	1
14 Griffith, William	Lenoir-Rhyne	54.00	3
15 Young, Malachi	Mars Hill	54.72	1
16 Bernard, Dustin	Limestone	55.80	3
17 Smith, Colin	Carson-Newman	56.60	2
18 Smith, Sidney	Belmont Abbey	57.23	3



2014 Lenoir-Rhyne PowerSox Invitational - 3/22/2014**Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 24 Men 400 Meter Dash)**

Name	School	Finals	H#
19 Marsh, Joshua	Carson-Newman	57.24	1
20 Green, James	St. Andrews	1:00.39	3
21 Lindsay, Russell	St. Andrews	1:02.70	3

Event 25 Women 100 Meter Hurdles

Name	School	Finals	Wind	H#
Finals				
1 Ruff, Kaylah	Unattached	14.59	1.0	1
2 Bingham, Erin	Lees-McRae	14.81	1.0	1
3 Paige, Andreina	Limestone	15.13	1.0	1
4 Wilson, Vertrice	Lenoir-Rhyne	15.41	1.0	1
5 Thorton, Meagan	Lees-McRae	15.42	1.0	1
6 Martelly, Saralee	Belmont Abbey	15.99	0.9	2
7 Hulbert, Savannah	Mars Hill	16.41	0.9	2
8 Paige, Andreini	Limestone	16.54	1.0	1
9 Franklin, Lindsey	Carson-Newman	17.18	0.9	2
10 Perez, Jocelyn	Carson-Newman	17.34	0.9	2
11 Jefferies, Toccara	Mars Hill	17.87	0.9	2
12 Azor, Jessica	Carson-Newman	18.38	1.0	1
13 Thompson, Miesha	Lees-McRae	18.86	0.9	2

Event 26 Men 110 Meter Hurdles

Name	School	Finals	Wind	H#
Finals				
1 Baxter, Kevin	Lenoir-Rhyne	14.24	1.2	1
2 Gee, Tre'von	Mars Hill	15.18	1.2	1
3 Childs, Darius	Carson-Newman	15.48	1.2	1
4 Cody, CJ	Lenoir-Rhyne	15.57	1.7	2
5 Foster, Marcus	Unattached	15.71	1.2	1
6 Lindley, Brandon	Carson-Newman	15.74	1.2	1
7 Fulwood, Marvin	Mars Hill	15.87	1.7	2
8 McKnight, Terrance	Mars Hill	16.22	1.7	2
9 Robinson, Christian	Carson-Newman	16.39	1.2	1
10 Cabbell, Eric	Lenoir-Rhyne	18.17	1.7	2
--- Jones, Sterling	Lenoir-Rhyne	DNF	1.2	1
--- Phyll, Isaac	Mars Hill	DNF	1.7	2
--- Daniel, Sean	Mars Hill	DQ	1.7	2

Event 27 Women 100 Meter Dash

Name	School	Finals	Wind	H#
Finals				
1 Killings, Kenadi	Limestone	12.51	+0.0	1
2 Robinson, Brooke	Lenoir-Rhyne	12.56	+0.0	1
3 Azor, Jessica	Carson-Newman	13.07	+0.0	1



2014 Lenoir-Rhyne PowerSox Invitational - 3/22/2014**Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 27 Women 100 Meter Dash)**

Name	School	Finals	Wind	H#
4 Livingston, Sina	Lenoir-Rhyne	13.15	+0.0	2
5 Huffman, Heather	Salem	13.20	+0.0	1
6 Bingham, Erin	Lees-McRae	13.22	+0.0	1
7 Delts, Georgia	North Greenville	13.28	-0.2	3
8 Shepherd, Jessica	Union (Ky.)	13.32	+0.0	2
9 Smith, Cassie	Carson-Newman	13.44	+0.0	2
10 Bauder, Anna	Carson-Newman	13.49	+0.0	2
11 Young, Farrah	Lenoir-Rhyne	13.50	+0.0	2
12 Crawford, Anquinette	Unattached	13.57	-0.2	3
13 Hodges, Jazzimine	Carson-Newman	13.58	+0.0	2
14 Cunningham, Mercedes	North Greenville	13.60	+0.0	2
15 Cobbs, Aja	Unattached	13.90	+0.0	1
16 Franklin, Lindsey	Carson-Newman	13.92	-0.2	3
17 Breeding, Amber	Unattached	14.20	-0.2	3
18 Whetsone, Jackia	North Greenville	14.44	-0.2	3
19 Thompson, Miesha	Lees-McRae	15.06	-0.2	3

Event 28 Men 100 Meter Dash

Name	School	Finals	Wind	H#
Finals				
1 Spears, Jarrod	Lenoir-Rhyne	10.76	-0.2	1
2 Wannamaker, Devin	North Greenville	11.02	-0.2	1
3 Foster, Tim	Limestone	11.08	0.4	2
4 Vines, Deandre	Mars Hill	11.18	-0.2	1
4 Clark, Collis	Lenoir-Rhyne	11.18	1.6	3
4 Sims, Evin	Lenoir-Rhyne	11.18	0.4	2
7 Crawford, Jeremy	Unattached	11.20	0.4	2
8 Phillips, James	Lenoir-Rhyne	11.35	1.6	3
9 Williams, Jason	Carson-Newman	11.39	-0.2	1
9 Jefferson, Domonique	Union (Ky.)	11.39	0.4	2
11 Andrews, Dia	Carson-Newman	11.44	0.4	2
12 Soto, Joshua	Lees-McRae	11.45	0.4	2
13 Gee, Tre'von	Mars Hill	11.53	-0.2	1
14 Galan, Thales	Union (Ky.)	11.73	1.6	3
15 Taylor, Glen	Limestone	11.78	1.6	3
16 Jackson, Dexter	North Greenville	11.82	1.6	3
17 Green, Michael	Lenoir-Rhyne	11.86	1.6	3
18 Sherill, Jaccario	Lees-McRae	12.07	1.6	3
19 Danks, Marc	Mars Hill	12.54	1.6	3

Event 29 Women 800 Meter Run

Name	School	Finals	H#
Finals			
1 Engwall, Zoe	North Greenville	2:26.94	1



2014 Lenoir-Rhyne PowerSox Invitational - 3/22/2014**Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 29 Women 800 Meter Run)**

Name	School	Finals	H#
2 Thorton, Meagan	Lees-McRae	2:30.78	1
3 Radford, Dawn	Mars Hill	2:32.45	1
4 Smith, Paige	Lenoir-Rhyne	2:33.28	1
5 Rust, Hope	Lenoir-Rhyne	2:35.83	2
6 Ward, Amanda	North Greenville	2:37.12	1
7 Schomburg, Katie	Lenoir-Rhyne	2:40.72	2
8 Wood, Maddie	Carson-Newman	2:43.17	3
9 Klapmeyer, Elizabeth	Mars Hill	2:43.75	1
10 Schmidt, Corinne	North Greenville	2:45.45	3
11 Stempien, Kaitlyn	St. Andrews	2:46.94	2
12 Wilson, Leah	Mars Hill	2:48.72	2
13 Tormey, Virginia	St. Andrews	2:48.83	2
14 Mathias, Paige	Limestone	2:48.94	3
15 Durham, Madison	Mars Hill	2:49.69	3
16 Keyes, Taylor	Lenoir-Rhyne	2:49.93	2
17 Overholt, Mallory	Lees-McRae	2:51.02	1
18 Montgomery, Emily	Limestone	2:52.87	3
19 Jasiewicz, Danielle	Union (Ky.)	2:53.36	3
20 Buckley, Jessica	Limestone	2:55.25	3
21 Rappold, Christy	Mars Hill	2:55.96	2
22 Shields, Carey	Mars Hill	2:59.91	2
23 Hutson, Rachel	Carson-Newman	3:04.16	2
24 Allen, Becky	Union (Ky.)	3:07.14	3

Event 30 Men 800 Meter Run

Name	School	Finals	H#
Finals			
1 Wamer, Ravon	North Greenville	1:58.92	1
2 Powell, Dominic	North Greenville	1:59.58	1
3 Koontz, Charles	Lenoir-Rhyne	2:00.67	1
4 Nelson, Aaron	Lenoir-Rhyne	2:02.63	1
5 McNeely, Cody	Lees-McRae	2:04.17	2
6 Garrison, Dontonio	Mars Hill	2:04.38	2
7 Beard, Brandon	Unattached	2:05.01	2
8 Simons, Tre	Limestone	2:05.24	2
9 Corder, Dustin	Unattached	2:05.28	4
10 Reyes, Cesar	Mars Hill	2:05.63	1
11 Spence, Jonathan	Mars Hill	2:06.07	3
12 Maier, Dylan	Unattached	2:06.93	2
13 Lackey, Cameron	Mars Hill	2:07.16	2
14 Johnson, Tyler	Carson-Newman	2:07.38	1
15 Harris, Vincent	Unattached	2:07.63	4
16 Stump, Patrick	Carson-Newman	2:08.43	2
17 Ferguson, Jordan	North Greenville	2:08.68	1



2014 Lenoir-Rhyne PowerSox Invitational - 3/22/2014**Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 30 Men 800 Meter Run)**

Name	School	Finals	H#
18 Hare, Michael	St. Andrews	2:10.06	2
19 Brown, Justin	St. Andrews	2:11.10	3
20 Parker, Corey	Limestone	2:11.61	1
21 Darazi, Michael	Limestone	2:11.77	2
22 Smith, Joshua	Unattached	2:12.23	3
23 Lerner, Daniel	Mars Hill	2:13.03	3
24 Pauley, Tyler	Unattached	2:13.07	3
25 Edwards, Mark	Carson-Newman	2:14.00	3
26 Rembert, Royce	Limestone	2:17.81	4
27 Smith, Colin	Carson-Newman	2:20.07	3
28 Bross, Alec	Carson-Newman	2:21.16	4
29 Kopp, Chase	St. Andrews	2:22.85	4
30 Cash, Nick	Union (Ky.)	2:31.99	4
31 Combs, Jesse	Union (Ky.)	2:35.09	4
--- Dunn, Tyler	Lees-McRae	DNF	4

Event 31 Women 400 Meter Hurdles

Name	School	Finals	H#
Finals			
1 Paige, Andreina	Limestone	1:06.89	1
2 Paige, Andreini	Limestone	1:08.06	1
3 Matthews, Qwaneshia	Limestone	1:10.45	1
4 Pridgen, Leondra	Belmont Abbey	1:11.36	2
5 Oliver, Taylor	Lenoir-Rhyne	1:16.83	2
6 Perez, Jocelyn	Carson-Newman	1:18.37	1
7 Jefferies, Toccara	Mars Hill	1:22.54	2
8 Harper, Shaquavia	Mars Hill	1:23.78	2

Event 32 Men 400 Meter Hurdles

Name	School	Finals	H#
Finals			
1 Foster, Marcus	Unattached	56.40	1
2 Keyes, Justin	Lenoir-Rhyne	57.28	2
3 Lindley, Brandon	Carson-Newman	57.66	2
4 Robinson, Christian	Carson-Newman	57.83	1
5 Cody, CJ	Lenoir-Rhyne	57.94	1
6 Colvin, Thomas	Mars Hill	1:01.63	1

Event 33 Women 200 Meter Dash

Name	School	Finals	Wind	H#
Finals				
1 Robinson, Brooke	Lenoir-Rhyne	25.32	1.6	1
2 Montgomery, Alexis	Mars Hill	25.35	1.6	1
3 Miller, Shauntae	Carson-Newman	25.87	1.6	1



2014 Lenoir-Rhyne PowerSox Invitational - 3/22/2014**Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 33 Women 200 Meter Dash)**

Name	School	Finals	Wind	H#
4 White, Jaa'leah	Carson-Newman	26.53	1.6	1
5 Killings, Kenadi	Limestone	26.72	1.6	1
6 Hulbert, Savannah	Mars Hill	27.10	1.6	1
7 Fulford, Madison	Limestone	27.11	1.6	1
8 Wilson, Vertrice	Lenoir-Rhyne	27.29	1.6	1
9 Smith, Cassie	Carson-Newman	27.30	1.1	2
10 Delts, Georgia	North Greenville	27.34	1.1	2
11 Huffman, Heather	Salem	27.61	1.1	2
12 Bauder, Anna	Carson-Newman	27.62	1.1	2
13 Shepherd, Jessica	Union (Ky.)	27.64	0.7	3
14 Young, Farrah	Lenoir-Rhyne	27.76	1.1	2
15 Crawford, Anquinette	Unattached	27.82	1.1	2
16 Cunningham, Mercedes	North Greenville	28.48	0.7	3
17 Breeding, Amber	Unattached	29.35	0.7	3
18 Whetsone, Jackia	North Greenville	30.47	0.7	3
19 Harper, Shaquavia	Mars Hill	32.13	0.7	3
20 Thompson, Miesha	Lees-McRae	33.25	0.7	3
21 Yuswak, Rebecca	St. Andrews	33.35	0.7	3
22 Hutchings, Katherine	St. Andrews	33.40	0.7	3

Event 34 Men 200 Meter Dash

Name	School	Finals	Wind	H#
Finals				
1 Spears, Jarrod	Lenoir-Rhyne	22.33	1.7	2
2 Baxter, Kevin	Lenoir-Rhyne	22.56	+0.0	1
3 Fulwood, Marvin	Mars Hill	22.66	1.3	3
4 Stanley, Brandon	Limestone	22.84	1.7	2
5 Davis, TJ	Carson-Newman	22.89	+0.0	1
6 Rust, Matt	Carson-Newman	23.10	1.7	2
6 Foster, Tim	Limestone	23.10	1.7	2
8 Jones, Sterling	Lenoir-Rhyne	23.11	1.3	3
9 Wannamaker, Devin	North Greenville	23.19	+0.0	1
9 Clark, Collis	Lenoir-Rhyne	23.19	+0.0	1
11 Perignon, Tristan	Limestone	23.33	1.3	3
11 Soto, Joshua	Lees-McRae	23.33	+0.0	1
13 Williams, Jonathan	North Greenville	23.35	1.3	3
14 Seward, Aaron	Carson-Newman	23.39	+0.0	1
15 Scott, Davante	Lees-McRae	23.58	1.7	2
16 Phyll, Isaac	Mars Hill	23.71	1.3	3
17 Stewart, Tyler	Carson-Newman	23.89	1.7	2
18 Galan, Thales	Union (Ky.)	23.95	1.5	4
19 Taylor, Glen	Limestone	24.17	1.5	4
20 Bernard, Dustin	Limestone	24.66	1.5	4
21 Green, Michael	Lenoir-Rhyne	24.88	1.5	5



2014 Lenoir-Rhyne PowerSox Invitational - 3/22/2014**Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 34 Men 200 Meter Dash)**

Name	School	Finals	Wind	H#
22 Sherill, Jaccario	Lees-McRae	24.98	1.3	3
23 Danks, Marc	Mars Hill	25.58	1.5	4
24 Green, James	St. Andrews	25.91	1.5	5
25 Dunnaway, Decorwyne	Union (Ky.)	26.02	1.5	4
26 Cabbell, Eric	Lenoir-Rhyne	26.44	1.5	5
27 Lindsay, Russell	St. Andrews	26.64	1.5	5
28 Johnston, Andrew	Union (Ky.)	27.49	1.5	4

Event 35 Women 5000 Meter Run

Name	School	Finals
Finals		
1 Craven, Ally	Belmont Abbey	19:07.70
2 Trammel, Kristen	Mars Hill	19:10.58
3 Simmons, Madison	Unattached	19:13.45
4 Norman, Alaina	Limestone	19:57.88
5 Elliott, Whitney	Lincoln Memorial University	20:14.85
6 Gibson, Brittany	Bob Jones University	20:16.32
7 Robinson, Shelby	Mars Hill	20:21.71
8 Verdi, Stephanie	Salem	20:24.76
9 Rhyne, Laura	Lenoir-Rhyne	20:30.91
10 Olveda, Natali	Salem	21:08.50
11 Kidd, Anje	Mars Hill	21:26.95
12 Schmidt, Corinne	North Greenville	22:18.37
13 Unruh, Kaitlyn	Bob Jones University	23:03.29
14 Edgell, Stefanie	Union (Ky.)	26:23.31
15 Epperson, Miranda	Union (Ky.)	27:08.52
--- Mastandrea, Nina	Unattached	DNF

Event 36 Men 5000 Meter Run

Name	School	Finals
Finals		
1 Griggs, Alex	Mars Hill	15:32.58
2 Gibson, Derek	Mars Hill	15:35.41
3 Shermer, Chase	Mars Hill	16:03.04
4 Mecca, Ryan	Lincoln Memorial University	16:13.13
5 Bollero, Kiel	Mars Hill	16:27.76
6 Marinelli, Daniel	Bob Jones University	16:31.31
7 Morley, Brett	North Greenville	16:35.81
8 Swing, Scott	Limestone	16:39.89
9 Benge, Carter	Mars Hill	16:41.45
10 Prochaska, Ian	Unattached	16:42.69
11 Rogers, Michael	Belmont Abbey	16:42.86
12 Prochaska, Zachery	Unattached	16:43.91
13 Ward, Brandon	Lincoln Memorial University	16:54.73



2014 Lenoir-Rhyne PowerSox Invitational - 3/22/2014**Irwin Belk Track****Hickory, N.C.****Results****Finals ... (Event 36 Men 5000 Meter Run)**

Name	School	Finals
14 Townsend, Hunter	Mars Hill	17:00.73
15 Guerra, Nick	Carson-Newman	17:13.67
16 Steagall, Chase	Limestone	17:36.68
17 Sessions, Ben	North Greenville	17:46.49
18 Webb, Russell	North Greenville	18:19.71
19 Wade, Ben	North Greenville	18:20.47

Event 37 Women 4x400 Meter Relay

Team	Relay	Finals	H#
Finals			
1 Carson-Newman 1) White, Jaa'leah	A 2) Pickel, Madison	4:12.27 3) Bauder, Anna 4) Miller, Shauntae	1
2 North Greenville 1) Shaw, Ambria	A 2) Engwall, Zoe	4:12.46 3) Fraser, Shiobhan 4) Delts, Georgia	1
3 Belmont Abbey 1) Martelly, Saralee	A 2) Brown, Gillian	4:15.61 3) Smith, Lauren 4) Crisci, Brien	1
4 Mars Hill 1) Radford, Dawn	A 2) Hulbert, Savannah	4:22.74 3) Jefferies, Toccara 4) Montgomery, Alexis	1
5 Lenoir-Rhyne 1) Young, Farrah	A 2) Smith, Paige	4:23.17 3) Rust, Hope 4) Robinson, Brooke	1
6 Union (Ky.) 1) Weber, Helen	A 2) Jasiewicz, Danielle	4:45.23 3) Allen, Becky 4) Shepherd, Jessica	2
7 Belmont Abbey 1) Howard, Kaitlin	B 2) Mccarrick, Maura	4:51.72 3) Neill, Kat 4) Guevara, Marilynn	2
8 Mars Hill 1) Durham, Madison	B 2) Nichols, Abbey	4:54.65 3) Klappmeyer, Elizabeth 4) Wilson, Leah	1
9 St. Andrews 1) Yuswak, Rebecca	A 2) Stempien, Kaitlyn	5:02.63 3) Tormey, Virginia 4) Hutchings, Katherine	2
--- Limestone 1) Matthews, Qwaneshia	A 2) Paige, Andreini	DNF 3) Paige, Andreina 4) Fulford, Madison	1

Event 38 Men 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Limestone 1) Stanley, Brandon	A 2) Scott, Marshawn	3:27.17 3) Perignon, Tristan 4) Fruitiger, William
2 Lenoir-Rhyne 1) Cody, CJ	A 2) Spears, Jarrod	3:27.51 3) Clark, Collis 4) Keyes, Justin
3 Carson-Newman 1) Stewart, Tyler	A 2) Lindley, Brandon	3:29.03 3) Seward, Aaron 4) Blassingame, Cassandine
4 Belmont Abbey	A	3:29.34
5 Mars Hill 1) Foster, Marcus	A 2) Smith, Joshua	3:34.39 3) Beard, Brandon 4) Garrison, Dontonio
6 Carson-Newman 1) Smith, Colin	B 2) Bross, Alec	3:52.95 3) Childs, Darius 4) Stump, Patrick



2014 Lenoir-Rhyne PowerSox Invitational - 3/22/2014

Irwin Belk Track

Hickory, N.C.

Results

Finals ... (Event 38 Men 4x400 Meter Relay)

Team	Relay	Finals	
7 St. Andrews	A	3:55.31	
1) Hare, Michael	2) Green, James	3) Lindsay, Russell	4) Brown, Justin
8 Carson-Newman	C	3:59.10	
1) Edwards, Mark	2) Patton, Steven	3) Guerra, Nick	4) Spidell, Stephen

