

Tony Pope Memorial 5K - 9/12/2014**Cargo Transporters****Claaremont, N.C.****Rankings****Event 1 Mixed 5k Run RR**

Name	Age Team	Finals	Points
Overall Results Women 5000 Run			
1 Elrod, Lindsey	W12 Claremont	23:16.05	
Overall Results Men 5000 Run			
1 Lawson, Mike	M43 Unattached	19:17.09	
9 & Under Results - Women 5000 Run			
1 Simmons, Sarah	W8 Conover	51:44.86	
10-19 Results - Women 5000 Run			
1 Flores, Arely	W12 Conover	24:46.02	
2 Cook, Abby	W15 Unattached	29:30.18	
3 Houston, Lindsay	W19 Catawba	42:13.08	
20-29 Results - Women 5000 Run			
1 Miller, Meleah	W27 Claremont	33:52.89	
2 Killian, Jennifer	W26 Unattached	35:32.89	
30-39 Results - Women 5000 Run			
1 Priestley, Meredith	W35 Hickory	24:58.58	
2 Stone, Lisa	W39 Unattached	29:53.20	
3 Brown, Angela	W37 Claremont	38:38.10	
40-49 Results - Women 5000 Run			
1 Mundy, Shelley	W49 Hickory	28:27.57	
2 Hammer, Paige	W46 Unattached	30:59.20	
3 Houston, Vicki	W42 Catawba	40:32.03	
4 Simmons, Tina	W41 Conover	51:45.82	
50-59 Results - Women 5000 Run			
1 Higgins, Maria	W54 Hickory	27:55.94	
2 Cook, Gina	W50 Unattached	31:28.34	
3 Little, Jennifer	W54 Unattached	33:02.89	
4 Williams, Nancy	W51 Claremont	33:35.98	
5 Sigmon, Angela	W57 Conover	45:48.63	
6 Engbert, Callie	W50 Catawba	54:06.11	
60-69 Results - Women 5000 Run			
1 Pope, Connie	W66 Denver	54:17.57	
9 & Under Results - Men 5000 Run			
1 Brown, Jackson	M8 Claremont	32:48.81	
2 Dellinger, Dennis	M Unattached	38:58.52	
10-19 Results - Men 5000 Run			
1 Johnson, Isaiah	M12 Granite Falls	40:47.89	
20-29 Results - Men 5000 Run			
1 Chapman, Eric	M28 Connelly Spgs	24:50.63	
2 Swantek, Richard	M24 Taylorsville	27:44.67	
3 Killian, Jarrett	M28 Claremont	35:33.54	
30-39 Results - Men 5000 Run			
1 Brown, Shawn	M39 Claremont	24:55.20	
2 Kiziah, Charlie	M33 Unattached	26:01.74	
3 Flores, Jorge	M34 Conover	27:21.85	
4 Heavner, Adam	M30 Granite Falls	28:56.59	
5 Laredo, Manuel	M38 Newton	29:48.15	
40-49 Results - Men 5000 Run			
1 Hammer, Wesley	M47 Taylorsville	28:46.89	
2 Sigmon Jr, Jerry	M40 Claremont	30:41.18	
3 Pope, Michael	M44 Claremont	31:14.96	
4 Cook, Lonnie	M49 Iron Station	34:02.25	
50-59 Results - Men 5000 Run			

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Cargo Transporters

Claremont, N.C.

Rankings

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1 Mundy, Chris	M54 Hickory	21:47.91
2 Williams, Rusty	M52 Claremont	29:55.67
3 Abernathy, Danny	M59 Claremont	34:13.82
60-69 Results - Men 5000 Run		
1 Thompson, Wayne	M68 Unattached	31:57.26
2 Setzer, Nicky	M62 Claremont	50:25.03