

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Women 55 Meter Dash**

Name	Yr	School	Prelims	H#
Preliminaries				
1 Hargrave, Chelsey	SR	Appalachian State	7.34 q	1
2 McElveen, Keyua	SR	Lenoir-Rhyne	7.34 q	3
3 Beal, K'Lynn	JR	Appalachian State	7.38 q	4
4 Alston, Dakota	JR	Lenoir-Rhyne	7.44 q	2
5 Mumford, Ila	JR	Appalachian State	7.45 q	6
6 Evans, Deryanna	SO	Winthrop	7.48 q	5
7 Lewis, Kayonna	SO	Lenoir-Rhyne	7.55 q	4
8 Burton Rojas, Leona	SO	Col. of Charleston	7.58 q	9
9 Williams, Shahnika	JR	Mars Hill	7.65	8
10 Foresha, Christine	SO	Mars Hill	7.68	2
11 Meeks, Summer	FR	Lenoir-Rhyne	7.72	8
12 Ramsey, Kira	SO	Gardner-Webb	7.73	9
13 Miller, Kayla	FR	Johnson C. Smith	7.76	9
14 Fair, Paiton	JR	Lenoir-Rhyne	7.81	6
15 Floyd, Teyah	FR	Winthrop	7.82	5
16 Forrest, Diviana	FR	Gardner-Webb	7.82	10
17 Grandison, Ramoya	JR	Johnson C. Smith	7.87	8
18 Jeffery, Alexis	FR	Winthrop	7.92	1
19 Whittaker, Rachael	FR	Winthrop	7.93	3
20 Smith, Arriel	JR	Mars Hill	7.93	2
21 Mallory, Maya	SO	Gardner-Webb	7.95	5
22 Lynch, Sarah	SR	Col. of Charleston	8.01	1
23 Smith, Isis	FR	King	8.08	10
24 Dillard, Jaylaan	SO	Johnson C. Smith	8.12	10
25 Rojas, Katherine	SO	Belmont Abbey	8.22	2
26 Campbell, October	JR	Johnson C. Smith	8.25	7
27 Lane, Madison	FR	Lenoir-Rhyne	8.28	4
28 Watts, Michiah	SO	King	8.29	7
29 Lamb, Savannah	SO	Belmont Abbey	8.30	5
30 Nelson, Natalie	SR	Belmont Abbey	8.40	6
31 Caldwell, Ashley	FR	Belmont Abbey	8.45	4
32 Hicken, Genevieve	JR	Belmont Abbey	8.69	9
33 heckstall, cherish	FR	Louisburg College	9.73	7

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	Name	Yr	School	Finals	H#	Points
Finals						
1	Hargrave, Chelsey	SR	Appalachian State	7.23	1	10
2	Beal, K'Lynn	JR	Appalachian State	7.32	1	8
3	McElveen, Keyua	SR	Lenoir-Rhyne	7.38	1	6
4	Evans, Deryanna	SO	Winthrop	7.39	2	5
5	Alston, Dakota	JR	Lenoir-Rhyne	7.40	1	4
6	Mumford, Ila	JR	Appalachian State	7.48	2	3
7	Burton Rojas, Leona	SO	Col. of Charleston	7.55	2	2
8	Lewis, Kayonna	SO	Lenoir-Rhyne	7.67	2	1

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Women 200 Meter Dash**

	Name	Yr	School	Finals	H#	Points
Finals						
1	Pollard, Kianje	SR	Johnson C. Smith	25.64	1	10
2	McDuffie, Delecia	FR	Johnson C. Smith	26.73	1	8
3	Honorable, Neyasha	SO	King	27.43	2	6
4	Forrest, Diviana	FR	Gardner-Webb	27.53	3	5
5	McQune, Maya	SO	Belmont Abbey	27.59	3	4
6	Gunnell, Chancey	FR	Louisburg College	27.61	5	3
7	Vandross, LaSamrae	JR	Winthrop	27.74	1	2
8	Floyd, Teyah	FR	Winthrop	27.82	4	1
9	Miller, Kayla	FR	Johnson C. Smith	28.31	5	
10	Ramsey, Kira	SO	Gardner-Webb	28.37	2	
11	Gearing, Kaitlyn	SR	Lees-McRae	28.54	4	
12	Smith, Isis	FR	King	28.75	4	
13	Davis, Deja	SO	Johnson C. Smith	x28.78	8	
14	Reid, Sabrena	SR	Winthrop	28.81	2	
15	McCoy, Millie	FR	Lees-McRae	29.21	6	
16	Nelson, Natalie	SR	Belmont Abbey	29.92	7	
17	Estep, Makayla	SR	Lees-McRae	30.11	7	
18	Goras, Rebeckah	SO	Lees-McRae	x30.61	7	
19	Dennis, A'Yana	FR	Mars Hill	31.07	8	
20	Neel, Carlee	FR	Col. of Charleston	31.36	8	
21	Hartzog, Haley	FR	King	31.70	6	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Women 300 Meter Dash**

	Name	Yr	School	Finals	H#	Points
Finals						
1	Morrison, Erin			41.46	1	10
2	Dixon, Jessica	FR	Appalachian State	41.90	1	8
3	Gibson, Samara	FR	Appalachian State	41.94	1	6
4	Whitsett, Ann Mosely	FR	Appalachian State	43.27	2	5
5	Hardwick, Saidah	FR	Lenoir-Rhyne	43.30	2	4
6	Foresha, Christine	SO	Mars Hill	44.08	5	3
7	Meeks, Summer	FR	Lenoir-Rhyne	45.11	2	2
8	McQune, Maya	SO	Belmont Abbey	45.33	5	1
9	Ennis, Kayla	SO	Col. of Charleston	46.60	4	
10	Dudley, Brooke	JR	Col. of Charleston	47.23	6	
11	Lynch, Sarah	SR	Col. of Charleston	47.93	5	
12	Dennis, A'Yana	FR	Mars Hill	48.30	6	
13	Smith, Arriel	JR	Mars Hill	48.74	4	
14	Lane, Madison	FR	Lenoir-Rhyne	48.84	3	
15	Whittaker, Rachael	FR	Winthrop	49.97	3	
16	Smith, Alisha	SO	Winthrop	50.22	3	
17	heckstall, cherish	FR	Louisburg College	1:00.75	4	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018
Holmes Convocation Center
Results

Women 400 Meter Dash

	Name	Yr	School	Finals	H#	Points
Finals						
1	Linkous, Marissa	FR	Col. of Charleston	59.23	4	10
2	Vandross, LaSamrae	JR	Winthrop	1:01.83	1	8
3	Gunnell, Chancey	FR	Louisburg College	1:01.90	2	6
4	Honorable, Neyasha	SO	King	1:02.62	2	5
5	McDuffie, Delecia	FR	Johnson C. Smith	1:04.47	1	4
6	Combo, Le'anna	FR	Johnson C. Smith	1:05.71	3	3
7	McCoy, Millie	FR	Lees-McRae	1:06.35	3	2
8	Sparacio, Hannah	SO	Gardner-Webb	1:07.25	2	1
9	Culbertson, Jillian	FR	Belmont Abbey	1:12.54	4	
10	Walker, Valerie	JR	Gardner-Webb	1:13.86	4	
11	Estep, Makayla	SR	Lees-McRae	1:15.30	3	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Women 800 Meter Run**

	Name	Yr	School	Finals	H#	Points
Finals						
1	Henson, Harper	SO	Winthrop	2:16.05	1	10
2	Fair, Paiton	JR	Lenoir-Rhyne	2:23.85	1	8
3	Small-Towns, Marissa	SR	Col. of Charleston	2:24.68	1	6
4	Hoffert, Sarah	JR	Appalachian State	2:24.82	1	5
5	Ballou, Kelsey	JR	Winthrop	2:27.54	2	4
6	Lentz, Rachel	FR	Col. of Charleston	2:27.94	1	3
7	Turlington, Amy	JR	Gardner-Webb	2:29.17	1	2
8	Jones, Hannah	SO	Gardner-Webb	2:29.46	1	1
9	Jacob, Jennae	FR	Appalachian State	2:31.01	2	
10	Khan, Abbigail	FR	Appalachian State	2:34.12	2	
11	Otranto, Julia	JR	Belmont Abbey	2:36.45	1	
12	Kiplagat, Domtila	JR	Lenoir-Rhyne	2:37.41	1	
13	Dahlberg, Kylie	FR	Lenoir-Rhyne	2:38.14	2	
14	Ennis, Kayla	SO	Col. of Charleston	2:39.17	3	
15	Linn, Katherine	SR	Col. of Charleston	x2:39.39	3	
16	Bjerkness, Adie	FR	Lenoir-Rhyne	x2:40.51	3	
17	Rivera, Kaitlin	SO	King	2:42.62	2	
18	Roberson, Eboni	FR	Louisburg College	2:42.94	3	
19	Frazier, Sarah	FR	Queens (N.C.)	2:44.71	3	
20	Britt, Sydney	SO	Mars Hill	2:44.99	2	
21	Gantt, Blakely	SR	Lenoir-Rhyne	x2:46.08	3	
22	McCormick, Audrey	SO	King	2:47.69	2	
23	Dalton, Gabriella	FR	Lenoir-Rhyne	x2:52.98	3	
24	Graham, Rachel	FR	King	2:54.12	2	
25	Culbertson, Jillian	FR	Belmont Abbey	2:57.42	3	
26	Sislava, Karen	SO	Louisburg College	3:10.82	3	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Women 1 Mile Run**

	Name	Yr	School	Finals	H#	Points
Finals						
1	Greeley, Phylissa	SR	Appalachian State	5:16.00	1	10
2	Merkh, Annika	FR	Appalachian State	5:29.83	1	8
3	Turro, Casey	FR	Appalachian State	5:34.44	1	6
4	Cortese, Gabby	SR	Gardner-Webb	5:38.72	1	5
5	Hrushka, Jenika	SO	Gardner-Webb	5:44.24	1	4
6	Kiplagat, Domtila	JR	Lenoir-Rhyne	5:47.17	1	3
7	Hetzel, Annie	SO	Belmont Abbey	5:49.51	2	2
8	Otranto, Julia	JR	Belmont Abbey	5:49.73	1	1
9	Zenker, Hannah	SO	Belmont Abbey	5:49.84	1	
10	Dahlberg, Kylie	FR	Lenoir-Rhyne	5:52.58	1	
11	Bjerkness, Adie	FR	Lenoir-Rhyne	5:55.01	2	
12	Spencer, Ellen	SO	Appalachian State	x6:00.35	1	
13	Sheehan, Haley	SO	Louisburg College	6:03.50	2	
14	Euler, Hailey	FR	Louisburg College	6:05.64	2	
15	Gantt, Blakely	SR	Lenoir-Rhyne	x6:06.98	1	
16	Pierce, Abbigail	SR	King	6:10.23	2	
17	Dalton, Gabriella	FR	Lenoir-Rhyne	x6:12.59	1	
18	Wilson, Theresa	SO	Belmont Abbey	x6:31.39	2	
19	Sutherland, Emily	FR	King	6:37.62	2	
20	Hatley, Kayla	FR	Louisburg College	7:02.13	2	
21	Jones, Hannah	FR	Mars Hill	7:23.37	2	
22	Wilson, Emily	FR	Mars Hill	7:27.28	2	
23	Kelly, Kaela	FR	Lees-McRae	7:29.71	2	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Women 3000 Meter Run**

	Name	Yr	School	Finals	Points
Finals					
1	Hajnos, Sarah	FR	Appalachian State	10:54.55	10
2	Kolor, Samantha	FR	Appalachian State	11:02.85	8
3	Sekutowski, Ann	JR	Appalachian State	11:24.87	6
4	Feeney, Angela	SO	Mars Hill	11:28.31	5
5	Richardson, Natalie	SO	Appalachian State	x11:31.42	
6	Kusmierz, Hannah	SO	King	11:36.14	4
7	Hetzel, Annie	SO	Belmont Abbey	11:46.49	3
8	Jackson, Kaleigh	SR	Mars Hill	11:49.70	2
9	Rogers, Grace	FR	Appalachian State	x11:53.35	
10	Zenker, Hannah	SO	Belmont Abbey	11:56.96	1
11	Graham, Ashley	JR	Winthrop	11:58.98	
12	Peters, Alison	SR	Appalachian State	x12:01.27	
13	Strickland, Rachel	SO	Mars Hill	12:15.65	
14	Halvorsen, Jordyn	JR	Lees-McRae	12:31.31	
15	Davis, Sydney	SR	Gardner-Webb	12:35.31	
16	Bowman, Sarah	SO	Lees-McRae	12:38.00	
17	Wilson, Theresa	SO	Belmont Abbey	13:15.44	
18	Colon, Jamie	SR	Lees-McRae	13:23.79	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018
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Women 5000 Meter Run

	Name	Yr	School	Finals	Points
Finals					
1	LoPiccolo, Amanda		Zap Fitness	17:37.30	10
2	Ambrose, Cate	FR	Col. of Charleston	18:39.96	8
3	Feringa, Ellen	JR	Col. of Charleston	19:27.51	6
4	Kosiorek, Jace	JR	Col. of Charleston	20:59.64	5
5	Sutherland, Emily	FR	King	21:59.38	4

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Women 55 Meter Hurdles**

Name	Yr	School	Prelims	H#
Preliminaries				
1 Chapman, Imani	JR	Appalachian State	8.24 q	1
2 Pollard, Kianje	SR	Johnson C. Smith	8.31 q	5
3 Watkins, Savannah	FR	Lenoir-Rhyne	8.76 q	2
4 Martin, Jennifer	JR	Col. of Charleston	8.77 q	6
5 Reed, Talayna	FR	Johnson C. Smith	9.01 q	2
6 Hotchkiss, Taylor	SO	Gardner-Webb	9.03 q	4
7 Roberts, Makaila	JR	Appalachian State	9.06 q	3
8 Medley, Leona	SO	Lenoir-Rhyne	9.13 q	5
9 Miller, Laurel	FR	Col. of Charleston	9.22	3
10 Cleveland, Ashleigh	SR	Gardner-Webb	9.31	5
11 Lamb, Savannah	SO	Belmont Abbey	9.36	6
12 Grant, Karina	FR	Winthrop	9.37	3
13 Vander Wall, Hannah	FR	Col. of Charleston	9.41	4
14 Smith, Alisha	SO	Winthrop	9.56	1
15 Davis, Deja	SO	Johnson C. Smith	9.69	6
16 Goras, Rebeckah	SO	Lees-McRae	9.93	3
17 Caldwell, Ashley	FR	Belmont Abbey	9.95	5
18 Whittaker, Rachael	FR	Winthrop	10.40	2
19 Hartzog, Haley	FR	King	10.46	1
20 Estep, Makayla	SR	Lees-McRae	10.50	2
21 Rhea, Callie	FR	Gardner-Webb	10.61	4

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Women 55 Meter Hurdles**

	Name	Yr	School	Finals	H#	Points
Finals						
1	Chapman, Imani	JR	Appalachian State	8.24	1	10
2	Pollard, Kianje	SR	Johnson C. Smith	8.58	1	8
3	Watkins, Savannah	FR	Lenoir-Rhyne	8.78	1	6
4	Roberts, Makaila	JR	Appalachian State	8.85	2	5
5	Martin, Jennifer	JR	Col. of Charleston	8.96	1	4
6	Medley, Leona	SO	Lenoir-Rhyne	9.21	2	3
---	Reed, Talayna	FR	Johnson C. Smith	DNF	2	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018
Holmes Convocation Center
Results

Women 4x300 Meter Relay

	Team	Relay	Finals	H#	Points
Finals					
1	Lenoir-Rhyne 1) Fair, Paiton JR	A 2) Hardwick, Saidah FR	2:49.61	1	3
2	Johnson C. Smith 1) Pollard, Kianje SR	A 2) Combo, Le'anna FR	2:52.68	2	2
3	Col. of Charleston 1) Burton Rojas, Leona SO	A 2) Ennis, Kayla SO	2:54.58	1	1
4	Lenoir-Rhyne 1) Meeks, Summer FR	B 2) Medley, Leona SO	x2:57.93	2	
5	Gardner-Webb 1) Cleveland, Ashleigh SR	A 2) Hall, Amanda SR	3:08.76	1	
				4) McElveen, Keyua SR	
				3) Alston, Dakota JR	
				4) McDuffie, Delecia FR	
				3) Miller, Kayla FR	
				3) Lewis, Brianna JR	
				4) Vander Wall, Hannah FR	
				4) Lewis, Kayonna SO	
				4) Ramsey, Kira SO	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Women 4x400 Meter Relay**

Team	Relay			Finals	H#	Points
Finals						
1 Winthrop	A			4:21.87	1	3
1) Vandross, LaSamrae JR	2) Whittaker, Rachael FR	3) Grant, Karina FR	4) Smith, Alisha SO			
2 Col. of Charleston	A			4:22.59	1	2
1) Linkous, Marissa FR	2) Laudien, Stephanie FR	3) Dudley, Brooke JR	4) Linn, Katherine SR			
3 Appalachian State	A			4:23.67	2	1
1) Hoffert, Sarah JR	2) Whitsett, Ann Mosely FR	3) Jacob, Jennae FR	4) Khan, Abbigail FR			
4 Gardner-Webb	A			4:40.86	1	
1) Forrest, Diviana FR	2) Sparacio, Hannah SO	3) Rhea, Callie FR	4) Hotchkiss, Taylor SO			
5 Lenoir-Rhyne	A			4:44.67	2	
1) Bjerkness, Adie FR	2) Dahlberg, Kylie FR	3) Kiplagat, Domtila JR	4) Dalton, Gabriella FR			
6 Belmont Abbey	A			4:48.41	2	
1) Hetzel, Annie SO	2) Culbertson, Jillian FR	3) Otranto, Julia JR	4) Zenker, Hannah SO			

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Women High Jump**

	Name	Yr	School	Finals		Points
Finals						
1	Welborn, Hunter	SR	Appalachian State	1.68m	5-06.00	10
2	Mujahid, Kayin	SR		1.63m	5-04.25	8
3	Miller, Laurel	FR	Col. of Charleston	1.63m	5-04.25	6
4	McElroy, Montana	FR	Lenoir-Rhyne	1.58m	5-02.25	5
5	Gearing, Kaitlyn	SR	Lees-McRae	1.53m	5-00.25	3
5	Hardwick, Saidah	FR	Lenoir-Rhyne	1.53m	5-00.25	3
5	Cleveland, Ashleigh	SR	Gardner-Webb	1.53m	5-00.25	3
8	Spivey, Myia	FR	Appalachian State	1.48m	4-10.25	.50
8	Reid, Sabrena	SR	Winthrop	1.48m	4-10.25	.50
---	Grant, Karina	FR	Winthrop	NH		
---	Rabon, Autumn	SO	Winthrop	NH		
---	Watkins, Savannah	FR	Lenoir-Rhyne	NH		
---	Neel, Carlee	FR	Col. of Charleston	NH		
---	Lewis, Kayonna	SO	Lenoir-Rhyne	NH		

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Women Pole Vault**

	Name	Yr	School	Finals		Points
Finals						
1	Drummonds, Taylor			3.72m	12-02.50	10
2	San Miguel, Sofia	JR	Appalachian State	3.72m	12-02.50	8
3	Emery, Hannah	JR	Appalachian State	3.72m	12-02.50	6
4	Drummonds, Savannah	JR	Lenoir-Rhyne	3.36m	11-00.25	5
5	Sastre, Karin	JR	Gardner-Webb	3.36m	11-00.25	4
---	Bair, Jordan	JR	Mars Hill		NH	
---	Lepak, Alexandria	FR	Lenoir-Rhyne		NH	
---	Brown, Taylor	SO	Winthrop		NH	
---	Hunnicutt, Lainey	JR	Appalachian State		NH	
---	Pherigo, Kayleigh	FR	Appalachian State		NH	
---	Seramur, Alison	SR	Appalachian State		NH	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Women Long Jump**

	Name	Yr	School	Finals		Points
Finals						
1	Beal, K'Lynn	JR	Appalachian State	5.87m	19-03.25	10
2	Hargrave, Chelsey	SR	Appalachian State	5.73m	18-09.75	8
3	Mumford, Ila	JR	Appalachian State	5.66m	18-07.00	6
4	Hotchkiss, Taylor	SO	Gardner-Webb	5.29m	17-04.25	5
5	Saxon, Cameron	FR	Mars Hill	5.05m	16-07.00	4
6	Tatum, Breanna	SO	Col. of Charleston	5.04m	16-06.50	3
7	Martin, Jennifer	JR	Col. of Charleston	5.02m	16-05.75	2
8	Campbell, October	JR	Johnson C. Smith	4.99m	16-04.50	1
9	Gearing, Kaitlyn	SR	Lees-McRae	4.92m	16-01.75	
10	Nelson, Natalie	SR	Belmont Abbey	4.82m	15-09.75	
11	Hall, Amanda	SR	Gardner-Webb	4.79m	15-08.75	
12	Laudien, Stephanie	FR	Col. of Charleston	4.71m	15-05.50	
13	Stevens, Shaniqua	JR	Mars Hill	4.69m	15-04.75	
14	McCoy, Millie	FR	Lees-McRae	4.65m	15-03.25	
15	Grandison, Ramoya	JR	Johnson C. Smith	4.59m	15-00.75	
16	Rojas, Katherine	SO	Belmont Abbey	4.47m	14-08.00	
17	Johnson, Dezarhia	FR	King	4.37m	14-04.00	
18	Russell, Hayley	FR	Belmont Abbey	4.35m	14-03.25	
19	Rhea, Callie	FR	Gardner-Webb	4.23m	13-10.50	
20	Grant, Karina	FR	Winthrop	4.19m	13-09.00	
21	Reid, Dariana	FR	Johnson C. Smith	4.12m	13-06.25	
---	Burton Rojas, Leona	SO	Col. of Charleston	FOUL		
---	Shina, Mariam	FR	Lees-McRae	FOUL		

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Women Triple Jump**

	Name	Yr	School	Finals		Points
Finals						
1	Laudien, Stephanie	FR	Col. of Charleston	11.17m	36-07.75	10
2	Stevens, Shaniqua	JR	Mars Hill	10.85m	35-07.25	8
3	Lewis, Kayonna	SO	Lenoir-Rhyne	10.46m	34-04.00	6
4	Medley, Leona	SO	Lenoir-Rhyne	10.12m	33-02.50	5
5	Goras, Rebeckah	SO	Lees-McRae	10.07m	33-00.50	4
6	Jeffery, Alexis	FR	Winthrop	10.03m	32-11.00	3
7	Watts, Michiah	SO	King	9.96m	32-08.25	2
---	Hartzog, Haley	FR	King	FOUL		
---	McFadden, Amani	JR	King	FOUL		

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Women Shot Put**

	Name	Yr	School	Finals		Points
Finals						
1	Mitchell, Sarah	SR	Gardner-Webb	14.82m	48-07.50	10
2	Tate, Brianna			13.84m	45-05.00	8
3	Stevens, Sah-Jay	FR	Johnson C. Smith	12.91m	42-04.25	6
4	Brown, Kayln	JR	Usc Upstate	12.58m	41-03.25	5
5	Carmiachael, To'mara	FR	Queens (N.C.)	12.52m	41-01.00	4
6	Daniel, Amber	SR	Appalachian State	12.45m	40-10.25	3
7	Harris, Hilary	SO	Col. of Charleston	12.32m	40-05.00	2
8	Salamon, Haylea	SR	Lenoir-Rhyne	12.30m	40-04.25	1
9	Johnson, Asia	SO	Col. of Charleston	12.27m	40-03.25	
10	Muschiatti, Ashley	SR	Appalachian State	12.00m	39-04.50	
11	Holloway, Tiffany	FR	Mars Hill	11.35m	37-03.00	
12	Shaw, Briana	JR	Johnson C. Smith	11.32m	37-01.75	
13	Drayton, Autumn	SO	Lenoir-Rhyne	11.27m	36-11.75	
14	Stepney, Sydney	FR	Queens (N.C.)	11.25m	36-11.00	
15	Wade, Katrina		Livingstone	11.12m	36-05.75	
16	Lynch, Sarah	SR	Col. of Charleston	11.05m	36-03.00	
17	Weber, Madeline	FR	Col. of Charleston	x10.95m	35-11.25	
18	Chance, Samaria		Livingstone	10.80m	35-05.25	
19	Blaire, Cailen	SO	Gardner-Webb	10.69m	35-01.00	
20	Thomas, Alyssa	FR	King	10.62m	34-10.25	
21	Agoris, Christine	SR	Winthrop	10.56m	34-07.75	
22	Wells, Trinity	FR	Barton	10.45m	34-03.50	
23	Mendoza, Mariana	FR	King	10.36m	34-00.00	
24	Cunningham, Janae	SO	Barton	10.29m	33-09.25	
25	Roberts, Mya	FR	Lees-McRae	10.12m	33-02.50	
26	Morris, Megan	SR	Lenoir-Rhyne	9.78m	32-01.00	
26	Hall, Amanda	SR	Gardner-Webb	9.78m	32-01.00	
28	Hopkins, Avianna	FR	Queens (N.C.)	9.43m	30-11.25	
29	Clyburn, Paris	FR	Usc Upstate	9.18m	30-01.50	
30	Wood, Bayle	FR	Lees-McRae	9.02m	29-07.25	
31	Brown, Jasmine	FR	Campbell	8.97m	29-05.25	
32	Calhoun, Cydney	FR	Johnson C. Smith	8.80m	28-10.50	
33	Hambrook, Bridget	SO	Lees-McRae	8.77m	28-09.25	
34	Dillard, Jaylaan	SO	Johnson C. Smith	x8.75m	28-08.50	
35	Falcon, Stacie		Livingstone	8.60m	28-02.75	
35	Lowe, Jocelyn	SO	Lenoir-Rhyne	x8.60m	28-02.75	
37	Vester, Caitlyn	FR	Campbell	8.27m	27-01.75	
38	Royster, Drew	FR	Lenoir-Rhyne	x7.90m	25-11.00	
---	Poole, Kelsey	SO	Barton	FOUL		

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Women Weight Throw**

	Name	Yr	School	Finals		Points
Finals						
1	Daniel, Amber	SR	Appalachian State	16.88m	55-04.75	10
2	Jakelijic, Petra	JR	Gardner-Webb	16.37m	53-08.50	8
3	Mitchell, Sarah	SR	Gardner-Webb	16.34m	53-07.50	6
4	Muschiatti, Ashley	SR	Appalachian State	16.14m	52-11.50	5
5	Akbarizadeh, Natasha	SR	Gardner-Webb	15.88m	52-01.25	4
6	Carmiachael, To'mara	FR	Queens (N.C.)	15.60m	51-02.25	3
7	Johnson, Asia	SO	Col. of Charleston	15.07m	49-05.50	2
8	Welborn, Samantha	SR	Appalachian State	15.02m	49-03.50	1
9	Wilkerson, Kinleigh	SO	Winthrop	14.91m	48-11.00	
10	Salamon, Haylea	SR	Lenoir-Rhyne	14.66m	48-01.25	
11	Harris, Hilary	SO	Col. of Charleston	14.54m	47-08.50	
12	Stepnev, Sydney	FR	Queens (N.C.)	14.47m	47-05.75	
13	Blaire, Cailen	SO	Gardner-Webb	x14.12m	46-04.00	
14	Dubiel, Alexis	FR	Queens (N.C.)	13.04m	42-09.50	
15	Clyburn, Paris	FR	Usc Upstate	12.90m	42-04.00	
16	Ricks, Jessica	SR	Appalachian State	x12.77m	41-10.75	
17	Bussey, Lydia	SO	Col. of Charleston	12.63m	41-05.25	
18	Hopkins, Avianna	FR	Queens (N.C.)	x12.51m	41-00.50	
19	Mendoza, Mariana	FR	King	12.50m	41-00.25	
19	Brown, Kayln	JR	Usc Upstate	12.50m	41-00.25	
21	Thomas, Alyssa	FR	King	11.96m	39-03.00	
22	Weber, Madeline	FR	Col. of Charleston	x11.81m	38-09.00	
23	Morris, Megan	SR	Lenoir-Rhyne	11.67m	38-03.50	
24	Lowe, Jocelyn	SO	Lenoir-Rhyne	11.66m	38-03.25	
25	Lucich, Sarah	JR	Queens (N.C.)	x11.53m	37-10.00	
26	Washington, Sydney	SO	Queens (N.C.)	x10.92m	35-10.00	
27	Vester, Caitlyn	FR	Campbell	10.66m	34-11.75	
28	Ortiz, Danielle	SR		10.54m	34-07.00	
29	Wood, Bayle	FR	Lees-McRae	10.19m	33-05.25	
30	Hambrook, Bridget	SO	Lees-McRae	10.08m	33-01.00	
31	Roberts, Mya	FR	Lees-McRae	10.05m	32-11.75	
32	Brown, Jasmine	FR	Campbell	8.92m	29-03.25	
---	Agoris, Christine	SR	Winthrop	FOUL		
---	Drayton, Autumn	SO	Lenoir-Rhyne	FOUL		

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Men 55 Meter Dash**

Name	Yr	School	Prelims	H#
Preliminaries				
1 Lotharp, P.J.	SO	Lenoir-Rhyne	6.39 q	1
2 Maddox, Kaynmon	SO	Lenoir-Rhyne	6.54 q	8
3 Williams, CJ	JR	Lenoir-Rhyne	6.55 q	3
4 Jackson, Emanuel	JR	Lenoir-Rhyne	6.62 q	8
5 Williams, Carlos	SO	Gardner-Webb	6.63 q	4
6 Saunders, Dionte	FR	Johnson C. Smith	6.65 q	4
7 Gilmore, Denzal	SO	Lenoir-Rhyne	6.66 q	2
8 Powell, Landon			6.71 q	5
9 Lawrence, Zavier	FR	Johnson C. Smith	6.76	6
10 Difrancesco, Matthew	JR	Belmont Abbey	6.80	6
10 Harper, Malik	FR	Winthrop	6.80	2
12 Smith, T.J.	SR	Lenoir-Rhyne	6.80	9
13 Dickey, Dorien	SO	Lenoir-Rhyne	6.84	3
14 Izquierdo, Nicholas	FR	Mars Hill	6.85	9
15 Billiot, Austin	SO	Gardner-Webb	6.88	8
16 Marshall, Mason	FR	Gardner-Webb	6.89	4
17 Ward, Shane	JR	Mars Hill	6.89	7
18 Frost, Malik	FR	Mars Hill	6.90	4
19 Nguetta, Yannis	SO	Lenoir-Rhyne	6.90	1
20 Napper, Daryl	FR	Johnson C. Smith	6.91	1
21 Ross, Isaac	SR	Johnson C. Smith	6.94	7
22 Thorn, Colby	SO	Winthrop	6.95	7
23 Dillard, Aspen	SO	Belmont Abbey	7.00	3
24 Gray, Marquez	SO	Lenoir-Rhyne	7.02	3
25 Darden, Matthew	SR	Lees-McRae	7.05	5
26 Blake, Khalil	SO	Winthrop	7.06	9
27 Hailes, Evan	SO	Winthrop	7.10	10
28 Ritter, Donovan	FR	Louisburg College	7.10	5
29 Cerdeiras, Tomas	SR	Belmont Abbey	7.13	1
30 Jolly, Ralph	JR	Gardner-Webb	7.16	10
31 Mccorey, Marlon	FR	Louisburg College	7.23	5
32 Hall, Richard	SR	Lenoir-Rhyne	7.32	2
33 Styers, Logan	FR	Lees-McRae	7.41	8

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Men 55 Meter Dash**

	Name	Yr	School	Finals	H#	Points
Finals						
1	Lotharp, P.J.	SO	Lenoir-Rhyne	6.35	1	10
2	Maddox, Kaynmon	SO	Lenoir-Rhyne	6.54	1	8
3	Saunders, Dionte	FR	Johnson C. Smith	6.57	2	6
4	Williams, CJ	JR	Lenoir-Rhyne	6.59	1	5
5	Jackson, Emanuel	JR	Lenoir-Rhyne	x6.59	1	
6	Gilmore, Denzal	SO	Lenoir-Rhyne	x6.63	2	
7	Williams, Carlos	SO	Gardner-Webb	6.64	2	4
8	Powell, Landon			6.70	2	3

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Men 200 Meter Dash**

	Name	Yr	School	Finals	H#	Points
Finals						
1	Difrancesco, Matthew	JR	Belmont Abbey	23.08	1	10
2	Williams, Carlos	SO	Gardner-Webb	23.11	1	8
3	Segers, Dionysius	FR	Johnson C. Smith	23.23	8	6
4	Jenkins, Tre	SO	Winthrop	23.45	1	5
5	McPhee, Adriel	SO	King	23.49	2	4
6	Hunter, Cameron			23.53	3	3
7	Downes, Luke	FR	King	23.81	3	2
8	Connolly, John	FR	Louisburg College	24.01	6	1
9	Darden, Matthew	SR	Lees-McRae	24.26	2	
10	Koceja, Michael	SR	Belmont Abbey	24.27	8	
11	Low, Devin	FR	Winthrop	24.47	5	
12	Stroman, Scott	JR	Winthrop	24.67	2	
13	Weston, Jacob	FR	Belmont Abbey	24.80	6	
14	Jackson, Conor	JR	Winthrop	x24.88	4	
15	Marshall, Mason	FR	Gardner-Webb	25.04	7	
16	Ritter, Donovan	FR	Louisburg College	25.08	5	
17	Harper, Malik	FR	Winthrop	x25.15	6	
18	Ward, Shane	JR	Mars Hill	25.35	7	
19	Mack, LaMarion	JR	Johnson C. Smith	26.06	8	
20	Styers, Logan	FR	Lees-McRae	26.32	7	
21	Abalos, Alex	JR	Belmont Abbey	x26.46	4	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Men 300 Meter Dash**

	Name	Yr	School	Finals	H#	Points
Finals						
1	Jackson, Garnett	FR	Johnson C. Smith	35.83	1	10
2	Simon, Kelvin	SO	Johnson C. Smith	36.85	1	8
3	Abalos, Alex	JR	Belmont Abbey	37.61	6	6
4	Smith, T.J.	SR	Lenoir-Rhyne	37.82	2	5
5	Ervin, Brenton	FR	Appalachian State	37.87	1	4
6	Koceja, Michael	SR	Belmont Abbey	38.01	2	3
7	Izquierdo, Nicholas	FR	Mars Hill	38.19	7	2
8	Nguetta, Yannis	SO	Lenoir-Rhyne	38.35	4	1
9	Cerdeiras, Tomas	SR	Belmont Abbey	38.62	6	
10	Gray, Marquez	SO	Lenoir-Rhyne	38.92	3	
11	Alston, Jacorey	FR	Lenoir-Rhyne	x39.13	4	
12	Dillard, Aspen	SO	Belmont Abbey	x39.19	5	
13	Dickey, Dorien	SO	Lenoir-Rhyne	x39.50	5	
14	Weston, Jacob	FR	Belmont Abbey	x39.74	3	
15	Thomas, Chris	SR	King	40.30	4	
16	Frost, Malik	FR	Mars Hill	41.48	7	
17	Mccorey, Marlon	FR	Louisburg College	42.18	7	
18	Hall, Richard	SR	Lenoir-Rhyne	x43.97	6	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Men 400 Meter Dash**

	Name	Yr	School	Finals	H#	Points
Finals						
1	Hastings, Ryan	SR	Appalachian State	48.96	1	10
2	Thornhill, Chase	FR	Gardner-Webb	50.30	3	8
3	Hunter, Cameron			51.03	4	6
4	Downes, Luke	FR	King	51.04	3	5
5	Robinson, Kyle	SR	Johnson C. Smith	51.09	2	4
6	Martin, Jalen	FR	Lees-McRae	51.34	5	3
7	Williams, Justin	FR	Winthrop	51.88	4	2
8	Jenkins, Tre	SO	Winthrop	52.88	3	1
9	Jones, Aaron	JR	Winthrop	53.58	7	
10	Connolly, John	FR	Louisburg College	53.60	5	
11	Beckford, Philip	FR	Johnson C. Smith	53.88	7	
12	Tallent, Dalton	SO	Lees-McRae	54.14	6	
13	Low, Devin	FR	Winthrop	x54.19	5	
14	Stroman, Scott	JR	Winthrop	x54.21	2	
15	Woodard, Dell	FR	Winthrop	x55.35	6	
16	Jackson, Conor	JR	Winthrop	x55.48	4	
17	Eichorn, Thomas	JR	Belmont Abbey	57.67	7	
18	Abalos, Alex	JR	Belmont Abbey	58.57	1	
---	Silvey, Caleb	JR	Gardner-Webb	DNF	2	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Men 800 Meter Run**

	Name	Yr	School	Finals	H#	Points
Finals						
1	Fravel, John	FR	Appalachian State	1:57.14	1	10
2	Bomkamp, Matt	JR		1:58.24	1	8
3	Sastre, Patrick	FR	Gardner-Webb	1:59.49	1	6
4	Ivackovic, Petar	FR	Lenoir-Rhyne	2:00.42	1	5
5	Foley, Ian			2:01.41	1	4
6	Barrett, Timor	FR	Johnson C. Smith	2:01.97	3	3
7	Chavis, Derek	SR	Lenoir-Rhyne	2:05.05	2	2
8	Kachenchai, Daniel	SO	Lenoir-Rhyne	2:05.24	2	1
9	Edwards, Tyler	JR	King	2:08.07	2	
10	Murray, Ethan	FR	Mars Hill	2:09.47	2	
11	Poole, Keaton	JR	Gardner-Webb	2:10.36	3	
12	Stanley, Jared	FR	Mars Hill	2:11.42	2	
13	Joyce, Kyle			2:14.20	3	
14	McDonald, Kade	FR	King	2:18.71	2	
15	Feldliet, Rodi	SO	Louisburg College	2:20.03	3	
16	Hite, Aubrey	SR	Lenoir-Rhyne	x2:20.05	1	
17	Hermanns, Samuel	JR	Gardner-Webb	2:21.07	3	
18	Lyons, Josh	FR	Louisburg College	2:23.17	3	
19	Haggerty, Justin	JR	Belmont Abbey	2:25.71	3	
20	Podgaisky, Bogdan	FR	Gardner-Webb	x2:27.04	3	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Men 1 Mile Run**

	Name	Yr	School	Finals	H#	Points
Finals						
1	Mastandrea, Jack	SO	Louisburg College	4:31.23	1	10
2	Ivackovic, Petar	FR	Lenoir-Rhyne	4:34.39	1	8
3	Doyle, Sean	SO	Appalachian State	4:36.88	1	6
4	Parks, Joshua	SR	Gardner-Webb	4:38.36	1	5
5	Poole, Keaton	JR	Gardner-Webb	4:40.91	1	4
6	Ballowe, James Russell	SR	King	4:43.01	1	3
7	Vogelsang, Brett	FR	Lenoir-Rhyne	4:45.00	1	2
8	Joyce, Kyle			4:47.84	2	1
9	Hall, Joshua	SO	Lees-McRae	4:49.04	3	
10	Snell, Nick	JR	Belmont Abbey	4:49.40	2	
11	Barbee, William	SO	Mars Hill	4:50.32	3	
12	Barbee, Bryan	SO	Mars Hill	4:53.79	3	
13	Bamforth, Ben	FR	Winthrop	4:55.70	3	
14	Jordan, Colton	SO	Louisburg College	4:55.80	2	
15	Eichorn, Thomas	JR	Belmont Abbey	4:56.15	3	
16	Hall, Anthony	FR	Louisburg College	4:56.26	2	
17	Adkins, Josh	SO	Lenoir-Rhyne	4:56.30	1	
18	Martin, Ezekiel	JR	Gardner-Webb	4:56.69	2	
19	Franklin, Jacob	FR	Lenoir-Rhyne	x4:58.80	2	
20	Bertie, Tristin	FR	Lees-McRae	5:00.20	2	
21	Lynch, Samuel	FR	Belmont Abbey	5:00.76	3	
22	Buhrmeister, Connor	JR	Belmont Abbey	x5:02.72	3	
23	Cantrell, Skyler	SO	Mars Hill	5:03.71	3	
24	Walden, Cameron	FR	King	5:07.90	3	
25	Oliver, John	JR	Winthrop	5:10.96	3	
26	Haggerty, Justin	JR	Belmont Abbey	x5:11.56	3	
27	Hite, Aubrey	SR	Lenoir-Rhyne	x5:12.96	3	
28	Kelly, Alex	FR	Barton	5:26.64	2	
29	Gomez, Christopher	FR	Mars Hill	x5:33.63	3	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Men 3000 Meter Run**

	Name	Yr	School	Finals	Points
Finals					
1	Willis, Jacob	SO	Louisburg College	9:01.14	10
2	Allison, Noah	JR	Mars Hill	9:05.63	8
3	Bennett, Luke	FR	Appalachian State	9:06.15	6
4	Hinson, Kyle	FR	Louisburg College	9:13.53	5
5	Thompson, Austin	JR	Lees-McRae	9:13.85	4
6	Benfield, Lawson	SO	Appalachian State	9:19.67	3
7	Graves, Shawn	JR	Lees-McRae	9:32.17	2
8	Vogelsang, Brett	FR	Lenoir-Rhyne	9:36.24	1
9	Bijeu, Blair	SO	Winthrop	9:40.00	
10	Brown, Mitchell	FR	Gardner-Webb	9:42.47	
11	Farrimond, Garrett	JR	Mars Hill	9:52.16	
12	Rogers, Matthew	SO	Mars Hill	9:56.33	
13	Snell, Nick	JR	Belmont Abbey	9:56.60	
14	Ramos, Charles	SR	King	9:57.35	
15	Capps, Nolan	SO	Lees-McRae	9:57.76	
16	Gilreath, James	SR	Mars Hill	x10:01.45	
17	Benik, James	SO	Mars Hill	x10:10.39	
18	Lynch, Samuel	FR	Belmont Abbey	10:16.45	
19	Resor, Nick	JR	Mars Hill	x10:32.11	
---	Mastandrea, Jack	SO	Louisburg College	DNF	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018
Holmes Convocation Center
Results

Men 5000 Meter Run

	Name	Yr	School	Finals	Points
Finals					
1	Kovalchick, Daniel	SO	King	16:54.00	10
2	Greene, Morgan	SR	King	17:04.49	8
3	Ramos, Charles	SR	King	17:32.11	6
4	Walden, Cameron	FR	King	x18:29.96	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018
Holmes Convocation Center
Results

Men 55 Meter Hurdles

Name	Yr	School	Prelims	H#
Preliminaries				
1 McPhee, Adriel	SO	King	7.90 q	2
2 Graves, Elliott	SO	Appalachian State	7.91 q	1
3 Smith, Brandon	JR	Appalachian State	7.97 q	2
4 Russell Jr., Lawrence	JR	Barton	8.00 q	3
5 Barringer, Cullen	SR	Winthrop	8.24 q	3
6 Evans, Austin	FR	Gardner-Webb	8.38 q	1
7 Alston, Jacorey	FR	Lenoir-Rhyne	8.58 q	1
8 Brown, Anthony	SO	Lenoir-Rhyne	8.88 q	3
--- Mack, LaMarion	JR	Johnson C. Smith	DNF	2

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Men 55 Meter Hurdles**

	Name	Yr	School	Finals	H#	Points
Finals						
1	Graves, Elliott	SO	Appalachian State	7.69	1	10
2	Smith, Brandon	JR	Appalachian State	7.73	1	8
3	McPhee, Adriel	SO	King	7.86	1	6
4	Russell Jr., Lawrence	JR	Barton	7.95	1	5
5	Barringer, Cullen	SR	Winthrop	8.20	2	4
6	Evans, Austin	FR	Gardner-Webb	8.34	2	3
7	Brown, Anthony	SO	Lenoir-Rhyne	8.97	2	2
8	Alston, Jacorey	FR	Lenoir-Rhyne	9.37	2	1

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Men 4x300 Meter Relay**

	Team	Relay	Finals	H#	Points
Finals					
1	Lenoir-Rhyne 1) Williams, CJ JR	A 2) Lotharp, P.J. SO	2:25.27 3) Jones, Bradley JR	1 4) Hall, Jacob JR	3
2	Johnson C. Smith 1) Saunders, Dionte FR	A 2) Ross, Isaac SR	2:31.77 3) Mack, LaMarion JR	1 4) Lawrence, Zavier FR	2
3	Lenoir-Rhyne 1) Gray, Marquez SO	B 2) Gilmore, Denzal SO	x2:32.18 3) Jackson, Emanuel JR	2 4) Smith, T.J. SR	
4	Lenoir-Rhyne 1) Alston, Jacorey FR	C 2) Brooks, Saaehim JR	x2:39.93 3) Mitchell, Jaquay SO	2 4) Nguetta, Yannis SO	
5	Lenoir-Rhyne 1) Brown, Anthony SO	D 2) Dickey, Dorien SO	x2:47.38 3) Maddox, Kaynmon SO	2 4) Smith, Tyler FR	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Men 4x400 Meter Relay**

	Team	Relay	Finals	H#	Points
Finals					
1	Johnson C. Smith 1) Barrett, Timor FR	A 2) Jackson, Garnett FR	3:25.67	1	3
				4) Simon, Kelvin SO	
2	Winthrop 1) Barringer, Cullen SR	A 2) Jackson, Conor JR	3:29.05	1	2
3	Gardner-Webb 1) Parks, Joshua SR	B 2) Poole, Keaton JR	3:34.01	3	1
4	Lees-McRae 1) Darden, Matthew SR	A 2) Martin, Jalen FR	3:36.88	2	
5	Lenoir-Rhyne 1) Adkins, Josh SO	A 2) Ivackovic, Petar FR	3:36.99	2	
6	Winthrop 1) Stroman, Scott JR	B 2) Williams, Justin FR	x3:38.04	2	
7	King 1) Edwards, Tyler JR	A 2) Hart, Kyle FR	3:46.46	3	
				4) Jones, Aaron JR	
				4) Thomas, Chris SR	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Men High Jump**

	Name	Yr	School	Finals		Points
Finals						
1	Dale, Jordan	SO	Appalachian State	2.06m	6-09.00	10
2	Russell Jr., Lawrence	JR	Barton	2.01m	6-07.00	8
3	Lauffenburger, Daniel	SO	Appalachian State	1.96m	6-05.00	6
4	Gamble, Orlandus	FR	Louisburg College	1.91m	6-03.25	5
5	Hinton, Nick	SR	Appalachian State	1.91m	6-03.25	4
6	Caudill, Xavier	JR	King	1.86m	6-01.25	2.50
6	Hodges, Jalen	SO	Winthrop	1.86m	6-01.25	2.50
8	Underdal, Andrew			1.86m	6-01.25	1
9	Nguetta, Yannis	SO	Lenoir-Rhyne	1.86m	6-01.25	
10	Barringer, Cullen	SR	Winthrop	1.81m	5-11.25	
11	Brown, Anthony	SO	Lenoir-Rhyne	1.76m	5-09.25	
12	Dillard, Aspen	SO	Belmont Abbey	1.76m	5-09.25	
---	Mitchell, Jaquay	SO	Lenoir-Rhyne	NH		

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Men Pole Vault**

	Name	Yr	School	Finals		Points
Finals						
1	Utecht, Michael	JR	Appalachian State	4.96m	16-03.25	10
2	Shaver, Tristian	JR	Appalachian State	4.91m	16-01.25	8
3	Rochester, Luke	SO	Lees-McRae	4.12m	13-06.25	6
---	Cannon, Matt	JR	Lenoir-Rhyne	NH		
---	Grealis, John	FR	Lenoir-Rhyne	NH		
---	Jennings, Joey	JR	Winthrop	NH		
---	Houmiel, Grant	FR	Winthrop	NH		
---	Emrery, Dan			NH		
---	Ray, Isaac	FR	Campbell	NH		
---	Cady, Joshua	SR	Lees-McRae	NH		

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Men Long Jump**

	Name	Yr	School	Finals		Points
Finals						
1	Johnson, Jordan	SO	Appalachian State	7.67m	25-02.00	10
2	Brave, Quemell	SR	Winthrop	7.32m	24-00.25	8
3	Haines, Senico			6.89m	22-07.25	6
4	Martin, Jalen	FR	Lees-McRae	6.67m	21-10.75	5
5	Thomas, Carlo	JR	Johnson C. Smith	6.64m	21-09.50	4
6	Napper, Daryl	FR	Johnson C. Smith	6.61m	21-08.25	3
7	Relliford, Isaiah	SR	Appalachian State	6.52m	21-04.75	2
8	Thorn, Colby	SO	Winthrop	6.49m	21-03.50	1
9	Smith, Bryan	FR	Mars Hill	6.26m	20-06.50	
9	Mitchell, Jaquay	SO	Lenoir-Rhyne	6.26m	20-06.50	
11	Pautler, Dominic	FR	Belmont Abbey	6.24m	20-05.75	
12	Ward, Shane	JR	Mars Hill	6.20m	20-04.25	
13	Evans, Austin	FR	Gardner-Webb	6.17m	20-03.00	
14	Foster, Jaylen	FR	King	6.07m	19-11.00	
15	Wright, Basir	JR	Johnson C. Smith	6.03m	19-09.50	
16	Darden, Matthew	SR	Lees-McRae	6.02m	19-09.00	
17	Barringer, Cullen	SR	Winthrop	5.97m	19-07.00	
18	Gamble, Orlandus	FR	Louisburg College	5.87m	19-03.25	
19	Izquierdo, Nicholas	FR	Mars Hill	5.84m	19-02.00	
20	Ross, Isaac	SR	Johnson C. Smith	x5.83m	19-01.50	
21	Cerdeiras, Tomas	SR	Belmont Abbey	5.76m	18-10.75	
22	Styers, Logan	FR	Lees-McRae	5.68m	18-07.75	
23	Saunders, Dionte	FR	Johnson C. Smith	x5.59m	18-04.25	
---	Bien-Aime, Nick			FOUL		
---	McFarlane, Sadiki	FR	Johnson C. Smith	FOUL		

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Men Triple Jump**

	Name	Yr	School	Finals		Points
Finals						
1	Hailes, Evan	SO	Winthrop	14.17m	46-06.00	10
2	Mitchell, Jaquay	SO	Lenoir-Rhyne	14.16m	46-05.50	8
3	Foster, Jaylen	FR	King	14.10m	46-03.25	6
4	Relliford, Isaiah	SR	Appalachian State	14.07m	46-02.00	5
5	Thorn, Colby	SO	Winthrop	13.23m	43-05.00	4
6	Thomas, Chris	SR	King	13.04m	42-09.50	3
7	Smith, Bryan	FR	Mars Hill	12.10m	39-08.50	2

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Men Shot Put**

	Name	Yr	School	Finals		Points
Finals						
1	Smith, Jordan	SR	Gardner-Webb	16.79m	55-01.00	10
2	Knauer, Martin	FR	Queens (N.C.)	16.41m	53-10.25	8
3	Braswell-Sample, Myles	SR	Lenoir-Rhyne	15.32m	50-03.25	6
4	Smallwood, Julian	SO	Belmont Abbey	15.02m	49-03.50	5
5	Clemons, Micah	SO	Barton	14.77m	48-05.50	4
6	Boyers, Zach	FR	Louisburg College	14.44m	47-04.50	3
7	Miller, Braidon	SO	King	14.03m	46-00.50	2
8	Auguste, Tony	FR	Usc Upstate	13.92m	45-08.00	1
9	Johnson, Kelvin		Livingstone	13.78m	45-02.50	
10	Henderson, Cole	JR	Lenoir-Rhyne	13.67m	44-10.25	
11	Head, Travis	JR	Lenoir-Rhyne	13.58m	44-06.75	
12	Botett, Nicholas	SO	Appalachian State	13.45m	44-01.50	
13	Lucia, Ross	SO	Gardner-Webb	13.35m	43-09.75	
14	Schiers, Hunter	JR	Winthrop	13.21m	43-04.25	
15	Ghee, Chianti	FR	Barton	12.85m	42-02.00	
16	Albert, Michael	SO	Appalachian State	12.77m	41-10.75	
17	Clifton, Ronnie	JR	Lenoir-Rhyne	x12.63m	41-05.25	
18	Nolan, Jonathan	FR	Lenoir-Rhyne	x12.60m	41-04.25	
19	Wright, Evans	FR	Queens (N.C.)	12.35m	40-06.25	
20	Mosley, Jaquille	JR	Usc Upstate	12.26m	40-02.75	
21	McMurray, Trevor	SO	King	12.10m	39-08.50	
22	Smith, Avery	SO	Barton	12.01m	39-05.00	
23	Jablonski, John	SR	King	11.90m	39-00.50	
23	Abernathy, Copper	FR	Lees-McRae	11.90m	39-00.50	
25	Brown, Jerrod		Livingstone	11.85m	38-10.50	
26	Holloway, Tyler	FR	Mars Hill	11.68m	38-04.00	
27	Foxx, Kenan	JR	Mars Hill	11.51m	37-09.25	
28	Stewart, Cody	FR	Campbell	11.23m	36-10.25	
29	Hatten, Bryson	JR	Usc Upstate	11.03m	36-02.25	
30	Sigmon, Dawson	FR	Lenoir-Rhyne	x11.02m	36-02.00	
31	Ates, Taj	FR	Louisburg College	10.70m	35-01.25	
32	Browning, Erik		Livingstone	10.40m	34-01.50	
33	Thompson, Donnel	JR	Johnson C. Smith	10.35m	33-11.50	
34	Wallace, Tashaun	FR	Usc Upstate	x9.96m	32-08.25	
35	Radder, Blake	FR	Lees-McRae	9.76m	32-00.25	
36	Johnson, Jameon		Livingstone	x9.58m	31-05.25	
37	Cox, Armond			9.50m	31-02.00	
38	Creasey, Brian	FR	Barton	x7.15m	23-05.50	

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018**Holmes Convocation Center****Results****Men Weight Throw**

	Name	Yr	School	Finals		Points
Finals						
1	Smith, Jordan	SR	Gardner-Webb	19.06m	62-06.50	10
2	Lucia, Ross	SO	Gardner-Webb	15.45m	50-08.25	8
3	Osborne, Ben	FR	Queens (N.C.)	14.80m	48-06.75	6
4	Kenn, Peter	JR	Appalachian State	14.77m	48-05.50	5
5	Head, Travis	JR	Lenoir-Rhyne	14.61m	47-11.25	4
6	Auguste, Tony	FR	Usc Upstate	14.42m	47-03.75	3
7	Albert, Michael	SO	Appalachian State	14.08m	46-02.50	2
8	Bee, Jacob	FR	Queens (N.C.)	13.77m	45-02.25	1
9	Mosley, Jaquille	JR	Usc Upstate	13.75m	45-01.50	
10	Nolan, Jonathan	FR	Lenoir-Rhyne	13.73m	45-00.50	
11	Henderson, Cole	JR	Lenoir-Rhyne	13.66m	44-09.75	
12	Clifton, Ronnie	JR	Lenoir-Rhyne	x13.61m	44-08.00	
13	Hardin, Evan	FR	Appalachian State	13.39m	43-11.25	
14	Jablonski, John	SR	King	13.28m	43-07.00	
15	Santiago, Dante	SO	Queens (N.C.)	13.08m	42-11.00	
16	Marcelin, Bryce	SO	Queens (N.C.)	x12.70m	41-08.00	
17	Miller, Braidon	SO	King	12.54m	41-01.75	
18	Hatten, Bryson	JR	Usc Upstate	12.33m	40-05.50	
19	Braswell-Sample, Myles	SR	Lenoir-Rhyne	x12.32m	40-05.00	
20	Stewart, Cody	FR	Campbell	12.25m	40-02.25	
21	Botett, Nicholas	SO	Appalachian State	x12.15m	39-10.50	
21	Weinstein, Zach			12.15m	39-10.50	
23	Abernathy, Copper	FR	Lees-McRae	12.03m	39-05.75	
24	McMurray, Trevor	SO	King	11.84m	38-10.25	
25	Sigmon, Dawson	FR	Lenoir-Rhyne	x11.60m	38-00.75	
26	Wallace, Tashaun	FR	Usc Upstate	x10.79m	35-05.00	
27	Radder, Blake	FR	Lees-McRae	9.16m	30-00.75	
---	Hughes, Mackenzey	FR	Usc Upstate	FOUL		

Appalachian Open Indoor Track Meet - 1/19/2018 to 1/20/2018
Holmes Convocation Center
Results

Women - Team Rankings - 17 Events Scored

1) Appalachian State	176.5	2) Col. of Charleston	72
3) Lenoir-Rhyne	65	4) Gardner-Webb	58
5) Johnson C. Smith	42	6) Winthrop	36.5
7) Mars Hill	22	8) King	21
9) Belmont Abbey	12	10) Zap Fitness	10
11) Lees-McRae	9	11) Louisburg College	9
13) Queens (N.C.)	7	14) USC Upstate	5