

Tony Pope Memorial 5K - 9/12/2015

Cargo Transporters

Claremont Park

Rankings

Event 1 Mixed 5k Run RR

Name	Age Team	Finals	Points
Overall Results Women 5000 Run			
1 Elrod, Lynsey	W13 Claremont	23:23.22	
Overall Results Men 5000 Run			
1 Mundy, Chris	M55 Hickory, NC	22:07.79	
9 & Under Results - Women 5000 Run			
1 Sharpe, Noelle	W7 Bum Town	43:55.91	
2 Simmons, Sarah	W9 Conover, NC	47:18.33	
10-19 Results - Women 5000 Run			
1 Flores, Arely	W13 Conover, NC	24:56.50	
2 Cook, Abby	W16 Taylorsville, NC	49:50.34	
20-29 Results - Women 5000 Run			
1 Morrow, Brittney	W24 Lincolnton, NC	34:04.81	
2 Morrow, Chelsey	W27 Hickory, NC	36:33.02	
3 Killian, Jennifer	W27 Claremont, NC	36:45.23	
4 Owens, Melissa	W25 Taylorsville	46:18.06	
5 Webster, Kayleigh	W29 Stony Point, NC	54:42.31	
30-39 Results - Women 5000 Run			
1 Priestley, Meredith	W36 Hickory, NC	26:40.16	
2 Lusk, Candance	W37 Claremont, NC	29:34.93	
3 Foster, Vakisha	W35 Claremont	32:24.11	
40-49 Results - Women 5000 Run			
1 Stone, Lisa	W40 Conover, NC	29:37.94	
2 Hammer, Paige	W47 Taylorsville, NC	31:03.75	
3 Sharpe, Diane	W48 Conover, NC	44:27.12	
4 Simmons, Tina	W42 Conover, NC	47:57.96	
5 Blackburn, Dawna	W46 Hickory	47:58.32	
6 Swanner, Lori	W42 Newton, NC	53:09.66	
50-59 Results - Women 5000 Run			
1 Cook, Gina	W51 Taylorsville, NC	32:42.72	
2 Pressley, Kimberly	W53 Taylorsville	33:29.06	
3 Harris, Paula	W59 Conover, NC	35:15.07	
4 Williams, Nancy	W52 Claremont, NC	35:25.12	
5 Lindler, sandra	W52 Conover, NC	39:21.84	
6 Vaughn, Cindy	W51 Cornelius	42:43.87	
7 Engberg, Callie	W51 Catawba, NC	49:02.81	
8 Little, Robin	W57 Conover, NC	51:29.67	
9 Morrow, Kim	W54 Lincolnton, NC	51:29.71	
10 Frasure, Bonnie	W54 Newton, NC	53:10.03	
11 McIver, Melanie	W52 Taylorsville, NC	54:41.42	
9 & Under Results - Men 5000 Run			
1 Brown, Jackson	M9 Claremont	33:12.15	
10-19 Results - Men 5000 Run			
1 Owens, Terrance	M18 Taylorsville, NC	24:32.67	
2 Cook, Avery	M11 Shoelaces	31:21.46	
20-29 Results - Men 5000 Run			
1 Swantek, Richard	M25 Taylorsville, NC	27:25.95	
2 Owens, Gavin	M28 Taylorsville, NC	33:56.20	
3 Killian, Jarrett	M29 Claremont, NC	43:11.91	
4 Presley, James	M20 Taylorsville, NC	49:57.60	
30-39 Results - Men 5000 Run			
1 Andrews, Michael	M31 Concord	23:44.32	
2 Flores, Jorge	M36 Conover, NC	24:20.25	

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3	Heavner, Adam	M31	Granite Falls, NC	26:57.56
4	Laredo, Manuel	M39	Newton, NC	29:02.53
5	Abernathy, Howard	M39	Conover, NC	29:34.37
6	Kiziah, Charlie	M33	Lenoir	33:22.76
7	Webster, Johnny	M32	Stony Point, NC	34:07.07
40-49 Results - Men 5000 Run				
1	Starnes, Todd	M45	Taylorsville	30:52.03
2	Stone, Charles	M41	Conover, NC	32:41.12
3	Martin, Brian	M43	Braselton, GA	47:09.84
4	Engberg, Patrick	M45	Catawba, NC	49:03.36
50-59 Results - Men 5000 Run				
1	Owens, Randy	M52	Boiling Springs, SC	24:35.69
2	Vaughn, Jamey	M53	Cornelius	25:26.08
3	Williams, Rusty	M53	Claremont, NC	32:46.53
4	Cook, Lonnie	M50	Iron Station, NC	33:19.44
60-69 Results - Men 5000 Run				
1	Thompson, Wayne	M69	Claremont, NC	33:34.75
2	Abernathy, Danny	M61	Claremont, NC	37:05.09
3	Heavner, Michael	M61	Granite Falls, NC	45:56.66
70-79 Results - Men 5000 Run				
1	Shook, Ray	M74	Newton	38:46.12