

## Power Run 5k - 5/21/2016

## Hickory, N.C.

## Rankings

## Event 1 Mixed 5k Run RR

Name	Age Team	Finals	Points
Overall Results Women 5000 Run			
1 Geitner, Addie	W13 Hickory, NC	21:56.72	
Overall Results Men 5000 Run			
1 Hata, Jon	M43 Hickory, MT	19:54.40	
10 & Under Results - Women 5000 Run			
1 Jenkins, Ana Claire	W5 Hickory	41:06.89	
2 Ettison, Wisdom (Southwe	W10 Hickory	50:57.86	
3 Smith, Ava	W5 Hickory	54:15.20	
11-15 Results - Women 5000 Run			
1 Yoder, Kaylee	W11 Hickory	32:29.36	
2 McNeil, Sarah	W11 Hickory	33:06.81	
3 Bodnar, Lily	W11 Hickory	38:49.98	
4 Greene, Paige	W11 Hudson	39:11.40	
5 Watson, Emma	W12 Hickory	39:54.13	
6 Watson, Natalie	W15 Hickory	40:04.44	
7 May, Ella	W14 Hickory	40:29.69	
8 Greene, Chloe	W11 Hudson	41:53.00	
9 Bodnar, Lark	W11 Hickory	41:53.28	
10 Dagenhardt, Autumn	W14 Hickory	41:53.65	
11 Forrester, Gracie	W13 Highlands, NC	51:49.21	
12 Crawford, Emma	W14 Hickory	54:08.33	
16-21 Results - Women 5000 Run			
1 Dagenhardt, Lindsay	W16 Hickory	41:57.37	
22-29 Results - Women 5000 Run			
1 Carreno, Kate	W22 Hickory	27:49.37	
2 Thompson, Erin	W22 Hickory	36:19.35	
3 Young, Brittney	W26 Granite Falls, NC	36:23.26	
4 Norris, Rebekah	W22 Hickory	38:44.93	
5 Julian, Jacklyn	W22 Hickory	42:57.06	
30-39 Results - Women 5000 Run			
1 Smith, Ingrid	W30 Hickory	29:09.82	
2 Herring, Kristin	W30 Hickory	29:18.79	
3 Winkler, Rebecca	W36 Hickory	29:45.68	
4 Jones, Brandi	W30 Anywhere, NC	34:08.67	
5 West, Erin	W30 Hickory	35:01.50	
6 Killian, Tara	W37 Hickory	39:52.90	
7 Bowman, LeighAnn	W30 Hickory	40:03.95	
8 Jenkins, Melody	W34 Hickory	41:36.95	
9 Tibbs, Megan	W30 Hickory	52:14.12	
10 Leonetti, David	W30 Hickory	53:51.59	
11 Elske-Leonetti, Pam	W30 Hickory	54:44.28	
40-49 Results - Women 5000 Run			
1 Forrester, Jennifer	W40 Hickory	28:48.57	
2 Busic, Shannon	W40 Hickory	29:28.72	
3 Marley, Holly	W44 Hickory	31:12.62	
4 May, Hillary	W49 Hickory, NC	35:22.09	
5 Hodakowski, Christy	W40 Hickory	42:03.92	
6 Watson, Barbara	W43 Hickory	47:20.96	
7 Brandon, Gale	W49 Anywhere, MT	56:04.23	
50-59 Results - Women 5000 Run			
1 Huffman, Kelle	W50 Unattached	29:43.05	
2 Brown, Melanie	W51 Hickory	31:23.52	
3 Morgan, Michelle	W50 Hickory	32:50.08	

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4	Herman, Andree	W53 Hickory	42:01.00
5	Pearson, Christa	W50 Anywhere, NC	48:10.16
6	Christy, Jamye	W50 Hickory	52:14.43
7	Howard, Mary	W54 Hickory	53:52.40
8	Wood, Kathy	W57 Hickory	54:11.80
9	Greene, Lynn	W50 Hudson	54:44.63
60-69 Results - Women 5000 Run			
1	Roach, Becky	W60 Hickory	39:36.00
2	Winstead, Betty	W60 Newton	42:23.09
3	Williams, Susan	W60 Valdese	53:39.34
4	Jahn, Sandra	W66 Hickory	53:39.97
5	Fisher, Cathy	W67 Hickory	54:14.61
10 & Under Results - Men 5000 Run			
1	Schoellner, Brian	M10 Hickory, NC	23:26.54
2	Clark, Allister	M8 Unattached	24:57.62
3	Clark, Thatcher	M10 Hickory, NC	25:38.64
4	Herring, Josh	M10 Hickory	29:13.22
5	Garmon, Patrick	M9 Hickory	29:25.76
6	Starnes, Logan	M9 Claremont, NC	29:44.23
7	Kihneman, Henry	M10 Hickory	30:52.15
8	Marley, Gage	M10 Hickory	31:11.14
9	Stephens, Noah	M8 Anywhere, NC	37:29.18
10	Garmon, Benjamin	M9 Hickory	41:37.21
11	Kihneman, Charlie	M10 Hickory	42:56.75
12	Kihneman, Max	M10 Hickory	50:56.32
11-15 Results - Men 5000 Run			
1	Mullen, Jacob	M11 Stanley	23:07.80
2	Hampton, Riley	M13 Hickory	26:27.79
3	Schoellner, Eric	M13 Hickory, NC	26:38.12
4	Page, Connor	M12 Hickory	34:10.23
5	Page, Tanner	M12 Hickory	48:10.59
6	Kihneman, Sam	M11 Hickory	48:29.11
16-21 Results - Men 5000 Run			
1	May, Ryan	M16 Hickory	27:27.95
22-29 Results - Men 5000 Run			
1	Julian, Nick	M22 Hickory	43:02.73
30-39 Results - Men 5000 Run			
1	Smith, Daniel	M30 Hickory	25:49.77
2	Hamilton, Dale	M30 Hickory	26:19.42
3	Jones, Brandon	M30 Anywhere, NC	30:50.88
4	Jenkins, Ben	M34 Hickory	32:24.62
5	West, Matt	M30 Hickory	45:58.78
6	Posey, Wil	M30 Hickory	53:42.06
40-49 Results - Men 5000 Run			
1	Heisler, Jim	M49 Hickory, NC	23:10.40
2	Phillips, Kevin	M44 Conover	23:29.81
3	Dagenhardt, James	M44 Hickory	23:59.70
4	Clark, Steve	M49 Hickory, NC	25:27.36
5	Morgan, Bill	M49 Hickory	27:45.60
6	Carmichael, Jack	M40 Hickory	29:00.53
7	Kihneman, Jason	M40 Hickory	30:52.45
8	McNeil, Richard	M40 Hickory	33:07.31
9	Killian, Justin	M40 Hickory	34:09.91
10	Watson, Mike	M43 Hickory	39:53.61
11	May, Roger	M45 Hickory	41:06.41

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12 Greene, Shane	M40 Hudson	55:34.37
50-59 Results - Men 5000 Run		
1 Geltman, Bruce	M58 Hickory	20:12.91
2 Christy, John	M56 Hickory	34:22.97
3 Garmon, Jeffrey	M54 Hickory	39:11.73
4 Smith, Dwayne	M54 Hickory	54:17.34
60-69 Results - Men 5000 Run		
1 Roach, Bob	M66 Hickory	53:40.74
70+ Results - Men 5000 Run		
1 Motz, Fred	M70 Hickory	32:04.06
2 Montgomery, Marshall	M72 Hickory	44:47.56