

Forsyth County meet # 1 - 12/10/2015**JDL Fast Track****Results - Forsyth #1****Girls 55 Meter Dash**

	Name	School	Seed	Finals	H#
Finals					
1	Bowman, Jahnae	Parkland	7.28	7.32	1
2	Brooks, Isis	East Forsyth	7.25	7.34	1
3	Francis, Zjinaiya	Parkland	7.93	7.56	2
4	Hill, Destiny	Parkland	7.54	7.57	1
5	Reid, Deja	Winston-Salem Prep	7.30	7.63	1
6	Evans, SyKonza	Carver		7.72	5
7	Randleman, Destiny	Parkland	7.54	7.72	1
8	Sims, Gabrielle	Atkins	7.30	7.73	1
9	Smith, Ashya	Winston-Salem Prep	7.70	7.79	1
10	Penn, Del'Nique	Parkland	7.82	7.86	2
11	Pitts, Zarea	Reynolds, R. J.	7.85	7.86	2
12	Mack, Llyric	Winston-Salem Prep	7.50	7.87	1
13	Hatcher, Joli	Reagan	7.87	7.88	2
14	Wilson, Karia	North Forsyth	7.94	8.02	2
15	Hardy, I'Nayja	North Forsyth	8.14	8.03	3
16	Bernard, Molly	Bishop McGuinness	8.20	8.05	3
17	Parker, Mari	West Forsyth	7.95	8.11	2
18	Towery, Jessica	Reagan	8.36	8.18	3
19	Haver, Sara	Mount Tabor		8.24	5
20	Stovall, Tori	West Forsyth	8.30	8.30	3
21	Hawkins, Janiya	East Forsyth		8.35	4
22	Greene-Smith, Joy	Atkins	8.53	8.44	3
23	Scales, Lauryn	Reynolds, R. J.		8.45	5
24	Reynolds, Karrington	Mount Tabor		8.64	5
25	Castillo, Alejandra	West Forsyth		8.65	4
26	Specht, Lydia	Bishop McGuinness	8.66	8.68	3
27	Witherspoon, Morgan	Atkins	8.10	8.81	3
28	Thomas, Taylor	West Forsyth		9.13	5
29	Hagler, Julia	Bishop McGuinness	9.32	9.19	3
30	Batista, Melissa	Reagan		9.27	4
31	Hanson, Briana	Atkins	9.50	9.31	4
32	Soltis, Lauren	Bishop McGuinness	9.38	9.48	4
33	Odom, Adrianna	Atkins		9.52	5
34	Perez-Fernandes, Belen	Bishop McGuinness	11.28	10.99	4

Girls 300 Meter Dash

	Name	School	Seed	Finals	H#
Finals					
1	Davis, Kimani	Parkland	42.44	41.42	1
2	Francis, Zjinaiya	Parkland	46.90	41.88	2
3	Brooks, Isis	East Forsyth	40.99	42.20	1
4	Hill, Destiny	Parkland	44.90	44.39	1
5	Bowman, Jahnae	Parkland	44.20	44.41	1



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Results - Forsyth #1

Finals ... (Girls 300 Meter Dash)

Name	School	Seed	Finals	H#
6 Evans, SyKonza	Carver		45.78	5
7 Goodman, Aaliyah	Mount Tabor	46.55	46.70	2
8 Wilson, Karia	North Forsyth	50.44	46.98	3
9 Settle, Avery	Reagan	46.61	47.03	2
10 Reid, Deja	Winston-Salem Prep	46.00	47.10	1
11 Cooper, Alex	Reynolds, R. J.		47.15	4
12 Valentine, Kienle	Bishop McGuinness	45.00	47.81	1
13 Emmerson, Sierra	Parkland	46.70	47.94	2
14 Towery, Jessica	Reagan		48.55	5
15 Basel, Jenna	Bishop McGuinness	47.00	49.27	2
16 Coyte, Caroline	Bishop McGuinness	50.39	50.30	2
17 Haver, Sara	Mount Tabor		50.78	5
18 Darnell, Lauren	Bishop McGuinness	52.36	50.94	3
19 Murphy, Mya	Reynolds, R. J.		50.96	6
20 Bilenki, Rachel	West Forsyth		51.01	4
21 Dust, Patricia	Mount Tabor		51.94	3
22 Delrio, Lissete	West Forsyth	51.17	52.09	3
23 Steven, Sommer	Atkins		53.01	5
24 Miller, Laney	Mount Tabor		53.11	4
25 Scott, Sarah	Reagan		54.01	6
26 Davis-Pait, Anna-Claire	Mount Tabor		54.81	6
27 Settle, Lauren	Reagan	57.23	57.07	3
28 Robinson, Jacinda	East Forsyth		57.46	4
29 Odom, Adrianna	Atkins		57.64	4
30 Anthony, Jada	East Forsyth		57.91	4

Girls 500 Meter Run

Name	School	Seed	Finals	H#
Finals				
1 McNeill, McKinley	Parkland	1:14.27	1:16.69	1
2 Sheets, Jordan	Reagan	1:20.74	1:22.25	1
3 Kraft, Madeline	Mount Tabor	1:27.00	1:23.28	1
4 Cannon, Shanone	Parkland	1:27.08	1:24.78	1
5 Timberlake, Sarah	West Forsyth	1:24.00	1:25.40	1
6 Penn, Brooklyn	Parkland	1:29.00	1:29.15	1
7 O'Neal, Kendall	West Forsyth	1:24.00	1:30.34	1
8 Sears, Learun	Reynolds, R. J.	1:57.23	1:31.35	3
9 Moore, Karla	Atkins	1:36.00	1:31.42	2
10 Jones, Kennedi	West Forsyth	1:27.00	1:32.24	1
11 Galloway, Starnice	Reynolds, R. J.		1:32.97	3
12 Ampodini, Elizabeth	Reynolds, R. J.	1:34.22	1:33.16	2
13 Mitchell, Sacacia	Parkland	1:38.05	1:35.81	2
14 Tomlinson, Lexi	West Forsyth	1:29.00	1:37.07	1
15 Saunders, Trinity	Reagan	1:37.84	1:38.57	2
16 McDaniel, Alexis	Glenn	1:40.00	1:40.92	2



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Results - Forsyth #1

Finals ... (Girls 500 Meter Run)

Name	School	Seed	Finals	H#
17 Townsend, Alicia	Reagan	1:45.54	1:41.54	2
18 Paulin, Cassie	Reagan	1:39.00	1:42.07	2
19 Hardy, I'Navja	North Forsyth		1:45.97	3
20 Saucedo, Anabeli	East Forsyth		1:50.45	3
21 Kafant, Therese	Mount Tabor		1:51.92	3
22 Inman, Caroline	Reagan	1:57.05	1:58.78	2
23 Nelson, Ashanti	North Forsyth	1:58.64	2:03.87	3
24 Aguilera, Maria	North Forsyth		2:17.75	3

Girls 1000 Meter Run

Name	School	Seed	Finals	H#
Finals				
1 Cook, Sallie	Reagan	3:29.73	3:21.89	1
2 Cooper, Ainsley	Reagan	3:35.00	3:25.28	1
3 Basrai, Zavera	West Forsyth	3:35.00	3:28.19	1
4 Kilby, Payton	Reagan	3:19.95	3:29.53	1
5 Johnson, Sarah Grace	Bishop McGuinness	3:27.91	3:38.19	1
6 Daggett, Emmaline	Reynolds, R. J.		3:39.65	2
7 Elhadidy, Nandie	West Forsyth	3:38.90	3:39.66	1
8 Kreber, Cassidy	Bishop McGuinness	3:36.00	3:41.43	1
9 Coyte, Elizabeth	Bishop McGuinness	3:27.00	3:41.71	1
10 McDonough, Claire	Bishop McGuinness	3:34.15	3:43.06	1
11 Galloway, Starnice	Reynolds, R. J.		3:46.16	2
12 Brito-Milian, Yazud	Parkland	3:49.00	3:48.56	2
13 Sephton, Lauren	West Forsyth	3:39.16	3:57.05	1
14 Thompson, Deanna	Reagan	3:50.00	4:03.87	2
15 Ocampo, Brenda	North Forsyth		4:10.55	2
16 Camarillo, Arisbeth	Parkland		4:17.60	2
17 Deeny, Madison	East Forsyth		4:21.68	2
18 Sheriff, Millennium	Reynolds, R. J.		4:22.02	2
19 Hudgens, Lydia	Reagan	4:24.00	4:24.23	2
20 Martinez, Nancy	North Forsyth		4:33.50	2
21 Dupree-Parker, Stevie	Parkland		4:40.80	2
22 Koon, Jessica	Walkertown		4:47.06	2

Girls 1600 Meter Run

Name	School	Seed	Finals	H#
Finals				
1 Smith, Ashley	West Forsyth	5:21.14	5:57.76	1
2 Johnson, Sarah Grace	Bishop McGuinness	5:51.05	5:59.45	1
3 Holmes, Kiley	West Forsyth	5:50.00	6:01.27	1
4 Coyte, Elizabeth	Bishop McGuinness	5:39.18	6:01.98	1
5 Rusher, Shelby	Reagan	5:59.00	6:09.40	1
6 Hiatt, Ashley	West Forsyth	6:26.60	6:12.32	1
7 Richter, Caroline	Reagan	6:22.00	6:21.47	1



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Results - Forsyth #1

Finals ... (Girls 1600 Meter Run)

Name	School	Seed	Finals	H#
8 Bethea, Ashlyne	Atkins		6:22.87	2
9 Cunningham, Madeline	Reagan	6:20.00	6:24.09	1
10 Roope, Kaylee	Reagan	6:27.00	6:31.50	1
11 Romero, Karen	North Forsyth		6:34.32	2
12 O'Brien, Hannah	Reynolds, R. J.		6:34.56	2
13 Hernandez, Amelia	North Forsyth		6:40.27	2
14 McKay, Abbigale	Parkland	6:40.00	6:41.92	2
15 Kelley, Kaela	Parkland	6:40.00	6:44.21	2
16 Silva, Johanna	Reynolds, R. J.	7:00.00	6:45.19	2
17 Cannon, Ansley	West Forsyth	6:28.53	6:46.38	1
18 Scott, Bridgette	West Forsyth	7:10.23	6:46.69	2
19 McLean, Sarah	Reynolds, R. J.		6:47.11	2
20 Gaither, Linzey	Walkertown	6:57.79	6:53.57	2
21 Cruzat, Monica	Parkland	6:40.00	6:57.32	2
22 Kump, Rachel	Reagan	6:59.00	6:58.38	2
23 Thomas, Aydin	Parkland		7:19.15	2
24 Hernandez, Karla	Parkland	7:00.00	7:21.02	2
25 Tran, Ngan	North Forsyth		7:24.58	2
26 Still, Katelyn	Walkertown	7:57.14	8:04.22	2
--- McDonough, Claire	Bishop McGuinness	5:51.50	DNF	1

Girls 3200 Meter Run

Name	School	Seed	Finals
Finals			
1 Anderson, Kathryn	West Forsyth	12:07.00	12:26.54
2 Smith, Ashley	West Forsyth	11:38.85	12:52.75
3 Cartwright, Jenna	West Forsyth		13:53.18
4 Caress, Elizabeth	Bishop McGuinness	13:30.00	14:34.53
5 Marin-Salinas, Eydy	Parkland		14:38.50
6 Anderson, Cassie	West Forsyth		14:43.88
7 Cruzat, Monica	Parkland		15:51.20
--- Burgess, Georgia	Parkland		DNF

Girls 55 Meter Hurdles

Name	School	Seed	Finals	H#
Finals				
1 Reid, Charnessa	Mount Tabor	8.67	8.56	1
2 Davis, Kimani	Parkland	8.64	8.74	1
3 Smith, Beonca	Reynolds, R. J.	10.58	9.19	1
4 Blue, Nascha	Glenn	8.60	9.25	1
5 Emmerson, Sierra	Parkland	9.64	9.96	1
6 Simington, Amari	Parkland	10.10	9.96	1
7 Hardy, I'Nayja	North Forsyth		10.34	2
8 Patterson, Alexis	Mount Tabor	11.09	10.56	2
9 Scott, Sarah	Reagan	11.84	11.83	2



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Results - Forsyth #1

Girls 4x200 Meter Relay

Team	Relay	Seed	Finals	H#
Finals				
1 Parkland	A	1:40.21	1:44.70	1
1) Francis, Zjinaiya	2) Davis, Kimani	3) McNeill, McKinley	4) Hill, Destiny	
2 Mount Tabor	A	1:49.69	1:51.52	1
1) Patterson, Alexis	2) Goodman, Aaliyah	3) Kraft, Madeline	4) Reid, Charnessa	
3 Reagan	A	1:56.10	1:53.61	1
1) Settle, Avery	2) Griffin, Kaili	3) Sheets, Jordan	4) Hatcher, Joli	
4 Reynolds, R. J.	A	1:53.39	1:57.28	1
1) Pitts, Zarea	2) Smith, Beonca	3) Cooper, Alex	4) Ampodini, Elizabeth	
5 Glenn	A	1:57.05	1:58.32	2
1) Sanders, Jeala	2) Valverde, Ivonne	3) Woodard, Morgan	4) Blue, Nascha	
6 Atkins	A	1:59.00	1:58.71	2
1) Moore, Karla	2) Roberson, Bria	3) Sims, Gabrielle	4) Greene-Smith, Joy	
7 Bishop McGuinness	A	2:01.38	2:14.90	2
1) Gann, Carson	2) Iruela, Jenny	3) Coyte, Elizabeth	4) Darnell, Lauren	

Girls 4x400 Meter Relay

Team	Relay	Seed	Finals	H#
Finals				
1 Parkland	A	3:54.64	4:10.49	1
1) Cannon, Shanone	2) Davis, Kimani	3) Francis, Zjinaiya	4) McNeill, McKinley	
2 West Forsyth	A	4:23.29	4:33.22	1
1) O'Neal, Kendall	2) Timberlake, Sarah	3) Elhadidy, Nandie	4) Holmes, Kiley	
3 Parkland	B	4:12.00	4:36.95	1
1) Penn, Brooklyn	2) Emmerson, Sierra	3) Mitchell, Sacacia	4) Penn, Del'Nique	
4 Glenn	A		4:40.47	2
1) Sanders, Jeala	2) Blue, Nascha	3) Valverde, Ivonne	4) McDaniel, Alexis	
5 Atkins	A		4:44.02	2
1) Moore, Karla	2) Bethea, Ashlyne	3) Sims, Gabrielle	4) Greene-Smith, Joy	
6 Reynolds, R. J.	A	5:00.32	4:48.25	2
1) Smith, Beonca	2) Cooper, Alex	3) Ampodini, Elizabeth	4) Sears, Learun	
7 Reagan	A	4:37.92	4:50.71	1
1) Sheets, Jordan	2) Saunders, Trinity	3) Settle, Lauren	4) Settle, Avery	
8 Reagan	B	4:37.94	5:37.29	1
1) Inman, Caroline	2) Long, Sydney	3) Townsend, Alicia	4) Paulin, Haylie	

Girls 4x800 Meter Relay

Team	Relay	Seed	Finals
Finals			
1 Reagan	A	10:55.00	10:57.92
1) Kilby, Payton	2) Cook, Sallie	3) Cooper, Ainsley	4) Thompson, Deanna
2 West Forsyth	A	11:03.80	11:14.97
1) Coats, Meghan	2) Thompson, Ashley	3) Miller, Lexi	4) Tomlinson, Lexi
3 Reynolds, R. J.	A	13:37.70	11:35.87
1) Sears, Learun	2) McLean, Sarah	3) Daggett, Emmaline	4) Silva, Johanna



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Results - Forsyth #1

Finals ... (Girls 4x800 Meter Relay)

Team	Relay	Seed	Finals
4 Parkland 1) Brito-Milian, Yazud	A 2) McKay, Abbigale	11:40.00	11:48.08 4) Brooks, Mya
5 East Forsyth 1) Vienneau, Ila	A 2) Mock, Alex		11:52.63 4) Paulsen, Kathryn

Girls High Jump

Name	School	Seed	Finals
Finals			
1 Timberlake, Sarah	West Forsyth	5-06.00	5-04.00
2 Taylor, Kailey	East Forsyth	5-00.00	4-10.00
3 Griffin, Kaili	Reagan	4-08.00	4-04.00
4 Randleman, Destiny	Parkland		4-02.00
5 Ferguson, Jocelyn	Parkland		4-00.00
5 Murphy, Mya	Reynolds, R. J.		4-00.00
--- Falls, Yancine	Reynolds, R. J.		NH
--- Simington, Amari	Parkland		NH
--- Emmerson, Sierra	Parkland		NH
--- Settle, Avery	Reagan	4-08.00	NH
--- Clark, Aniya	Parkland		NH

Girls Pole Vault

Name	School	Seed	Finals
Finals			
1 Crissman, Olivia	Reagan	8-06.00	7-06.00
1 Whittington, Miki	Mount Tabor	7-06.00	7-06.00
3 Reynolds, Abby T.	Mount Tabor		7-00.00
4 Bell, Susannah	Mount Tabor		6-06.00
4 Spencer, Katherine	West Forsyth	7-00.00	6-06.00
--- Madison-Cooper, Emily	West Forsyth	8-00.00	NH
--- Brickner, Alaina	Reagan		NH
--- Doty, Meghan	West Forsyth	7-00.00	NH
--- Elmore, Rebecca	Mount Tabor		NH
--- Noyes, Bri	West Forsyth	7-00.00	NH

Girls Long Jump

Name	School	Seed	Finals
Finals			
1 Bowman, Jahnae	Parkland	16-08.75	16-07.75
1 Evans, SyKonza	Carver		16-07.75
3 Wilson, Yasmine	West Forsyth	15-00.00	15-06.00
4 Hill, Destiny	Parkland		14-11.00
5 Simington, Amari	Parkland		14-10.50
6 Reid, Deja	Winston-Salem Prep	15-05.00	14-09.25
7 Mack, Llyric	Winston-Salem Prep	37-00.00	14-06.25
8 Covington, Nyhanna	Parkland		13-10.50
9 Bernard, Molly	Bishop McGuinness		12-09.00



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Results - Forsyth #1

Finals ... (Girls Long Jump)

Name	School	Seed	Finals
10 Ferguson, Jocelyn	Parkland		12-01.25
11 Pitts, Zarea	Reynolds, R. J.	13-00.00	9-03.75

Girls Triple Jump

Name	School	Seed	Finals
Finals			
1 Mack, Llyric	Winston-Salem Prep	16-00.00	33-11.00
2 Wilson, Yasmine	West Forsyth	32-06.00	32-00.00
3 Simington, Amari	Parkland		31-04.50
4 Hatcher, Joli	Reagan	31-00.00	30-08.50
5 Griffin, Kaili	Reagan	30-06.00	29-05.00

Girls Shot Put

Name	School	Seed	Finals
Finals			
1 Gambrell, Briyonna	North Forsyth	35-00.00	33-10.00
2 Peters, Maggie	East Forsyth		28-09.00
3 Stinson, Makayla	West Forsyth	22-00.00	26-03.00
4 Cruise, Cyerra	Atkins		26-00.00
5 Hall, Amaya	Parkland		24-11.00
6 Martin, Kayla	West Forsyth		24-09.00
7 Farid, Treyandrea	Winston-Salem Prep	26-05.00	24-02.00
8 Reynolds, Karrington	Mount Tabor		22-02.00
9 Witherspoon, Morgan	Atkins		19-09.00
10 Kearse, Jonaizyon	Parkland		19-02.00
11 Cunningham, Alexis	Mount Tabor		17-00.00
12 Vambe, Savinance	Mount Tabor		16-10.00

Boys 55 Meter Dash

Name	School	Seed	Finals	H#
Finals				
1 Tims, Kalen	Glenn	6.20	6.66	1
2 Johnson, Jordan	East Forsyth	6.88	6.73	2
3 Phillips, Darius	Parkland	6.50	6.76	1
4 Littlejohn, Joseph	Winston-Salem Prep	6.33	6.77	1
5 Cobbs, Jacob	Winston-Salem Prep	6.25	6.78	1
6 Blacknall, Adondre	Parkland	6.50	6.79	1
7 Hondos, Dimitri	West Forsyth	6.90	6.86	2
8 Childs, Nick	East Forsyth	6.64	6.90	1
9 Goolsby, Chris	Glenn	6.60	6.94	1
10 Williams, Tireiq	Glenn	6.70	6.95	1
10 Jordan, Jamel	West Forsyth		6.95	6
12 Lee, Marvin	Reynolds, R. J.	7.10	6.96	3
13 Parker, Kemai	Reynolds, R. J.	7.17	6.96	4
14 Stevenson, Traejon	Parkland		6.97	6



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Name	School	Seed	Finals	H#
15 Segers, Dionysius	West Forsyth	6.94	6.98	3
16 Allen, Jernard	East Forsyth	6.88	7.05	2
17 LeGrande, Devante	Mount Tabor	7.08	7.05	3
18 McMillan, Zyquez	Mount Tabor	7.42	7.06	4
19 Jones, Dashawntreas	Mount Tabor	7.47	7.07	4
20 Odom, Charles	Atkins	6.80	7.11	2
21 Hayes, Savien	Parkland	7.00	7.12	3
22 Mayes, Evan	Reagan	7.24	7.15	4
23 Wallace, Jaquan	Glenn	6.80	7.15	2
24 Clark, Jordan	Mount Tabor	7.85	7.19	5
25 Reynolds, Joshua	North Forsyth	7.01	7.19	3
26 Lawson, Maiz	Atkins		7.20	6
27 Barnes, Trequan	Parkland	7.22	7.21	4
28 Miller, Josh	West Forsyth		7.22	6
29 Canty, Austin	Mount Tabor	8.04	7.25	5
30 Crowell, Amari	Carver		7.28	7
31 Hodge, DJ	East Forsyth	6.92	7.30	3
32 Brown, Jeremy	Carver		7.39	7
33 Brinson, Dion	Carver		7.40	7
34 Kelly, Xavier	Atkins		7.43	5
35 Ewell, Tanner	Reagan		7.47	5
36 Younger, Trent	Atkins	6.80	7.50	2
37 Robinson, Collin	Reynolds, R. J.		7.51	6
38 Teza, James	Bishop McGuinness	7.67	7.52	4
39 Perez, Marcus	West Forsyth		7.52	6
40 Brown, Stephon	Glenn	8.05	7.58	5
41 Ross, Treshawn	Winston-Salem Prep	6.90	7.71	3
42 Sheng, Brandon	Reagan	7.97	7.80	5
43 LaSalle, Malcolm	North Forsyth	7.84	7.98	5
44 Green, Jireh	North Forsyth	7.84	7.99	5

Boys 300 Meter Dash

Name	School	Seed	Finals	H#
Finals				
1 Hayes, Chris	Parkland	36.20	36.88	1
2 Pebbles, Haywood	Atkins	38.50	37.65	2
3 Johnson, Jordan	East Forsyth	38.66	37.74	2
4 Blacknall, Adondre	Parkland	38.00	37.79	1
5 Littlejohn, Joseph	Winston-Salem Prep	36.10	37.89	1
6 Barnes, Trequan	Parkland	39.57	38.32	3
7 Davis, Arinton	West Forsyth	38.00	38.59	2
8 Cobbs, Jacob	Winston-Salem Prep	37.70	38.61	1
9 Sutton, Jaden	Glenn	39.84	38.87	4
10 Goolsby, Chris	Glenn	40.24	38.99	4
11 LeGrande, Jevante	Mount Tabor	41.24	39.24	5



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Results - Forsyth #1

Finals ... (Boys 300 Meter Dash)

Name	School	Seed	Finals	H#
12 Tims, Kalen	Glenn	41.10	39.30	5
13 Barber, Quartez	Parkland	37.50	39.36	1
14 Drane, Casen	West Forsyth	41.41	39.38	5
15 Stevenson, Traejon	Parkland	39.08	39.40	3
16 Fohn, Samuel	Bishop McGuinness	38.00	39.58	1
17 Hunter, Cameron	Mount Tabor	38.52	39.72	2
18 Childs, Nick	East Forsyth	38.66	39.88	2
19 Wallace, Jaquan	Glenn	39.80	39.89	4
20 Mock, Tarron	Mount Tabor	40.69	39.94	5
21 Segers, Dionysius	West Forsyth	39.38	40.02	3
22 Nofziger, Josh	Atkins		40.03	7
23 Jordan, Jamel	West Forsyth		40.14	7
24 Pasche, Sam	Mount Tabor	42.22	40.24	6
25 Reynolds, Joshua	North Forsyth		41.78	8
26 Clark, Jordan	Mount Tabor	42.11	41.78	6
27 Oakes, Tamarco	East Forsyth	38.88	41.89	2
28 Teza, James	Bishop McGuinness		41.92	8
29 Ross, Treshawn	Winston-Salem Prep	39.00	42.18	3
30 Carr, Alexander	Reagan	40.72	42.28	5
31 Osbey, Shayne	East Forsyth	40.00	42.45	4
32 Wright, Derek	Bishop McGuinness	42.04	42.94	6
33 McClain, Ruben	West Forsyth		43.49	7
34 Robinson, Kennard	Reagan	46.14	45.00	6
35 Wilson, Dimaggio	Reynolds, R. J.		45.95	8
36 Allen, Jernard	East Forsyth	40.00	45.97	4
37 Payne, Jaymond	Reagan	45.72	47.44	6
38 LaSalle, Malcolm	North Forsyth	44.74	47.58	6

Boys 500 Meter Run

Name	School	Seed	Finals	H#
Finals				
1 Graise, Lorenzo	Parkland	1:05.00	1:09.76	1
2 Ford, Braxton	Parkland	1:13.00	1:12.12	1
3 Chambers, Malik	Mount Tabor	1:13.00	1:12.79	1
4 Davis, Tony	Atkins		1:14.77	4
5 McAlister, Josh	West Forsyth	1:16.40	1:14.92	2
6 Martin, James	Parkland	1:13.00	1:15.09	1
7 Chilson, Matt	West Forsyth	1:15.76	1:15.44	2
8 Parrish, Drew	East Forsyth	1:15.00	1:15.69	2
9 Flynt, James	Mount Tabor	1:23.00	1:15.87	2
10 Cannon, Tre'jan	Reynolds, R. J.	1:15.00	1:16.29	1
11 Osbey, Shayne	East Forsyth		1:17.80	4
12 Canty, Austin	Mount Tabor	1:30.39	1:17.85	3
13 Singletary, Keonte	Glenn	1:18.00	1:18.25	2
14 Keith, Nassir	North Forsyth	1:17.80	1:18.34	2



Forsyth County meet # 1 - 12/10/2015

JDL Fast Track

Results - Forsyth #1

Finals ... (Boys 500 Meter Run)

Name	School	Seed	Finals	H#
15 Simmons, Noah	West Forsyth		1:18.73	4
16 Sheets, Justin	Reagan	1:27.36	1:18.98	3
17 Allen, Tyrell	Glenn		1:19.29	4
18 Smith, Kephren	Mount Tabor	1:22.00	1:19.47	2
19 Ritenour, Matthew	Reagan	1:24.47	1:19.85	3
20 Kyle, Tashaune	Mount Tabor	1:26.34	1:19.89	3
21 Matushevics, Carson	Reagan	1:20.76	1:20.07	2
22 Handwerk, Noah	West Forsyth		1:20.10	3
23 Lawson, Maiz	Atkins		1:20.89	3
24 Ross, Treshawn	Winston-Salem Prep		1:21.52	4
25 Ortiz, Tony	North Forsyth	1:21.00	1:22.66	2
26 Douglas, Maalik	Atkins		1:22.86	4
27 James, Logan	Reagan	1:24.64	1:23.66	3
28 Cooper, Wayna	East Forsyth		1:23.76	4
29 Barnes, Zachary	Atkins		1:24.79	3
30 Haith, Isaiah	Glenn		1:28.70	4
31 Perez, Marcus	West Forsyth		1:28.79	4
32 Green, Jireh	North Forsyth	1:33.00	1:35.30	3
33 McQueen, Kamry	East Forsyth		1:36.68	3
34 Scotland, Jack	Reagan		1:43.09	4

Boys 1000 Meter Run

Name	School	Seed	Finals	H#
Finals				
1 Watts, Daniel	Parkland	2:39.00	2:40.38	1
2 Romero, Andy	North Forsyth	2:48.00	2:42.20	1
3 Hanna, Isaiah	Reagan	2:42.00	2:43.22	1
4 McGuire, Tristan	Parkland	2:47.00	2:45.07	1
5 Rogers, Matthew	Walkertown	2:46.39	2:46.37	1
6 Abdul-Rahman, Isa	Glenn	2:48.00	2:48.65	1
7 Bullard, Matthew	Reagan	2:45.00	2:50.36	1
8 Spaventa, JP	West Forsyth	2:55.00	2:52.93	1
9 Autrey, Jacob	Reagan	2:57.00	2:59.96	1
10 Cunningham, Dalton	Reagan	2:52.00	3:00.17	1
11 Harper, Nick	West Forsyth	3:06.95	3:04.13	2
12 Nelson, Elijah	Atkins		3:10.85	3
13 Gonzalez, Bruno	West Forsyth		3:11.83	3
14 Warren, James	Walkertown		3:13.52	2
15 Burnette, Justen	Parkland		3:13.66	3
16 Kuhn-Lain, Douglas	East Forsyth	3:15.00	3:14.15	2
17 Paynter, John	Reynolds, R. J.		3:14.27	3
18 Schell, Sefa	East Forsyth	3:20.00	3:14.49	2
19 Brickner, Benjamin	Reagan	3:22.00	3:21.80	2
20 Martinez-Ayala, Jose	North Forsyth	3:22.50	3:23.58	2
21 Loy, Elijah	Walkertown		3:29.48	3



Forsyth County meet # 1 - 12/10/2015

JDL Fast Track

Results - Forsyth #1

Finals ... (Boys 1000 Meter Run)

Name	School	Seed	Finals	H#
22 Crim, Alonzo	Glenn		3:30.89	2
23 Allen, Nick	Glenn		3:32.21	3
24 Choyce, Alex	Reynolds, R. J.		3:32.27	3
25 Hernandez, Kenny	North Forsyth		3:33.01	3
26 Ernest, Adam	Atkins		3:33.06	3
27 McCullough, Quentin	Parkland	4:09.36	3:36.64	2
28 Slozer, Jarred	Reynolds, R. J.		3:56.48	2
29 Johnson, Noah	Mount Tabor		3:58.49	3

Boys 1600 Meter Run

Name	School	Seed	Finals	H#
Finals				
1 Carter, Logan	Walkertown	4:50.00	5:00.33	1
2 Brandt, Nolan	West Forsyth	5:15.76	5:00.51	1
3 Wrobel, Jacob	Reagan	5:05.00	5:01.71	1
4 Nesbit, Matthew	Reagan	5:05.00	5:02.78	1
5 Ward, Anderson	Reynolds, R. J.	4:49.00	5:03.19	1
6 Mueller, Matt	Glenn	5:06.00	5:04.70	1
7 Marshall, Alex	West Forsyth	5:31.87	5:05.74	2
8 Jamison, Donwill	Walkertown	4:50.00	5:11.75	1
9 Freeman, Blake	Walkertown	4:55.00	5:12.67	1
10 Stepnoski, John Paul	Bishop McGuinness	5:19.93	5:12.88	1
11 Fischer, Christian	Reagan	5:16.03	5:14.70	1
12 Whicker, Tanner	East Forsyth	5:10.00	5:17.45	1
13 Dorer, Aaron	Reagan	5:20.00	5:18.21	1
14 Mburu, Eluid	Parkland	5:24.00	5:18.65	1
15 Timberlake, Joseph	Reagan	5:10.00	5:19.37	1
16 Newsome, Brock	West Forsyth	5:20.00	5:19.91	1
17 Mohr, Brendan	West Forsyth	5:26.94	5:21.74	1
18 Stowers, Gage	Reynolds, R. J.		5:22.70	2
19 Herndon, Jackson	Bishop McGuinness	5:15.00	5:25.25	1
20 Ross, Thomas	Atkins		5:29.15	2
21 Brewer, Daniel	West Forsyth	5:16.58	5:29.93	1
22 Zaragoza, Alejandro	North Forsyth	5:35.20	5:30.49	2
23 Nelson, Elijah	Atkins	5:30.11	5:31.37	1
24 Pahun, Morton	Parkland	5:35.00	5:37.45	2
25 Ceballos, Alexis	Parkland	5:43.00	5:38.51	2
26 Allen, Jonathan	Mount Tabor	5:20.00	5:39.12	1
27 Roques, Emeilano	Glenn	5:48.00	5:41.01	2
28 Dunn, Diego	Reynolds, R. J.		5:42.25	2
29 McLean, Roark	Parkland	5:30.00	5:42.41	1
30 Ganzert, Robert	Bishop McGuinness	5:53.45	5:53.94	2
31 Sloyan, Henry	Bishop McGuinness	5:50.35	5:57.21	2
32 Ernest, Adam	Atkins		6:02.68	2
33 Perez, Daniel	North Forsyth	5:53.00	6:08.16	2



Forsyth County meet # 1 - 12/10/2015**JDL Fast Track****Results - Forsyth #1****Finals ... (Boys 1600 Meter Run)**

Name	School	Seed	Finals	H#
34 Salinas Bernal, Kevin	Parkland		6:11.28	2
35 Choyce, Alex	Reynolds, R. J.		6:17.10	2
36 Seibert, Ben	Reynolds, R. J.		6:23.36	2
37 Kreber, Luke	Bishop McGuinness	6:00.00	6:35.06	2
38 Menijvar, Rene	North Forsyth		6:39.06	2
39 Edwards, Jared	East Forsyth	5:54.32	6:39.30	2
--- Rogers, Matthew	Walkertown	4:45.00	DNF	1
--- Parmesano, Daniel	Walkertown	4:50.00	DNF	1

Boys 3200 Meter Run

Name	School	Seed	Finals
Finals			
1 Parmesano, Daniel	Walkertown	11:14.96	11:05.76
2 Ward, Anderson	Reynolds, R. J.	11:35.00	11:08.63
3 Freeman, Blake	Walkertown	11:29.15	11:12.71
4 Stepnoski, John Paul	Bishop McGuinness	11:29.18	11:17.78
5 White, Charles	West Forsyth		11:20.05
6 Mueller, Matt	Glenn	11:21.09	11:25.44
7 Marsh, Will	Reagan	11:30.00	11:37.63
8 Penner, Clark	West Forsyth		11:43.87
9 Dunn, Diego	Reynolds, R. J.		11:49.01
10 Mburu, Eluid	Parkland	12:00.00	11:57.29
11 Zaragoza, Alejandro	North Forsyth	10:55.00	12:02.98
12 McKee, Gus	East Forsyth	12:00.00	12:04.59
13 Reece, Elliott	Reagan	12:01.00	12:12.44
14 McLean, Roark	Parkland	12:00.00	12:17.44
15 Lintner, Robert	Reagan	12:34.00	12:21.65
16 Ross, Thomas	Atkins		12:24.47
17 Franklin, Jacob	Reagan	14:20.00	12:29.58
18 Roques, Emeilano	Glenn		12:43.60
19 Perez, Daniel	North Forsyth		12:55.07
20 Pahun, Morton	Parkland	12:15.00	12:55.24
21 Ceballos, Alexis	Parkland	12:30.00	12:55.68
22 Cummings, Jacob	Reagan	13:44.00	13:27.75
23 Salinas Bernal, Kevin	Parkland		13:49.71

Boys 55 Meter Hurdles

Name	School	Seed	Finals	H#
Finals				
1 Hammonds, Gabe	Reynolds, R. J.	8.00	7.84	1
2 Brannon, Javon	Glenn	8.20	8.67	1
3 Neiters, Jack	West Forsyth	8.40	8.96	1
4 Patterson, Jarrell	Mount Tabor	8.74	9.30	1
5 Gonzalez, Jason	Parkland	9.46	9.40	1
6 Fero, Tyler	West Forsyth	8.40	9.50	1



Forsyth County meet # 1 - 12/10/2015

JDL Fast Track

Results - Forsyth #1

Finals ... (Boys 55 Meter Hurdles)

Name	School	Seed	Finals	H#
7 Ortiz, Tony	North Forsyth		9.56	2
8 Underdal, Andrew	West Forsyth	8.30	9.58	1
9 Haith, Isaiah	Glenn	11.00	9.60	2
10 Keith, Nassir	North Forsyth		9.64	2
11 Jackson, Trey	West Forsyth		9.65	2
12 Palmer, K'Evon	Parkland	11.09	9.87	2
13 Pierce, Benjamin	Reagan	10.03	10.14	2
14 Burke, Landon	West Forsyth		10.29	2
15 Colaie, Aamani	Parkland		11.01	2

Boys 4x200 Meter Relay

Team	Relay	Seed	Finals	H#
Finals				
1 Parkland	A	1:31.90	1:33.56	1
1) Hayes, Chris	2) Graise, Lorenzo	3) Blacknall, Adondre	4) Stevenson, Traejon	
2 Glenn	A	1:33.00	1:36.02	1
1) Sutton, Jaden	2) Tims, Kalen	3) Brannon, Javon	4) Goolsby, Chris	
3 West Forsyth	A	1:35.89	1:36.48	1
1) Hondos, Dimitri	2) Jordan, Jamel	3) Segers, Dionysius	4) Yount, Alex	
4 Mount Tabor	A	1:36.09	1:37.96	1
1) Hunter, Cameron	2) Mock, Tarron	3) Pasche, Sam	4) Chambers, Malik	
5 Atkins	A	1:39.48	1:38.33	1
1) Nofziger, Josh	2) Davis, Tony	3) Odom, Charles	4) Pebbles, Haywood	
6 Reynolds, R. J.	A	1:40.00	1:39.82	2
1) Robinson, Collin	2) Parker, Kemai	3) Lee, Marvin	4) Hammonds, Gabe	
7 Reagan	A	1:41.09	1:42.03	2
1) Roberts, Corey	2) McKinnon, Myles	3) Crawford, Samuel	4) Eqwuatu, Chris	

Boys 4x400 Meter Relay

Team	Relay	Seed	Finals	H#
Finals				
1 Parkland	A	3:26.50	3:37.50	1
1) Hucks, Ben	2) Hayes, Chris	3) Graise, Lorenzo	4) Barber, Quartez	
2 West Forsyth	A	3:36.00	3:39.62	1
1) Ibrahim, Joseph	2) Underdal, Andrew	3) Davis, Arinton	4) Yount, Alex	
3 Glenn	A	3:35.00	3:44.43	1
1) Brannon, Javon	2) Wallace, Jaquan	3) Harris, Derrick	4) Allen, Tyrell	
4 Parkland	B	3:40.60	3:46.78	1
1) Ford, Braxton	2) Dela Rosa, Elvin	3) Hayes, Savien	4) Rodriguez, Juan	
5 Mount Tabor	A	3:40.30	3:47.61	1
1) McMillan, Zyquez	2) Smith, Kephren	3) Kyle, Tashaune	4) Jones, Dashawntreas	
6 Atkins	A	3:44.25	3:48.85	2
1) Pebbles, Haywood	2) Lawson, Maiz	3) Davis, Tony	4) Kankula, Jeremy	
7 Reagan	B	3:33.97	4:02.92	1
1) Carr, Alexander	2) Ritenour, Matthew	3) Matusevics, Carson	4) Logan, James	
8 North Forsyth	A	3:57.03	4:03.69	2
1) Keith, Nassir	2) Reynolds, Joshua	3) Ortiz, Tony	4) Romero, Andy	



Forsyth County meet # 1 - 12/10/2015

JDL Fast Track

Results - Forsyth #1

Finals ... (Boys 4x400 Meter Relay)

Team	Relay	Seed	Finals	H#
9 Glenn 1) Abdul-Rahman, Isa	B 2) Allen, Nick	3:59.19	4:07.59	2
10 North Forsyth 1) Green, Jireh	B 2) LaSalle, Malcolm	3:57.03	4:56.46	2
			3) Molina, Nicholas 4) Singletary, Keonte	
			3) Briggs, Solon 4) Turner, Chris	

Boys 4x800 Meter Relay

Team	Relay	Seed	Finals
Finals			
1 Reagan 1) Bullard, Matthew	A 2) Hanna, Isaiah	8:45.00	8:45.61
2 Walkertown 1) Jamison, Donwill	A 2) Parmesano, Daniel	9:00.00	8:57.44
3 Atkins 1) Nofziger, Josh	A 2) Davis, Tony	9:02.97	8:57.75
4 West Forsyth 1) Brewer, Daniel	A 2) White, Charles	8:48.00	9:04.35
5 Glenn 1) Allen, Tyrell	A 2) Mueller, Matt	9:12.62	9:11.89
6 East Forsyth 1) Osbey, Shayne	A 2) Parrish, Drew	9:40.49	9:27.94
7 Parkland 1) Hucks, Ben	A 2) Ford, Braxton	9:16.03	9:29.31
8 Reynolds, R. J. 1) Paynter, John	A 2) Ward, Anderson	8:26.74	9:55.72
9 North Forsyth 1) Martinez-Ayala, Jose	A 2) Perez, Daniel		10:12.39
			3) Timberlake, Joseph 4) Cunningham, Dalton
			3) Rogers, Matthew 4) Carter, Logan
			3) Kankula, Jeremy 4) Nelson, Elijah
			3) Chilson, Matt 4) Harper, Nick
			3) Molina, Nicholas 4) Abdul-Rahman, Isa
			3) Edwards, Tyler 4) Whicker, Tanner
			3) Rodriguez, Juan 4) McGuire, Tristan
			3) Westcott, Ben 4) Stowers, Gauge
			3) Hernandez, Kenny 4) Zaragoza, Alejandro

Boys High Jump

Name	School	Seed	Finals
Finals			
1 Ibrahim, Joseph	West Forsyth	6-04.00	6-06.00
2 Underdal, Andrew	West Forsyth	6-00.00	6-00.00
3 Morton, Justin	East Forsyth		5-10.00
4 Combs, Ryan	East Forsyth	5-02.00	5-04.00
5 Barber, Quartez	Parkland		5-02.00
6 Martin, James	Parkland		5-00.00
--- Colaire, Aamani	Parkland		NH
--- Burnette, Justen	Parkland		NH
--- Jones, Ghattie	Parkland		NH

Boys Pole Vault

Name	School	Seed	Finals
Finals			
1 Chagula, Wilbert	West Forsyth	12-06.00	12-00.00
2 Lennon, Alex	Mount Tabor	9-06.00	10-06.00
2 Wood, Owen	Mount Tabor	9-00.00	10-06.00
2 Lerner, Ryan	Reagan	10-00.00	10-06.00



Forsyth County meet # 1 - 12/10/2015**JDL Fast Track****Results - Forsyth #1****Finals ... (Boys Pole Vault)**

Name	School	Seed	Finals
5 Burke, Landon	West Forsyth	8-06.00	10-00.00
6 Hastings, Jacob	Mount Tabor		9-06.00
7 Combs, Ryan	East Forsyth	8-06.00	9-00.00
7 Penner, Grant	West Forsyth		9-00.00
7 Whitaker, Jay	Mount Tabor	7-00.00	9-00.00
10 Freeman, Patrick	Mount Tabor		8-06.00
11 Phelps, Michael	West Forsyth		7-00.00

Boys Long Jump

Name	School	Seed	Finals
Finals			
1 Johnson, Jordan	East Forsyth	20-08.00	22-03.00 2
2 Pasche, Sam	Mount Tabor	19-00.50	19-08.75 2
3 Davis, Arinton	West Forsyth	19-00.00	18-09.00 2
4 Littlejohn, Joseph	Winston-Salem Prep	18-00.00	18-07.75 2
5 Neiters, Jack	West Forsyth		18-04.50 1
6 Morton, Justin	East Forsyth	17-11.00	17-09.50 2
7 McManus, Damoni	Glenn	19-01.00	17-06.50 2
8 Harris, Derrick	Glenn	17-05.00	17-04.00 2
9 Roberts, Corey	Reagan	18-03.50	17-02.00 2
10 Monell, Julian	Parkland	16-07.50	16-11.00 1
11 Barr, Robert	West Forsyth	19-00.00	16-10.50 2
12 Wright, Derek	Bishop McGuinness		16-07.50 1
13 Canty, Austin	Mount Tabor	19-07.00	16-06.75 2
14 Knight, Elijah	Reagan	16-11.00	16-00.25 2
15 Palmer, K'Evon	Parkland	12-08.00	15-05.25 1
16 Jones, Chase	Atkins		14-09.00 1
17 Register, Kelvin	Parkland		14-07.75 1
18 Oakes, Tamarco	East Forsyth		14-07.00 1
19 Williams, Tireiq	Glenn		14-01.00 1
--- Jones, Ghottie	Parkland		FOUL 1
--- Sutton, Jaden	Glenn	18-06.00	FOUL 2

Boys Triple Jump

Name	School	Seed	Finals
Finals			
1 Harris, Derrick	Glenn	38-00.00	38-08.00
2 Martin, James	Parkland		37-05.00
3 Barr, Robert	West Forsyth	36-00.00	36-08.25
4 Kyle, Tashaune	Mount Tabor		35-10.00
5 Monell, Julian	Parkland	36-01.00	34-06.75
6 Jones, Ghottie	Parkland		33-11.00



Forsyth County meet # 1 - 12/10/2015**JDL Fast Track****Results - Forsyth #1****Boys Shot Put**

	Name	School	Seed	Finals	
Finals					
1	Harrison, Austin	West Forsyth	42-08.50	47-03.00	2
2	Tuttle, Sage	West Forsyth	39-00.00	38-09.00	2
3	Moore, Wesley	Atkins	38-00.50	38-03.50	2
4	Conrad, Traquan	Winston-Salem Prep		37-05.50	2
5	Mormon, Keiron	East Forsyth		36-08.00	1
6	Joyce, George	Atkins		35-10.50	2
7	Edwards, Josh	Glenn	30-06.00	32-03.00	2
8	Briggs, Solon	North Forsyth	31-00.00	30-09.00	2
9	Davis, Gordon	Mount Tabor		30-06.00	1
10	Johnson, Leshod	Atkins		30-04.00	1
11	Moses, Corey	East Forsyth		30-00.00	1
11	Grant, Jason	Reagan		30-00.00	1
13	Arora, Amrit	Reagan	28-05.00	29-04.50	2
14	Jones, Camaury	Reagan		29-02.50	2
15	Love, Terrance	Winston-Salem Prep		29-01.00	2
16	Long, Mack	Mount Tabor		28-04.00	1
17	Phillips, Brandon	Parkland		27-08.00	1
18	Sanchez, Sebastian	Reagan		27-01.00	1
19	Bruton, Deshawn	Atkins		26-10.00	2
20	Morrison, Christian	Atkins	24-05.00	25-10.00	2
21	Muhammad, Jahi	Parkland		24-03.00	1
22	Olajide, Tinposi	Parkland		23-07.00	1
---	Rabil, Jacob	Mount Tabor		ND	1

