

**The Cub - 5/28/2016****Valle Crusis, N.C.****Rankings****Mixed 7 Mile Run RR**

Comp#	Name	Team	Time	Points
1	501 Cook, Tanner	M21 Bristol, TN	39:47.57	
2	567 Critcher, Caleb	M32 deep gap	43:17.44	
3	524 Williams, John	M46 Banner Elk	46:45.50	
4	599 Zimmerman, Tyler	M22 Durham, NC	47:36.49	
5	611 Jones, Timothy	M31 Boone	48:05.84	
6	566 Ryder, Steve	M57 Wilkesboro	48:40.56	
7	601 Hendricks, Lewis	M43 Boone, NC	50:30.36	
8	597 Paprocki, Daniel	M27 Cary, NC	50:47.91	
9	574 Garvick, Sarah	W31 Boone	51:30.92	
10	600 Zimmerman, Michael	M25 Durham, NC	52:00.01	
11	530 Rupp, Matt	M42 Boone	52:40.42	
12	561 Coffey, Ivan	M43 boone	52:51.89	
13	590 Crandall, Rob	M50 Boone, NC	52:53.28	
14	543 Howard, Jessica	W26 Newland	53:42.38	
15	579 Lawson, Trey	M22 Boone	54:05.14	
16	522 Bowers, David	M37 Crumpler	54:22.83	
17	568 Beard, Lisa	W42 Wilkesboro	54:40.04	
18	575 Kinder, Andrew	M29 North Wilkesboro	55:04.01	
19	563 Spell, Stephen	M56 West Jefferson	55:14.67	
20	542 Henry, Emma	W30 Vilas	56:06.94	
21	544 Maness, Anthony	M44 Robbins	56:25.66	
22	527 Cooper Winstead, Marissa	W38 Taylorsville	56:46.51	
23	541 Nystrom, Mark	M47 Boone	57:27.36	
24	531 Cooper, Paige	W17 Taylorsville	57:31.04	
25	595 Hamilton, Angela	W56 Hickory, NC	57:43.23	
26	572 Mash, Scott	M35 Fleetwood	57:59.60	
27	571 Holland, Kim	W42 North Wilkesboro	58:28.61	
28	557 Markland, Ella	W45 Elk Park	58:29.92	
29	516 Gosky, Ross	M44 Boone	58:36.99	
30	534 Harless, Daniel	M32 West Jefferson	58:47.08	
31	528 Moretz, Becky	W37 Boone	59:03.97	
32	569 Beard, Nicholas	M15 Wilkesboro	59:16.56	
33	580 Eggers, Lori	W37 Fleetwood	59:40.77	
34	520 Chevront, April	W40 Newland	59:54.79	
35	589 Sears, Will	M43 Boone, NC	1:00:16.47	
36	503 Flanigan, Robert	M63 Boone	1:00:31.63	
37	508 Starnes, George	M56 Columbia, SC	1:01:16.86	
38	521 Jacobson, Steven	M54 Raleigh	1:02:06.39	
39	605 Hutelmyer, Emily	W31 Boone, NC	1:02:07.87	
40	549 Thompson, Ken	M41 Vilas	1:02:11.13	
41	576 Eller, Natalie	W40 North Wilkesboro	1:02:21.14	
42	591 Griffin, Genie	M31 Boone, NC	1:02:43.83	
43	594 Brinegar, Brandi	W38 Boone, NC	1:02:46.79	
44	607 Knapp, Eve	W46 Greensboro, NC	1:02:54.23	
45	555 Triplett, Dana	M50 Lewisville	1:02:56.03	
46	596 Van Osdol, Todd	M47 Lenior, NC	1:03:11.10	
47	529 Morwtz, Joel	M35 Boone	1:03:15.55	
48	562 Baughman, Kinney	M63 Vilas	1:03:25.07	
49	509 Harris, Kathy	W56 Blowing Rock	1:03:54.11	
50	510 Anderson, Karen	W50 Apex	1:03:55.68	
51	519 Jensen, Scott	M49 Banner Elk	1:04:00.24	
52	609 Bailey, Tamera	W54 Boone, NC	1:04:13.67	
53	507 Mcneill, Dan	M59 sullivans island, SC	1:05:18.30	
54	546 Sikes, Tommy	M45 Hillsborough	1:05:26.00	

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55	553	Klein, Holly	W40	Boone	1:05:48.79
56	556	Triplet, Adam	M14	Lewisville	1:06:07.68
57	525	Vilord, Kathleen Lee	W34	Pittsburgh, PA	1:06:12.48
58	612	Shelden, Josiah	M25	Banner Elk	1:06:21.33
59	532	Winstead, Marshall	M55	Taylorville	1:06:35.03
60	603	Maiden, Sabena	W45	Banner Elk, NC	1:07:21.93
61	592	Swanson, Laura	W40	Boone, NC	1:07:56.17
62	533	McGrath, Greg	M66	Winston-Salem	1:07:59.09
63	602	Maiden, Emory	M42	Banner Elk, NC	1:08:07.50
64	587	Humphery, Stephen	M32	Kingsland, GA	1:08:19.59
65	511	Vanderford, Donna	W52	Elon	1:08:51.02
66	512	Vanderford, Johnny	M48	Whitsett	1:08:52.32
67	598	Zimmerman, Mike	M56	Durham, NC	1:08:53.07
68	540	Benson, Stephen	M68	Todd	1:09:09.78
69	558	Mercer, Elizabeth Lisa	W35	Jacksonville	1:10:08.47
70	535	Sink, Donna	W33	Burnsville	1:10:14.87
71	584	Lovin, Denise	W49	Boone	1:10:30.81
72	564	Shafer, Steven	M47	Winston Salem	1:10:39.55
73	588	Melang, Kelly	W50	Winston Salem	1:10:55.99
74	577	Lyons, Heather	W31	Elk Park	1:10:58.71
75	504	Bradbury, Mark	M42	Boone	1:11:27.04
76	538	Grubbs, Howard	M70	Blowing Rock	1:11:28.20
77	502	Plocica, Samantha	W24	jacksonville	1:11:59.14
78	506	Webb, Mike	M62	Snow Camp	1:12:00.46
79	585	Stanley, Paul	M47	Clarksville, TN	1:12:30.15
80	518	Jensen, Dawn	W49	Banner Elk	1:12:50.97
81	604	Presnell, Jessie	W29	Boone, NC	1:14:45.85
82	554	Coughenour, Dylan	W27	Pittsburgh, PA	1:15:32.14
83	515	Gardo, Ashley	W29	Morgantown, WV	1:15:32.45
84	545	Sikes, Kristin	W41	Hillsborough	1:15:51.79
85	565	Trivett-Clark, Eva	W45	Newland	1:16:46.16
86	559	Buchanan, Linda	W57	Dallas	1:17:19.81
87	551	Marshall, Pamela	W68	Palmetto Bay, FL	1:17:34.80
88	547	Warren, Lyndsay	W26	Banner elk	1:17:38.77
89	582	Humphery, Terry	M57	Kingsland, GA	1:17:46.63
90	610	Adams, Caitlin	W32	Boone, NC	1:19:15.51
91	550	Marshall, John	M69	Miami, FL	1:19:23.19
92	613	Fletcher, Heather	W50	Myrtle Beach	1:19:24.63
93	606	Floyd, Jennifer	W30	Ferguson, NC	1:21:00.22
94	514	Elsea, Emma	W22	Raleigh	1:21:01.28
95	583	Humphery, Cameron	M27	Kingsland, GA	1:21:18.56
96	570	Willmott, Sandra	W46	Lewisville	1:21:42.34
97	560	Buchanan, Lyndsey	W32	Wake Forest	1:21:49.33
98	548	Thompson, Kristin	W29	Vilas	1:23:52.23
99	586	Smith, Jennifer	W42	Raleigh	1:29:45.93
100	505	Scott, Julie	W37	Boone	1:29:55.56
101	526	Petty, Sarah	W20	Reidsville	1:37:29.28
102	608	Boles, Tanner	M20	Reidsville, NC	1:37:29.69
103	537	Schuster, Betty	W68	Matthews	1:39:29.93
104	539	Proffitt, Tabitha	W39	Wilkesboro	1:47:13.15
105	593	Thompson, Jordan	M20	Vilas, NC	1:50:30.60
106	513	Elsea, Robert	M59	Raleigh	1:56:50.00